Brenda | Rejoice Evermore

Start Here, Mama

Your free Busy Mom's Marketing Starter Kit

Hi, I'm Brenda! 💛 If you've been dreaming about a side income or a business of your own but have no idea where to start, you're in the right place. You don't need to know anything yet, and you don't need hours of free time.

Inside this starter kit:

🌿 **Find Your Time planner:** find the 20-minute pockets you already have

🌿 **15 content prompts:** never stare at a blank screen again

> 💡 **Your first step today:** Print the planner and shade in just three 20-minute blocks for this week. That's it. Small steps add up fast.

Want the full step-by-step plan? My beginner guide walks you through branding, social media, content, email, and simple funnels, in bite-sized lessons made for nap time, with a Mom Action Step at the end of every lesson.

Get the Full Guide

You've got this. 🌱

With love, Brenda | Rejoice Evermore

Find Your Time

You don't need more hours. You need a few protected minutes.
Shade in the 20-minute blocks you can claim this week.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Early Morning before the house wakes							
Nap / Quiet Time little ones resting							
School / Work Break pockets of daytime							
After Bedtime your evening hour							

My best time slot this week: _____

Total time I'm protecting (minutes): _____

What I'll work on first: _____

💡 **Mama tip:** Three 20-minute blocks a week is enough to make real progress. Treat them like appointments with yourself, and give yourself grace when life happens.

Progress, not perfection. 💛

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15 Content Prompts

Stuck on what to post? Pick one, fill in the blank, and check it off when it's done.

1. The #1 mistake beginners make in [your niche] ☐
2. My favorite free tool for ___ ☐
3. A day in my life as a mom + [your work] ☐
4. 3 things I wish I knew sooner ☐
5. What I'd do if I were starting today ☐
6. A myth about [topic] that isn't true ☐
7. My quick-win tip for ___ ☐
8. Behind the scenes of how I ___ ☐
9. A customer or client win (with permission) ☐
10. This vs. that: which is better? ☐
11. My weekly routine for ___ ☐
12. An unpopular opinion about [topic] ☐
13. How I fit [work] around nap time ☐
14. A simple checklist for ___ ☐
15. Why I started: my story ☐

💡 **Mama tip:** Turn one prompt into 2 or 3 posts, like a photo post, a short video, and a Pinterest pin. One idea, a whole week of content.