# C COMMUNICATION

VOICES CHALLENGE | VIDEO 4 OF 6 | DAY 16

SECTION 4 OF YOUR 30 DAY VOICES LEADERSHIP GROWTH PLAN

## A LITTLE INFORMATION

Communication is the discipline of making meaning transferable. It is telling the truth, listening for understanding, checking whether the message landed, and having the candid conversation before resentment or confusion does the talking for you.

Candid does not mean cruel. JJ's six step map: state the observable issue, explain the impact, ask for perspective (what am I missing?), clarify the standard, agree on ownership, follow through.

## THIS WEEK'S ACTION STEP

1. Think of a conversation you have been delaying because the truth is uncomfortable.
2. Decide what actually needs to be said. Remove accusation, exaggeration, and mind reading.
3. Schedule the conversation, or have it. Write the date.

## WHEN YOU HAVE DONE THE STEP

Turn the page for this week's questions. Then type your answers into the form right under this week's video. Your answers are saved to your profile, emailed to you, and sent to JJ.

# C COMMUNICATION

VOICES CHALLENGE | VIDEO 4 OF 6 | DAY 16

THIS WEEK'S QUESTIONS (same questions as the form under the video)

## YOUR QUESTIONS

**The conversation you have been delaying, and with whom:**

**What actually needs to be said (facts and impact only):**

**The date you will have it:**

**SUBMIT YOUR ANSWERS**

Type them into the form right under this week's video. Writing them here first is fine.