

The Money Drop Shot Playbook – The Ultimate Heartbreaker

By Brent Abel - Here's What Actually Works

Section 1: Why It Matters

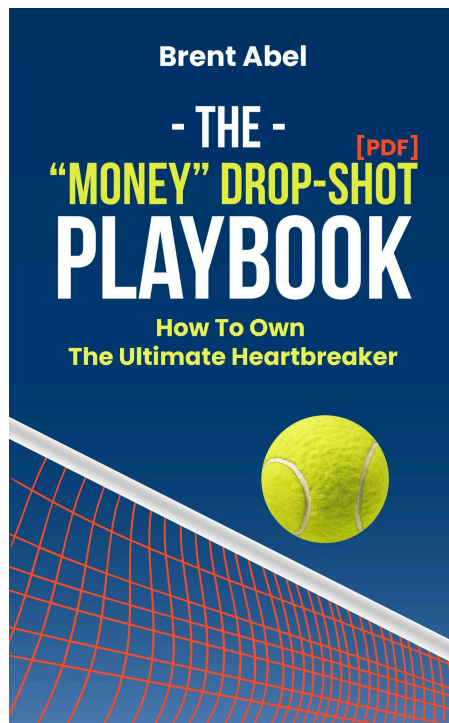
If you're not hitting one quality Money Drop Shot per game, you're leaving free points (a big pile of Money) on the table.

The Money Dropper is a soft, disguised semi backspin shot that lands short and forces them to have to hit up ... if they get to it.

And a core mindset is ... it never ever has to be an outright winner.

The Money Dropper rewards you by forcing opponents to have to cover the entire court ... not just side to side baseline patrolling.

Developing touch & feel for the dropper (which any skill level player can & should do), and then moving to the next best court position ... over power to the corners is a winning tactic.



Key Benefits

- Burns their fuel tank - big time.
- Forces them into awkward forward (& backwards) runs.
- Disrupts their baseline rhythm and completely unsettles pushers.
- Creates high-percentage next shot put-aways or lobs.

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Section 2: Suggested Technique (Singles & Doubles)

- **Grip:** Continental or Hybrid Continental / Eastern.
- **Disguise:** Identical setup to your normal groundstroke.
- **Execution:** Short disguised backswing, open racket face, receive & hold with slight underspin.
- **Feel:** Soft hands, light grip pressure, short follow-through.
- **Next Best Court Position:** Move forward to take their time away or just inside the baseline if they anticipate.
- **Groundstrokes:** If you can play a good backhand &/or forehand underspin drive ... this will make the drop easy to disguise ... and deadly.

Special Note for Two-Handed Backhand Players

You can easily disguise your drop shot using your normal two-hander setup and backswing.

The pre-contact swing path looks identical until the last moment when you release your top hand, soften the racket hand, receive & hold the ball, and then slightly brush under the ball.

Lots of two-handed backhand players can play a great disguised drop shot with both hands on the racket. Explore during mini-tennis which feels the best for you.

Practice Foundation: Mini-tennis Reps in service boxes to develop touch and disguise.

Section 3: When & Where

- After backing the opponent deep with groundstrokes.
- On weak 2nd serves.
- When stepping inside/on the baseline on a short ball.
- Take the sideline OUT of your target. What's the longest distance you can make them run?

Drain Their Tank

Your Money Dropper doesn't have to win the point outright ... so don't go too close to the sidelines &/or just barely over the net.

Once they chase it: lob over their backhand, then drop again.

Always a 2-Shot Setup possibility: Show drop → hit deep → real Money Drop.

Section 4: Doubles-Specific Tactics

The Money Dropper is very effective in doubles, especially against servers or returners that camp out deep.

When to Use in Doubles

- Against players who love to stay back and start the lob fest — pulls the net player forward or forces that baseline player out of position and their comfort zone.
- On 2nd serve returns — excellent surprise choice to play as an approach shot and force that server to have to hit up from the short court.
- Drop shot volleys — when at net on a short or floating ball, drop the volley to finish or force opponents to scramble.

Doubles Burn-Fuel Tactic

Use the same sequence: Drop → lob over the backhand side (especially the net player's) → drop again. This creates cross-court running and coordination issues between partners.

- Coordinate with your partner (drop can open poaching opportunities).
- Be selective — once they have to honor the possibility you might play a dropper, they'll play in closer. And once they do ...
Now a deep return, approach shot, or volley close to their feet will be a much tougher ball for them to deal with.

Section 5: Drills & Getting The Feel

Mini-Tennis — Focus first on a **disguised** setup, and then explore with your unique sense of ‘feel’. ‘Feel’ is NOT heavy underspin.

Play games to 11. 3rd Ball Live.

1. Target Practice — Well inside the sideline. Take the sideline out of your target. Never miss into the net. Make em run ... over & over.
2. Practice points — Disguise and drop on short balls in rallies. Never miss into the net. Keep making em run.
3. Practice sets — Disguise and 2-shot setup. Drop-lob-drop sequences (singles & doubles). Start developing your ‘When’ awareness.
4. Mindset — Money Drop Shots never have to be a perfect one-shot outright winner. The worst thing you can do is miss it wide or in the net.
Even if you don't win that one point because it's not a great dropper (too high or too deep) or they anticipate it ... you're still forcing them to play and burn some fuel.
5. Reality — You're going to lose a point now and then when you play your dropper. And that's OK. Keep adding more Reps in both practice and matches so that you build more & more confidence.

Decide you're going to commit to play at least one Disguised Money Dropper per game in practice & matches.

Section 6: Mindset

- Patience and disguise beats only-power.
- Combine drops with deep drives and lobs.
- Deep drives right at them forces them to back up and opens up a golden dropper opportunity for you.
- Move forward after your drop shot depending on the quality of your dropper.
- One Money Drop per game compounds into more wins.

Final Thought: Commit to lots of Reps for getting the feel of your Money Drop Shot and turn smart tactics into consistent victories — in both singles and doubles.

What Else Do You Need?

How To STOP Rushing & Making Self-Imposed Forced Errors

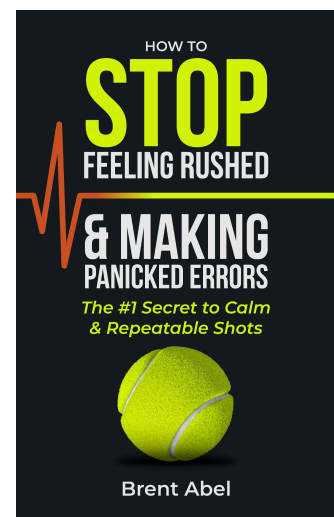
The Mindset.

The Tangible Timing Method For Focus.

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