

Your 90-Day French Fluency Roadmap

The 3-Steps Plan To Go From Complete
Beginner to Confident Speaker

Raphaël Pesquet

Introduction

If you want to succeed **you need a plan**. Every year I see dozens and dozens of students who want to learn French but have no plan. So inevitably, they do a few exercises here and there, they download an app to learn French... and then, they get demoralized and give up.

Fortunately, if you're reading this, you understand the importance of having a plan. And I assure you, if you have a precise plan then you drastically increase your chances of success. In this little guide, I'm going to reveal to you a step-by-step plan that has proven itself... and is used by many polyglots to easily learn a new language. So without further ado, let's get started right away !

The goal is to have a good level in French in only three months.

It may seem ambitious, but as you'll see, it's possible.

Month N°1 : Massive input

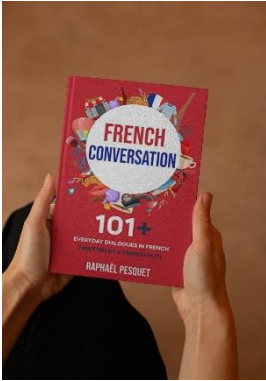
The first month, you are fully motivated to learn French... and that's perfect because this is surely the month that requires the most work ! During this first month, your goal is to familiarize yourself with the French language and to **consume a lot of content in this language**.

Also, during the first month you should get into the habit of studying French a little bit every day. I say this a lot, but consistency is really the key. A student who works on his French for 10 minutes a day will go much further than someone who studies a full day once a month.

So during that first month, your goal is going to be to consume as much French content as possible. You can read stories in French, watch Youtube videos or even listen to French songs ! And don't worry if you don't understand everything... it's perfectly normal, even if it will probably frustrate you a bit. But you should continue to consume French content, quickly, you will get the right pronunciation while learning the basic words of the language.

First month goals :

- Watch some youtube videos in French
- Listen to audiobooks or podcasts
- Read short stories in French
- Read conversations in French



If you want to discover even more everyday conversations to improve your French... then I recommend my book "*French Conversation*".

Click on the button below to get your copy right now :

[!\[\]\(dfbd6b3763a6d1d9afaa974f64e2e4b5_img.jpg\) Click HERE to grab your copy now !](#)

Month N°2 : Massive input AND speaking

To learn a language (*or even anything in life*) you need to maximize your input. Let me give you a concrete example. For a long time, Brazilians dominated the world of soccer. So of course, this can be due to many factors, but researchers have found an amazing peculiarity in successful Brazilian soccer players.

Most of the Brazilian players played Futsal. Futsal pits two teams of five players against each other **on a very small field**, and the Futsal ball is slightly heavier than the classic soccer ball. The big advantage of Futsal is that the players touch the ball much more often because there are only five players in the team (*instead of 11 in classic soccer*) and the field is very small. So they have more input than a normal player... and therefore they progress faster !

So if you want to improve your French, **you have to maximize your language inputs too**. So it's important to keep reading stories in French, watching Youtube videos or even movies with French voices and preferably with French subtitles because, this way, you have two kinds of input : the voices of the actors and the subtitles of the movie (*it's scientifically proven*).

At the same time, you need to start talking... a lot of talking ! The best way is of course to speak with a local to improve yourself and to give you instant feedback, that's how you will progress the most. If you want a well-trained English speaking French person, I invite you to contact me

at raphael@masterfrenchnow.com. I could put you in touch with a French language expert who will help you improve your French.

If you are too shy or still prefer to progress on your own (it takes a bit longer but it is possible), then you can practice reading aloud the short stories you read. Another good method is to go on Youtube, take a video in French, put the subtitles on, listen to the person speaking and then go back and try to say the same thing as they did. This is a simple but very effective method to get a feel for the French accent.

Second month goals :

- Continue reading stories in French
- Watch Youtube videos
- Talk A LOT to work on your accent

Month N°3 : Massive input AND Advanced Training

Again, you need to maximize your input by reading, listening or watching French content. This is the only thing you need to keep doing over and over again to improve your French. But the big positive is that now you should be able to read books in French more easily. So you can go to books about things that really interest you. Personally, I started with little stories in English... then as soon as my level allowed it, I read all the Harry Potter books ! I was enjoying myself while I was improving my English. And I promise you, when you get to this stage, learning the language is only a matter of time, **you are sure to succeed**.

After that, it's all about perfecting your skills. By the end of the third month, you should be able to make yourself understood by the French. But if you really want to improve to be perfectly fluent (*which I recommend*) then you will probably need a teacher to help you polish your French. One short session a week of 30 minutes or an hour should be more than enough to help you get to the next level.

Again, if you are looking for a teacher or a local to talk to, I invite you to contact me at raphael@masterfrenchnow.com. I really encourage you to make at least one appointment with a teacher just to see what they say.

If you follow this plan, and even after the third month you continue to consume French content... then you will become a French pro very quickly ! Especially because, you'll see, once you have a decent level you

can understand more and more things in French... so you'll be able to access lots of exciting content ! It can be novels, Youtube videos (*in France we are very innovative in this area*) or even movies.

In fact, most people stop during the first month... because it's the hardest ! But if you get through the first month, I assure you that your chances of mastering the French language are great. So don't put too big a goal in your head. If you start today, your only goal is to last 1 month.

Congratulations for staying until the end.
I wish you a wonderful day.

Raphaël - *The French Guy* – Pesquet

PS : There is another bonus below :)



7 Secrets That No One Tells You To Learn French Quickly (Written By A French Guy)

Bonjour ! My name is Raphaël Pesquet. I was born and I grew up in France. Today, I help motivated people to learn French with practical and concrete advice and tips. And my goal is to help more than 100'000 people discover the French language and culture !

In this short guide, I'm going to get straight to the point. **I'm going to show you 7 secrets that nobody tells you to learn French quickly.** I'm going to be direct, so let's start right away.

Secret #1 : You can learn French in 5 minutes per day

Many people think that learning a new language is complicated... this is totally false. On the other hand, to make learning French easy, you must follow one rule : you have to be consistent in your practice.

It is much better to work 5 minutes a day for 3 months than to study French 2 hours a day for just one week. My best students who have become bilingual in French are not the smartest or hardest working. In

fact, they are just people who have made a habit of studying French every day.

So if you want to learn French ? Make a time slot in your schedule every day. You don't need an hour, just 5-10 minutes a day is more than enough to learn French and get to a great level.

TIP : To adopt a habit easily and quickly, you can link your new activity to an existing habit. For example, if you drink coffee every day, you can study French during that time.

Since you drink coffee every day, you will then study French every day... and you will quickly become bilingual !

Secret #2 : Use the translator as little as possible

Whether you are reading a story in French or listening to a YouTube video in French, don't rush to the translator right away. In fact, when you discover a new word, you can try to understand it based on the context.

So the first few times you hear the word, you will vaguely understand its meaning. But the more you hear it in different contexts... the more you'll have a clear idea of what it means. So, by understanding the word and its context, you will be able to use it in the right situation.

Because the problem with online translators is that if you only type one word in, the translator doesn't take the context into account. Let me give you a concrete example : the verb "Think", its meaning is a bit special, the verb "Réfléchir" can be used instead of "Think" in some situations... but most of the time it is a mistake. However, most translators translate "Think" as "Réfléchir".

So if you want to get off to a GOOD start, I recommend you avoid the translator as much as possible and let your brain do the work. You'll be amazed at how fast you'll progress.

Secret #3 : Your step-by-step plan for learning French

This is the plan I teach to my students who want to learn French :

1. **Read books in French/English.** First you read the text in French, then you try to understand it, and finally you read the English version to check if you have understood it well.
2. **Watch videos or series in French with English subtitles.** By having the subtitles in English you understand the series, and it allows you to get used to the French language. Moreover, you will recognize some words in speech.
3. **Watch videos or series in French with French subtitles.** This is the next logical step. You force your brain to understand the spoken French, and if you have any doubt you can watch the subtitles.
4. **Watch videos or series in French without subtitles.** At this stage, you will probably have difficulties following everything. And again, it's not a big deal. Your brain learns anyway, it recognizes the context and discovers the true meaning of the words. This step is a bit long but it is the last one to have perfect French !

You can follow this step-by-step plan by reading, watching Youtube or even series. In fact, all the content you consume should help you learn French. This way, you won't even feel like you're working on your French, yet you'll learn much more than someone who attends a classic French course !

Secret #4 : Read conversations in French

Spoken French is very different from written French, just like English. If you listen to Youtube videos you have probably already noticed it. On the other hand, the dialogues of the series are far from the conversations of real life.

So in order not to be surprised when talking to a French person, I recommend you to read conversations between French people to see the words they use between them.

Recommendation : I have written a book that includes more than 101 conversations of everyday life in French. You can find it by typing on Amazon : "French conversation Raphaël Pesquet".

Secret #5 : Prepare ready-made phrases

Sometimes, when you are faced with a local who does not speak your native language, you can quickly lose your temper. That's why I recommend that you write a list of "emergency phrases" on a sheet of paper or on a computer document.

If you get confused or stressed, you can use these backup phrases that you have practiced several times. Among these phrases, you can learn to introduce yourself and say what you do because this is a question that is

often asked in discussions.

These phrases are extremely important because they allow you to enter a conversation with confidence.

Secret #6 : Websites to talk to a French person

Many sites of this kind have appeared in recent years. I don't have to recommend any in particular, most of them are very good. In fact, these sites will put French and English speakers in relation so that each one can improve in the language of the other.

Thus, you will be able to speak directly with a local who will be understanding because he is in the same situation as you. This is a perfect exercise before the big jump into a French speaking country. Moreover, you will be able to discover the personality of the French ! (grumpy but funny for the most part haha)

Secret #7 : Getting started

No matter how much you learn by reading or watching videos, at some point you have to take the plunge. You have to travel to a French-speaking country and meet the locals. At the beginning, it will be a little difficult, you will surely be a little stressed, but quickly you will become comfortable and your French will improve, just like your accent.

If you have followed the previous secrets, then you should have no problem. What if you have a little trouble ? Knowing that the French people are on the whole nice, we will surely help you, so don't panic !

Raphaël Pesquet