

The Cozy Quick-Start Checklist



Setting Your Atmosphere

Am I wearing my apron
or old clothes?

(Giving yourself permission to get messy is step number one!)



Do I have my favorite beverage
brewed and ready?

Is my soft worship or
instrumental music playing?



Is the world officially
turned down?
(Phone on silent, computer tabs closed?)

Is my studio space
ready?





Checking your supplies



Is my water jar filled and on the table?

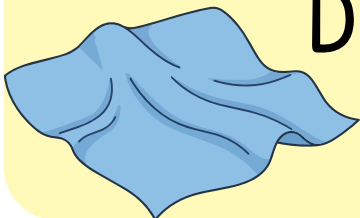
Are my paintbrushes laid out?

Are my core acrylic paint tubes out?



Is my canvas or paper ready in front of me?

Is my palette pad or ceramic plate ready for mixing?



Do I have my cleaning rags or paper towels nearby?

Have I taken one deep breath and handed my inner critic over to God?



The Stress-Free Wrap Up



Cozy Quick Clean-up



Are my brush bristles gently washed with warm water and soap?



Are my clean brushes laying completely flat on a rag to dry?



Is my dirty paint water cup emptied and rinsed out?



Did I peel off and toss my dirty palette sheet (or wipe down my ceramic plate)?



Do I have my cleaning rags or paper towels nearby?



Did I securely close all my paint tube caps so they don't dry out?



Have I paused to thank the Lord for this unhurried moment of creative rest?