

CAREER HYPOTHESIS

Choose a working direction without pretending it is a permanent decision.

A career direction can be a hypothesis. You can be curious about it, check whether it looks plausible, compare it with your criteria, and investigate what you do not know before making a larger commitment.

NAME THE DIRECTION

PROMPT

YOUR NOTES

A role, path, or type of work I am considering

What makes me curious about it?

Why does it seem plausible for me?

CHECK IT AGAINST YOUR CRITERIA

PROMPT

YOUR NOTES

Criteria this direction appears to satisfy

Criteria I am unsure about

Possible conflicts or tradeoffs

Turn assumptions into questions

The goal is evidence, not certainty.

WHAT AM I ASSUMING?

PROMPT

YOUR NOTES

I am assuming that...

What would make that assumption wrong?

WHAT DO I NEED TO LEARN?

PROMPT

YOUR NOTES

Question 1

Question 2

Question 3

CHOOSE ONE SMALL TEST

Pick an action that gives you better information without requiring a major commitment. Examples might include an informational conversation, reviewing several real job descriptions, trying a small project, or talking with someone doing the work.

PROMPT

YOUR NOTES

The test I will run

Who or what can give me evidence?

When I will do it

What I will look for

After the test

Keep the hypothesis, revise it, or replace it. Changing your mind after gathering evidence is part of the process.