



PREPARATION WITH PURPOSE™

ACADEMIC AND CAREER RESOURCE GUIDE

STUDENT EDITION

PREPARE • POSITION • PURPOSE • PROMISE

Every Family Deserves a Plan.



PROVEN STRATEGIES
to Navigate High School
with Purpose



ACADEMIC EXCELLENCE
Build the Foundation for
College, Career & Life



CAREER EXPLORATION
Discover Possibilities.
Plan Your Path.



CHARACTER & LEADERSHIP
Grow Into the Leader
You Are Called to Be.

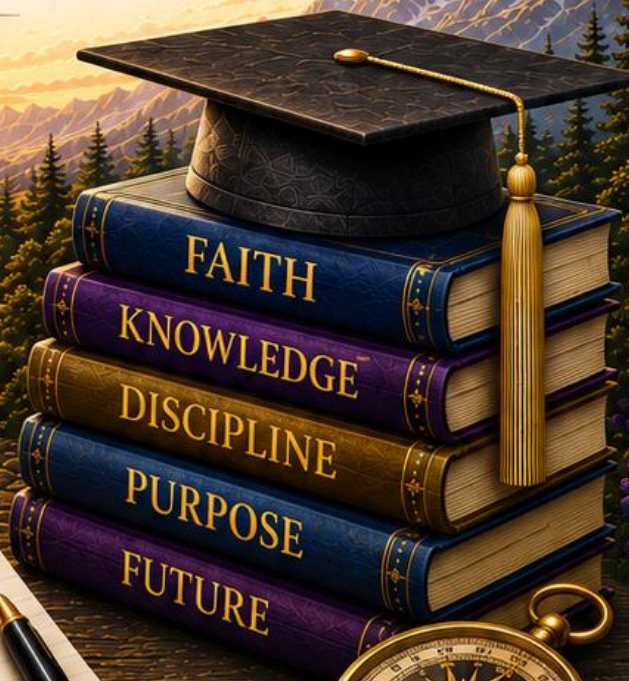


**SUCCESS BEYOND
HIGH SCHOOL**
Prepare Today. Succeed
Tomorrow. Impact Forever.



A FOUR-YEAR
RESOURCE GUIDE
FOR GRADES 9–12

FAITH • ACADEMICS
ATHLETICS • LEADERSHIP
LIFE



— EXPLORE —
STUDENT-ATHLETE
ADVANTAGE™

RESOURCES & TOOLS
TO HELP YOU SUCCEED
ON AND OFF
THE FIELD

D. MICHELE BARNES JENKINS

AUTHOR & FOUNDER, PREPARATION WITH PURPOSE™



Academic and Career Resource Guide Student Edition

PREPARATION WITH PURPOSE™

Academic and Career Resource Guide Student Edition

Your Personal Guide to High School, College, Career & Life Success

Planning Today. Preparing for Tomorrow.

Every Student Has a Purpose.

Every Family Deserves a Plan.

Helping Families Build a Game Plan for High School Success

By D. Michele Barnes Jenkins

Author & Founder, Preparation With Purpose™

Preparation With Purpose™ equips families with practical tools, intentional planning, meaningful conversations, and faith-centered encouragement to help students confidently prepare for high school, postsecondary education, career pathways, military service, skilled trades, entrepreneurship, and lifelong success.

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Preparation With Purpose™ Academic and Career Resource Guide Student Edition

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Preparation With Purpose™ is designed to help students and the parents, guardians, grandparents, mentors, and other caring adults who support them make informed decisions through intentional planning, practical tools, and meaningful family conversations. The information contained in this **resource guide** is provided for educational purposes only and should not be considered legal, financial, educational, admissions, military, tax, scholarship, employment, or career-placement advice.

Although every effort has been made to ensure the information is accurate at the time of publication, educational policies, graduation requirements, college admissions practices, scholarship opportunities, NCAA eligibility standards, financial aid regulations, military requirements, apprenticeship programs, licensing requirements, and workforce expectations may change over time.

Readers are encouraged to verify current information through official schools, colleges and universities, scholarship providers, the NCAA Eligibility Center, military branches, licensing agencies, employers, government organizations, and other authoritative sources before making important educational, financial, or career-related decisions.

Examples of schools, colleges, scholarship programs, employers, businesses, military branches, community organizations, and educational resources are provided for informational purposes only and do not constitute endorsements or guarantees.

Every student and family has a unique journey. Families are encouraged to seek guidance from qualified professionals and official organizations when making educational, financial, legal, military, or career-related decisions.

The author disclaims liability for decisions made based upon the information contained in this publication. Readers are responsible for verifying current requirements, policies, deadlines, eligibility standards, and other information with the appropriate official organizations and qualified professionals before making decisions.

To God, From Whom All Blessings Flow

Before there was a manuscript, a workbook, a roadmap, or a plan, there was a seed.

What began as a desire to help my grandson prepare for high school became something far greater than I imagined. And I know without question that I did not arrive here alone.

To God be the glory.

Thank You, Lord, for the vision of **Preparation With Purpose™**. Thank You for taking a grandmother's desire to help one child and showing me that it could become a resource to help many.

Thank You for every idea, every open door, every person You placed along this journey, and even the moments when I had to stop, rethink, rebuild, and begin again.

You showed me that preparation is about more than academics. It is about purpose, character, faith, opportunity, responsibility, service, and helping young people recognize the gifts You have placed within them.

I have said throughout this journey:

Helping my Buddy was not just a good idea. It was a GOD IDEA.

And I still believe that with my whole heart.

May every student who opens these pages recognize that their life has purpose. May those who walk beside them have wisdom for the journey. May families be encouraged to ask questions, seek knowledge, prepare intentionally, and trust You with the future they cannot yet see.

Preparation With Purpose™ is an assignment You placed in my hands. May I steward it with integrity, excellence, humility, and faith—and never forget **Who gave me the ability to build it.**

For this opportunity, this assignment, and this seed, I give You:

All honor. All praise. All glory.

To God be the glory for the things He has done—and for all that is still to come.

Amen. 🙏💜

Special Dedication

To my Buddy, Savion—

You were the spark that started it all.

What began as a grandmother simply wanting to help her grandson prepare for high school became something far greater than I could have imagined. Watching you grow, work, overcome challenges, and discover what you are capable of made me realize that other students—and the people who love and guide them—needed this kind of support too.

Preparation With Purpose™ began with you.

You are, and always will be, my million in every way. I pray that as you continue your own journey, you remember that your gifts have purpose, your preparation matters, and God has already placed possibilities inside of you that you have yet to discover.

And to my husband, Darion

Thank you for standing beside me while an idea became a vision and that vision became something real.

Thank you for the patience, encouragement, sacrifices, quiet support, and countless ways you made room for me to build. Through the long days, late nights, scattered papers, new ideas, revisions, and moments when this project seemed to take over everything, you remained beside me.

Having someone who believes in the dream—and in the person carrying it—is a gift I never take for granted.

To both of you:

One inspired the beginning.

One stood beside me through the building.

And both of you are forever woven into the story of **Preparation With Purpose™**.

With all my love,

Memee

Staying Connected

Preparation With Purpose™ is more than a resource—it's a community of families committed to helping students prepare with purpose.

The QR code on the back cover gives you an opportunity to share this journey with someone else.

If this guide has encouraged your family, consider sharing the QR code with another parent, grandparent, guardian, mentor, educator, or student. When they scan the code, they'll be invited to connect with **Preparation With Purpose™** and receive a complimentary **Grade-Level Introductory Offer** designed to help them begin preparing with purpose.

One shared resource could become the beginning of a brighter future for another family.

Thank you for helping us encourage, equip, and empower students and families to prepare with purpose, one purposeful step at a time.

Faith-Based Encouragement

Preparation With Purpose™ includes Scripture references and faith-based encouragement throughout this **resource guide** as a source of inspiration, wisdom, and reflection.

These elements reflect the author's mission to encourage students and families while remaining respectful of readers from diverse backgrounds, experiences, and beliefs.

Preparation With Purpose™

Author & Founder

D. Michele Barnes Jenkins

Humble, Texas

United States of America

Dedication

To Every Student Who Wonders What's Next...

This book is dedicated to every student who has ever questioned their potential, searched for direction, or wondered if their dreams were possible.

Whether your path leads to college, a skilled trade, military service, entrepreneurship, the workforce, or a journey still unfolding, my hope is that these pages remind you that your future is shaped not by where you begin, but by the purpose, preparation, character, and perseverance you choose to build each day.

It is also dedicated to every parent, grandparent, guardian, mentor, teacher, coach, counselor, pastor, family member, and caring adult who walks beside a young person. Your encouragement, wisdom, and belief can change the course of a life.

No family begins this journey knowing everything. Preparation begins with a willingness to learn, ask questions, and move forward together—one purposeful step at a time.

Finally, this resource guide is lovingly dedicated to my grandson, whose journey inspired a vision far greater than either of us could have imagined. What began as a desire to help one student prepare for high school became a calling to help students and families prepare with purpose for life.

My prayer is that this resource guide gives every student the confidence to dream boldly, prepare intentionally, and pursue every opportunity placed before them. If these pages help even one student believe in themselves. Take one more step, or dream one dream bigger, then this work has fulfilled its purpose.

With faith, hope, and unwavering belief in the potential of every student,

D. Michele Barnes Jenkins

About the Author

D. Michele Barnes Jenkins is the author and founder of **Preparation With Purpose™**, an educational resource created to help students and families approach the high school years with greater clarity, preparation, and direction.

Inspired by preparing alongside her grandson as he approached high school, Michele recognized just how much families are expected to navigate—from academic and graduation requirements to future pathways and opportunities. That experience inspired Preparation With Purpose™ and the belief that **Every Family Deserves a Plan.**

Through the **Preparation With Purpose™ Academic and Career Resource Guides**, Michele has developed resources for students, parents, and student-athletes that encourage families to begin important conversations earlier, explore multiple pathways, and make informed decisions throughout the high school journey.

The resources explore academics, college and career preparation, skilled trades, military pathways, entrepreneurship, athletics, financial awareness, character development, and other opportunities beyond high school.

At the heart of Michele's work is a simple progression:

PREPARE • POSITION • PURPOSE • PROMISE

Her goal is not to tell students which road to take, but to encourage students and those who support them to value preparation, recognize opportunities, and develop a plan for the journey ahead.

D. Michele Barnes Jenkins
Author & Founder, Preparation With Purpose™

Founder Philosophy

Preparation creates confidence. Confidence creates opportunity. Opportunity opens doors to purpose.

I believe every student has been entrusted with unique gifts, abilities, opportunities, and potential. Preparation is about developing and managing those gifts wisely so they can grow into the purpose God has placed within each person.

Our Promise to You

PREPARE • POSITION • PURPOSE • PROMISE

Every Family Deserves a Plan. Turn the page... Your journey begins now.

A Note from the Author & Founder

D. Michele Barnes Jenkins

Every student begins high school with dreams, questions, talents, and possibilities. Yet too often, they are expected to make important decisions without a clear plan to guide them.

Preparation With Purpose™ was created to help families prepare for that journey. This guide is built on one simple belief:

Students deserve more than information; they deserve preparation.

Whether your future includes college, military service, career and technical education, entrepreneurship, the workforce, or another meaningful path, success begins with intentional planning and informed decisions.

These pages are filled with practical guidance, reflection activities, encouragement, and resources to help you navigate high school with confidence. My hope is that this resource guide becomes more than something you read—it becomes something you use, write in, revisit, and grow with throughout your journey.

There is no single "best" pathway, only the pathway that is best for **you**. Whatever direction your future takes, pursue it with preparation, character, confidence, and purpose.

Remember, your future is not determined by one decision, but by the choices you make consistently over time.

Your future is waiting. Let's prepare for it—together.



A Note from Your Memee

Throughout this resource guide, you'll occasionally see  **Memee Says**. Each message begins with one word: Beloved.

That's intentional. Before I offer encouragement or share a lesson, I want you to remember that you are valued, capable, and deeply loved.

"Memee" is what my grandchildren call me. Think of these messages as **a little lagniappe**—a little something extra offered with love as you make your way through this guide.

Whenever you see  **Memee Says**, know that I'm encouraging you to keep learning, keep preparing, and keep moving forward with purpose.

Memee 

Lagniappe (lan-yap): A Louisiana French word meaning "a little something extra."

My Daily Declaration & Affirmation

(Read this aloud each morning as you prepare for your day.)

This is the day the Lord has made; I will rejoice and be glad in it.

I begin this day with faith, hope, and purpose.

I know who I am because I know whose I am.

I am who God says I am.

I can do what God says I can do.

I have what God says I have.

I can do all things through Christ who gives me strength.

Today, I choose faith over fear...Purpose over procrastination...

Integrity over compromise...Kindness over criticism...Excellence over excuses.

I will keep learning and keep growing.

I will make good decisions, and I will not compare my journey to anyone else's.

I will become the person God created me to be—one purposeful step, one wise decision, and one opportunity at a time.

I will learn with curiosity, lead with integrity, serve with compassion and dream with courage.

I will prepare with purpose. Today is a good day to grow.

How to Use This Guide

Welcome to the **Preparation With Purpose™ Academic and Career Resource Guide — Student Edition.**

By opening this resource guide, you've already taken a step toward preparing intentionally for your future. Whether you're beginning high school or preparing for graduation, these pages are designed to support you throughout your high school journey.

This isn't something you'll simply read and put away. It's designed for you to write in, reflect on, revisit, and use as your goals and opportunities develop.

How to Get the Most from This Resource Guide

Start where you are.

Begin with the Foundations and Grade-Level Success Roadmaps that match where you are today. Return to other sections as new opportunities, decisions, and goals arise. Your journey doesn't have to look like anyone else's.

I deliberately removed **“to be successful.”** We don't need it.

Learn together.

Invite a trusted adult—a parent, grandparent, guardian, mentor, teacher, coach, counselor, pastor, or another caring adult—to walk this journey with you. Ask questions, have conversations, and learn together.

Questions build understanding. Understanding builds confidence. Confidence prepares you for opportunity.

Keep that. I like the progression.

Make it your own.

Write on these pages. Highlight important ideas. Complete the activities. Record your goals. Celebrate your progress. Reflect on your challenges. By graduation, these pages can become a record of how you've grown.

That removes another **resource guide** reference.

Stay Informed

This is important because it reinforces our disclaimer in **student-friendly language**. Keep it, with two small changes:

Educational programs, graduation requirements, scholarships, college admissions, financial aid, military pathways, certification programs, workforce training, NCAA eligibility, and career opportunities may change over time.

The information in this **resource guide** reflects the best available guidance at the time of publication. Before making important educational, financial, military, legal, or career decisions, always verify current information through official sources and consult your school counselor, academic advisor, coach, or another trusted professional.

One of the greatest life skills you can develop is learning how to research, ask thoughtful questions, verify reliable information, and advocate for yourself with confidence.

Preparation With Purpose™ isn't just about planning your future; it's about developing the skills to make informed decisions throughout your life.

Before You Turn the Page...

Do something today that your future self will thank you for. Understand that high school is about more than earning a diploma; it's also about becoming the person you were created to be.

Every class you attend...
Every assignment you complete...
Every question you ask...
Every challenge you overcome...
Every friendship you build...
Every opportunity you explore is shaping your future one decision at a time.

Don't rush through the journey, wishing only for the destination. The knowledge you gain, the character you build, the confidence you develop, and the choices you make today will stay with you long after graduation.

So... **Learn with curiosity. Lead with integrity. Serve with compassion. Dream with courage.**

Prepare with purpose.

The future you're dreaming about begins with the decisions you make today. **Now, let's begin your journey.**

PREPARATION WITH PURPOSE™ STUDENT JOURNEY MAP

★ *Your High School Journey Begins Here* ★

Every Foundation builds upon the one before it.
As you move through this resource guide, you'll gain the knowledge,
confidence, and practical tools to prepare for high school,
life after graduation, and the future God has designed for you.



YOUR GPS



YOUR GPS

God's Plan & Personal Direction

Align your heart, set your direction, and let faith guide every step.



FOUNDATION 2

Discovering Your Purpose

Explore who you are, what matters to you, and the purpose God has placed inside you.



FOUNDATION 4

Planning with Purpose

Create your high school plan, set goals, and take intentional steps that lead to success.



FOUNDATION 6

Preparing for Future Pathways

Explore college, trade, military, entrepreneurship, and other pathways to build the future you envision.



FOUNDATION 8

Launch with Purpose

Finish strong, celebrate your growth, and step boldly into your next chapter with purpose.



FOUNDATION 1

Laying the Foundation

Build your mindset, strengthen your values, and set your vision for the journey ahead.



FOUNDATION 3

Exploring Possibilities

Open the doors of discovery and explore careers, pathways, and opportunities.



FOUNDATION 5

Character, Communication & Life Skills

Develop strong character, communicate with confidence, and build life skills that prepare you for anything.



FOUNDATION 7

Stepping Into Opportunities

Take action, get involved, build your experience, and say "yes" to the opportunities ahead.

*Your Journey
Doesn't End Here...*

Keep learning, keep growing,
and keep trusting the One who
goes before you.



→ ONE PURPOSEFUL STEP AT A TIME. →



Grade-Level Progress System

Your High School Success Navigation System

Just like a GPS, this system is designed to help you focus on what matters most during each stage of high school. Instead of wondering, "*What should I be doing right now?*" you'll have a clear roadmap to guide your preparation, your decisions, and your progress.

Start Here

High school is a journey, and every journey is easier when you have a reliable guide.

The **Preparation with Purpose™ Grade-Level Progress System (GPS)** is your navigation guide. It helps you stay on course by showing you what to focus on during each year of high school.

Your **Academic and Career Resource Guide — Student Edition** is your travel guide. It provides the knowledge, tools, and encouragement to help you navigate challenges, prepare for opportunities, and confidently move toward your goals.

You don't have to know everything about your future today. You simply need to know where you are... and take the next purposeful step.

A Note About Graduation Requirements

Graduation requirements, course sequences, standardized testing, and college admissions expectations may vary by state, school district, homeschool program, private school, college, university, military branch, career pathway, or governing organization.

The information provided in this Grade-Level Progress System is designed to serve as a general planning guide to help you stay organized and prepare intentionally throughout high school. Always work with your parent or guardian, school counselor, homeschool administrator, academic advisor, coach, or other trusted educational professional to confirm the requirements and opportunities that apply to your individual situation.

Preparation begins with having the right information for **your** journey.

How to Use Your GPS

Start with your current grade level and use it as your roadmap for the school year. Each grade is organized into seven navigation points that highlight the priorities, milestones, and opportunities most important for that stage of your journey.

Focus

What matters most this year.

Academics

The academic milestones that keep you on track.

Testing & College Readiness

Prepare for important assessments, understand testing timelines, and stay on track for college, career, military, and scholarship opportunities.

Opportunities

Activities, experiences, and pathways to explore. When you're ready to learn more, your Academic and Career Resource Guide — Student Edition will guide you in the right direction.

Relationships

Building healthy relationships and connecting with trusted adults who encourage your growth.

Money

Developing smart financial habits and exploring scholarships, financial aid, and other opportunities.

Looking Ahead

Preparing for what's next so you can move forward with confidence.

Return to your GPS throughout the year to check your progress, update your goals, and stay focused.

One grade level. One school year. One purposeful step at a time.

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PREPARATION WITH PURPOSE™

GRADE-LEVEL PROGRESS SYSTEM (GPS)



WELCOME

• to Your Journey •

*The Grade-Level Progress System (GPS) is your roadmap
for success in high school and beyond.*

*Each year builds on the last—helping you grow,
set goals, take action, and prepare for the future
God has designed for you.*

• WHAT YOU'LL FIND INSIDE •



FOCUSED GOALS

Set clear goals and
make a plan to
achieve them.



YEAR-BY-YEAR GUIDANCE

Follow a proven path
designed for your
grade level.



TOOLS & RESOURCES

Access practical
tools to help you
succeed.



BUILD CONFIDENCE

Take steps today
that lead to a
brighter tomorrow.

A RESOURCE FOR HOMESCHOOLERS

EVERY PATH.
EVERY PURPOSE.
ONE PREPARATION.



EXPLORE

STUDENT-ATHLETE BLUEPRINT



RESOURCES & GUIDANCE
TO HELP STUDENT-ATHLETES
PREPARE FOR OPPORTUNITIES
ON AND OFF THE FIELD.

One Purposeful Step at a Time. 





PREPARATION WITH PURPOSE™

GRADE-LEVEL PROGRESS SYSTEM (GPS)



9TH GRADE

• *Build Your Foundation. Shape Your Future.* •

*Your high school journey starts now.
This is your time to explore, learn, build strong habits,
and set the foundation for the future God
has designed for you.*

DISCOVER.
FOCUS.
PREPARE.
SUCCEED.

IN THIS GUIDE



Discover Who You Are
Explore your strengths, interests, and purpose.



Build Strong Habits
Develop the skills and routines that lead to success.



Plan with Purpose
Create goals and a roadmap for your high school journey.



Get Involved
Find opportunities, build relationships, and grow.



Prepare for What's Next
Lay the foundation for college, careers, and life beyond high school.

EVERY GREAT JOURNEY
BEGINS WITH A

Purpose.



• *One Purposeful Step at a Time.* •



Grade 9

Build Your Foundation



This Year's Focus

Freshman year is your starting point. The habits you build, the choices you make, and the effort you invest this year will help shape the rest of your high school journey. Focus on building a strong academic foundation, exploring your interests, developing healthy relationships, and creating habits that prepare you for future opportunities.



Recommended Academic Path

Requirements vary by state, school district, homeschool program, and your individual graduation plan. Work with your parents, school counselor, homeschool administrator, or academic advisor to choose the best courses that support your graduation requirements and future goals.

Recommended Courses

- ☐ English I
- ☐ Algebra I, Algebra II, or Geometry *(based on your academic placement)*
- ☐ Biology
- ☐ World Geography or World History *(state requirements vary)*
- ☐ Physical Education *(or approved equivalent)*
- ☐ Fine Arts *(or state-required equivalent)*
- ☐ World Language *(recommended for many college pathways)*
- ☐ Electives that match your interests and future goals

Academic Priorities

- ☐ Learn your graduation requirements.
 - ☐ Protect your GPA from the first grading period.
 - ☐ Develop effective study habits.
 - ☐ Build strong attendance.
 - ☐ Meet your school counselor.
 - ☐ Ask for help before you fall behind.
 - ☐ Begin building your student portfolio.
-



Testing & Future Planning

Freshman year is about becoming familiar with the opportunities available to you. You don't have to take every test this year, but you should begin understanding what each one is and when it may become important.

Testing Timeline

- ☐ PSAT 8/9 (if available, to identify academic strengths and skills to strengthen for future testing.)
- ☐ Learn the difference between the PSAT, SAT, and ACT.
- ☐ Explore free practice resources.
- ☐ Begin strengthening your reading, writing, and math skills.

Pathway Planning

- ☐ Meet with your counselor to discuss your Four-Year Graduation Plan.
- ☐ Explore college, career, military, trade, and entrepreneurship pathways.
- ☐ Begin thinking about courses that support your future goals.



Student-Athlete Spotlight *(If Applicable)*

- ☐ Protect your GPA from Day One.
- ☐ Confirm you're taking NCAA-approved core courses if you plan to compete in college athletics.
- ☐ Begin keeping records of athletic and academic achievements.
- ☐ Learn your state's high school athletic eligibility and NIL rules.



Verify Before You Act

NCAA eligibility requirements, approved core courses, and state athletic and NIL rules may change. Before making course-selection or eligibility decisions, verify current requirements with your school counselor, state athletic association, and the NCAA Eligibility Center, when applicable.



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 6 — Preparing for the Path Ahead



Foundation 7 — Stepping into Opportunities

Opportunities

Freshman year is the time to explore. The experiences you choose now can help you discover your interests, develop new skills, and build confidence for the future. Don't worry about finding the "perfect" pathway. Your goal is simply to get involved and stay curious.

This Year I Will Explore

- ☐ School clubs and student organizations
- ☐ Athletics or recreational sports
- ☐ Band, choir, theater, or fine arts
- ☐ STEM, robotics, or coding programs
- ☐ Career & Technical Education (CTE) courses
- ☐ Healthcare or medical career programs
- ☐ Skilled trades and apprenticeship opportunities
- ☐ JROTC or leadership organizations
- ☐ Community service or volunteer projects
- ☐ Church or youth group activities
- ☐ Entrepreneurship or small business opportunities
- ☐ Part-time employment or job shadowing (if age appropriate)
- ☐ Summer camps, workshops, or enrichment programs

My Interests This Year

Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 3 — Exploring Possibilities
-  Foundation 6 — Preparing for the Path Ahead

Relationships

The relationships you build during high school can encourage your growth, strengthen your confidence, and support you through challenges. Surround yourself with people who encourage you to do your best, respect your values, and help you become the person God created you to be.

This Year I Will

- ☐ Build positive friendships.
- ☐ Get to know my teachers.
- ☐ Meet with my school counselor.
- ☐ Find a trusted mentor or role model.
- ☐ Practice respectful communication.
- ☐ Encourage others.
- ☐ Ask for help when I need it.
- ☐ Be someone others can depend on.

My Support Team

Parent/Guardian: _____

Counselor: _____

Teacher/Mentor: _____

Coach/Youth Leader/Pastor: _____

Other Trusted Adult: _____



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 5 — Character, Communication & Life Skills



Money

Building good financial habits starts now. You don't have to earn a lot of money to learn how to manage it wisely. The habits you develop today can help prepare you for greater financial responsibility in the future.

This Year I Will

- ☐ Open a savings account (if possible).
- ☐ Save a portion of any money I receive.
- ☐ Learn the difference between needs and wants.
- ☐ Create a simple budget.
- ☐ Track my spending for one month.
- ☐ Learn how scholarships can help pay for college, trade school, or career training.
- ☐ Understand the importance of building good financial habits.

My Financial Goals

- ☐ Save \$_____
- ☐ Purchase: _____
- ☐ Other Goal: _____

Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 4 — Planning with Purpose
-  Foundation 7 — Stepping into Opportunities

Looking Ahead

Every school year prepares you for the next one. As you finish freshman year, begin thinking about the goals you want to accomplish as a sophomore. Continue building on the habits you've started and look for opportunities to grow academically, personally, and professionally.

Before 10th Grade, I Will

- ☐ Review my freshman transcript and GPA.
- ☐ Meet with my counselor to plan sophomore courses.
- ☐ Explore summer programs, camps, or enrichment opportunities.
- ☐ Continue exploring careers and pathways that interest me.
- ☐ Set academic and personal goals for sophomore year.
- ☐ Update my student portfolio with awards, activities, volunteer service, and accomplishments.
- ☐ Continue preparing for future testing and scholarship opportunities.

Summer Goals

Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 4 — Planning with Purpose
-  Foundation 7 — Stepping into Opportunities



Destination Reached



Before You Move to 10th Grade...

Take a moment to celebrate your progress and reflect on how far you've come.

Freshman Year Checklist

- ☐ I successfully completed my freshman courses.
- ☐ I protected my GPA and gave my best effort.
- ☐ I explored new opportunities and activities.
- ☐ I built positive relationships with teachers, mentors, and friends.
- ☐ I developed stronger study and organizational habits.
- ☐ I discovered new interests, strengths, or future goals.
- ☐ I created a plan for sophomore year.

Reflection

My greatest accomplishment this year was:

One goal I have for next year is:

Congratulations!

You've completed the first year of your high school journey. Every lesson you've learned, every challenge you've overcome, and every goal you've achieved has helped build a stronger foundation for what's ahead.

One school year. One milestone. One purposeful step at a time.



PREPARATION WITH PURPOSE™

GRADE-LEVEL PROGRESS SYSTEM (GPS)



10TH GRADE

Build Momentum. Strengthen Your Path. Own Your Future.

You've started your journey—now it's time to build momentum and make intentional choices. Strengthen your foundation, explore your options, and prepare for the doors God has designed for you.

EXPLORE.
FOCUS.
PREPARE.
LEAD.
SUCCEED.

IN THIS GUIDE



Review & Refocus

Evaluate your progress, set new goals, and stay aligned.



Explore Deeper

Discover your strengths, interests, and expanding opportunities.



Build Your Plan

Choose the right courses, build strong habits, and stay organized.



Get Involved & Lead

Take on leadership roles, serve others, and build your network.



Prepare for What's Next

Take intentional steps toward college, careers, scholarships, and life beyond high school.

GROWTH HAPPENS WHEN
PREPARATION MEETS

Purpose.



One Purposeful Step at a Time.



Grade 10

Build Momentum



This Year's Focus

Sophomore year is about building on the foundation you established during freshman year. Continue strengthening your academic performance, becoming more involved in activities that interest you, and exploring the pathways that align with your goals. This is the year to build momentum by staying consistent, taking on new challenges, and preparing for the opportunities ahead.



Recommended Academic Path

Requirements vary by state, school district, homeschool program, and your individual graduation plan. Work with your parents, school counselor, homeschool administrator, or academic advisor to choose the best courses that support your graduation requirements and future goals.

Recommended Courses

- ☐ English II
- ☐ Geometry or Algebra II (*based on your academic pathway*)
- ☐ Chemistry or another lab science (*based on your graduation plan*)
- ☐ World History (*or state-required equivalent*)
- ☐ World Language (*continue if required or recommended*)
- ☐ Career & Technical Education (CTE), AP, Honors, Dual Credit, or electives that support your goals

Academic Priorities

- ☐ Review my freshman transcript and GPA.
- ☐ Continue building strong study habits.
- ☐ Improve areas where I struggled.
- ☐ Meet with my counselor to review my graduation plan.
- ☐ Begin exploring colleges, careers, military service, or skilled trades.
- ☐ Continue building my student portfolio.



Testing & Future Planning

Sophomore year is the time to become more intentional about your future. Continue building your academic foundation while learning about the testing and opportunities that will become important during junior year.

Testing Timeline

- ☐ Take the PSAT 10, if offered, and use your results to identify skills to strengthen.
- ☐ Begin preparing for the PSAT/NMSQT in junior year—the qualifying assessment for eligible students entering the National Merit Scholarship Program.
- ☐ Explore SAT and ACT practice resources.
- ☐ Strengthen reading, writing, and math skills.



Planning Ahead

The PSAT 10 can help you measure your progress and prepare for future testing, but it does **not** qualify students for the National Merit Scholarship Program. For students following a traditional four-year high school path, the **junior-year PSAT/NMSQT** is the qualifying assessment for entry into the program.

Future Planning

- ☐ Review graduation requirements.
- ☐ Begin researching colleges, careers, military, apprenticeships, and technical programs.
- ☐ Attend college or career fairs if available.
- ☐ Explore summer enrichment opportunities.



Student-Athlete Spotlight *(If Applicable)*

- ☐ Continue taking NCAA-approved core courses.
- ☐ Build and update your athletic résumé.
- ☐ Continue developing your highlight film.
- ☐ Attend camps, showcases, or combines that fit your goals.
- ☐ Learn NCAA Eligibility Center requirements.

Verify Before You Act

NCAA eligibility requirements, approved core courses, and state athletic and NIL rules may change. Before making course-selection or eligibility decisions, verify current requirements with your school counselor, state athletic association, and the NCAA Eligibility Center, when applicable.

Explore This Topic Further * Continue Your Journey

Next Stop

 Foundation 6 —Preparing for the Path Ahead

 Foundation 7 — Stepping into Opportunities

Opportunities

By sophomore year, you should have a better understanding of your interests and strengths. Continue exploring opportunities that align with your goals while remaining open to discovering new passions. The experiences you gain now can help shape your junior and senior years.

This Year I Will Explore

- ☐ Leadership opportunities in clubs and organizations
- ☐ Athletics or recreational sports
- ☐ Fine arts, band, choir, or theater
- ☐ STEM, robotics, coding, or engineering programs
- ☐ Career & Technical Education (CTE) pathways
- ☐ Healthcare, education, business, or public service careers
- ☐ Skilled trades and apprenticeship opportunities
- ☐ JROTC or military exploration
- ☐ Community service and volunteer projects
- ☐ Church or youth leadership opportunities
- ☐ Part-time employment or job shadowing
- ☐ Summer camps, internships, or enrichment programs

My Interests Are Becoming Clearer



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 3 — Exploring Possibilities



Foundation 6 — Preparing for the Path Ahead



Relationships

Continue building relationships that encourage your growth and support your goals. As your responsibilities increase, your support system becomes even more important.

This Year I Will

- ☐ Strengthen positive friendships.
- ☐ Build relationships with teachers and mentors.
- ☐ Meet with my school counselor to review my progress.
- ☐ Practice leadership through service.
- ☐ Develop strong communication skills.
- ☐ Encourage and support others.
- ☐ Continue building a network of trusted adults.
- ☐ Be dependable and trustworthy.

My Support Team

Parent/Guardian: _____

Counselor: _____

Teacher/Mentor: _____

Coach/Youth Leader/Pastor: _____

Other Trusted Adult: _____



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 5 — Character, Communication & Life Skills



Money

As you grow, so do your financial responsibilities. Whether you receive an allowance, earn money from a part-time job, or save for future goals, now is the time to practice managing money wisely.

This Year I Will

- ☐ Continue following a simple budget.
- ☐ Increase my savings.
- ☐ Track my spending.
- ☐ Learn about checking accounts and debit cards.
- ☐ Research scholarships and financial aid opportunities.
- ☐ Begin understanding the cost of college, trade school, military, or career training.
- ☐ Set a financial goal for the year.

My Financial Goals

- ☐ Save \$ _____
- ☐ Purchase: _____
- ☐ Other Goal: _____



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 4 — Planning with Purpose



Foundation 7 — Stepping into Opportunities



Looking Ahead

Junior year is one of the most important years of high school. The choices you make next year can significantly impact your college, career, military, or workforce opportunities. Finish sophomore year prepared to take the next step with confidence.

Before 11th Grade, I Will

- ☐ Review my transcript and GPA.
- ☐ Meet with my counselor to plan junior-year courses.
- ☐ Explore Dual Credit, AP, Honors, IB, or CTE opportunities.
- ☐ Continue researching careers and postsecondary pathways.

- ☐ Update my student portfolio with new accomplishments.
- ☐ Create a plan for standardized testing next year.
- ☐ Set academic and personal goals for junior year.

Summer Goals



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 4 — Planning with Purpose



Foundation 7 — Stepping into Opportunities



Destination Reached



Before You Move to 11th Grade...

Take a moment to recognize your progress.

Sophomore Year Checklist

- ☐ I strengthened my academic performance.
- ☐ I continued building positive relationships.
- ☐ I explored opportunities that matched my interests.
- ☐ I developed stronger leadership and communication skills.
- ☐ I made progress toward my financial goals.
- ☐ I updated my student portfolio.
- ☐ I have a plan for junior year.

Reflection

One accomplishment I'm most proud of this year is:

One goal I want to achieve during junior year is:

Congratulations!

You've built momentum and are preparing to enter one of the most important years of high school. Keep building on what you've learned and continue preparing with purpose—one school year, one milestone, and one purposeful step at a time.



PREPARATION WITH PURPOSE™

GRADE-LEVEL PROGRESS SYSTEM (GPS)



11TH GRADE

Prepare with Purpose. Position for Possibility. Pursue Your Promise.

*This is your year to go deeper, make wise choices,
and position yourself for the future you desire.
Stay focused, take action, and prepare for the
doors God has designed to open.*

EXPLORE.
FOCUS.
PREPARE.
LEAD.
SUCCEED.

IN THIS GUIDE



Assess & Advance

Review your progress, strengthen weak areas, and set new goals.



Explore & Expand

Dive deeper into career interests, advanced courses, and future pathways.



Plan & Prepare

Take the right courses, prepare for ACT/PSAT, and build scholarships and financial knowledge.



Lead & Serve

Step into leadership, serve your community, and build your impact.



Prepare for What's Next

Strengthen your college, career, trade, or military readiness and explore NIL & financial possibilities.

DISCIPLINE TODAY.
OPPORTUNITIES TOMORROW.
LEGACY FOREVER.

Stay Focused.
Stay Ready.
Step Into Your Future.



• One Purposeful Step at a Time. •



Grade 11

Own Your Future



This Year's Focus

Junior year is one of the most important years of high school. The decisions you make this year can open doors to college, career training, military service, apprenticeships, scholarships, and other opportunities after graduation. Stay focused, protect your GPA, prepare for important tests, and begin taking the next steps toward your future with confidence and purpose.



Recommended Academic Path

Requirements vary by state, school district, homeschool program, and your individual graduation plan. Work with your parents, school counselor, homeschool administrator, or academic advisor to choose the best courses that support your graduation requirements and future goals.

Recommended Courses

- ☐ English III
- ☐ **Geometry or another advanced math course** *(based on your academic pathway and graduation plan)*
- ☐ Physics, Chemistry, or another advanced science
- ☐ U.S. History *(or state-required equivalent)*
- ☐ Advanced electives, AP, IB, Dual Credit, CTE, or World Language
- ☐ Courses aligned with your college, career, military, or workforce goals

Academic Priorities

- ☐ Protect and improve my GPA.
 - ☐ Meet with my counselor to review graduation requirements.
 - ☐ Continue building my student portfolio.
 - ☐ Challenge myself academically.
 - ☐ Research admission requirements for my future pathway.
 - ☐ Begin narrowing my college, career, military, or workforce options.
-



Testing & Future Planning

Junior year is your planning year. Many colleges, scholarship programs, military branches, and career pathways will begin evaluating the work you've completed during high school.

Testing Timeline

- ☐ Take the **PSAT/NMSQT** (*National Merit Scholarship Qualifying Test*).
- ☐ Take the **SAT**.
- ☐ Take the **ACT**.
- ☐ Retest if needed to improve scores.
- ☐ Research testing requirements for your future pathway.



National Merit Opportunity

The PSAT/NMSQT is more than preparation for future testing. For eligible students following a traditional four-year high school path, the **junior-year PSAT/NMSQT is the qualifying assessment for entry into the National Merit Scholarship Program.**

National Merit uses an **NMSC Selection Index**, calculated from PSAT/NMSQT scores, as part of its initial screening process. Reaching a qualifying level does **not** automatically result in a scholarship. Additional eligibility, recognition, advancement, and scholarship requirements apply.

Prepare Today

Talk with your school counselor about PSAT/NMSQT testing and registration, prepare intentionally, and verify current National Merit eligibility requirements through official sources.



Verify Before You Act

National Merit eligibility requirements, qualifying levels, recognition criteria, and scholarship opportunities may change. Always verify current information with the National Merit Scholarship Corporation and College Board.

Future Planning

- ☐ Create a list of colleges, trade schools, apprenticeship programs, military branches, or career opportunities.
- ☐ Visit colleges, technical schools, or career fairs.
- ☐ Begin researching scholarships.
- ☐ Request recommendation letters when appropriate.
- ☐ Begin preparing college application materials.

Student-Athlete Spotlight *(If Applicable)*

- ☐ Register with the NCAA Eligibility Center.
- ☐ Continue taking NCAA-approved core courses.
- ☐ Update your athletic résumé and highlight film.
- ☐ Communicate with college coaches.
- ☐ Attend camps, showcases, or recruiting events.
- ☐ Learn about college NIL opportunities and financial responsibilities.

Verify Before You Act

NCAA eligibility requirements, approved core courses, registration procedures, and other student-athlete requirements may change. Before making course selection, registration, or eligibility decisions, verify current information with your school counselor and the NCAA Eligibility Center.

Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 6 — Preparing for the Path Ahead
-  Foundation 7 — Stepping into Opportunities

Opportunities

Junior year is the time to move from exploring possibilities to preparing for them. Continue participating in activities that reflect your interests while looking for opportunities to strengthen your experience, leadership, and résumé.

This Year I Will Explore

- ☐ Leadership roles in clubs, organizations, or student government.
- ☐ Athletics, fine arts, band, choir, or theater.
- ☐ STEM, robotics, engineering, or technology programs.
- ☐ Career & Technical Education (CTE) pathways.
- ☐ Healthcare, business, education, public service, or skilled trades.
- ☐ JROTC or military leadership opportunities.
- ☐ Community service and volunteer projects.
- ☐ Part-time employment, internships, or apprenticeships.
- ☐ College visits, career fairs, and workforce exploration events.
- ☐ Summer programs that align with my future goals.

My Future Interests



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 6 —Preparing for the Path Ahead



Foundation 7 — Stepping into Opportunities



Relationships

As your responsibilities increase, so does the importance of building relationships with people who can encourage, guide, and support your future goals.

This Year I Will

- ☐ Strengthen relationships with teachers and mentors.
- ☐ Meet regularly with my school counselor.
- ☐ Develop professional communication skills.
- ☐ Build my network through school, church, work, or community activities.
- ☐ Encourage and support others.
- ☐ Seek advice from trusted adults before making major decisions.
- ☐ Continue becoming someone others can trust and depend on.
- ☐ Practice leadership by serving others.

My Support Team

Parent/Guardian: _____

Counselor: _____

Teacher/Mentor: _____

Coach/Youth Leader/Pastor: _____

Employer/Other Trusted Adult: _____

Explore This Topic Further * Continue Your Journey

Next Stop

 Foundation 5 — Character, Communication & Life Skills

Money

As graduation gets closer, it's important to begin planning for the financial responsibilities that come with adulthood. Understanding how to manage money today can help you make wiser decisions tomorrow.

This Year I Will

- ☐ Create or continue following a budget.
- ☐ Increase my savings.
- ☐ Research scholarships and financial aid.
- ☐ Learn about college, trade school, military, or career training costs.
- ☐ Understand the basics of checking accounts, credit, and responsible borrowing.
- ☐ If I have a job, practice managing my earnings wisely.
- ☐ Set a financial goal for life after high school.

My Financial Goals

- ☐ Save \$ _____
- ☐ Scholarship Goal: _____
- ☐ Other Goal: _____

Explore This Topic Further * Continue Your Journey

Next Stop

 Foundation 4 — Planning with Purpose

 Foundation 7 — Stepping into Opportunities

 Foundation 8 — Launch with Purpose



Looking Ahead

Senior year will be your final year of high school. The preparation you complete now will make that year less stressful and help you stay focused on achieving your goals.

Before 12th Grade, I Will

- ☐ Review my transcript and graduation progress.
- ☐ Finalize my college, career, military, or workforce options.
- ☐ Continue researching scholarships and financial aid.
- ☐ Prepare for college, military, trade school, apprenticeship, or job applications.
- ☐ Update my student portfolio with new accomplishments.
- ☐ Create a senior-year action plan.
- ☐ Set academic and personal goals for my final year of high school.

Summer Goals



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 4 – Planning with Purpose



Foundation 6 – Preparing for the Path Ahead



Foundation 7 — Stepping into Opportunities



Foundation 8 — Launch with Purpose



Destination Reached



Before You Move to 12th Grade...

Take time to recognize how much you've accomplished and prepare for the final stretch of your high school journey.

Junior Year Checklist

- ☐ I protected and strengthened my GPA.
- ☐ I completed important tests for my future.
- ☐ I explored colleges, careers, military service, or workforce opportunities.
- ☐ I continued building leadership experience.
- ☐ I researched scholarships and financial aid.
- ☐ I updated my student portfolio and created a clear plan for senior year.

Reflection

My greatest accomplishment this year was:

The opportunity I'm most excited about next year is:

Congratulations!

Junior year has prepared you to make informed decisions about your future. Continue moving forward with confidence, knowing that every step of preparation brings you closer to the opportunities ahead.

One school year. One milestone. One purposeful step at a time



PREPARATION WITH PURPOSE™

GRADE-LEVEL PROGRESS SYSTEM (GPS)



12TH GRADE

Finish Strong. Step Forward. Live Your Purpose.

*You've worked hard, grown, and prepared
for this moment.*

*Now it's time to finish strong,
make wise choices, and step boldly
into the future God has for you.*



FOCUS.
FINISH.
PREPARE.
STEP FORWARD.
SUCCEED.

IN THIS GUIDE



Complete & Commit
Finish strong academically,
complete requirements,
and stay focused.



Plan Your Next Step
Choose your path—college,
trade school, military,
workforce, or entrepreneurship.



College & Career Readiness
Submit applications, secure
scholarships, plan finances,
and prepare for success.



Lead & Give Back
Encourage others, serve your
community, and leave a
positive impact.



Step Into Your Future
Walk confidently into the future
knowing God goes before you
and your best is yet to come.

YOUR FUTURE IS
BUILT ON THE CHOICES
YOU MAKE TODAY.

Finish with Excellence.
Step into Purpose.

Leave a Legacy.



• One Purposeful Step at a Time. •



Grade 12

Finish Strong



This Year's Focus

Senior year is the culmination of everything you've worked toward throughout high school. This is your time to finish strong, complete your graduation requirements, and confidently take the next step toward your future. Stay focused, meet important deadlines, and remember that the habits you've built over the past four years will continue serving you long after graduation.



Recommended Academic Path

Requirements vary by state, school district, homeschool program, and your individual graduation plan. Work with your parents, school counselor, homeschool administrator, or academic advisor to confirm your graduation requirements and post-secondary plans.

Recommended Courses

- ☐ English IV
- ☐ Government and Economics *(or state-required equivalent)*
- ☐ Advanced math or other graduation-required coursework *(based on your academic pathway and graduation plan)*
- ☐ Advanced science or required electives
- ☐ AP, IB, Dual Credit, CTE, World Language, or pathway-specific courses
- ☐ Courses aligned with your college, career, military, or workforce goals

Academic Priorities

- ☐ Confirm all graduation requirements have been met.
 - ☐ Continue protecting my GPA.
 - ☐ Complete all required coursework.
 - ☐ Meet regularly with my counselor.
 - ☐ Finish strong—don't let "senioritis" slow me down.
 - ☐ Complete my student portfolio.
-



Testing & Future Planning

Senior year is about completing applications, meeting deadlines, and preparing for the transition after graduation.

Testing Timeline

- ☐ Retake the SAT or ACT if needed.
- ☐ Complete placement or entrance exams required for my future pathway.
- ☐ Send official test scores if required.
- ☐ Verify graduation and admission requirements have been met.

Future Planning

- ☐ Submit college, trade school, apprenticeship, military, or job applications.
- ☐ Complete the FAFSA or other applicable financial aid applications.
- ☐ Apply for scholarships throughout the year.
- ☐ Request recommendation letters and transcripts.
- ☐ Review acceptance letters and financial aid offer.
- ☐ Make my final post-graduation decision.



Student-Athlete Spotlight *(If Applicable)*

- ☐ Complete NCAA Eligibility Center requirements.
- ☐ Submit final transcripts when requested.
- ☐ Communicate regularly with coaches and admissions offices.
- ☐ Review scholarship and signing requirements.
- ☐ Understand college athletic expectations before arriving on campus.



Verify Before You Act

NCAA eligibility requirements, certification procedures, transcript requirements, recruiting rules, and signing requirements may change. Verify current information with your school counselor, college or university, coach, and the NCAA Eligibility Center before taking action.



Explore This Topic Further * Continue Your Journey



Next Stop

-  Foundation 6 — Preparing for the Path Ahead
-  Foundation 7 — Stepping into Opportunities
-  Foundation 8 — Launch with Purpose

Opportunities

Senior year is about turning preparation into action. Take advantage of every opportunity that helps you successfully transition into your next chapter.

This Year I Will Explore

- ☐ College orientation programs.
- ☐ Career fairs and hiring events.
- ☐ Apprenticeship opportunities.
- ☐ Military career opportunities.
- ☐ Skilled trades and certification programs.
- ☐ Internships or part-time employment.
- ☐ Leadership opportunities.
- ☐ Volunteer and community service.
- ☐ Scholarships and financial aid workshops.
- ☐ Networking opportunities with professionals in my field of interest.

My Next Chapter

Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 6 — Preparing for the Path Ahead
 -  Foundation 7 — Stepping into Opportunities
 -  Foundation 8 — Launch with Purpose
-

Relationships

As you prepare to leave high school, continue investing in the relationships that have supported your journey while building new connections for the future.

This Year I Will

- ☐ Thank those who have encouraged and supported me.
- ☐ Continue meeting with my counselor and mentors.
- ☐ Build professional relationships.
- ☐ Stay connected with positive influences.
- ☐ Encourage younger students.
- ☐ Practice integrity and leadership.
- ☐ Continue serving others.
- ☐ Leave a positive legacy.

My Support Team

Parent/Guardian: _____

Counselor: _____

Teacher/Mentor: _____

Coach/Youth Leader/Pastor: _____

Employer/Other Trusted Adult: _____



Explore This Topic Further * Continue Your Journey

Next Stop

-  Foundation 5 — Character, Communication & Life Skills
 -  Foundation 8 — Launch with Purpose
-



Money

Graduation often brings new financial responsibilities. Continue building habits that will help you manage your money wisely as you begin your next chapter.

This Year I Will

- ☐ Create a budget for life after graduation.
- ☐ Continue saving money.
- ☐ Compare financial aid and scholarship offers.

- ☐ Learn about student loans and repayment responsibilities.
- ☐ Understand basic banking and credit.
- ☐ Plan for future living expenses.
- ☐ Set financial goals for my first year after graduation.

My Financial Goals

- ☐ Save \$_____
- ☐ Scholarship Goal: _____
- ☐ First-Year Goal: _____



Explore This Topic Further * Continue Your Journey



Next Stop



Foundation 4 — Planning with Purpose



Foundation 7 — Stepping into Opportunities



Foundation 8 — Launch with Purpose



Looking Ahead

Graduation isn't the finish line—it's the beginning of your next journey. Whether you're continuing your education, entering the workforce, serving in the military, learning a trade, or pursuing another path, continue preparing with purpose and embracing opportunities to learn and grow.

Before Graduation, I Will

- ☐ Complete all graduation requirements.
- ☐ Finalize my post-graduation plans.
- ☐ Thank those who supported me.
- ☐ Organize important documents.
- ☐ Set goals for my first year after high school.
- ☐ Continue learning, growing, and serving wherever God leads me.

My Next Steps

Explore This Topic Further * Continue Your Journey

Next Stop

 Foundation 6 — Preparing for the Path Ahead

 Foundation 7 — Stepping into Opportunities

 Foundation 8 — Launch with Purpose



Destination Reached



Graduation Checkpoint

Take a moment to celebrate everything you've accomplished and prepare for the exciting journey ahead.

Senior Year Checklist

- ☐ I completed my graduation requirements.
- ☐ I finalized my post-graduation plans.
- ☐ I applied for scholarships and financial aid.
- ☐ I completed my applications and met important deadlines.
- ☐ I continued growing academically and personally.
- ☐ I thanked the people who helped me along the way.
- ☐ I am prepared for my next chapter.

Reflection

The accomplishment I'm most proud of is:

My next purposeful step is:

Congratulations, Graduate!

Today marks the completion of one journey and the beginning of another. The lessons you've learned, the relationships you've built, and the choices you've made have prepared you for what's ahead. Continue learning, continue serving, and continue living with purpose wherever life takes you.

One diploma. One new beginning. One purposeful step at a time.

Thank You for Choosing Preparation With Purpose™

Thank you for allowing the Preparation With Purpose™ Grade-Level Progress System to be part of your family's high school journey.

We hope this GPS has helped your student feel more informed, prepared, and confident about the year ahead—and has given your family meaningful opportunities to plan, talk, and prepare together.

Remember, preparation isn't about having every answer today. It's about knowing what questions to ask, where to find reliable information, and taking the next purposeful step.

Continue the journey together.

One school year. One milestone. One purposeful step at a time.



PREPARATION WITH PURPOSE™

FOUNDATION

1

STRONG
FOUNDATIONS
CREATE
LIMITLESS
POSSIBILITIES.

LAYING THE FOUNDATION

• *Build Today. Prepare for Tomorrow.* •

*Every great journey begins
with a strong foundation.*

*Discover who you are,
build strong habits, and set
the stage for a future filled
with purpose and promise.*



KNOW YOURSELF

Discover your
strengths, values,
and interests.



BUILD STRONG HABITS

Develop daily
habits that create
long-term success.



SET GOALS

Create clear,
meaningful goals
and take action.



CREATE YOUR FOUNDATION

Build character,
confidence, and
discipline.



PREPARE AHEAD

Lay the groundwork
for your high school
journey and beyond.



• *One Purposeful Step at a Time.* ♥ •



FOUNDATION 1



Laying the Foundation

Discovering Who You Are and Who You Are Becoming



Welcome to Foundation 1

Congratulations! You have officially begun your **Preparation with Purpose™** journey.

High school is about more than earning credits and receiving a diploma. It is a time to discover your strengths, build character, explore your interests, and prepare for the future you hope to create.

Before choosing a college, exploring a career, applying for scholarships, or planning for life after graduation, begin with the most important foundation of all: You!!

In this Foundation, you will begin discovering your purpose, strengthening your mindset, creating a vision, and setting your first meaningful goals.

You do not need to have everything figured out today. You only need the willingness to learn, grow, ask questions, and take one purposeful step at a time.

Today, you have taken your first step.



FOUNDATION 1 Principle #1



The Preparation with Purpose™ Philosophy

Five Principles for Building Your Future

Every decision you make today can help shape the opportunities available to you tomorrow.

The **Preparation With Purpose™ Philosophy** is built on five guiding principles that will help you make thoughtful decisions and move confidently toward your future.

1. Every Student Has a Purpose

You were created with unique gifts, talents, interests, and experiences.

Purpose is not always discovered in one moment. It develops as you learn, explore, overcome challenges, and become the person God created you to be.

Your journey is unique. Your success does not have to look like anyone else's.

2. Preparation Creates Opportunity

Opportunities are easier to recognize when you are prepared for them.

Preparation means more than earning good grades.

It includes asking questions, building skills, developing character, exploring possibilities, and making informed decisions.

The more prepared you become, the more confident you can respond when opportunities appear.

3. High School Is Preparation for Life

High school's goal is about more than earning a diploma. It is where you discover strengths, develop skills, build relationships, learn from success and setbacks, and prepare for greater responsibilities.

Every experience can teach you something when you are willing to learn.

4. Success Is Built Intentionally

Success rarely happens by accident. It grows through consistent habits, wise decisions, personal responsibility, and the willingness to keep learning.

You do not have to be perfect. You simply need to keep moving forward with purpose.

Small actions practiced consistently can create extraordinary results.

5. Every Pathway Has Value

Success is not defined by one destination.

College, military service, skilled trades, apprenticeships, entrepreneurship, healthcare, STEM, the arts, public service, and other meaningful pathways can all lead to fulfilling futures.

Choose the pathway that aligns with your gifts, goals, values, and purpose.

Respect every path and follow the one that is right for you.



Foundation Reflection

Take a few quiet moments to think about what you've learned.

Which principle speaks to me most right now?

Why does it stand out to me?



FOUNDATION 1 Principle # 2



Building a Growth Mindset

Choosing How You Will Respond

Your mindset shapes how you respond to challenges, opportunities, mistakes, and success. A strong mindset does not mean life will always be easy. It means you are willing to learn, adjust, and continue moving forward when challenges arise.

1. Take Ownership of Your Future

The adults in your life can guide, encourage, and support you, but only you can choose your attitude, effort, actions, and response.

Every positive choice you make today is an investment in your future.

2. Build Habits That Support Your Goals

Success is built, one habit at a time. Show up prepared and manage your time.

Keep your promises. Ask questions.

Small habits practiced consistently can create lasting change.

3. Choose Growth Every Day

You will not know everything, and that is okay. Every successful person began as a beginner. Learn from your mistakes, adjust, and keep moving forward.

Growth begins when you decide not to quit.



Memee Says

Beloved,

You cannot control every challenge, but you can choose your attitude, effort, and next step. Keep growing.

Memee ❤️



Mindset Reflection

One mindset strength I already have:

One habit I want to improve:

One action I will take this week:



Before You Continue...

Your mindset will not remove every obstacle.

It will help you face obstacles with greater confidence, wisdom, and determination.

Remember, every day is a good day to grow.



FOUNDATION 1 Principle # 3



Putting Purpose into Practice

Learning More About the Person You Are Becoming

Learning becomes meaningful when you apply it.

Complete these activities honestly. There are no perfect answers—only opportunities to understand yourself and the future you are beginning to build.

Activity 1 Who Am I Becoming?

Before thinking about careers, colleges, or graduation, think about the person you want to become.

What qualities do I want to be known for?

What habit do I want to strengthen?

How do I want to grow during high school?

Activity 2 — My Purpose Statement

Purpose grows as you learn, explore, and discover what matters to you.

Complete one statement:

- I believe my purpose is to...
- I want to make a difference by...
- I feel most alive when...

My Purpose Statement

Activity 3 —My Vision for the Future

You do not need every detail of your future. You only need enough direction to begin.

What excites me about my future?

What kind of life do I hope to build?

What is one goal I can begin working toward?

Activity 4 — My First Three Goals

Choose one meaningful goal in each area.

Academic Goal

Personal Growth Goal

Future Goal

Before You Continue...

Take a moment to review what you have written.
Your goals may change.
Your interests may grow.
Your vision may become clearer.
That is part of growth and today is a good day to grow.



FOUNDATION 1 Principle #4



Encouragement & Faith Reflection

Moving Forward with Faith and Purpose

My faith has always been one of my greatest sources of strength, guidance, and encouragement. It is from that place that I share this reflection with you.



Memee Says

Beloved,

You do not have to be perfect to begin. Take the next step with courage, remain willing to learn, and keep preparing with purpose. You do not need your entire future figured out today. Keep learning, asking questions, and taking one purposeful step at a time.

Memee 



Faith & Reflection

“Commit to the Lord whatever you do, and He will establish your plans.”— Proverbs 16:3

Preparation does not require having every answer. It requires faith, wisdom, and the willingness to continue moving forward.



Personal Reflection

What encouraged me most in this Foundation?

What is one step I will take next?

What do I want to remember as I continue?

Before You Complete This Foundation...

Today, you did more than complete a lesson.

You began thinking intentionally about your purpose, mindset, goals, and future.

Keep learning.

Keep growing.

Keep believing.

Keep preparing with purpose.

Remember, every day is a good day to grow.



FOUNDATION 1 COMPLETE

Your Journey Has Begun

Congratulations!

You have completed the first Foundation of your Preparation with Purpose™ Academic and Career Resource Guide — Student Edition. More importantly, you have taken the first intentional step toward preparing for your future.

What You Accomplished

You began to:

- ✓ Discover your purpose.
- ✓ Strengthen your mindset.
- ✓ Build confidence in your future.
- ✓ Create a vision for what is ahead.
- ✓ Set meaningful goals.
- ✓ Prepare with greater intention.

Take a moment to celebrate your progress.

Every step forward matters.



My Biggest Takeaway

What is the most important lesson I want to carry forward from Foundation 1?



Looking Ahead

In Foundation 2, you will begin building academic habits, planning skills, and daily routines that can prepare you for opportunities throughout high school and beyond.

Your purpose gives you direction; your habits will help you move forward.

Your journey has begun. Keep preparing with purpose. Remember, every day is a good day to grow.



PREPARATION WITH PURPOSE™

FOUNDATION

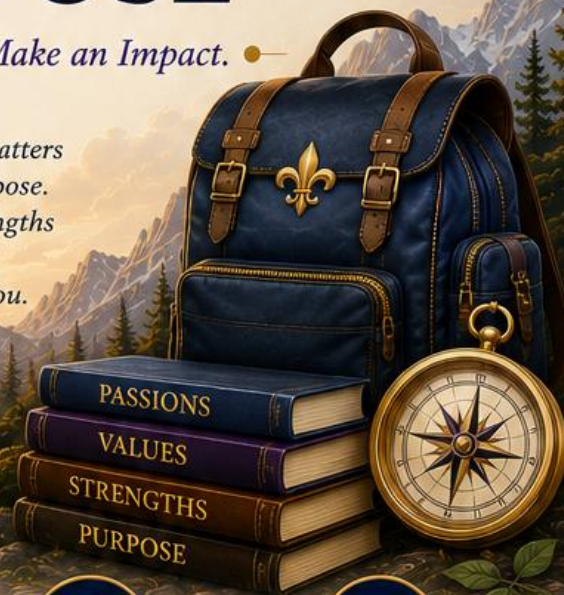
2

DISCOVERING YOUR PURPOSE

PURPOSE
GIVES
DIRECTION.
PASSION
FUELS
PERSISTENCE.
PREPARATION
MAKES IT
POSSIBLE.

• *Know Yourself. Embrace Your Purpose. Make an Impact.* •

Understanding who you are and what matters most is the foundation for a life of purpose. Explore your passions, values, and strengths so you can align your choices with the purpose God has placed within you.



EXPLORE YOUR INTERESTS

Discover the activities and topics that excite you and bring you energy.



IDENTIFY YOUR STRENGTHS

Recognize the gifts and talents you've been given to make a difference.



CLARIFY YOUR VALUES

Understand what matters most so your choices reflect your true self.



SET PURPOSEFUL GOALS

Turn your dreams into actionable goals that move you forward.



LIVE WITH INTENT

Make daily choices that align with your purpose and create lasting impact.



• *One Purposeful Step at a Time.* ♥ •



FOUNDATION 2



Discovering Your Purpose

Building Habits That Open Doors



Welcome to Foundation 2

Success isn't built in one test...
One report card...
Or one semester.

It's built through the choices you make every day.

Every assignment...
Every class...
Every question you ask...
Every habit you develop...
Is helping prepare you for opportunities that may not even exist yet.

Academic success isn't about being perfect.

It's about becoming prepared.

Throughout this Foundation you'll learn how strong habits, thoughtful planning, and consistent effort can help you succeed—not only in school, but wherever life leads you.

Whether your future includes college, military service, skilled trades, healthcare, business, athletics, the arts, or another path...

Preparation begins today.



FOUNDATION 2



Principle # 1

Every School Day Matters

Every school day is another opportunity to grow. Some lessons will make sense immediately. Others may leave you wondering when you'll ever use them. Both kinds of lessons matter.

Education is about much more than grades.

School helps you develop discipline, communication, responsibility, problem-solving, perseverance, and resilience—qualities that will serve you long after graduation.

Some of life's most valuable lessons are learned by:

- Asking questions
- Working with others
- Meeting deadlines
- Learning from mistakes
- Showing up even when things feel difficult

Every assignment you complete...

Every question you ask...Every effort you make...

Becomes another step toward the future you're building.



Why This Matters

As you continue learning, you'll gain more than academic knowledge.

You'll develop confidence, responsibility, problem-solving skills, time management communication skills and resilience. These are qualities that colleges, employers, military leaders, trade instructors, and business owners value.



Explore Further

- Participate in class discussions.
- Ask questions when you need help.
- Challenge yourself to learn something new every day.
- Look for connections between what you're learning and real life.
- Celebrate progress—not perfection.

✂ Prepare Today

- Arrive ready to learn.
 - Complete assignments on time.
 - Stay engaged.
 - Ask for help when needed.
 - Encourage classmates.
 - Keep growing one day at a time.
-

Memee Says

Beloved,

Never underestimate an ordinary school day. You may not remember every lesson...
But every lesson helps prepare you for something ahead. Keep showing up.

Memee 

Continue the Conversation

Ask a parent, grandparent, guardian, teacher, counselor, mentor, or another trusted adult:

- What school habits helped you most?
 - What subject became more valuable later in life?
 - What advice would you give your high school self?
-

My Academic Journal

What is one thing I learned today that may help me later?

What school habit do I want to strengthen?

Faith and Personal Reflection

"Commit to the Lord whatever you do, and He will establish your plans." Proverbs 16:3

Every faithful effort matters. God often prepares us through ordinary days before extraordinary opportunities arrive.

Reflection

How can I honor God by giving my best effort each day?

Before You Continue...

Every school day prepares you for something greater.
Keep learning.
Keep growing.
Keep preparing.
One purposeful day at a time.



FOUNDATION 2 Principle #2

Build Habits That Lead to Success

Success is rarely built through one big decision.
It's built through the habits you practice every day.
You don't need to change everything at once.
Start with one habit and practice it consistently.
Then build from there.



Habits That Make a Difference

- ✓ Show up ready to learn.
- ✓ Stay organized and manage your time wisely.
- ✓ Avoid procrastination.
- ✓ Take care of yourself.
- ✓ Learn from mistakes.



What You'll Gain

Strong habits help you become more confident.
More organized.
More responsible.
More dependable.
More prepared for opportunities.
Small habits practiced consistently create remarkable results.



Explore Further

- Create a planner.
- Organize your backpack and digital files.
- Break large assignments into smaller steps.
- Review notes each week.
- Build a study routine.

Prepare Today

Choose **one** habit to strengthen this week. Small improvements create lasting change.



Continue the Conversation

Ask someone you trust:

- Which habit made the biggest difference in your life?
 - How did you manage your time?
 - What would you do differently if you were my age?
-



My Academic Journal

Which habit am I strongest in?

Which habit do I want to improve?

What is one step I can take this week?



Faith and Personal Reflection

"Whatever you do, work at it with all your heart..." Colossians 3:23

Faithfulness is often built through everyday habits.

Reflection

What habit can I strengthen to honor God with my best effort?



Before You Continue...

Small habits create big opportunities. Keep building.



FOUNDATION 2 Principle # 3

Plan Ahead and Keep Your Options Open

Purposeful planning doesn't require having every answer.

It means making thoughtful decisions today that create more opportunities tomorrow.

Every year of high school builds upon the one before it.

Freshman year lays the foundation.

Sophomore year builds confidence.

Junior year prepares for important decisions.

Senior year launches your next chapter.



Why This Matters

Planning ahead helps you recognize opportunities before they arrive.

It keeps more doors open.

It gives you confidence when important decisions need to be made.



Explore Further

- Meet your school counselor.
- Visit colleges or trade schools and attend career fairs.
- Engage in Volunteer services
- Explore careers that interest you and stay curious.



Prepare Today

Ask yourself:

- What interests me?
- What classes support my goals?
- What opportunities should I explore next?



Memee Says

Beloved,

Curiosity is one of the greatest gifts you can give yourself. One conversation...One question...Or one experience...May change your future. Keep exploring.

Memee 

Continue the Conversation

Ask a trusted adult:

- What opportunity do you wish you had explored sooner?
 - What advice would you give me about planning ahead?
-

My Academic Journal

What opportunities interest me most?

What questions do I still have?

Faith and Personal Reflection

"The plans of the diligent lead to profit..." Proverbs 21:5

Preparation today often becomes opportunity tomorrow.

Reflection

How can I prepare faithfully while trusting God with my future?

Before You Continue...

Preparation isn't about predicting your future.

It's about being ready for it.

FOUNDATION 2 SUMMARY

Every School Day Matters

Congratulations!

You've completed Foundation 2.

Along the way you learned how to:

- ✓ Build strong academic habits.
 - ✓ Manage your time.
 - ✓ Stay organized.
 - ✓ Ask for help.
 - ✓ Learn from mistakes.
 - ✓ Plan ahead and keep your options open.
-

Memee's Final Thoughts

Beloved,

You don't have to become an excellent student overnight. Just keep choosing the next right step. Those small choices have a way of changing your future.

Memee ❤️

Faith and Personal Reflection

*"Commit your work to the Lord, and your plans will be established." **Proverbs 16:3***

Every step of preparation matters. Trust God. Do your best.
Keep growing.

Looking Ahead...

In **Foundation 3 — Exploring Possibilities**, you'll begin opening the **Doors of Discovery** and exploring careers, pathways, and opportunities that match your interests, strengths, and future goals.

One Final Thought Before You Turn the Page...

Preparation isn't a destination; it's a way of living.

Every day is another opportunity to grow.

Every choice matter; every step has purpose.

Remember... every day is a good day to grow.



PREPARATION WITH PURPOSE™

FOUNDATION

3

EXPLORING POSSIBILITIES

Explore Today. Expand Tomorrow.

*You have more options than you may realize.
Explore different paths, ask questions,
and step outside your comfort zone.
The more you explore today,
the more prepared you'll be
to choose your best tomorrow.*

EXPLORING
OPPORTUNITIES
OPENS DOORS.
PREPARATION
TURNS THEM
INTO
POSSIBILITIES.



DISCOVER YOUR INTERESTS

Explore activities, subjects,
and topics that spark
your curiosity and
bring you joy.



EXPLORE DIFFERENT PATHS

Learn about career fields,
college majors, trade
skills, and military
opportunities.



CONNECT & LEARN

Talk to mentors, attend
events, and seek
experiences that
broaden your view.



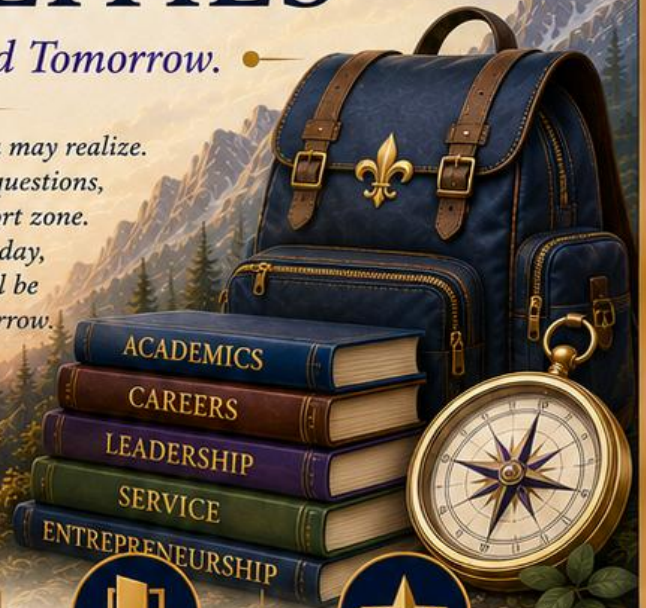
STEP THROUGH NEW DOORS

Take advantage of
opportunities that
challenge you and
build your future.



KEEP YOUR OPTIONS OPEN

Stay flexible and open-
minded so you can
say "yes" to the right
opportunity.



One Purposeful Step at a Time. ♥



FOUNDATION 3

Exploring Possibilities

Discovering pathways that can help you explore your interests, recognize your strengths, and prepare for your future.



Welcome to Foundation 3

What do you want to be when you grow up?

It is a question almost every student has been asked. Some students answer quickly. Others are not sure yet.

Here is the good news: You do not have to have your future figured out today.

High school is a time to explore, ask questions, discover your strengths, and learn what excites you. Every experience helps you understand yourself—and every possibility begins with curiosity.

This Foundation is not here to tell you what your future should be. It is here to introduce you to possibilities you may not have considered and help you discover which pathways may be right for you.

As you open each **Door of Discovery** remember:

- Some doors may immediately capture your interest.
- Others may surprise you.
- Some may help you discover what is not the right fit.

Every door has value because every experience teaches you something.

You do not have to choose your future today. You simply must keep exploring.

Let's open the first door together.



Verify Before You Act

Program requirements, eligibility standards, certifications, licensing requirements, and application procedures may change. Verify current information directly with the appropriate school, program, licensing agency, military branch, employer, or other official organization before making decision



Doors of Discovery

Every door you open is another opportunity to discover more about yourself.

Some doors may lead to a future you never imagined. Others may simply help you discover what is not the right fit. Either way, every door has value because every experience helps you grow. **Open each one with curiosity.**



FOUNDATION 3



Doors of Discovery #1 Healthcare

Caring for Others. Changing Lives.



Open the Door

Have you ever wanted to help someone feel better? Maybe you have imagined becoming a doctor or nurse. Or perhaps you have never realized how many different careers exist in healthcare.

Every patient is supported by a team of people using compassion, knowledge, and skill to improve lives.

If you enjoy helping others, solving problems, and making a meaningful difference, healthcare may be a pathway worth exploring.



You Might Enjoy This Path If...

You may enjoy exploring healthcare if you:

- ✓ Enjoy helping people.
- ✓ Like science or learning how the human body works.
- ✓ Stay calm while solving problems.
- ✓ Enjoy working with others.
- ✓ Want your work to make a meaningful difference.
- ✓ Are curious and willing to keep learning.

Discover the Possibilities

Healthcare includes far more than doctors and nurses. Whether professionals care for patients directly or support them behind the scenes, every role contributes to improving lives.

You might explore careers such as:

 Physician

 Nurse

 Dentist

 Pharmacist

 Psychologist

 Physical Therapist

 Medical Researcher

 Emergency Medical Services

 Health Information Technology

 Hospital Administration

...and many more.

Healthcare is not only about treating illness. It is also about promoting wellness, solving problems, supporting families, and helping people live healthier lives.

FOUNDATION 3

Doors of Discovery #2 STEM, Engineering & Technology

Solving Problems. Shaping the Future.

Open the Door

Have you ever wondered how something works?

Do you enjoy solving problems, building things, or finding better ways to do something?

If so, you may already think like an innovator.

The world needs curious people who ask questions, test ideas, and never stop learning. From artificial intelligence and robotics to engineering and cybersecurity, today's ideas are creating tomorrow's opportunities.

This could be your door.

You Might Enjoy This Path If...

You might enjoy exploring STEM if you:

- ✓ Like solving puzzles or challenges.
- ✓ Ask "why," "how," or "what if?"
- ✓ Enjoy building, designing, or creating.
- ✓ Like math, science, computers, or technology.
- ✓ Enjoy finding better ways to solve problems.
- ✓ Keep trying, even when something doesn't work the first time.

Discover the Possibilities

STEM stands for **Science, Technology, Engineering, and Mathematics**, but the opportunities go far beyond those four subjects.

You might explore careers such as:

-  Software Developer
-  Robotics Engineer
-  Artificial Intelligence Specialist
-  Cybersecurity Analyst
-  Aerospace Engineer
-  Mechanical Engineer
-  Civil Engineer
-  App Developer
-  Game Designer
-  Data Analyst
-  Biomedical Engineer
-  Environmental Scientist

 Information Technology Specialist

 Architect

...and many more.

Some of the careers you'll have an opportunity to pursue may not even exist yet.

STEM, Engineering & Technology

What You'll Gain

As you explore STEM, you'll discover that curiosity is one of your greatest strengths. You'll learn how to think critically, solve complex problems, embrace new ideas, and adapt to a world that is constantly changing.

Whether you become an engineer, a programmer, a scientist, or simply someone who enjoys finding better solutions, you'll develop the confidence to keep asking questions, keep learning, and keep growing.

Explore This Path

You can begin exploring STEM today by:

- Learning the basics of coding.
- Visiting a science museum or technology exhibit.
- Joining a robotics or STEM club.
- Entering science or engineering competitions.
- Watching documentaries about inventors and innovators.
- Talking with teachers or professionals who work in STEM careers.

Every project teaches you something new.

Home Learning Tip

Homeschool students can explore STEM through online courses, robotics clubs, science fairs, space makers, museums, community classes, homeschool co-ops, and independent projects.

Keep a portfolio of the projects you complete. It becomes a record of your creativity, growth, and problem-solving skills.

Prepare Today

You can begin preparing now by:

- Strengthening your math and science skills.
- Reading and researching topics that interest you.
- Learning to solve problems one step at a time.
- Working well with others.
- Asking questions whenever you don't understand something.
- Staying curious and challenging yourself to learn something new.

Preparation starts with curiosity.

STEM, Engineering & Technology

Memee Says

Beloved,

Never stop asking questions. Curiosity is one of God's greatest gifts. Every answer begins with someone willing to ask, "What if?"

Memee 

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, mentor, or another trusted adult.

Ask:

- What STEM careers do you think fit my strengths?
- When have you seen me solve a difficult problem?
- What new skill should I begin learning now?
- What invention has made the biggest difference in your life?

Sometimes one conversation opens the door to a brand-new possibility.

My Discovery Journal

What interests me most about STEM?

What problem would I like to help solve one day?

What new skill would I like to begin learning?

Would I like to explore this pathway further?

☐ Yes

☐ Maybe

☐ Not Right Now

Why?

Faith & Reflection

*"If any of you lacks wisdom, you should ask God, who gives generously to all. **James 1:5***

God created us with minds that can learn, imagine, and discover. Every question you ask is an opportunity to grow in wisdom and understanding.

Reflection

What is one problem I would like to help solve, and what can I begin learning today to prepare for it?

Before You Open the Next Door...

Whether STEM becomes your future or simply helps you discover a new interest, every question you ask and every challenge you tackle helps you grow. Keep exploring. Keep learning. Every **day** is

a good day to grow.



FOUNDATION 3



Door of Discovery #3 *Student-Athlete Blueprint*

Competing with Character. Winning in Life.



Open the Door

Sports teach more than how to win.

They teach discipline, teamwork, leadership, perseverance, and resilience—qualities that will benefit you long after the final whistle.

Whether you dream of competing in college, playing professionally, coaching, or simply love the game, athletics can open doors to opportunities both on and off the field.

Your greatest victory isn't just becoming a better athlete—it's becoming a better person.



You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy competing and challenging yourself.
- ✓ Like working as part of a team.
- ✓ Set goals and work hard to achieve them.
- ✓ Value discipline, commitment, and perseverance.
- ✓ Encourage others and lead by example.
- ✓ Learn from both victories and setbacks.



Discover the Possibilities

Athletics can lead to far more than playing professionally.

You might explore careers such as:



Professional Athlete



College Coach



Teacher & Coach

-  Sports Medicine
 -  Physical Therapist
 -  Athletic Trainer
 -  Sports Nutritionist
 -  Sports Analytics
 -  Sports Broadcasting
 -  Sports Media & Content Creation
 -  Sports Law
 -  Sports Marketing
 -  Athlete Representation
 -  Athletic Administration
 -  Youth Sports Programs
- ...and many more.

The game may introduce the opportunity, but your preparation determines where it leads.

Student-Athlete Blueprint

What You'll Gain

As you explore athletics, you'll gain more than athletic skills. You'll develop discipline, resilience, leadership, and the confidence to overcome challenges both on and off the field.

Whether sports become your career or simply one chapter of your story, the lessons you learn through competition, teamwork, and perseverance will prepare you for success in school, at work, and throughout life.

Explore This Path

You can begin exploring opportunities beyond the game by:

- Talking with your coaches about careers in sports.
- Researching professions connected to athletics.
- Learning about sports medicine, nutrition, business, and media.
- Exploring NCAA, NAIA, NJCAA, club sports, and military athletics.
- Watching interviews with athletes who built careers beyond competition.

Ask yourself:

If I couldn't play tomorrow, how would I still want to stay connected to sports?

That question doesn't limit your dream—it expands it.



Home Learning Tip

Homeschool students can participate in community leagues, club teams, homeschool organizations, church sports, and recreational programs while developing leadership, teamwork, and communication skills. Every practice and every competition become another opportunity to grow.



Prepare Today

You can begin preparing now by:

- Taking your academics as seriously as your athletics.
- Building strong study habits.
- Practicing leadership on and off the field.
- Developing healthy habits.
- Learning financial literacy.
- Protecting your reputation through good character.
- Exploring careers connected to sports.

Preparation creates opportunities.

If athletics is one of your goals, don't worry—we'll cover recruiting, NCAA eligibility, academic requirements, testing, scholarships, NIL, and preparing for college athletics in a later Foundation dedicated to student-athletes.



Student-Athlete Blueprint



Memee Says

Beloved,

One day the game will end, but your character never will. Let your greatest victory be the person you become, not just the trophies you earn.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, coach, mentor, homeschool teacher, or another trusted adult.

Ask:

- What strengths have you seen me develop through sports?
- What careers connected to athletics should I explore?

- What life lessons has sports taught you?
 - How can I continue growing as both an athlete and a leader?
- Sometimes one conversation opens a door you never expected.
-



My Discovery Journal

What do I enjoy most about competing?

What strengths have athletics helped me develop?

Which career connected to sports would I like to explore?

Would I like to explore this pathway further?

☐ Yes

☐ Maybe

☐ Not Right Now

Why?



Faith & Reflection

"Do you not know that in a race all the runners run, but only one receives the prize? Run in such a way as to win the prize." **1 Corinthians 9:24**

God cares just as much about your character as your accomplishments. Whether you compete on a field, a court, a track, or in life, pursue every opportunity with integrity, humility, and perseverance.

Reflection

How can I use the lessons I'm learning through sports to become a better student, teammate, leader, and person?

Before You Open the Next Door...

Whether athletics becomes your future or simply one chapter of your story, the lessons you learn through sports can prepare you for success in every area of life.

Keep competing, keep learning and remembering, every day is a good day to grow.



FOUNDATION 3



Door of Discovery #4 Creative Advantage

Creating with Purpose. Inspiring the World.



Open the Door

Have you ever created something that made someone smile?

Maybe you've drawn a picture, written a story, played an instrument, designed a logo, styled someone's hair, decorated a room, recorded a video, or baked something special.

Creativity is more than a talent, it's a way of solving problems, telling stories, and making a difference.

Whether your gifts are expressed through art, music, design, writing, photography, culinary arts, or another creative path, your ideas have value.

This could be your door.



You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy expressing yourself through art, music, writing, design, photography, or performance.
- ✓ Like imagining new ideas.

- ✓ Enjoy creating something from start to finish.
- ✓ Notice beauty and details others may overlook.
- ✓ Solve problems in creative ways.
- ✓ Enjoy encouraging, inspiring, or entertaining others.

Discover the Possibilities

Creativity opens doors in almost every industry.

You might explore careers such as:

-  Graphic Designer
-  Fine Artist
-  Photographer
-  Film & Video Producer
-  Broadcaster or Podcaster
-  Musician or Music Producer
-  Author or Journalist
-  Illustrator
-  Animator or Game Designer
-  Fashion Designer
-  Cosmetologist or Barber
-  Makeup Artist
-  Interior Designer
-  Chef or Baker
-  Event Planner
-  Content Creator
-  Marketing & Advertising
-  UX/UI Designer

...and many more. Your creativity can become a career—or make every career better.

Creative Advantage

What You'll Gain

As you explore your creativity, you'll gain the confidence to express your ideas, solve problems in new ways, and share your unique gifts with the world.

Whether creativity becomes your career or remains a lifelong passion, you'll discover that imagination, practice, and perseverance can open doors in almost every profession and help you make a meaningful impact.



Explore This Path

You can begin exploring your creativity by:

- Building a portfolio of your work.
- Visiting museums, performances, or local art events.
- Learning new creative skills through classes or online tutorials.
- Volunteering your talents at school, church, or in your community.
- Exploring careers that combine creativity with business, healthcare, education, or technology.

The more you create, the more you'll discover your unique style and strengths.



Home Learning Tip

Homeschool students often have the flexibility to explore creative interests through project-based learning, community classes, apprenticeships, family businesses, and entrepreneurship.

Save your best work in a portfolio. It tells the story of your growth and showcases your talents over time.



Prepare Today

You can begin preparing now by:

- Practicing your craft consistently.
- Welcoming feedback that helps you improve.
- Learning both creative and business skills.
- Sharing your work with others.
- Staying curious and trying new techniques.
- Believing that growth comes through practice.

Every project is another opportunity to learn.



Creative Advantage



Memee Says

Beloved,

God didn't create you to copy someone else. Your greatest gift is being the person He created you to be. Create with courage and let your light shine.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, mentor, art teacher, music instructor, or another trusted adult.

Ask:

- When have you seen me at my most creative?
- What gifts do you see in me?
- Which creative careers do you think fit my strengths?
- How can I continue developing my talents?

Sometimes someone else sees your gifts before you do.



My Discovery Journal

What do I enjoy creating most?

When do I feel most creative?

Which creative pathway would I like to explore?

Would I like to explore this pathway further?

☐ Yes

☐ Maybe

☐ Not Right Now

Why?



Faith & Reflection

"For we are God's handiwork, created in Christ Jesus to do good works. Ephesians 2:10

God created each of us with unique gifts and talents. Whether you express your creativity through art, music, writing, design, cooking, or another passion, your gifts can encourage others, solve problems, and make the world more beautiful.

Reflection

How can I use my creativity to serve others and honor God?



Before You Open the Next Door...

Whether creativity becomes your career or remains a lifelong passion, your gifts are worth developing.

Keep creating.

Keep learning.

Every day is a good day to grow.



FOUNDATION 3



Door of Discovery #5 Trades with Purpose

Building Skills. Creating the Future.



Open the Door

Do you enjoy building, fixing, or creating something with your hands?

Maybe you've repaired a bicycle, built a project, worked with tools, helped someone solve a practical problem, or wondered how things work.

Skilled trades combine knowledge, craftsmanship, and technology to build the world around us. From homes and hospitals to airplanes and power systems, these careers keep our communities running every day.

This could be your door.

You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy building or fixing things.
- ✓ Like working with your hands.
- ✓ Enjoy solving practical problems.
- ✓ Take pride in doing quality work.
- ✓ Like seeing the results of your effort.
- ✓ Enjoy learning how tools, equipment, or machines work.

Discover the Possibilities

The skilled trades offer rewarding careers with opportunities to grow, lead, and even own your own business.

You might explore careers such as:

-  Carpenter
-  Electrician
-  Plumber
-  HVAC Technician
-  Welder
-  Automotive Technician
-  Aviation Maintenance Technician
-  Construction Manager
-  Mason
-  Manufacturing Technician
-  Machinist

 Solar Energy Technician

 Wind Energy Technician

 Heavy Equipment Operator

...and many more. These careers build more than projects—they build communities.

Trades with Purpose

What You'll Gain

As you explore the skilled trades, you'll discover the satisfaction of creating something that lasts. You'll build confidence by solving practical problems, learning valuable skills, and seeing the results of your hard work.

Whether you build homes, repair equipment, or own your own business one day, you'll develop a strong work ethic, pride in your craftsmanship, and the ability to create opportunities for yourself and others.

Explore This Path

You can begin exploring the trades by:

- Visiting a trade school or technical college.
- Learning about apprenticeship programs.
- Exploring Career and Technical Education (CTE) programs.
- Talking with skilled trades professionals.
- Building projects that teach new skills.
- Attending career fairs or community events.

Every skill you learn today becomes another tool for tomorrow.

Home Learning Tip

Homeschool students can gain valuable experience through apprenticeships, family businesses, community projects, volunteer work, church ministries, and hands-on learning.

Keep photos of your projects and the skills you've learned. They become part of your growing portfolio.

Prepare Today

You can begin preparing now by:

- Strengthening your math and measurement skills.
 - Learning how to safely use tools and equipment.
 - Practicing responsibility and reliability.
 - Developing communication and customer service skills.
 - Learning from experienced professionals.
 - Taking pride in doing your best work.
- Excellence is built one skill at a time.
-



Trades with Purpose



Memee Says

Beloved,
Whatever you choose to build, build it with excellence. A job may earn a paycheck, but your reputation can open doors for a lifetime.
Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, mentor, or skilled trades professional.

Ask:

- What trade or technical career should I learn more about?
- What skills do you see developing in me?
- What does it mean to take pride in your work?
- What opportunities are available in our community?

Sometimes wisdom passes from one generation to the next through conversation.



My Discovery Journal

What types of projects do I enjoy building or fixing?

Which skilled trade interests me the most?

What skill would I like to begin learning?

Would I like to explore this pathway further?

- ☐ Yes
- ☐ Maybe
- ☐ Not Right Now

Why?



Faith & Reflection

"Whatever you do, work with all your heart, as working for the Lord. Colossians 3:23

No matter what career you choose, excellence, integrity, and a servant's heart honor God. Your work has value because it reflects your character.

Reflection

How can I honor God by pursuing excellence in everything I do?



Before You Open the Next Door...

Whether you choose a skilled trade or another pathway, the habits you build today will shape the opportunities you have tomorrow.

Keep building and Keep learning. **Every day is a good day to grow.**



FOUNDATION 3



Door of Discovery #6 Entrepreneurship & Business Advantage

Turning Ideas into Opportunities.

Open the Door

Have you ever thought, **"There's a better way to do that?"**

Maybe you've imagined owning a business, creating a product, opening a restaurant, launching a clothing brand, starting a nonprofit, or inventing something that solves a problem.

Entrepreneurs don't just sell products, they solve problems. Business leaders don't just build companies, they create opportunities, serve people, and make a difference.

Every successful business begins with an idea. This could be your door.

You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy solving problems.
- ✓ Often think of new ideas.
- ✓ Like organizing projects or leading others.
- ✓ Are interested in business, marketing, or money management.
- ✓ Enjoy helping people.
- ✓ Want to make a positive impact in your community.

Discover the Possibilities

Business skills are valuable in every industry.

You might explore careers such as:

-  Business Owner
-  Marketing Specialist
-  E-Commerce Entrepreneur
-  Digital Content Creator
-  Financial Advisor
-  Business Manager
-  Accountant
-  Public Relations Specialist
-  Real Estate Professional
-  Supply Chain & Logistics

 Nonprofit Director

 Business Consultant

 Sales Professional

 Project Manager

...and many more.

Every successful business begins by meeting a need and serving people well.

What You'll Gain

As you explore entrepreneurship, you'll discover how ideas become opportunities. You'll learn to recognize problems, think creatively, lead with confidence, and make thoughtful decisions that serve others.

Whether you own a business or use these skills in another career, you'll develop the character, initiative, and resilience needed to turn challenges into opportunities and goals into reality.

Explore This Path

You can begin exploring business and entrepreneurship by:

- Learning how businesses operate.
- Talking with local business owners.
- Creating a simple business idea.
- Learning about budgeting and saving.
- Volunteering in your community.
- Reading about entrepreneurs and business leaders.
- Exploring school or community entrepreneurship programs.

Every great business started with someone willing to take the first step.

Home Learning Tip

Homeschool students often have opportunities to learn through family businesses, internships, community projects, church ministries, farmers markets, online businesses, and creative ventures. Keep a record of the projects you complete and the lessons you learn. Real-world experience is one of the best teachers.

Prepare Today

You can begin preparing now by:

- Strengthening your communication skills.
- Learning how to manage money wisely.
- Looking for ways to solve everyday problems.
- Practicing leadership through service.

- Becoming dependable and trustworthy.
 - Learning from both successes and mistakes.
- Character is one of the greatest investments you'll ever make.
-

Entrepreneurship & Business Advantage

Memee Says

Beloved,

Don't chase success. Chase excellence. When you serve people well and keep your word, success has a way of finding you.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, mentor, business owner, homeschool teacher, or another trusted adult.

Ask:

- What business idea do you think fits my strengths?
 - What qualities make someone a good leader?
 - Have you ever wanted to start a business?
 - What problem do you think I could help solve?
- Sometimes one conversation becomes the beginning of a great idea.
-

My Discovery Journal

If I could start any business, what would it be?

What problem would my business solve?

What strengths would help me become a good leader?

Would I like to explore this pathway further?

- ☐ Yes
- ☐ Maybe
- ☐ Not Right Now

Why?



Faith & Reflection

"Whatever you do, do it all for the glory of God." **1 Corinthians 10:31**

Leadership is about serving others with integrity, humility, and excellence. Whether you lead a business, a team, or your community, your character will always be your greatest asset.

Reflection

How can I use my gifts and ideas to serve others with excellence and integrity?



Before You Open the Next Door...

Whether you become a business owner or use these skills in another career, leadership begins with serving others well.

Keep learning and keep reading, because **every day is a good day to grow.**



FOUNDATION 3



Door of Discovery #7 Service with Purpose

Leading with Compassion. Making a Difference.

Open the Door

Do you find yourself encouraging others, standing up for what's right, or looking for ways to help?

Some people are naturally drawn to serving others. They teach, protect, listen, mentor, comfort, and lead with compassion.

If you've ever wanted to make your family, school, church, or community a better place, you may already be discovering one of your greatest strengths.

This could be your door.

You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy helping others succeed.
- ✓ Care deeply about people.
- ✓ Like teaching, mentoring, or encouraging others.
- ✓ Enjoy solving problems that make life better for someone else.
- ✓ Value fairness, integrity, and compassion.
- ✓ Want your work to make a lasting difference.

Discover the Possibilities

Serving others can take many different forms.

You might explore careers such as:

 Teacher

 Attorney

 Law Enforcement Officer

 Firefighter

 Paramedic

 Counselor or Therapist

 Social Worker

 Pastor or Ministry Leader

 Nonprofit Director

 Public Administrator

 Youth Development Professional

 Humanitarian Aid Worker

 Judge

 Family Services Professional

...and many more.

Every one of these careers begins with a desire to make a positive difference in the lives of others.

What You'll Gain

As you explore service-oriented careers, you'll discover that leadership begins with compassion. You'll learn how listening, encouraging, and serving others can build trust, strengthen communities, and create lasting impact.

Whether you choose a career in education, ministry, counseling, public service, or another helping profession, you'll find that the greatest rewards often come from helping someone else succeed.

Explore This Path

You can begin exploring this pathway by:

- Volunteering in your community.
- Serving through your church or youth group.
- Tutoring or mentoring younger students.
- Participating in community service projects.
- Learning about careers centered on helping others.
- Talking with people who serve their communities every day.

Sometimes purpose becomes clearer when you begin serving before you know exactly where you're going.

Home Learning Tip

Homeschool students often have wonderful opportunities to serve through church ministries, community organizations, volunteer projects, homeschool co-ops, and family outreach.

Keep a record of your service experiences. They tell an important part of the story of who you're becoming.

Prepare Today

You can begin preparing now by:

- Becoming someone, others can depend on.
- Practicing active listening.
- Looking for ways to serve without being asked.
- Strengthening your communication skills.
- Treating every person with dignity and respect.
- Leading by example.

Great leaders look for opportunities to serve.

Service with Purpose

Memee Says

Beloved,

Never underestimate the difference one kind heart can make. The way you treat people may be the very thing they remember most about you.

Memee 

Continue the Conversation

Talk with a parent, grandparent, guardian, mentor, homeschool teacher, pastor, coach, or another trusted adult.

Ask:

- When have you seen me serving others naturally?
- What strengths do you see in me?
- Who has made a positive difference in your life?
- How can I begin serving my community today?

Sometimes one conversation helps you discover a purpose that's been growing inside you all along.

My Discovery Journal

When do I feel most fulfilled helping others?

Which service-oriented career interests me most?

How can I begin serving someone this week?

Would I like to explore this pathway further?

☐ Yes

☐ Maybe

☐ Not Right Now

Why?



Faith & Reflection

"For even the Son of Man did not come to be served, but to serve." **Mark 10:45**

Jesus showed us that true leadership begins with serving others. Every act of kindness, every encouraging word, and every opportunity to help someone reflects a heart that values people.

Reflection

How can I use my gifts to serve others in a way that honors God and makes a positive difference?



Before You Open the Next Door...

Whether serving others becomes your career or simply the way you choose to live your life, kindness, compassion, and integrity will never go out of style.
Keep serving and keep growing.

Every day is a good day to grow.

FOUNDATION 3

Door of Discovery #8 Global Pathways

Exploring the World. Expanding Your Horizons.

Open the Door

Have you ever dreamed of traveling to another city, another country, or even around the world?

Maybe you enjoy meeting new people, learning about different cultures, planning events, or discovering places you've never been before.

The world is more connected than ever, creating opportunities to learn, serve, lead, and work with people from every background.

If you're curious about the world around you, this may be your door.

You Might Enjoy This Path If...

You might enjoy exploring this pathway if you:

- ✓ Enjoy meeting new people.
 - ✓ Are curious about different cultures and places.
 - ✓ Like planning experiences or events.
 - ✓ Adapt well to new situations.
 - ✓ Enjoy working with people from different backgrounds.
 - ✓ Want to make a positive impact wherever you go.
-

Discover the Possibilities

Global careers can be found in almost every industry.

You might explore opportunities such as:

 Aviation

 Hospitality Management

 Tourism

 Cruise & Travel Services

-  Transportation & Logistics
-  Supply Chain Management
-  International Business
-  International Relations
-  Translation & Interpretation
-  Event & Conference Planning
-  Sports & Entertainment Management
-  Travel Planning
-  Humanitarian Relief
-  Diplomatic & Foreign Service

...and many more.

Whether your career keeps you close to home or takes you around the world, the ability to communicate, adapt, and work well with others will always be valuable.

What You'll Gain

As you explore global pathways, you'll develop a broader perspective of the world and the people in it. You'll strengthen your communication skills, learn to appreciate different cultures, become more adaptable, and gain confidence working with people from many backgrounds.

The more you understand people, the more opportunities you'll have to lead, serve, and make a positive difference wherever life takes you.

Explore This Path

You can begin exploring now by:

- Visiting museums or cultural festivals.
- Learning another language.
- Researching careers in aviation, hospitality, tourism, or international business.
- Volunteering at community events.
- Talking with people whose work allows them to travel or connect with others around the world.
- Learning about countries, cultures, and global issues.

Every new experience helps you see the world a little differently.

Home Learning Tip

Homeschool students often have wonderful opportunities to explore the world through educational travel, museums, historical sites, church outreach, volunteer experiences, community events, and project-based learning.

Keep a journal of the places you visit, the people you meet, and the lessons you learn. Those experiences become part of your story.

Prepare Today

You can begin preparing now by:

- Strengthening your communication skills.
- Learning about different cultures and perspectives.
- Becoming dependable and adaptable.
- Practicing leadership through service.
- Staying curious about the world around you.
- Treating every person with kindness and respect.

Every experience helps prepare you for the next adventure.

Memee Says

Beloved,

Never let the size of your hometown determine the size of your dreams. God can open doors you never imagined. Stay curious, stay humble, and be ready to grow wherever life leads you.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, mentor, coach, pastor, or another trusted adult.

Ask:

- If you could travel anywhere in the world, where would you go?
- What qualities help someone succeed in a global world?
- How can I begin preparing now for opportunities I haven't imagined yet?

Sometimes one conversation inspires a dream that changes your future.

My Discovery Journal

What places would I love to explore someday?

Which global pathway interests me most?

What skills can I begin developing today?

How do I hope to make a positive difference wherever life takes me?



Faith & Reflection

"Go therefore and make disciples of all nations. Matthew 28:19

God created a world filled with different people, cultures, languages, and communities. Wherever your journey leads, know that you have, the opportunity to reflect His love through your character, your service, and the way you treat others.

Reflection

How can I prepare myself to be a positive influence wherever God leads me?



Before You Open the Next Door...

Every place you visit, every person you meet, and every experience you have helps shape the person you're becoming. Keep exploring, keep learning and keep growing. **Every day is a good day to grow.**



FOUNDATION 3 SUMMARY



Look How Far You've Come

Congratulations!

You've completed **Foundation 3: Exploring Possibilities**.

Over the past several pages, you've opened new Doors of Discovery, explored careers you may have never considered, and learned more about your interests, strengths, and the many opportunities available to you.

The goal wasn't to choose your future today.

It was to discover that your future is filled with possibilities.

Every door you opened has prepared you to make more informed decisions as you continue your journey.

What You Explored

Throughout this Foundation, you explored pathways in:

- ✓ Healthcare
- ✓ STEM, Engineering & Technology
- ✓ Athletics
- ✓ Creative Arts
- ✓ Skilled Trades
- ✓ Business & Entrepreneurship
- ✓ Service & Leadership
- ✓ Global Pathways

Most importantly, you discovered that there is no single definition of success.

The best pathway is the one that aligns with your gifts, your interests, your values, and the future you hope to build.

My Biggest Discovery

As you look back on everything you've explored...

What interested you the most?

What surprised you?

Which pathway would you like to continue learning about?



Looking Ahead

In **Foundation 4**, you'll begin turning possibilities into a plan.

You'll learn how to:



Set meaningful goals.



Build a personalized high school roadmap.



Choose courses with purpose.



Build a strong support team.



Make decisions that keep future opportunities open.

Exploring possibilities is the first step. Preparing for them is the next.



One Final Thought Before You Turn the Page...

You don't have to know exactly where you're going to take the next step.

Stay curious and keep asking questions. Be willing to try new things.

Trust that every experience helps to shape the person you're becoming.

Your future isn't waiting for you to have all the answers.

It's waiting for you to keep preparing and remember **Every day is a good day to grow.**



PREPARATION WITH PURPOSE™

FOUNDATION

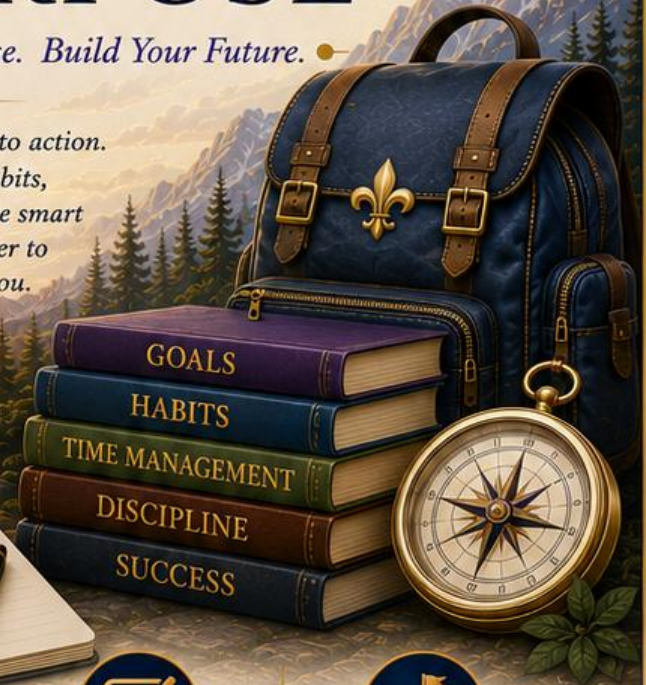
4

PLANNING WITH PURPOSE

PURPOSEFUL
PLANNING
BUILDS
CLARITY.
CLARITY
BUILDS
CONFIDENCE.
CONFIDENCE
CREATES
RESULTS.

• *Plan Today. Prepare with Purpose. Build Your Future.* •

*A good plan turns dreams into action.
Set goals, build strong habits,
manage your time, and make smart
choices that lead you closer to
the future God has for you.*



SET SMART GOALS

Create specific, measurable, and meaningful goals that inspire you.



BUILD STRONG HABITS

Develop daily habits that support your success and keep you on track.



MANAGE YOUR TIME

Use your time wisely to balance school, activities, rest, and personal growth.



MAKE SMART CHOICES

Every choice you make shapes your future. Choose what moves you forward.



PREPARE FOR WHAT'S NEXT

Plan ahead for opportunities and challenges so you can walk in confidence.



• *One Purposeful Step at a Time.* ♥ •



FOUNDATION 4



Planning with Purpose

Turning Possibilities into a Personal Plan



Welcome to Foundation 4

In Foundation 3, you explored new possibilities and began thinking about pathways that may fit your interests, strengths, and goals.

Now it is time to begin building a plan.

You do not need every answer today, and your plan does not have to be perfect. It simply needs to give you direction while leaving room to grow.

Think of your future like a building. Before construction begins, someone creates a blueprint—not because they know exactly what will happen, but because direction helps guide each decision.

Your personal blueprint works the same way.

As you learn, your interests may change. As new opportunities appear, your plan may grow. That is not failure. It is part of becoming more informed and prepared.

Planning is not about predicting your future.

It is about preparing for it.



Before We Begin...

A blueprint does not build the house. It guides the builder.

Your blueprint will help you:

- Understand your strengths.
- Identify the people who support you.
- Map your high school journey.
- Explore more than one pathway.
- Turn goals into practical action.

You do not need to know where you will be ten years from now. You only need to identify your next purposeful step.



Memee Says

Beloved,

Do not wait for perfect clarity before you begin. Start where you are, use what you know, and take the next faithful step. Sometimes direction becomes clearer because you kept moving.

Memee ❤️



Continue the Conversation

Talk with a trusted adult.

Ask:

- Did your plans change as you grew?
- What helped you make important decisions?
- What advice would you give your younger self?

You do not have to build your future alone.



My Planning Journal

Which pathways currently interest me most?

What have I learned about myself so far?

What do I hope to accomplish in this Foundation?



Faith & Reflection

“Commit to the Lord whatever you do, and He will establish your plans.”— Proverbs 16:3

God does not ask you to know everything about tomorrow. He asks you to trust Him while preparing faithfully today.

How can I honor God as I begin planning for my future?

Foundation 4 Promise

By the end of this Foundation, you may not have every answer—but you will have something valuable:

A clearer understanding of yourself.

A practical plan for your next steps.

And greater confidence to keep moving forward with purpose.

PRINCIPLE #1 *Designing My Future*

Every Meaningful Future Begins with Direction

Every successful journey begins with a plan. Architects use blueprints. Coaches develop game plans. Pilots follow flight plans. Families map road trips.

Planning does not guarantee that everything will happen exactly as expected. It gives you direction and helps you prepare for opportunities before they arrive.

Your personal blueprint is not meant to lock you in one path. It is a guide that can grow as you learn more about yourself and the world around you.

Your Plan Can Grow with You

Some students already know what they want to pursue after high school. Others are still exploring. Both are normal. Your interests may change. New opportunities may appear.

A conversation, class, mentor, or experience may introduce a possibility you had never considered.

A flexible plan allows you to grow without losing direction.

Planning Principle

Direction matters more than having every detail figured out.

When you understand why you are preparing, it becomes easier to stay motivated and make thoughtful decisions. Your blueprint is not about perfection. It is about purpose.



Explore Further

Continue building directions by:

- Talking with people whose lives inspire you.
- Researching pathways that match your interests.
- Visiting colleges, training programs, businesses, or community organizations.
- Keeping a record of new opportunities.
- Asking trusted adults how they made important decisions.

Every experience adds another line to your blueprint.



Prepare Today

Begin by:

- Writing down your current goals.
- Identifying questions, you still have.
- Researching one pathway.
- Staying open to new experiences.
- Choosing one next step.

Small steps taken consistently can build remarkable futures.



Memee Says

Beloved,

Do not let the size of your dream stop you from beginning. You do not need the whole plan today. Take the next faithful step and allow clarity to grow along the way.

Memee ❤️



Continue the Conversation

Ask a trusted adult:

- How did your plans change over time?
- What helped you make an important decision?
- What should I consider as I begin planning?

Sometimes another person's story helps us understand our own.



My Purpose Journal

What excites me most about my future?

What opportunity would I like to explore?

What is one purposeful step I can take this month?



Principle Builder Activity

My Current Direction

A pathway I am considering:

Why it interests me:

One question I need answered:

My next step:



Faith & Reflection

"For I know the plans I have for you," declares the Lord, "plans to give you hope and a future". **Jeremiah 29:11**

You are not walking this journey alone. Preparation is one way to faithfully care for the gifts and opportunities God has placed before you.

How can I prepare faithfully today while trusting God with tomorrow?

Before You Build the Next Blueprint....

You do not need a finished plan.

You need enough direction to take your next step.

Remember, every day is a good day to grow.

Principle #2

Discovering My Strengths

The Best Plans Begin with Knowing Yourself

Your future is not built by trying to become someone else.

It begins by understanding the strengths, interests, experiences, and qualities that make you who you are.

Some people enjoy leading. Others prefer listening, creating, solving problems, helping people, or working behind the scenes.

No strength is more valuable than another. Each can serve a different purpose.

Strengths Grow Through Practice

Some strengths may come naturally. Others develop over time.

Leadership grows through service.

Confidence grows through practice.

Communication improves when you speak up.

Responsibility develops when you keep your word.

Wisdom grows through experience.

Do not underestimate the person you are becoming while you prepare for your future.

Planning Principle

Your strengths are not meant to make you better than someone else. They help you serve in ways that are uniquely yours.

The world does not need another copy of someone else. It needs the person God created you to become.

Explore Further

Discover more about your strengths by:

- Trying new activities.
- Asking trusted adults what they notice in you.
- Paying attention to what gives you energy.
- Reflecting on moments when you felt proud.
- Recording accomplishments and lessons learned.
- Welcoming constructive feedback.

Every experience teaches you something about yourself.

Prepare Today

Strengthen your gifts by:

- Practicing consistently.
- Remaining teachable.
- Accepting helpful feedback.
- Serving others.
- Trying again after making a mistake.
- Celebrating progress.

Your strengths grow when you use them.

Memee Says

Beloved,

Do not spend your life wishing for someone else's gifts. God created you with purpose. Learn to value what He placed within you, then use it to make a difference.

Memee 

Continue the Conversation

Ask a trusted adult:

- What strengths have you noticed in me?
- When have you seen me at my best?
- Which qualities could help me succeed?

Sometimes others recognize our strengths before we do.

My Purpose Journal

Three strengths I believe I have:

1. _____
2. _____

3. _____

One strength I want to develop:

How can I use one of my strengths to help someone else?

Principle Builder Activity

My Strengths in Action

My Strength	Where I Use It	How I Can Develop It
_____	_____	_____
_____	_____	_____
_____	_____	_____

Faith & Reflection

"Each of you should use whatever gift you have received to serve others." **1 Peter 4:10**

Your gifts were not given only for your own success. They can also be used to encourage, lead, serve, and make a positive difference.

What gifts has God placed within me, and how can I begin using them to serve others?

Before You Build the Next Blueprint....

The strongest plan begins with understanding what you already carry within you.

Discover your strengths.

Develop them.

Use them with purpose.

Remember, every day is a good day to grow.

Principle #3

Building My Success Team

No One Builds a Meaningful Future Alone

Behind nearly every successful person is a team of people who encouraged, guided, corrected, challenged, or believed in them.

Your Success Team may include family members, teachers, counselors, coaches, mentors, pastors, tutors, employers, positive friends, community leaders, or professionals connected to your interests.

Building a support team is not a sign of weakness. It is a sign of wisdom.



Recognize the People Already Beside You

You may have more support than you realize.

It could be a teacher who checks on you, a coach who expects your best, a counselor who listens, a relative who shares wisdom, or a parent or grandparent who quietly sacrifices for your future.

Your team may change as you grow. Some people may walk beside you for years, while others help during one important season.

Each can leave something valuable behind.



Choose Your Circle Wisely

The people closest to you can influence your habits, decisions, confidence, and direction.

Choose relationships that encourage:

- Honesty and Respect.
- Accountability and Growth
- Kindness and Integrity
- Mutual support.

Real friends do not pressure you to lower your standards. They encourage you to become your best.



Planning Principle

Strong people are not those who never ask for help. They are wise enough to know when they need it. Seeking advice and accepting encouragement are signs of maturity—not weakness.



Explore Further

Strengthen your Success Team by:

- Introducing yourself to your counselor.
- Building positive relationships with teachers.
- Thanking those who encourage you.
- Looking for mentors in fields that interest you.
- Staying connected to people whose values inspire you.
- Becoming someone others can trust.

Healthy relationships help build healthy futures.



Prepare Today

Build trust by:

- Keeping your commitments.
- Listening well and accepting wise advice.
- Showing gratitude.
- Encouraging others.
- Being dependable.
- Treating people with respect.

Strong relationships are built with one conversation and one promise kept at a time.



Memee Says

Beloved,

One of God's greatest blessings is people. Ask for help when you need it, thank those who support you, and remember that one day you may become part of someone else's Success Team.

Memee ❤️



Continue the Conversation

Ask a trusted adult:

- Who supported you during an important season?
- What qualities should I look for in a mentor?
- How can I become someone others can trust?

Their story may help you recognize the people already placed in yours.



My Purpose Journal

Who encourages me?

Who can help with school or planning questions?

Who inspires me to become better?

How can I strengthen one important relationship?

Principle Builder Activity

My Success Team

Person	How This Person Supports Me

My Accountability Partner

An accountability partner encourages your progress, reminds you of your goals, and challenges you with kindness.

Name:

Why I chose this person:

How often will we check in?

- ☐ Weekly
- ☐ Monthly
- ☐ Quarterly

One goal they will help me stay focused on:



Faith & Reflection

“Therefore, encourage one another and build each other up.”— 1 Thessalonians 5:11

God often works through people. Sometimes He sends someone to encourage us, and sometimes He calls us to encourage someone else.

Who has God placed in my life to help me grow, and how can I thank them?



Before You Build the Next Blueprint....

The strongest futures are built through preparation, faith, and meaningful relationships. Never forget the people who helped you build yours.

Remember, every day is a good day to grow.

PRINCIPLE #4



Mapping My High School Journey

Turning Today's Choices into Tomorrow's Opportunities

Your high school years are not four separate experiences. Each year builds upon the one before it.

A clear roadmap can help you make thoughtful decisions, track progress, and prepare for opportunities without feeling that everything must be done at once.



Every Year Has a Purpose

Freshman Year — Plant the Seeds

Build strong habits, learn your school, explore activities, meet teachers, and begin discovering your interests.

Sophomore Year — Grow Your Confidence

Strengthen academics, become more involved, develop leadership, explore careers, and build supportive relationships.

Junior Year — Build Momentum

Prepare for college, careers, military service, trades, or entrepreneurship. Research scholarships, testing, programs, and future options.

Senior Year — Launch with Purpose

Complete applications, finalize plans, celebrate accomplishments, finish strong, and prepare for your next chapter. Every year matters because each one prepares you for the next.



Planning Principle

You do not need to know exactly where you will finish, but you should know where you are aiming.

Direction creates confidence.

Preparation creates opportunity.

Consistency creates progress.



Explore Further

Strengthen your high school roadmap by:

- Reviewing graduation requirements.
- Meeting with your counselor or homeschool advisor regularly.
- Exploring clubs, athletics, arts, CTE, ROTC, Dual Credit, and service opportunities.
- Visiting colleges, technical schools, apprenticeship programs, or career fairs.
- Tracking awards, certifications, leadership, and volunteer hours.
- Reviewing your goals each semester.

Small decisions can become important opportunities later.



Prepare Today

Ask yourself:

- What do I want to accomplish this year?
- Which opportunity should I explore?
- What skill do I want to develop?
- Who can help guide me?
- What habit will move me forward?

Preparation is not doing everything at once; it is doing the next right thing consistently.



Memee Says

Beloved,

A small correction made early is easier than a large correction later. Do not be afraid to adjust your plans. Changing direction can be wisdom when it moves you closer to your purpose.

Memee ❤️



Continue the Conversation

Ask a trusted adult:

- Which opportunities helped you grow?
- What habit made the greatest difference?

Someone else's journey may help give you some insight into how to prepare yourself for your next steps.



My Purpose Journal

What habit do I want to strengthen?

What accomplishment would make me proud?



Principle Builder Activity

My Four-Year Journey

School Year	One Goal	One Opportunity	One Skill
Freshman	_____	_____	_____
Sophomore	_____	_____	_____
Junior	_____	_____	_____
Senior	_____	_____	_____

Your roadmap should guide your journey—not limit your possibilities.



Faith & Reflection

“Trust in the Lord with all your heart...and He will make your paths straight.” Proverbs 3:5–6

God may not reveal every step at once. Often, He provides enough direction for the next faithful step.

How can I trust God while preparing responsibly for my future?

Before You Build the Next Blueprint....

Every year has a purpose.

Every wise decision adds direction.

Every step moves you forward.

Remember, every day is a good day to grow.

PRINCIPLE #5

Exploring My Options

Keeping Doors Open While Discovering My Direction

You do not have to choose your entire future at once.

Your interests may change as you take new classes, meet new people, develop new skills, and discover opportunities you have never considered.

Changing direction because you have grown is not failure.

It is informed decision-making.

It Is Okay to Change Your Mind

Some students begin high school planning for one career and later discover another.

An athlete may become interested in sports medicine.

A future physician may discover engineering.

A student planning for college may find a skilled trade they love.

Your blueprint should help you move forward without locking you into one path.

Planning Principle

Build direction before certainty.

You do not need complete certainty before taking your next step. You need enough direction to keep moving while continuing to learn.

Keep More Than One Door Open

Ask yourself:

- Which pathways interest me now?
- Which skills are valuable in several careers?
- Which courses have multiple options available?
- What experiences could help me make a better decision?

The goal is not to choose quickly. The goal is to choose wisely.

Explore Further

Continue exploring by:

- Researching several pathways.
- Visiting colleges, trade schools, businesses, or military programs.
- Recording what excites you.
- Paying attention to the problems you enjoy solving.

Every experience gives you more information.

Prepare Today

Keep your options open by:

- Building strong academic habits.
- Developing communication skills.
- Learning financial responsibility.
- Exploring leadership.
- Taking challenging courses when ready.
- Remaining curious and teachable.

Preparation today creates flexibility tomorrow.

Memee Says

Beloved,

Do not be embarrassed when your plans change. Sometimes a new direction simply means you have learned something important about yourself. Keep growing and trust God while the path becomes clearer.

Memee 

Continue the Conversation

Ask a trusted adult:

- Did your career plans change?
- How did you know when to adjust?
- Which options should I continue exploring?

Their experience may remind you that growth is allowed.

My Purpose Journal

Which pathways interest me most right now?

What do I still need to learn before deciding?

Which strengths could help me in several careers?

Principle Builder Activity

My Top Three Pathways

Pathway	Why It Interests Me	One Next Step

Your list may change. That is part of growing.

Faith & Reflection

“Trust in the Lord with all your heart and lean not on your own understanding.” Proverbs 3:5–6

You may not know every step, but God does. Preparation and trust can walk together.
Where do I need to trust God while continuing to explore my future?

Before You Build the Next Blueprint....

The best plan does not predict every step.

It prepares you to recognize opportunity wherever God leads.

Remember, every day is a good day to grow.

PRINCIPLE #6

Turning Plans into Action

Small Steps Create Extraordinary Futures

Big dreams can feel overwhelming when they seem far away.

The good news is that your future is not built in one giant leap.

It is built through small, intentional actions repeated over time.

Every meaningful goal begins with one next step.

Big Dreams Begin Small

No one becomes a physician after one science class.

No one builds a business from one idea alone.

No one graduates because of one strong report card.

Success grows through preparation, practice, and consistency.

Small steps repeated faithfully become remarkable progress.

Planning Principle

Choose progress over perfection.

Perfection often creates fear.

Progress creates momentum.

Begin where you are, learn as you go, and improve as you grow.

Build One Step at a Time

Your future may be built through:

- One assignment completed.
- One question asked.
- One application submitted.
- One skill practiced.
- One conversation started.
- One habit improved.

Small actions often accomplish more than waiting for the perfect moment.



Explore Further

Move your plan into action by:

- Choosing one goal for this month.
- Breaking it into smaller steps.
- Reviewing progress regularly.
- Adjusting when necessary.
- Learning from setbacks.
- Celebrating small victories.
- Remembering why your goal matters.

Every completed step builds confidence for the next one.



Prepare Today

Begin by:

- Writing your goal where you can see it.
- Creating weekly action steps.
- Managing your time.
- Asking for help.
- Choosing consistency over excuses.
- Starting before you feel completely ready.

Consistency is often more powerful than intensity.



Memee Says

Beloved,

Do not underestimate ordinary days. The homework, practice, prayer, and preparation no one notices often build the moments everyone celebrates. Keep showing up.

Memee ❤️



Continue the Conversation

Ask a trusted adult:

- Which small habits helped you reach a goal?
- How did you continue when progress felt slow?
- What should I do first?

Their story may remind you that progress takes time.



My Purpose Journal

One dream I want to work toward:

My next step:

One habit that will help me stay consistent:

Someone who can encourage me:



Principle Builder Activity

- My Next 30 Days - My 30-Day Goal

Three Action Steps

1.

2.

3.

Target Completion Date

Small victories deserve celebration.



Faith & Reflection

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

Galatians 6:9

Growth often happens quietly before results become visible. Keep planting, learning, preparing, and trusting.

What small step can I take today that my future self will thank me for?

Before You Complete This Foundation...

Extraordinary futures are rarely built through one extraordinary moment.

They are built through ordinary moments lived with purpose.

Remember, every day is a good day to grow.

FOUNDATION 4 COMPLETE

Your Blueprint Is Taking Shape

Congratulations!

You have completed **Foundation 4: Planning with Purpose**. You did more than think about your future.

You began creating a plan for it. Your blueprint does not have to be perfect. It simply needs to provide direction, help you recognize opportunities, and guide your next steps.

What You Built

You began to:

- ✓ Identify your strengths.
 - ✓ Build your Success Team™.
 - ✓ Map your high school journey.
 - ✓ Explore several possible pathways.
 - ✓ Keep your options open.
 - ✓ Turn a goal into practical action.
 - ✓ Replace uncertainty with intentional preparation.
- Every step adds another piece to the future you are building.
-

Memee Says

Beloved,

A blueprint does not build the house—people do. Your future will be built through your choices, faith, character, preparation, and willingness to keep moving forward. The best is still ahead.

Memee 



My Biggest Takeaway

What part of my blueprint excites me most?

What decision do I feel more confident about?

What is my next purposeful step?



Faith & Reflection

“For I know the plans I have for you,” declares the Lord, “plans to give you hope and a future.” **Jeremiah 29:11**

God already sees the complete picture. Your responsibility is not to know everything—it is to prepare faithfully for the next opportunity He places before you.

How can I trust God while continuing to build my future one step at a time?



Looking Ahead

In Foundation 5, planning becomes practical action. You will begin strengthening life skills such as communication, self-advocacy, organization, responsibility, decision-making, and navigating real-world opportunities with confidence.

Preparation will become more than an idea. It will become a lifestyle.

Dream with courage. Plan with purpose. Build with confidence. Remember, every day is a good day to grow.



PREPARATION WITH PURPOSE™

FOUNDATION

5

CHARACTER, COMMUNICATION & LIFE SKILLS

Build Character. Speak with Purpose. Live with Confidence.

*The way you think, speak, and act
shapes your future and the impact
you have on others.*

*Develop strong character, communicate
with confidence, and build the life skills
that prepare you for every situation.*

STRONG
CHARACTER
BUILDS TRUST.
EFFECTIVE
COMMUNICATION
BUILDS
CONNECTIONS.
LIFE SKILLS
BUILD
CONFIDENCE.

INTEGRITY
•
RESPECT
•
RESPONSIBILITY
•
KINDNESS
•
LEADERSHIP
•
COURAGE



BUILD STRONG CHARACTER

Practice integrity,
respect, and responsibility
in everything you do.



COMMUNICATE WITH PURPOSE

Speak clearly, listen
actively, and express
yourself with
confidence.



WORK WELL WITH OTHERS

Build teamwork,
leadership, and
positive relationships
that last.



THINK CRITICALLY & SOLVE PROBLEMS

Make smart decisions,
solve challenges, and
adapt to new
situations.



PREPARE FOR REAL LIFE

Build essential life skills
that help you succeed
in school, career,
and life.



• One Purposeful Step at a Time. ♥ •

FOUNDATION 5

Action Preparation becomes powerful when it's put into action.

Foundation Introduction

Welcome to Foundation 5

As you've worked through the first four Foundations, you've been building a strong foundation for your future. You've explored your purpose, strengthened your mindset, developed healthy academic habits, and begun discovering pathways that can lead to a meaningful and successful life.

Now it's time to focus on skills you'll use every day, no matter where your journey takes you.

Whether your future includes college, military service, a skilled trade, healthcare, STEM, entrepreneurship, the arts, public service, ministry, or another meaningful path, certain life skills will continue to serve you long after high school. They will help you manage responsibilities, communicate effectively, make wise decisions, build healthy relationships, and respond with resilience when life doesn't go according to plan.

In this Foundation, you'll build your personal **Preparation Toolbox**. Each Principle introduces a practical tool to help you become more confident, capable, and prepared. You'll explore time management, organization, study habits, financial responsibility, technology, communication, character, leadership, and resilience.

These aren't simply skills for succeeding in school. They can strengthen every area of your life and help you prepare for opportunities, navigate challenges, and continue growing long after graduation.

As you work through each Principle, remember that growth doesn't happen all at once. It happens through small, intentional choices made consistently over time. Be willing to reflect honestly, try new strategies, ask thoughtful questions, and keep learning.

By the time you complete this Foundation, you'll have added valuable tools to your Preparation Toolbox—tools you can carry into college, your career, your relationships, and every new opportunity ahead.

Let's continue building your future, one Principle at a time.



FOUNDATION 5 Principle 1



Building My Time Toolbox

Making Time Work for You

Time is one of the few resources every person receives equally. Every student, teacher, coach, business owner, doctor, mechanic, artist, entrepreneur, and community leader begins each day with the same twenty-four hours. The difference is not having more time; it is how that time is used.

Between school, homework, extracurricular activities, work, family responsibilities, friendships, church, and simply enjoying life, responsibilities can pile up quickly. Effective time management isn't about making every minute productive. It's about making thoughtful decisions so your schedule reflects what matters most.

Organized people don't necessarily have easier lives. They develop habits that help them prepare before stress builds. They record assignments, break large tasks into smaller steps, and create systems instead of relying on memory. Those habits don't eliminate responsibility, but they can eliminate unnecessary pressure.

Think of time as an investment. The hours you spend learning, practicing, resting, serving, and preparing help shape the person you are becoming. A healthy schedule makes room for both responsibility and rest because both matter.



Life Skills Principle

Time is one of your greatest resources. You cannot create more of it, but you can choose how you use it. Every purposeful decision becomes an investment in your future.



What Will I Gain?

You may be thinking, *"I've always waited until the last minute, and everything usually works out."*

Sometimes it does.

But imagine how different your week could feel if assignments were finished before they became stressful, if projects were completed without rushing, and if you had more freedom to enjoy your evenings because your responsibilities were already taken care of.

Good time management isn't about becoming busier. It's about becoming more intentional.



Explore Further

For the next several days, pay close attention to how you spend your time.

Ask yourself:

- Which activities move me closer to my goals?
- What distractions consume more time than I realize?
- When am I most productive?
- What responsibilities do I tend to postpone?
- What changes would help me feel less overwhelmed?

Awareness is the first step toward improvement.

✂ Prepare Today

Choose one new habit to practice this week.

- ☐ Record assignments before leaving each class.
- ☐ Review tomorrow's schedule before going to bed.
- ☐ Break larger assignments into smaller tasks.
- ☐ Turn off unnecessary notifications while studying.
- ☐ Put your phone away during homework.
- ☐ Complete your most challenging assignment first.
- ☐ Prepare your backpack before going to sleep.

Remember, lasting change rarely happens through one big decision. It happens through small habits practiced consistently.



Memee Says

Beloved,

One of the greatest lessons life has taught me is that tomorrow arrives faster than we expect. The things we put off today often become tomorrow's stress.

Preparation isn't about living in a hurry. It's about living with intention. Take one assignment at a time. One responsibility at a time. One day at a time.

Don't carry tomorrow before it gets here. Be faithful with today. Little by little, you'll discover that consistent preparation builds confidence, and confidence helps you navigate even the busiest seasons. Memees ❤️

FOUNDATION 5 Blueprint 2

Building My Organization Toolbox

Creating Order So You Can Focus on What Matters

Being organized isn't about having the neatest backpack, the cleanest desk, or perfectly color-coded notebooks. It's about creating simple systems that help you spend less time searching for what you need and more time focusing on what matters most.

Organization is a skill—not a personality trait. Anyone can build habits that make life less stressful and more manageable.

Think about your favorite grocery store. Every item has a designated place. Imagine trying to shop if the bread was mixed in with the frozen vegetables, the milk was beside the greeting cards, and the cereal was scattered throughout the store. Finding anything would become frustrating and time-consuming.

The same principle applies to your life. When your assignments, notes, digital files, and important documents have a dependable place, everything becomes easier to find and manage.

Organization doesn't eliminate responsibility. It removes unnecessary obstacles so you can focus on learning, growing, and preparing for future opportunities.

As you move through high school, you'll collect report cards, certificates, awards, volunteer records, résumés, recommendation letters, scholarship information, and other important documents. Developing a dependable system now can save time and frustration when you're applying for colleges, scholarships, internships, jobs, apprenticeships, or military programs. It also brings peace of mind because you spend less time worrying about what you've forgotten and more time accomplishing what you've planned.

Life Skills Principle

Organization isn't about being perfect. It's about creating simple systems that help you stay prepared. The better your systems become, the more confident you'll feel when opportunities arrive.

What Will I Gain?

Simple organizational systems can save time, reduce stress, and help you feel more confident about your responsibilities. More importantly, when future opportunities require documents you've collected over several years, you'll know where to find them. The goal isn't perfect organization. It's dependable preparation.

Explore Further

Take a few minutes to evaluate your current organizational habits.

Ask yourself:

- Can I quickly find assignments for each class?
- Are my digital files organized in folders that make sense?
- Do I have a place for important documents?
- Is my backpack helping me stay organized—or making life harder?
- Do I regularly clean out papers I no longer need?
- If someone asked me for an important document today, could I find it quickly?

Small improvements today can save hours of frustration tomorrow.

A Moment to Pause

Before we move on, I want to speak to the student carrying responsibilities that others may never see.

Maybe your day doesn't end when the last school bell rings. You may head to work, care for younger siblings, balance school while raising a child of your own, or carry responsibilities no one at school knows about.

If that's your story, I want you to hear this: **I see you.**

Your responsibilities do not make your dreams less important. Your journey may require more planning, perseverance, and patience, but it does not lessen your value or your potential.

Don't compare your path to someone else's. Ask for help when you need it, lean on trusted adults, and use the resources available to you.

Every step forward matters. Your story is still being written. Keep preparing, keep believing, and keep going. Memee 

Prepare Today

Choose two organization habits to begin practicing this week.

- ☐ Clean out my backpack.
- ☐ Organize my binder or notebook.
- ☐ Create folders on my computer or tablet.
- ☐ Rename digital files so they're easy to recognize.
- ☐ Organize my email inbox.
- ☐ Store important papers in one safe location.
- ☐ Create a folder for awards, certificates, and volunteer records.
- ☐ Keep passwords and emergency information in a secure location.
- ☐ Spend ten minutes organizing my study space before the week begins.

Remember...

You don't have to organize everything in one day. Build one system at a time.

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, or another trusted adult.

Ask questions like:

- What organizational habit has helped you the most?
- What important documents should I keep throughout high school?
- How do you organize important papers at home?
- What system helps you remember deadlines?
- If you could teach me one organizational skill, what would it be?

Sometimes the simplest systems become the most valuable over time.

My Purpose Journal

What area of my life feels the most disorganized?

What is one simple system I can create this week?

How would becoming more organized reduce my stress?

What organizational habit do I want to continue building throughout high school?

Principle Builder Activity

My Organization Plan

This week I will:

- ☐ Organize my backpack.
- ☐ Organize my study space.
- ☐ Organize my digital files.
- ☐ Organize important school papers.
- ☐ Create folders for future opportunities.
- ☐ Set aside one day each week for organization.
- ☐ Begin a folder for awards, certificates, volunteer hours, and accomplishments.
- ☐ Review my organization system at the end of each week.

Remember... Organization isn't something you finish.

It's a habit you strengthen. Every small improvement makes the next opportunity easier to manage.

Faith & Personal Reflection

"For God is not a God of disorder but of peace." **1 Corinthians 14:33**

Creating order in your daily life often creates peace in your mind. As you become faithful with the responsibilities you've been given today, you're preparing yourself to handle even greater opportunities tomorrow.

Reflection

What area of my life would benefit most from becoming more organized?

How can creating better habits today help me become the person God is preparing me to be?

 Signature Closing

Organization isn't about perfection—it's about being prepared.

Every system you build today saves you time, reduces stress, and helps you respond with confidence when opportunities come your way.

Keep building your Preparation Toolbox, one organized habit and one purposeful step at a time.



FOUNDATION 5 Principle #3



Discovering How I Learn Best

Building Study Habits That Work for Me



Everyone Learns Differently

Have you ever studied for hours, reviewed your notes, completed the homework, and still wondered why someone else seemed to understand everything faster?

Maybe you've thought:

"Maybe I'm just not smart enough."

"School just isn't my thing."

"No matter how hard I try, I still struggle."

If you've ever felt that way, remember this:

Learning differently does not mean learning less.

Every student learns differently. Some learn best by reading, others by listening, writing, discussing, practicing, or teaching someone else. Some need quiet. Others need movement, structure, or creativity.

Some students also have learning differences such as dyslexia, ADHD, dysgraphia, autism, or other challenges that affect how they process information. Those differences do not define your potential. The answer is simple: become curious and try new study strategies

The goal isn't to learn like everyone else. It's to discover how you learn best.



Discover Your Learning Rhythm

Think about music. Every song has its own rhythm. Trying to force every song into the same beat wouldn't sound very good.

Learning works the same way.

Your learning rhythm may look different from someone else's, and that's okay. Your goal isn't comparison. It's understanding what works best for you.

As you try different study methods, you'll notice patterns. Maybe you learn best by teaching someone else, drawing diagrams, taking short breaks, or reviewing a little each day instead of cramming the night before.

The better you understand how you learn, the better prepared you'll become.



Life Skills Principle

Your greatest advantage is not learning exactly like everyone else.

It's discovering what works for you to help **you** learn with confidence.



Think About It...

You may be wondering...*"How do I know what works best for me?"*

The answer is simple, become curious and try new study strategies. Pay attention to what helps you remember information.

Notice what keeps you focused and what distracts you. Every assignment becomes an opportunity to learn something—not only about the subject—but also about yourself.



Explore Further

This week, try something new and experiment with one or two new learning strategies. You might discover that you learn best by:

- Reading information aloud.
- Writing notes by hand.
- Using flashcards.
- Creating diagrams or mind maps.
- Watching educational videos.
- Studying with a trusted friend.
- Teaching someone else what you've learned.
- Breaking study sessions into shorter time blocks.
- Reviewing material a little each day.
- Recording yourself explaining difficult concepts.
- Using color to organize information.

There isn't one perfect study method, but there is a method that will help **you** understand, remember, and apply what you're learning.



Prepare Today

This week I will:

- ☐ Try one new study strategy.
- ☐ Study somewhere with fewer distractions.
- ☐ Turn off notifications while studying.
- ☐ Ask my teacher a question.
- ☐ Meet with a tutor or study group.
- ☐ Review my notes for fifteen minutes each day.
- ☐ Practice before the test instead of waiting until the night before.
- ☐ Give myself permission to learn at my own pace.
- ☐ Celebrate progress instead of expecting perfection.

Remember...

Learning isn't a competition. It's a journey.



Memee Says

Beloved,

Don't measure your progress against someone else's. God created you with your own gifts, your own pace, and your own purpose. Keep asking questions. Keep learning. Keep showing up, even

when it feels hard. Growth doesn't happen overnight—but every lesson prepares you for what's next.

Memee 

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, teacher, coach, mentor, or another trusted adult.

Ask:

- How did you discover the way you learn best?
- Did school ever feel difficult for you?
- What study habit has helped you the most?
- How did you overcome test anxiety?
- When should I ask for extra help?

Sometimes the strongest students aren't the ones who never struggle.
They're the ones who keep asking questions.

My Purpose Journal

When do I feel most focused while learning?

Which study strategy helps me remember information best?

What distracts me the most?

What is one new study strategy I'd like to try this week?

Who can I ask for help when I don't understand something?

Principle Builder Activity

Test My Learning Strategies

Place a ✓ beside the study strategies you'd like to try.

- ☐ Reading aloud
- ☐ Flashcards
- ☐ Color coding
- ☐ Practice questions
- ☐ Teaching someone else
- ☐ Educational videos
- ☐ Study group
- ☐ Quiet study space
- ☐ Instrumental music
- ☐ Short study sessions
- ☐ Writing notes by hand
- ☐ Daily review

After trying them, write down the three that helped you the most.

1. _____
2. _____
3. _____

Remember...

Learning becomes easier when you discover your rhythm.

A Word About Test Anxiety

Feeling nervous before a test doesn't mean you're unprepared.

Almost everyone feels anxious sometimes. When you begin to feel nervous...Pause.

Take a slow, deep breath. Read each question carefully. Answer the questions you know first.

Return to the harder ones later. Don't compare yourself to the students around you.

Trust the preparation you've already done. Confidence grows one prepared step at a time.

Faith & Personal Reflection

"If any of you lacks wisdom, you should ask God, who gives generously to all. James 1:5

God created every person with unique gifts, abilities, and ways of learning.
Ask Him to help you continue growing in wisdom, patience, confidence, and perseverance.

Reflection

What strength has God given me that I want to continue developing?

How can I encourage someone who may be struggling the way I once struggled?



Signature Closing

Learning isn't about being the fastest. It's about staying curious, growing with confidence, and preparing for every opportunity ahead.

Keep learning. Keep growing. Keep preparing.

One lesson, one discovery, and one purposeful step at a time.

FOUNDATION 5 Principle #4



Building Healthy Money Habits

Learning to Make Wise Financial Decisions

Money Is a Tool

Money touches almost every part of life.

Whether you're buying school supplies, saving for your first car, paying for college, starting a business, supporting your family, or giving to someone in need, the choices you make with money today can affect opportunities tomorrow.

That's why learning about money while you're young is one of the greatest investments you can make in yourself.

Money isn't something to fear. Money isn't something to worship. Money is simply a tool.

Like any tool, it can be used wisely—or carelessly. Learning to manage money isn't about becoming rich. It's about becoming responsible.

The habits you build now can help you avoid unnecessary stress, make wise decisions, and create more opportunities throughout your life.

Every Dollar Has an Assignment

Think of your money as members of a team. Some dollars are meant to be spent. Some should be saved. Some should be invested in your future. Some may help you reach educational goals. Some may allow you to help someone else. The amount isn't what matters most. The habit does. Healthy financial habits begin long before your first full-time paycheck. They begin every time you choose wisdom over impulse.

Life Skills Principle

Money is a wonderful servant. But a terrible master. Learn to manage your money before your money begins managing you.

Think About It

Good money habits don't begin with your first full-time paycheck—they begin with your first financial decision.

Whether it's birthday money, an allowance, a part-time job, or money earned from selling something you've created, every dollar is an opportunity to practice responsibility. The habits you build now will prepare you to make wise financial decisions later.

Explore Further

Talk with a trusted adult about money.

Ask questions like:

- How do you create a budget?
- Why is saving important?
- What is an emergency fund?
- What's the difference between a checking and savings account?
- Why should people avoid unnecessary debt?
- What financial lesson do you wish someone had taught you earlier?

Knowledge today can prevent expensive mistakes tomorrow.

Prepare Today

This week I will:

- ☐ Save part of any money I receive.
 - ☐ Think before making a purchase.
 - ☐ Compare prices.
 - ☐ Create a simple spending plan.
 - ☐ Set a savings goal.
 - ☐ Learn about banking.
 - ☐ Practice choosing needs before wants.
 - ☐ Ask questions about financial responsibility.
 - ☐ Remember that every dollar should have a purpose.
- Small financial habits create lifelong financial confidence.
-

FOUNDATION 5 Principle #5

Using Technology Wisely

Developing Digital Wisdom in an AI World

Technology Is One of the Greatest Tools You'll Ever Use

Technology has transformed the way we learn, communicate, work, solve problems, and connect with people around the world. From smartphones and computers to online learning platforms and Artificial Intelligence (AI), new tools continue to create opportunities that previous generations could only imagine.

Learning how to use technology wisely is no longer optional. It's an essential life skill.

Technology can help you research information, strengthen your writing, organize projects, explore careers, collaborate with classmates, and develop skills that prepare you for the future. But as powerful as these tools are, they should never replace the qualities that make you uniquely human.

Technology should strengthen your learning—not replace your thinking.



Your Mind Is Still Your Greatest Technology

Artificial Intelligence can explain difficult concepts, organize information, create study guides, brainstorm ideas, practice interview questions, translate languages, and support learning when used responsibly.

But AI cannot replace your character, wisdom, compassion, creativity, integrity, judgment, or relationship with God.

As technology continues to evolve, your greatest advantage will remain your ability to think critically, solve problems, communicate effectively, and use powerful tools with wisdom.



Life Skills Principle

Technology should strengthen your thinking—not replace it.



Think Before You Believe

One of the most important digital skills you can develop is discernment. Every day you'll encounter news stories, videos, social media posts, AI-generated content, advertisements, and opinions. Some will be accurate. Others may be misleading or false.

In a world where information travels instantly, wisdom means learning to evaluate what you see before accepting or sharing it.

Before believing something online, ask yourself:

- Is the source trustworthy?
- Can I verify it through another reliable source?

- Is this fact or opinion?
- Could this image, video, or message have been created or altered using AI?

Taking a moment to think critically before you believe—or share—information is one of the wisest digital habits you can develop.

Understanding Deepfakes and Digital Deception

Artificial Intelligence can now create realistic images, voices, and videos that appear completely authentic—even when they are entirely fabricated. These are commonly known as **deepfakes**.

A deepfake might show someone saying words they never spoke or doing something that never happened. As technology continues to improve, it will become increasingly difficult to distinguish between what is real and what has been digitally created.

Deepfakes can be used to spread misinformation, damage reputations, manipulate public opinion, create scams, and deceive people into believing false information.

This is why critical thinking matters more than ever.

Just because something appears on your screen does not automatically make it true. Wise people learn to verify information before accepting it or sharing it with others.

Your Digital Footprint Matters

Much of what you do online can contribute to your digital footprint. Photos, comments, videos, emails, text messages, gaming chats, usernames, and social media posts all help tell the story of who you are.

While you may only be sharing something with friends today, remember that your online presence can be seen by others in the future. Colleges, scholarship committees, military recruiters, employers, coaches, business owners, and even future clients may review your digital footprint as they consider you for new opportunities.

Before posting something online, pause and ask yourself:

- Would I be comfortable if my family saw this?
- Would I be proud if a future employer read it?
- Does this reflect the kind of person I'm becoming?

Every post, comment, and message contributes to your reputation. Protect your digital footprint the same way you protect your character, because both will continue to speak for you long after you've logged off.

Using Artificial Intelligence Responsibly

Artificial Intelligence can become one of the most valuable learning tools available when it is used responsibly.

AI can help you:

- Explain difficult concepts. • Brainstorm ideas.
- Organize information. • Create study guides.
- Practice interview questions. • Improve grammar and writing.
- Explore careers. • Prepare presentations.
- Learn new skills.
- Strengthen your understanding of challenging subjects.

However, AI should never replace your own learning.

Don't ask AI to think for you. Ask it to help you think more clearly.

The purpose of school is not simply to complete assignments. It is to develop your ability to analyze, solve problems, communicate, and think independently. Those are skills that will continue to serve you long after today's technology has changed.

Protect Yourself Online

Being digitally wise also means protecting yourself. Never share passwords, banking information, identification numbers, your home address, or other sensitive information with people or websites you do not know or trust.

Learn to recognize phishing attempts, fake websites, online scams, identity theft, and cyberbullying. As technology advances, scams can become more convincing.

Protecting your information and your reputation today can prevent serious problems tomorrow.

Explore Further

Take a few moments to reflect on your own technology habits.

Ask yourself:

- Am I using technology to learn or mostly to be entertained?
- How much time do I spend on my phone each day?
- Do my online habits support my goals?
- Am I protecting my personal information?
- What technology skills will help prepare me for the future I want to build?

Technology becomes most valuable when it helps you become the person you're preparing to be.

Prepare Today

Choose **three** digital habits to practice this week:

- ☐ Verify information before sharing it.
 - ☐ Think before posting online.
 - ☐ Protect my passwords and personal information.
 - ☐ Limit distractions while studying.
 - ☐ Use AI to strengthen my learning, not replace it.
 - ☐ Spend intentional time away from screens.
- Healthy digital habits are built one wise decision at a time

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, or another trusted adult.

Ask:

- How has technology changed during your lifetime?
- What technology skills have helped you the most?
- What concerns you most about Artificial Intelligence?
- Have you ever encountered an online scam or misleading information?
- How do you determine whether something online is trustworthy?
- What qualities do you believe technology will never replace?

Learning from another person's experiences may help you become both digitally skilled and digitally wise.

My Purpose Journal

How do I currently use technology each day?

What technology habit would I most like to improve?

How can I practice Think Before You Believe in my everyday life?

What qualities do I want people to remember about me that no technology can replace?

Principle Builder Activity

My Digital Wisdom Checklist

This week I will:

- ☐ Pause and verify information before believing or sharing it.
- ☐ Think before I post online.
- ☐ Protect my passwords.
- ☐ Back up important files.
- ☐ Limit distractions while studying.
- ☐ Practice using AI responsibly.
- ☐ Learn one new technology skill.
- ☐ Spend intentional time away from screens.
- ☐ Use technology to create something meaningful.

Remember...

Technology should help you build your future—not distract you from becoming the person you're called to be.

Faith & Personal Reflection

"Test everything; hold fast what is good." **1 Thessalonians 5:21**

God has given you the ability to think, discern, learn, and grow. In a world filled with information, wisdom helps us recognize truth, make sound decisions, and use technology in ways that honor Him and serve others.

Reflection

How can I become someone who seeks truth before accepting information?

How can I use technology to grow in wisdom, knowledge, character, and purpose?



Signature Closing

Technology will continue to evolve, bringing new tools, careers, discoveries, and opportunities that have not yet been imagined. While the world around you continues to change, the qualities that will help you succeed remain remarkably consistent—curiosity, wisdom, integrity, character, and a commitment to lifelong learning.

Technology is at its best when it strengthens the gifts God has already placed within you, not when it replaces your ability to think, create, solve problems, and care for others.

As you continue preparing for your future, remember the lesson at the heart of this **Principle**:

Think Before You Believe. Ask thoughtful questions. Verify what you learn and use technology responsibly.

Never stop developing the greatest resource you will ever possess—your God-given mind.

The future doesn't simply belong to those who know how to use technology.

It belongs to those who have the wisdom to use it well, one thoughtful decision, one meaningful lesson, and one purposeful step at a time.

FOUNDATION 5 Principle #6

Communicating with Confidence

Building Relationships Through Respect, Listening, and Understanding

Communication Is One of Life's Most Valuable Skills

Communication is one of the few skills you'll use every day for the rest of your life. Whether you're talking with family, teachers, coaches, classmates, employers, coworkers, or friends, the way you communicate shapes your relationships and your opportunities.

Good communication is about more than speaking. It's listening to understand, expressing your thoughts with respect, asking thoughtful questions, and handling disagreements with maturity.

Strong communication builds trust, strengthens relationships, and opens doors that knowledge alone cannot.

Communication Is About Connection

Communication is more than exchanging information; it's about building understanding. Your words can encourage or discourage, build trust or break it, solve problems or create them. Every conversation leaves an impression.

The goal isn't simply to be heard. It's to listen well, speak with respect, and help others feel understood.

Life Skills Principle

The strongest communicators don't simply speak well; they listen well, think carefully, and respond with wisdom.

Think Before You Respond

Not every situation requires an immediate response. Sometimes the wisest choice is to pause long enough to understand what is happening before you speak, text, email, or post.

Ask yourself:

- Do I have all the facts?
- Am I responding thoughtfully or emotionally?
- Will my words help resolve the situation?
- Will this strengthen or damage the relationship?

A brief pause can prevent misunderstandings and help you respond with greater wisdom, clarity, and respect.

The PAUSE Method

P — Pause Stop before you react.

A — Assess Get the facts first.

U — Understand Listen before you respond.

S — Speak Choose your words wisely.

E — Encourage Leave the conversation better.

Stop. Get the facts. Listen. Choose wisely. Leave it better.



Before You Hit Send

Digital communication is fast, but it's also easy to misunderstand. Texts, emails, and social media posts don't convey facial expressions, tone of voice, or intent the way face-to-face conversations do.

Before you hit send, ask yourself:

- Is this respectful?
- Could my message be misunderstood?
- Am I responding too quickly?
- Would I say this the same way in person?

A few moments of thoughtful review can prevent misunderstandings and protect relationships.



Listening Is a Leadership Skill

The strongest communicators aren't always the ones who speak the most. They're the ones who listen well.

Listening means giving someone your full attention, asking thoughtful questions, and seeking to understand before responding. When people feel heard, trust grows, relationships become stronger, and problems are easier to solve.

The more you develop the habit of listening, the more prepared you'll be to lead, learn, and work well with others.



Explore Further

Think about your communication habits.

Ask yourself:

- Am I a good listener?
- Do I interrupt people?
- Do I ask questions when I don't understand?
- Do I communicate respectfully when I disagree?
- How do people usually feel after talking with me?

Communication is a skill.

Like every other skill, it becomes stronger with practice.



Prepare Today

This week I will:

Choose **three** communication habits to practice this week:

- ☐ Listen without interrupting.
- ☐ Use the PAUSE Method when needed.
- ☐ Think before responding.
- ☐ Reread messages before sending them.
- ☐ Encourage someone with my words.
- ☐ Practice speaking with confidence and kindness.

Small improvements in communication can create stronger relationships.



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What communication skills have helped you the most?
 - Have you ever misunderstood a text or email?
 - What makes someone a great listener?
 - How do you handle difficult conversations?
 - When is it important to speak up?
 - When is it wiser to simply listen?
- Their experiences may help you become a stronger communicator.
-



My Purpose Journal

What communication habit would I most like to improve?

When do I find it hardest to listen?

How can I communicate more respectfully at home and at school?

How can I use my words to encourage someone this week?



Principle Builder Activity

Building Better Communication

This week I will:

- ☐ Listen more than I speak.
- ☐ Practice the PAUSE Method.
- ☐ Think before responding.
- ☐ Reread messages before sending them.
- ☐ Admit when I'm wrong.
- ☐ Ask questions instead of making assumptions.
- ☐ Encourage someone every day.

- ☐ Practice respectful disagreement.
- ☐ Build trust through my words and actions.

Remember... Great communication isn't about having the last word. It's about leaving people feeling respected, valued, and understood.

Communicating Across Differences

Throughout your life, you'll meet people from different cultures, backgrounds, beliefs, experiences, and generations.

Not everyone will think like you and not everyone will agree with you.

That's part of living in a diverse world.

Respect allows people to learn from one another, even when they disagree.

You can ask thoughtful questions without being argumentative.

You can stand by your values while treating others with dignity.

Strong communicators understand that respect often opens doors that arguments never will.

Faith & Personal Reflection

"Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."
— Colossians 4:6

God has given each of us the ability to encourage, comfort, teach, and build others up through our words. Ask Him to help your communication reflect wisdom, kindness, humility, and truth.

Reflection

How can I use my words this week to strengthen relationships instead of simply expressing my opinions?

How can I become someone people trust because of the way I communicate?

Signature Closing

Communication is more than a skill—it's a reflection of your character.

Choose words that build trust, show respect, and encourage others. The habits you develop today will strengthen every relationship tomorrow.

One conversation, one relationship, and one purposeful step at a time.

FOUNDATION 5 Principle #7

Building My Character Toolbox

Becoming Someone Others Can Trust

Character Is Built One Choice at a Time

Every day, you make hundreds of decisions. Some are big. Most are small.

You choose whether to tell the truth, keep your word, take responsibility, encourage someone, or make excuses. Those choices may seem ordinary, but they are quietly shaping the person you are becoming.

Character isn't built only during life's biggest moments. It's built through everyday decisions, including the ones no one else may ever see.

It's who you choose to be when no one is watching.

Character Builds Trust

Character is revealed through the choices you make every day. People notice whether you're dependable, honest, respectful, and willing to take responsibility for your actions.

Over time, those choices build trust—and trust becomes your reputation. Teachers, coaches, employers, friends, and family may all remember your accomplishments, but they'll remember your character even more.

Build a reputation that reflects the person you are becoming.

Life Skills Principle

Character is what you practice when no one is watching. Every choice helps shape the person you're becoming.

What Will I Gain?

You may be wondering... *"How will building strong character help me in the future?"*

Character is one of the few things that no one can take away from you.

It influences the way people see you, trust you, and remember you.

Whether you're applying for a scholarship, interviewing for a job, earning a leadership role, or simply building healthy relationships, your character speaks long before you do.

The habits you build today become the reputation you carry tomorrow.

Explore Further

Think about someone you admire.

Ask yourself:

- What makes that person trustworthy?
- What qualities do they consistently demonstrate?
- How do they treat others?
- What can I learn from their example?

The people we admire often become some of our greatest teachers if we're willing to learn from their example.

Prepare Today

Choose two-character habits to strengthen this week.

- ☐ Keep my word.
- ☐ Tell the truth, even when it's difficult.
- ☐ Admit my mistakes instead of making excuses.
- ☐ Complete responsibilities without being reminded.
- ☐ Treat everyone with respect.
- ☐ Stand up for what's right.
- ☐ Choose integrity, even when no one else will know.

Small choices build strong character.

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What character quality has helped you most in life?
- What does integrity mean to you?
- Have you ever faced a situation where doing the right thing was difficult?
- How did that decision shape who you became?
- What advice would you give someone who wants to earn the trust of others?

Sometimes another person's experiences become wisdom for our own journey.



My Purpose Journal

Which character quality do I want people to notice in me?

When is it hardest for me to make the right decision?

How can I become someone others know they can trust?

What is one decision I can make this week that reflects the person I want to become?



Principle Builder Activity

My Character Growth Plan

Choose **three-character qualities** you want to strengthen this year.

- ☐ Honesty
- ☐ Integrity
- ☐ Responsibility
- ☐ Kindness
- ☐ Respect
- ☐ Dependability

- ☐ Humility
- ☐ Courage
- ☐ Self-Discipline
- ☐ Compassion
- ☐ Patience
- ☐ Perseverance

The three qualities I want to strengthen are:

1. _____
2. _____
3. _____

One action I will take this week to strengthen my character:

Remember... Character isn't built in one extraordinary moment.

It's built through ordinary decisions made consistently.



Faith & Personal Reflection

"Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out." **Proverbs 10:9**
(NIV)

Integrity is one of the greatest investments you can make in your future. God is interested not only in what you accomplish but also in who you are becoming. Your talents may open doors. Your character helps you walk through them with wisdom, humility, and confidence.

Reflection

What character quality do I believe God is helping me develop during this season of my life?

How can I reflect that quality in my daily choices?

Signature Closing

Your character is built one decision at a time. Every honest choice, every promise you keep, and every act of kindness helps shape who you become.

Choose integrity, responsibility, and courage. One day, people may forget what you accomplished, but they'll remember who you were.

One wise decision...one purposeful step at a time.

FOUNDATION 5 Principle #8

Leading by Example — Lead Where You Are

Leadership Begins Before You Receive a Title

When you hear the word *leader*, you might picture a team captain, class president, a club officer, or someone standing in front of a crowd. While those are certainly leadership roles, leadership is much bigger than a title.

Leadership is influence. Every day, someone is watching you and how you respond to challenges, treat other people, solve problems, and carry yourself. Whether you realize it or not, your words, attitudes, and actions influence the people around you.

The truth is you don't have to wait until someone gives you a title to begin leading. Leadership begins the moment you choose to make a positive difference wherever you are.

Lead Where You Are

Many people believe leadership begins when they earn a title or someone gives them authority. The truth is that leadership begins much earlier.

Every day you have opportunities to influence people at home, at school, on your team, at work, at church, and in your community. Keeping your commitments, encouraging someone who's

struggling, serving others, and doing the right thing when no one is watching are all forms of leadership.

You don't have to be in charge to make a difference. Leadership is using the influence you already have to positively impact other.

The people who leave the greatest legacy are often those who consistently lead through integrity, service, and the example they set every day.

Life Skills Principle

Leadership isn't something you suddenly become one day; it grows through the habits you practice every day.

What Will I Gain?

Leadership isn't reserved for adults or people with impressive titles. It's a skill you begin developing one decision at a time.

As you learn to manage your time, communicate well, build strong character, and serve others, people naturally begin to trust you. Leadership isn't something you suddenly become one day, it grows through the habits you practice every day.

The greatest leaders earn influence long before they ever receive a title.

Leadership Looks Like Service

Some of the strongest leaders aren't the loudest people in the room. They're the ones who quietly make life better for the people around them.

Leadership can be as simple as welcoming a new student, encouraging a teammate after a difficult game, helping a classmate understand an assignment, being dependable at work, showing respect to teachers and coaches, including someone who feels left out, or standing up for what is right with kindness and courage.

Great leaders don't ask, "**How important am I?**" They ask, "**How can I help?**"

A servant's heart doesn't make you less of a leader; it reveals the kind of leader you are.



Explore Further

Think about someone whose leadership you admire.

Ask yourself:

- What qualities make this person someone others trust and respect?
- How do they respond during difficult situations?
- How do they treat people who cannot do anything for them?
- Which of those qualities do I want to develop in my own life?

Leadership isn't measured by titles. It's built through the choices you make every day.



Prepare Today

Choose **three** ways to lead this week:

- ☐ Encourage someone who needs support.
- ☐ Include someone who may feel left out.
- ☐ Look for an opportunity to serve.
- ☐ Lead by example.
- ☐ Take responsibility for my choices.
- ☐ Make a positive difference wherever I am.

Leadership is built through small choices repeated every day.



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- Who has been the greatest leader in your life?
- What made that person memorable?
- What leadership lessons have helped you the most?
- When did you first realize leadership isn't about a title?
- How can I begin leading where I am today?

Learning from another person's example can help you become the kind of leader others will one day remember.



My Purpose Journal

What leadership quality would I most like to develop?

Who has influenced my life in a positive way?

How can I make a positive difference this week?

What kind of leader do I hope to become?



Principle Builder Activity

My Leadership Action Plan

This week I will:

- ☐ Encourage someone.
- ☐ Serve without being asked.
- ☐ Include someone who feels left out.
- ☐ Lead by example.
- ☐ Take responsibility for my actions.
- ☐ Help solve problems instead of complaining.
- ☐ Choose humility over recognition.
- ☐ Practice gratitude.
- ☐ Lead where I am.

Remember...Leadership isn't defined by a title. It's revealed by the example you set every day.



Faith & Personal Reflection

"Whoever wants to become great among you must be your servant. Matthew 20:26

Jesus showed us that the greatest leaders are those who serve others with humility, compassion, and love. Ask God to help you become someone whose influence reflects His character wherever you go.

Reflection

How can I use my influence to encourage, serve, and help others this week?

What kind of example do I want my life to set?



Signature Closing

Leadership begins long before someone gives you a title. It's revealed through the choices you make, the way you treat others, and the example you set every day.

Lead where you are. Serve with humility. Build trust through your actions.

The greatest leaders don't just achieve success; they inspire others to do the same.

One act of service...One positive influence...One purposeful step at a time...



FOUNDATION 5 Principle #9



Building My Resilience Toolbox — Keep Moving Forward



Resilience Helps You Keep Moving Forward

Life won't always go according to plan.

Sometimes you'll study hard and still earn a disappointing grade. You may make the team—or you may not. You might apply for a scholarship, a job, a leadership position, or admission to your dream college and hear the word "no."

Disappointments are part of life, but they are not the end of your story.

Resilience is the ability to learn, adjust, and keep moving forward when life doesn't unfold the way you expected. Every challenge has the potential to make you stronger, wiser, and better prepared for what comes next.

Setbacks Are Part of the Journey

Every successful person has experienced setbacks.

Athletes lose games. Students struggle with difficult classes.

Businesses fail. Musicians miss auditions.

Leaders make mistakes.

The difference isn't that successful people never experience disappointment. The difference is they refuse to let disappointment define their future.

Every setback has something to teach you. Sometimes the lesson is patience. Sometimes it's preparation. Sometimes it's perseverance. And sometimes it's the courage to discover a better path than the one you originally planned.

A closed door doesn't always mean your journey is over. Sometimes it simply points you toward a different opportunity.

Life Skills Principle

A setback is a lesson—not a life sentence.

What Will I Gain?

Resilience gives you the confidence to keep moving forward when life becomes difficult.

Instead of allowing disappointment to stop you, you'll learn how to adjust, grow, and continue preparing for the opportunities ahead. You'll become someone who sees challenges as opportunities to learn rather than reasons to quit.

The strongest people aren't those who never struggle; they're the ones who continue moving forward despite their struggles.

Keep Moving Forward

One of the most important lessons you'll learn is that while your plans may change, your purpose can remain the same.

Life will bring unexpected turns—a setback, an injury, a family change, a missed opportunity, or a dream that takes a different direction. Those moments can be disappointing, but they don't have to define your future.

Instead of asking, *"Why did this happen to me?"* ask, *"What can I learn from this?"*

A changed plan isn't the end of your journey. Sometimes it's the beginning of a better one.

Keep learning, keep growing, and keep moving forward.



Explore Further

Think about a challenge you've already overcome.

Ask yourself:

- What did I learn from that experience?
- How did it make me stronger?
- Who helped me through it?
- How can I encourage someone who is facing a similar challenge?

Every challenge you overcome becomes part of the wisdom you'll carry into your future.



Prepare Today

Choose **three** ways to practice resilience this week:

- ☐ Learn from a mistake instead of dwelling on it.
- ☐ Ask for help when I need it.
- ☐ Keep working toward an important goal.
- ☐ Focus on progress, not perfection.
- ☐ Look for the lesson in a setback.
- ☐ Encourage someone facing a challenge.

Every challenge is an opportunity to grow stronger



Memee Says

Beloved,
Every setback has something to teach you. Don't let disappointment convince you to stop preparing. Trust God, learn the lesson, and keep moving forward. Tomorrow may look different than you expected—but it can still be good. **Memee** ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What challenge made you stronger?
- Have you ever had to change your plans?
- What helped you keep going?
- What lesson did you learn from one of your greatest disappointments?
- Looking back, what advice would you give your younger self?

Someone else's story may give you the encouragement you need for your own journey.



My Purpose Journal

Think about a challenge you've already overcome.

How did it change you?

What is one goal I refuse to give up on?

What lessons am I learning during this season of my life?

How can I encourage someone else who may be facing a similar challenge?



Principle Builder Activity

My Resilience Plan

When life becomes difficult, I will:

- ☐ Pause before reacting.
- ☐ Pray for wisdom and strength.
- ☐ Ask for help when I need it.
- ☐ Learn from my mistakes.
- ☐ Focus on solutions instead of excuses.
- ☐ Keep preparing for future opportunities.
- ☐ Encourage someone who is facing a challenge.
- ☐ Remember that one setback does not determine my future.
- ☐ Choose hope over discouragement.
- ☐ Keep Moving Forward.

Remember...Resilience grows every time you choose to keep moving forward.



Faith & Personal Reflection

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance." James 1:2–3 (NIV)

Life's challenges are not always easy to understand while you're living through them. Yet God often uses difficult seasons to develop qualities that success alone cannot produce—perseverance, wisdom, compassion, patience, and unwavering faith.

Every season has a purpose, every lesson has value, and God is faithful through them all.

Reflection

What challenge has helped me grow the most?

How can I trust God while continuing to prepare for the future He has planned for me?

 Signature Closing

Resilience isn't about avoiding challenges. It's about choosing to keep moving forward with faith, courage, and hope.

Every setback can teach you something; every challenge can help you grow. Every new day is another opportunity to begin again.

Keep moving forward, one challenge...one lesson...one purposeful step at a time.



PREPARATION WITH PURPOSE™

FOUNDATION

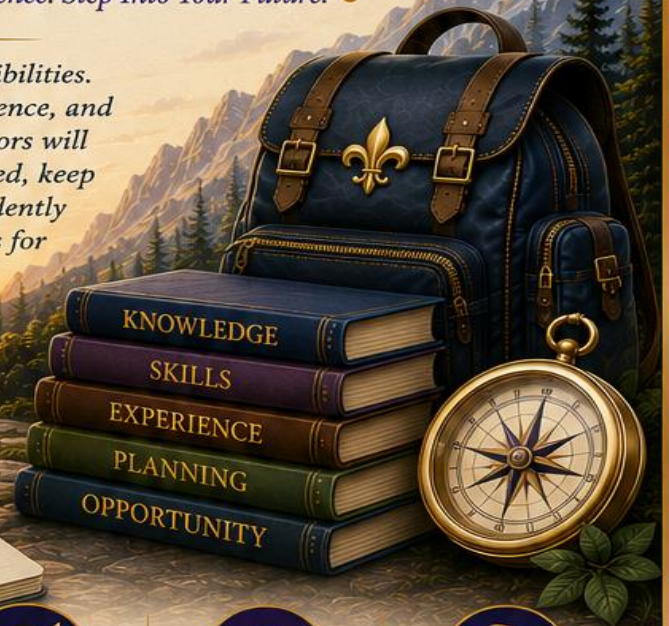
6

PREPARING FOR FUTURE PATHWAYS

• *Prepare with Purpose. Choose with Confidence. Step Into Your Future.* •

*Your future is full of possibilities.
The more you learn, experience, and
prepare now, the more doors will
open for you. Stay focused, keep
growing, and step confidently
into the path God has for
your life.*

PREPARATION
TODAY
CREATES
OPTIONS
TOMORROW.
PURPOSE
TURNS OPTIONS
INTO
OPPORTUNITIES.



EXPLORE YOUR OPTIONS

Learn about college, careers, military, trades, and more. Keep your mind open to all possibilities.



BUILD YOUR SKILLS

Develop the academic, technical, and life skills you need for any path you choose.



GAIN EXPERIENCE

Get involved, volunteer, job shadow, intern, or work. Real experience opens real doors.



SET GOALS & MAKE A PLAN

Create a plan for your future and take consistent steps toward your goals.



BUILD YOUR NETWORK

Surround yourself with mentors, positive peers, and resources that support your journey.



STEP INTO YOUR FUTURE

Be prepared to seize opportunities and walk boldly in the purpose God has for you.



• *One Purposeful Step at a Time.* ♥ •



FOUNDATION 6

Preparing for the Path Ahead

Exploring Pathways. Discovering Purpose. Preparing for Your Future.

Congratulations!

You've completed five Foundations designed to help you build something far more valuable than academic knowledge.

You've been building yourself.

Along the way, you've strengthened your mindset, developed healthy habits, improved your communication, practiced financial wisdom, built character and resilience, developed leadership, and grown in your faith.

Those lessons are now part of your **Preparation Toolbox**—tools you'll carry wherever your future leads.

Now it's time to discover where they can take you.

Your journey may include college, skilled trades, apprenticeships, military service, entrepreneurship, healthcare, STEM, the arts, education, ministry, business, public service, or even more than one pathway over your lifetime.

There is no single definition of success.

The right path is the one that aligns with your gifts, values, goals, and God's purpose for your life.

This Foundation won't tell you what to become. **It will help you explore who you're becoming and the pathways that can help you get there.**

You don't have to know exactly where your journey will lead.

Keep preparing, trust God to guide your steps, and be ready when the next door opens.

Let's discover what's possible...one Principle at a time.

FOUNDATION 6 Principle #1

Discovering My Purpose

My Future Is Bigger Than One Job

Your Future Is Bigger Than One Decision

One of the first questions many students are asked is, “*What do you want to be when you grow up?*”

It sounds simple, but when you're still discovering your interests, strengths, and goals, it can feel like a very big decision.

The truth is, you don't have to have your entire future figured out in high school. Your path may grow and change as you gain new experiences and discover new opportunities.

Preparation gives you the freedom to explore, adapt, and recognize those opportunities when they appear.

You don't have to know everything today. Just keep preparing for tomorrow.

Purpose Is Bigger Than a Career

A career is how you earn a living. **Purpose is how you live while making a difference.**

Two teachers may stand in the same classroom. One teaches lessons. The other inspires students to believe in themselves.

Two business owners may sell the same product. One focuses only on profit. The other serves people with excellence and integrity.

Two nurses may care for patients in the same hospital. One completes assigned tasks. The other offers compassion, encouragement, and hope.

The career may be the same. Purpose is what makes the difference.

Whatever path you choose, your greatest impact won't come from your job title. **It will come from the character, compassion, and commitment you bring to the people you serve.**

Life Skills Principle

Preparation doesn't limit your future. It expands your opportunities.

Discover Before You Decide

One of the best ways to discover your future is to explore it. Visit college campuses, tour technical schools, attend career fairs, volunteer in your community, or job shadow someone whose career interests you. Ask thoughtful questions, read, watch educational videos, and stay curious.

Every experience teaches you something. Sometimes you'll discover what excites you. Sometimes you'll discover what doesn't. Both are valuable and bring you one step closer to understanding yourself and preparing for what's next.

Explore Further

Ask yourself:

- What subjects do I enjoy learning about?
- What problems do I enjoy solving?
- What activities make me lose track of time?
- What compliments do people consistently give me?
- What kind of difference do I hope to make in the lives of others?

You don't need every answer today. Keep exploring.

Prepare Today

Choose **three** ways to explore your future this month:

- ☐ Research a career that interests me.
 - ☐ Learn about a career I've never considered.
 - ☐ Talk with an adult about their career journey.
 - ☐ Explore a college, apprenticeship, military pathway, certification program, or business opportunity.
 - ☐ Write down three strengths I believe God has given me.
-

Memee Says

Beloved,

Don't rush to figure out your entire future. Keep becoming the person God is preparing you to be, and trust Him to reveal the next step in His timing.

Stay curious. Keep learning. Keep growing.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What career did you think you'd have when you were my age?
 - Did your plans change?
 - What helped you discover your purpose?
 - What advice would you give someone who's still exploring their future?
 - What do you wish someone had told you when you were in high school?
- Their experiences may help you discover possibilities you haven't considered.
-

My Purpose Journal

What gifts or talents do I believe God has placed within me?

What careers or pathways would I like to explore?

What is one new opportunity I want to learn more about this year?

Principle Builder Activity

My Future Exploration Plan

This month I will:

- ☐ Research three different career pathways.
 - ☐ Talk with someone working in a career that interests me.
 - ☐ Explore a college, trade school, career center, or military information session.
 - ☐ Take a career or strengths assessment.
 - ☐ Learn about one profession I had never considered before.
 - ☐ Keep an open mind as I continue discovering my gifts and interests.
- Every experience helps prepare you for the journey ahead.
-

Faith & Personal Reflection

"Commit to the Lord whatever you do, and He will establish your plans." Proverbs 16:3 (NIV)

God doesn't expect you to have every answer today. He simply asks you to trust Him while you prepare faithfully.

As you continue exploring your future, remember that your purpose isn't something you have to chase alone. God walks with you every step of the journey.

Reflection

What gifts has God entrusted to me?

How can I faithfully prepare while remaining open to where He may lead me?

Signature Closing

Your future is bigger than one job. It's the life you build, the people you serve, and the difference you make along the way. Keep exploring. Keep preparing. Keep trusting God to guide your next step.

One discovery...one opportunity...one purposeful step at a time.

FOUNDATION 6 Principle #2

Student-Athlete Path

Life Before, During & After the Whistle

The Game Will Shape You—If You Let It

Athletics can open incredible door friendships, scholarships, travel, leadership opportunities, and experiences that extend far beyond **competition**. Yet the greatest gift athletics can offer isn't a trophy, championship ring, or even a scholarship.

It's the person you're becoming.

Sports can develop discipline, commitment, resilience, teamwork, leadership, humility, accountability, and perseverance—qualities that can create opportunities long after you've stopped playing.

That's why athletics should never become your entire identity.

One day, every athlete will compete in their final game. Whether that happens after high school, college, or a professional career, your story doesn't end when the final whistle blows.

Preparation for that next season begins now. Protect your grades. Respect your parents, teachers, coaches, teammates, officials, and opponents. Take care of your health. Manage your time wisely. Develop interests and skills beyond your sport.

Competition itself will teach you lessons. Winning can build confidence. Losing can build resilience. Challenges develop perseverance. Teammates teach cooperation. Coaches teach accountability.

And while you're competing, keep preparing for what comes next. Your value has never been measured by statistics. Your purpose has never depended on a jersey.

Athletics can also lead to careers beyond competition, including coaching, athletic training, physical therapy, sports medicine, nutrition, officiating, broadcasting, journalism, sports marketing, technology, event management, athletic administration, scouting, youth development, and entrepreneurship.

Whether athletics remains part of your future or becomes one chapter of your story, the lessons you learn through competition can become an advantage that lasts a lifetime.

Life Skills Principle

The Student-Athlete Path isn't simply what sports can do for you. It's what sports develop within you that prepares you for every season of life.

Explore Further

Reflect on your athletic journey.

- What qualities have sports helped me develop?
 - How have my coaches and teammates influenced who I'm becoming?
 - What interests or talents do I want to continue exploring outside of athletics?
 - If my playing career ended today, what strengths would I carry into my next season of life?
 - How can I continue preparing for opportunities beyond the game?
-

Prepare Today

Choose **three** ways to prepare this season:

- ☐ Give my best effort in the classroom.
 - ☐ Practice leadership and good sportsmanship.
 - ☐ Protect my health and well-being.
 - ☐ Learn about a career connected to athletics.
 - ☐ Develop a skill or interest outside of sports.
 - ☐ Prepare for opportunities beyond competition.
-

Memee Says

Beloved,

The jersey may come off one day, but the lessons never will. Let sports teach you discipline, humility, perseverance, and integrity—and carry those qualities into every new season of life.

Memee ❤️

Continue the Conversation

Talk with a coach, former athlete, parent, mentor, counselor, or another trusted adult.

Ask:

- What did sports teach you about life?
- What was your biggest adjustment after your final season?

- Which lesson from athletics still helps you today?
 - What careers allow people to stay connected to sports?
 - What advice would you give your younger athletic self?
-



My Purpose Journal

What has athletics taught me about myself?

Which qualities do I want to carry into every season of my life?

How can I continue preparing for success beyond my sport?



Principle Builder

My Student-Athlete Preparation Plan

This season I will:

- ☐ Strengthen my study habits.
 - ☐ Build leadership through service.
 - ☐ Practice good sportsmanship.
 - ☐ Learn about one sports-related career.
 - ☐ Develop one life skill outside athletics.
 - ☐ Encourage a teammate.
 - ☐ Continue preparing for life after the final whistle.
-



Faith & Personal Reflection

"Whatever you do, work at it with all your heart, as working for the Lord..." Colossians 3:23

God is far more interested in who you're becoming than the awards you receive. Every practice, every challenge, and every opportunity can shape your character as you learn to honor Him through your effort, integrity, and service to others.

Reflection

How has God used athletics to help shape my character?

How can I use what I've learned through sports to serve others in the future?



Signature Closing

The final whistle ends every game, but it doesn't end your purpose. Carry the discipline, resilience, and character you've built into every new opportunity. The greatest victory isn't simply how you play the game—it's the life you build because you played it well.

One purpose. One life. One purposeful step at a time.



FOUNDATION 6 Principle #3



Exploring Skilled Trades & Apprenticeships

Building a Future Through Skill, Excellence, and Opportunity



Success Has More Than One Path

For many years, students were told there was only one path to success: graduate from high school, attend a four-year college, earn a degree, and begin a career. While that is an excellent path for many people, it is not the only one.

Every day, skilled professionals build the homes we live in, restore power after storms, repair aircraft, maintain advanced manufacturing equipment, install technology, construct bridges, keep hospitals operating, and solve problems that communities depend on. Their work requires knowledge, precision, training, and a commitment to excellence.

A skilled trade isn't a backup plan. For many students, it's exactly the right plan.

Many trade careers allow students to begin learning while earning through apprenticeships, technical programs, certifications, and on-the-job training. As experience grows, so do opportunities. Skilled professionals often become supervisors, instructors, inspectors, project managers, business owners, and entrepreneurs.

Whether you enjoy building, repairing, designing, troubleshooting, creating, or working with technology, a skilled trade may provide a rewarding career that matches your interests and strengths.

Preparation is just as important in the trades as it is in any other profession. Employers value people who show up on time, continue learning, help solve problems, communicate well, and take pride in their work. Those habits often become the difference between simply having a job and building a successful career.

As you explore your future, don't let someone else's definition of success determine your own. Choose the pathway that allows you to use your gifts, continue growing, and make a meaningful difference in the lives of others.

Life Skills Principle

A meaningful career is built on preparation, excellence, and service—not on someone else's expectations.

Explore Further

Research a skilled trade that interests you.

- What training or certifications are required?
- What does a typical workday look like?
- What skills are most important?
- What opportunities exist for advancement?
- How does this profession serve people and strengthen communities?

Prepare Today

This month I will:

- ☐ Research one skilled trade or apprenticeship.
 - ☐ Learn about technical colleges or certification programs.
 - ☐ Talk with someone working in a skilled profession.
 - ☐ Explore certifications or training opportunities that may be available during high school
 - ☐ Strengthen one practical skill that interests me.
 - ☐ Keep an open mind as I explore different career pathways.
-

Memee Says

Beloved,
Never let anyone convince you that honest work has less value than impressive titles. Whatever path God places before you, pursue it with excellence, keep learning, and take pride in doing your work well. Skill, integrity, and a servant's heart will always be respected.

Memee 

Continue the Conversation

Talk with a skilled professional, parent, mentor, employer, counselor, teacher, or another trusted adult.

Ask:

- What do you enjoy most about your work?
 - What skills have helped you succeed?
 - What surprised you about this career?
 - What advice would you give someone who is exploring trades?
 - How can I begin preparing while I'm still in high school?
-

My Purpose Journal

Which skilled trade interests me most right now?

What strengths do I already have that could help me succeed?

What is one step I can take this year to explore this pathway?

Principle Builder Activity

My Skilled Career Exploration

Career I'm exploring:

Education or training required:

Skills I want to develop:

Someone I could learn from:

One action I'll take this month:

Faith & Personal Reflection

"Whatever you do, work at it with all your heart, as working for the Lord." — **Colossians 3:23**

God values faithfulness, excellence, and integrity in every kind of work. Whether your future leads to a classroom, workshop, construction site, laboratory, or business, honor Him by giving your best and serving others with the gifts He has given you.

Reflection

How can I use my talents to serve others through my work?

How can I pursue excellence in whatever career I choose?

Signature Closing

Every profession has the power to improve someone's life. Build your skills, continue learning, and take pride in doing meaningful work. Success isn't measured by the title you hold—it's measured by the difference you make.

One skill. One opportunity. One purposeful step at a time.

FOUNDATION 6 Principle #4

US Military, ROTC & Service Pathways

Leading Through Service, Discipline, and Purpose

Service Begins with a Willing Heart

For some students, the future includes wearing the uniform of the United States Armed Forces. For others, it may include participating in ROTC, attending a service academy, serving in the National Guard or Reserve, or pursuing a civilian career that supports those who serve.

Military service is more than a career choice. It is a commitment to leadership, discipline, teamwork, and serving something greater than yourself.

Each branch of the military offers unique opportunities to develop valuable skills while contributing to the safety and well-being of our nation. Along the way, service members receive training in fields ranging from aviation, engineering, healthcare, cybersecurity, intelligence, communications, logistics, and technology to law, education, emergency management, and many other specialized professions.

For many students, military service also provides educational benefits, leadership development, career training, travel opportunities, and experiences that shape them for the rest of their lives.

Exploring this pathway doesn't mean you've already made your decision. It simply means you're taking the time to learn, ask thoughtful questions, and understand the opportunities and responsibilities that come with serving.

Whether you eventually choose military service or another path, the qualities developed through service—integrity, discipline, respect, adaptability, perseverance, and selfless leadership—will benefit you in every season of life.

Preparation begins long before you ever raise your right hand. Strong academics, physical fitness, good character, leadership experience, and a willingness to keep learning all help prepare you for the opportunities that may lie ahead.

Choosing to serve is a significant decision. Like every important decision, it deserves thoughtful preparation, wise counsel, and prayer.



Life Skills Principle

Great leaders are remembered not by how many people served them, but by how faithfully they served others.



Explore Further

Research a military branch, ROTC program, or service academy.

Consider:

- What opportunities does this pathway provide?
 - What academic and physical requirements should I meet?
 - What careers are available?
 - What educational benefits are offered?
 - How does service align with my personal goals and values?
-



Prepare Today

This month I will:

- ☐ Learn about one military branch or service pathway.
 - ☐ Research ROTC or service academy opportunities.
 - ☐ Talk with a current or former service member.
 - ☐ Strengthen my physical fitness.
 - ☐ Continue developing leadership and self-discipline.
 - ☐ Keep an open mind while exploring my future.
-



Memee Says

Beloved,

Service has a way of shaping a person's character. Whether you wear a uniform or serve your community in another way, people will remember your integrity, your discipline, and the way you treat others. Lead with humility, serve with excellence, and never stop growing into the person God created you to be.

Memee ❤️

Continue the Conversation

Talk with a veteran, active-duty service member, ROTC instructor, parent, mentor, counselor, coach, or another trusted adult.

Ask:

- What did military service teach you about leadership?
 - What opportunities surprised you the most?
 - What challenges helped you grow?
 - What advice would you give someone exploring this pathway?
 - How can I begin preparing while I'm still in high school?
-

My Purpose Journal

What interests me most about military or ROTC opportunities?

What leadership qualities do I want to continue developing?

How can I prepare now while exploring this pathway?

Principle Builder Activity

My Service Pathway Plan

This month I will:

- ☐ Research one branch of the military.
 - ☐ Learn about ROTC scholarships.
 - ☐ Improve my physical fitness.
 - ☐ Strengthen my leadership skills.
 - ☐ Practice self-discipline every day.
 - ☐ Talk with someone who has served.
 - ☐ Continue preparing for future opportunities.
-



Faith & Personal Reflection

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." — **Joshua 1:9**

Leadership often requires courage, commitment, and faith. As you prepare for your future, ask God to give you wisdom, strength, and humility to follow the path He has prepared for your life.

Reflection

How can I develop a servant's heart while preparing for future leadership opportunities?

How can I honor God through the way I serve others today?



Signature Closing

Leadership begins long before someone gives you a title. It grows through discipline, integrity, and a willingness to serve others well. Wherever your journey leads, carry those qualities with you and let them shape the leader you are becoming.

One act of service. One opportunity. One purposeful step at a time.



FOUNDATION 6 Principle #5



Exploring Entrepreneurship

Creating Value by Solving Problems



Every Great Business Begins with a Problem Worth Solving

Entrepreneurship is about much more than owning a business. At its heart, it is the ability to recognize a need, create a solution, and serve others with excellence.

Every successful business started with an idea. Sometimes that idea solved a small problem. Sometimes it transformed an entire industry. Whether it's a neighborhood lawn service, a family

restaurant, a technology company, a nonprofit organization, or a global brand, every business began with someone who was willing to ask, *"How can I make this better?"*

Entrepreneurs are lifelong learners. They observe, ask questions, adapt to change, and look for opportunities where others see obstacles. They understand that success isn't built overnight. It grows through preparation, persistence, wise decisions, and a commitment to serving people well.

You don't have to wait until you're an adult to begin thinking like an entrepreneur. Every project you complete, every leadership opportunity you accept, every skill you develop, and every problem you learn to solve prepares you for future opportunities.

Some students will own businesses. Others will lead organizations, manage teams, invent products, launch nonprofits, or create solutions within the companies where they work. Entrepreneurial thinking benefits every career because employers value people who take initiative, solve problems, communicate effectively, and continue learning.

The most successful businesses are built on trust. Customers return because they know they will be treated honestly, served well, and given something of value. Long-term success is built not only on good ideas, but also on integrity, consistency, and strong relationships.

Whatever path you choose, remember that your greatest contribution may not be the business you build, it may be the lives you improve because you chose to serve others with your gifts.

Life Skills Principle

The strongest businesses create value by solving problems and serving people with excellence.

Explore Further

Think like an entrepreneur.

- What problems do I notice in my school or community?
- What skills do I enjoy using?
- How could I improve something people use every day?
- What business or organization inspires me?
- How can I use my gifts to serve others?

Prepare Today

This month I will:

- ☐ Identify a problem I would like to solve.
- ☐ Learn about a business that inspires me.

- ☐ Strengthen one leadership skill.
 - ☐ Practice managing money wisely.
 - ☐ Keep a notebook of new ideas.
 - ☐ Continue developing skills that create value.
-

Memee Says

Beloved,

Don't spend your life waiting for the perfect opportunity. Start where you are with what God has already placed in your hands. Stay curious, work with integrity, and never underestimate what can grow from one good idea that's developed with faith and perseverance.

Memee 

Continue the Conversation

Talk with a business owner, entrepreneur, mentor, parent, teacher, counselor, or another trusted adult.

Ask:

What inspired you to start your business or career?

- What challenge taught you the most?
 - What advice would you give someone with a business idea?
 - Why is integrity so important in business?
 - If you were starting today, what would you do first?
-

My Purpose Journal

What problem would I enjoy helping solve?

What gifts or talents could help me serve others?

What is one idea I want to continue exploring?

Principle Builder Activity

My Entrepreneur Mindset

This month I will:

- ☐ Write down three business or service ideas.
- ☐ Learn from one successful entrepreneur.
- ☐ Develop one new skill.
- ☐ Practice good financial habits.
- ☐ Look for ways to serve others.
- ☐ Keep learning and improving.
- ☐ Take one step toward an idea that interests me.



Faith & Personal Reflection

"Commit to the Lord whatever you do, and He will establish your plans." **Proverbs 16:3**

God has given each person unique gifts, ideas, and opportunities. Whether you own a business, lead an organization, or serve within another company, honor Him by using your talents with wisdom, integrity, and a heart for serving others.

Reflection

How can I use my gifts to create value for others?

How can I honor God through the way I work and serve?



Signature Closing

Every great idea begins with someone who is willing to notice a need and take the first step toward solving it. Stay curious, keep learning, and use your gifts to make a difference wherever God leads you.

One idea. One solution. One purposeful step at a time.

FOUNDATION 6 Principle #6

Exploring Healthcare Careers

Serving Others Through Compassion, Knowledge, and Excellence

A Career That Makes a Difference Every Day

Healthcare touches every stage of life. From welcoming a newborn into the world to caring for someone in their final days, healthcare professionals help people through some of life's most important moments.

While many people immediately think of doctors and nurses, healthcare includes hundreds of careers. Professionals provide direct patient care, work in laboratories and pharmacies, manage medical technology, support rehabilitation and emergency services, conduct research, improve healthcare systems, and serve communities through public health.

Healthcare is built on teamwork. Every role contributes to helping people live healthier, safer, and more fulfilling lives.

If you enjoy science, solving problems, working with people, or making a meaningful difference in the lives of others, healthcare may be worth exploring. Whether your future includes patient care, research, technology, administration, or another healthcare profession, **your preparation today can help build the knowledge, character, and confidence you'll need tomorrow.**

Life Skills Principle

Healthcare is more than treating illness; it's serving people with knowledge, compassion, and excellence.

Explore Further

Research a healthcare career that interests you.

- What education or certifications are required?
 - What does a typical day look like?
 - What skills are most important?
 - What challenges and rewards come with this profession?
 - How does this career improve the lives of others?
-
-

Memee Says

Beloved,

People may not remember every word you say, but they'll always remember how you made them feel. If God leads you into healthcare, never lose your compassion. Knowledge may treat a condition, but kindness often helps heal a heart.

Memee ❤️

Continue the Conversation

Talk with a healthcare professional, teacher, counselor, mentor, parent, or another trusted adult.

Ask:

- What inspired you to work in healthcare?
 - What qualities make someone successful in this field?
 - What has been the most rewarding part of your career?
 - What challenges should I be prepared for?
 - What advice would you give someone who is exploring healthcare?
-

My Purpose Journal

Which healthcare careers interest me the most?

What strengths do I already have that could help me serve others?

What is one step I can take this year to explore this pathway?

Principle Builder

My Healthcare Exploration Plan

This month I will:

- ☐ Research one healthcare career.
- ☐ Learn about education requirements.
- ☐ Strengthen my science skills.
- ☐ Volunteer or serve someone in my community.

- ☐ Develop my communication skills.
 - ☐ Learn something new about the human body.
 - ☐ Continue preparing for a career of service.
-

Faith & Personal Reflection

"Carry each other's burdens, and in this way, you will fulfill the law of Christ." **Galatians 6:2**

Healthcare is one of the many ways people reflect God's love through service. Whether caring for patients, supporting families, conducting research, or improving healthcare systems, every act of compassion has the power to make a lasting difference.

Reflection

How can I prepare myself to serve others with both excellence and compassion?

How can I show God's love through the way I care for people today?

Signature Closing

Every lesson you learn, every skill you develop, and every act of compassion prepares you to make a difference in someone's life. Wherever your healthcare journey leads, let knowledge and kindness work together to serve others well.

One patient. One purpose. One purposeful step at a time.

FOUNDATION 6 Principle #7

Exploring STEM, AI & Innovation

Solving Tomorrow's Problems with Curiosity and Creativity

The Future Belongs to Lifelong Learners

Science, technology, engineering, mathematics, and artificial intelligence are transforming how people learn, communicate, receive healthcare, build businesses, protect communities, and solve complex problems.

Some careers you'll encounter in the future may not even exist today. That's why one of the most valuable skills you can develop isn't simply memorizing information, it's learning how to think, adapt, and continue growing.

STEM is more than a group of school subjects. It's a way of approaching challenges with curiosity, creativity, and a willingness to find solutions. Whether you're designing bridges, writing computer programs, protecting digital information, researching diseases, building robots, developing renewable energy, or creating new technology, innovation begins with someone asking a thoughtful question.

Artificial intelligence is a powerful tool being used across many industries. When used responsibly, AI can support learning, organize information, strengthen understanding, and help solve problems—but it should support your thinking, not replace it.

Your ability to think critically, make wise decisions, communicate clearly, and act with integrity will always matter.

The future needs people who remain curious, continue learning, and use technology to improve the lives of others.



Life Skills Principle

Technology is most powerful when it's guided by wisdom, curiosity, and integrity.



Explore Further

Research a STEM or AI-related career.

- What problems does this career solve?
 - What education or training is required?
 - What skills are most important?
 - How is technology changing this field?
 - How could this career make a difference in people's lives?
-

Prepare Today

This month I will:

- ☐ Explore one STEM or AI career.
 - ☐ Strengthen my math, science, or technology skills.
 - ☐ Learn how to use AI responsibly.
 - ☐ Practice solving real-world problems and stay curious by asking thoughtful questions.
 - ☐ Read about a recent scientific or technological discovery.
-

Memee Says

Beloved,

Never stop asking questions. Some of the greatest discoveries began with someone who simply wondered, “*What if?*”

Learn every tool you can but let wisdom guide how you use it. Your character will always be more valuable than the technology in your hands.

Memee ❤️

Continue the Conversation

Talk with a STEM professional, teacher, engineer, scientist, technology specialist, mentor, parent, or another trusted adult.

Ask:

- What inspired you to enter this field?
 - What skills are most important for success?
 - How has technology changed your career?
 - How do you use AI responsibly?
 - What advice would you give someone interested in STEM?
-

My Purpose Journal

Which STEM or technology careers interest me most?

What problems would I enjoy helping solve?

How can I continue developing the skills I'll need for the future?



Principle Builder Activity

My Innovation Plan

A STEM, AI, or technology area I want to explore:

A problem I'd like to help solve:

A skill I want to strengthen:

A technology or tool I want to learn more about:

One way I can practice responsible technology use:

One action I'll take this month:



Faith & Personal Reflection

"If any of you lacks wisdom, you should ask God, who gives generously to all..." James 1:5

Knowledge helps us understand the world. Wisdom helps us use that knowledge to serve others well. As technology continues to advance, ask God to help you use every opportunity, every discovery, and every gift in ways that honor Him and benefit those around you.

Reflection

How can I use my knowledge and abilities to make a positive difference in the world?

How can I use technology with wisdom, integrity, and compassion?

Signature Closing

Every discovery begins with curiosity. Every solution begins with a question. Keep learning, keep exploring, and use your knowledge to serve others with wisdom and integrity.

One discovery. One innovation. One purposeful step at a time.

FOUNDATION 6 Principle #8

Exploring the Arts, Creativity & Purpose

Using Your Gifts to Inspire, Create, and Serve Others

Creativity Is More Than Talent

Creativity is one of God's greatest gifts. It allows us to imagine, design, solve problems, communicate ideas, and bring beauty into the world around us. While some people express creativity through music, art, writing, dance, theater, photography, or film, creativity also appears in architecture, fashion, culinary arts, marketing, graphic design, digital media, animation, interior design, and countless other professions.

Creative people help us see the world differently. They tell stories that inspire hope, design products that improve everyday life, create spaces where people gather, and use their gifts to educate, encourage, and serve others.

Creativity isn't limited to a stage or an art studio. Every career benefits from people who think creatively, communicate effectively, and approach challenges with fresh ideas. Whether you're designing a presentation, developing a marketing campaign, decorating a classroom, writing a speech, planning an event, or creating content that helps others learn, creativity becomes a valuable tool for making a meaningful impact.

Like every other gift, creativity grows through practice. The more you learn, observe, experiment, and create, the more confident you become in using your talents to serve others.

Your gifts were never meant to stay hidden. They were given to be developed with excellence, shared generously, and used to make a positive difference in the lives of others.



Life Skills Principle

Your creativity becomes most meaningful when it is developed with purpose and used to serve others.



Explore Further

Research a creative career that interests you.

- What skills are needed to succeed?
- What education or training is available?
- How does this career improve the lives of others?
- What opportunities exist for growth?
- Which of my gifts could help me succeed in this field?



Prepare Today

This month I will:

- ☐ Explore one creative career.
- ☐ Practice one creative skill each week.
- ☐ Learn from someone whose work inspires me.
- ☐ Create something that encourages or helps another person.
- ☐ Continue developing the gifts God has given me.
- ☐ Keep an open mind as I explore new opportunities.



Memee Says

Beloved,

God didn't give you your gifts so you could compare them to someone else's. He gave them to you so you could use them faithfully.

Keep learning, keep creating, and don't be afraid to share what He's placed in your heart. Your gifts may encourage someone in ways you'll never fully know.

Memee ❤️



Continue the Conversation

Talk with an artist, musician, writer, designer, entrepreneur, teacher, mentor, parent, or another trusted adult.

Ask:

- How did you discover your creative gifts?
- What helped you continue developing them?

- What challenges did you overcome?
 - How have your gifts helped other people?
 - What advice would you give someone who is beginning their creative journey?
-



My Purpose Journal

What creative gifts has God placed within me?

How can I continue developing those gifts?

How can I use my creativity to encourage or serve others?



Principle Builder Activity

My Creative Growth Plan

This month I will:

- ☐ Practice one creative skill.
 - ☐ Learn from someone I admire.
 - ☐ Accept feedback with a willingness to grow.
 - ☐ Continue developing my gifts.
 - ☐ Use my creativity to serve others.
-



Faith & Personal Reflection

"Each of you should use whatever gift you have received to serve others." 1 Peter 4:10

God has entrusted every person with unique gifts and abilities. As you develop your creativity, remember that, your greatest purpose isn't simply to create something beautiful; it's to use your gifts in ways that honor Him and bless the people around you.

Reflection

How can I faithfully develop the gifts God has given me?

How can I use my creativity to make a positive difference in someone else's life?

Signature Closing

Every gift grows stronger when it is developed with purpose. Keep learning, keep creating, and never underestimate the difference your unique talents can make in the lives of others.

One gift. One opportunity. One purposeful step at a time.

FOUNDATION 6 Principle #9

Living Your Purpose

Building a Life That Makes a Difference

Your Future Is Bigger Than Your Career

Throughout this Foundation, you've explored many pathways, college, skilled trades, military service, entrepreneurship, healthcare, STEM, the arts, and more. Each offers different opportunities, but they all have something in common:

They require preparation.

No matter where your journey leads, your life will be shaped by more than a title or paycheck. Your character, willingness to learn, relationships, work ethic, faith, and daily choices will matter wherever you go.

Purpose isn't found in one career. It's found in using your gifts to make a positive difference wherever God leads you.

Your path may change as you discover new interests, develop new skills, and encounter opportunities you haven't imagined yet. You don't need your entire future mapped out today. Keep becoming the kind of person who's prepared for what tomorrow brings.

Preparation has been the thread woven through every Foundation. The habits, character, relationships, and skills you've developed aren't just for high school. They're tools for a lifetime of learning, growth, and service.

Your greatest accomplishments may never appear on your résumé. They may be found in the people you encourage, the problems you solve, the lives you serve, and the legacy you leave behind.

Life Skills Principle

A meaningful life isn't measured by what you achieve; it's measured by how faithfully you use your gifts to serve others.

Explore Further

Take time to reflect on everything you've learned throughout this Foundation.

- Which pathway interests me most right now?
 - What strengths have I discovered about myself?
 - What skills do I want to continue developing?
 - Who has encouraged me along the way?
 - How can I continue preparing for the opportunities ahead?
-

Prepare Today

This month I will:

- ☐ Continue learning about the pathway that interests me.
 - ☐ Strengthen one life skill.
 - ☐ Set one new personal goal.
 - ☐ Give thanks to someone who has encouraged me.
 - ☐ Look for opportunities to serve others.
 - ☐ Keep preparing with purpose every day.
-

Memee Says

Beloved,

You don't have to know every step of your journey to begin walking with confidence. Keep trusting God, keep learning, and keep becoming the person He created you to be. Your purpose will continue to unfold as you faithfully prepare for each new season.

Memee 



Continue the Conversation

Talk with a parent, grandparent, guardian, mentor, teacher, counselor, coach, pastor, employer, or another trusted adult.

Ask:

- What has given your life the greatest sense of purpose?
 - What lessons do you wish you had learned earlier?
 - How did you discover your strengths?
 - What opportunities helped shape your future?
 - What advice would you give me as I prepare for adulthood?
-



My Purpose Journal

What kind of person do I hope to become?

What gifts do I want to continue developing?

How can I use my life to make a positive difference?



Principle Builder Activity

My Purpose Plan

This year I will:

- ☐ Continue preparing for my future.
- ☐ Develop my character.
- ☐ Strengthen my leadership.
- ☐ Explore new opportunities.
- ☐ Serve others with excellence.
- ☐ Keep learning throughout my life.
- ☐ Trust God with every new season.



Faith & Personal Reflection

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10

God created you with purpose long before you discovered your talents or chose a career. As you continue preparing for the future, trust that He is shaping your character, opening doors in His timing, and equipping you to make a lasting difference wherever He leads you.

Reflection

How can I faithfully use the gifts God has given me to serve others?

What kind of legacy do I hope to leave through the way I live my life?



Signature Closing

Preparation has never been about reaching one destination. It's about becoming the person God created you to be. Keep growing, keep serving, and keep trusting Him with every step of your journey.

One life. One purpose. One purposeful step at a time.



PREPARATION WITH PURPOSE™

FOUNDATION

7

STEPPING INTO OPPORTUNITIES

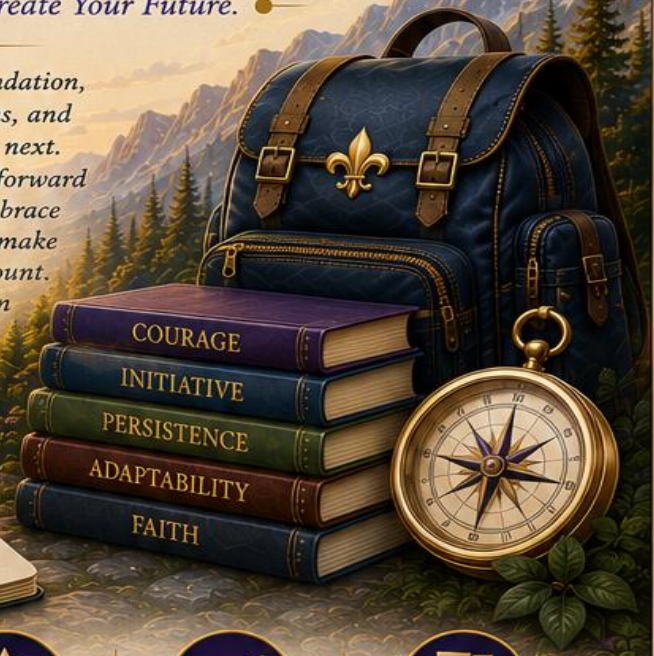
• Be Ready. Take Action. Create Your Future. •

OPPORTUNITIES
DON'T
HAPPEN BY
ACCIDENT.
PREPARATION
OPENS DOORS.
ACTION
WALKS YOU
THROUGH
THEM.

*You've built your foundation,
explored your options, and
prepared for what's next.*

*Now it's time to step forward
with confidence, embrace
opportunities, and make
every experience count.*

*Your future is in
your hands.*



BE READY

Stay prepared so
when opportunities
come, you are
ready to go.



SEEK OUT OPPORTUNITIES

Look for scholarships,
programs, leadership
roles, and experiences
that align with your
goals.



TAKE INITIATIVE

Don't wait to be
asked. Step up,
raise your hand,
and take action.



MAKE AN IMPACT

Use your gifts and
passions to help
others and leave
a positive mark.



KEEP GROWING

Learn from every
experience and
keep developing
your skills.



STEP THROUGH THE DOOR

Walk boldly through
the doors God opens
and trust Him for
what's next.



• One Purposeful Step at a Time. ♥ •

FOUNDATION 7 Principle #1

Preparing for College, Career & Life Applications

Opportunities Rarely Arrive Without Preparation

One day you'll complete an application—for college, a scholarship, a job, an internship, military service, a leadership program, or another opportunity you haven't imagined yet.

Preparation Happens Before the Opportunity

Many students don't think about applications until their senior year. The strongest applications, however, are built over time. Every class, leadership opportunity, volunteer experience, achievement, and challenge becomes part of your story. Applications simply give you the opportunity to tell it.

Life Skills Principle

Preparation today opens doors tomorrow.

Your Story Is Already Being Written

Even if graduation feels far away, you're already building the foundation for future opportunities. Your grades matter, attendance matters, and most of all, your character matters. The way you treat people, the responsibilities you accept, and the choices you make each day all become part of the story you'll one day share with colleges, employers, scholarship committees, and other organizations. Applications are more than forms to complete—they're opportunities to tell the story of your growth, your experiences, and the impact you've made.

Many applications ask questions such as:

- Tell us about yourself.
- Describe a challenge you've overcome.
- What leadership experiences have shaped you?
- How have you served your community?
- What are your future goals?

Those answers aren't written the day you apply. They're written through the choices you make every day. Think of every school year as another chapter in your story. Make it one you're proud to tell.

Explore Further

Research one college, scholarship, internship, or leadership application.
As you explore, ask:

- What information is required?
- What deadlines should I remember?
- Are essays required?
- Will I need recommendation letters?
- What experiences help applicants stand out?

Learning the process early gives you confidence and helps you prepare with purpose.



Prepare Today

This month I will:

- ☐ Create a folder for awards and certificates.
- ☐ Keep a record of volunteer service.
- ☐ Begin a list of leadership experiences.
- ☐ Save copies of achievements and recognition.
- ☐ Keep track of important deadlines.
- ☐ Start organizing important documents in one place.

Remember...*Preparation today makes tomorrow's opportunities easier to pursue.*



Memee Says

Beloved,

Don't wait until opportunity arrives before you begin preparing for it. Keep good records; they'll help tell your story when opportunity comes. Stay ready so you don't have to get ready.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What opportunities required you to complete an application?
- What information do you wish you had kept organized?
- What advice would you give me about preparing early?
- How important are deadlines?
- What opportunities should I begin exploring now?

Someone else's experience can help you prepare more confidently.



My Purpose Journal

What opportunities am I already preparing for?

What accomplishments should I begin keeping records of?

How can I become more organized before application season arrives?



Principle Builder Activity

My Opportunity Portfolio

This week I will organize:

- ☐ Awards & Certificates
- ☐ Volunteer Hours
- ☐ Leadership Experiences
- ☐ Activities & Community Service
- ☐ Honors & Achievements

Every accomplishment helps tell my story.



Faith & Personal Reflection

"Whatever you do, work at it with all your heart, as working for the Lord. Colossians 3:23 (NIV)

Preparing well is an act of stewardship. Every opportunity that God places before you deserves your best effort. Faithfulness today often prepares you for opportunities tomorrow.

Reflection

What opportunities might God be preparing me for today?

How can I prepare faithfully before those opportunities arrive?



Signature Closing

Preparation is a way of living, not a last-minute decision.

Every choice you make today is helping shape the future you're building.

Keep preparing. Keep growing. Keep trusting God to guide your steps.

One opportunity...One purposeful step at a time.



FOUNDATION 7 Principle #2



Preparing for Scholarships & Financial Aid

Investing in Your Future Without Carrying Weight Alone



Paying for College Begins Long Before Graduation

One of the biggest questions many students and families have is how to pay for college, technical training, certifications, or other post-secondary opportunities.

The good news is that scholarships, grants, financial aid, work-study programs, military education benefits, and other resources can help make those goals more affordable.

Preparation makes the difference.

Students who stay organized, meet deadlines, and apply consistently often create more opportunities for themselves.

Every scholarship you earn is one less dollar you may need to borrow.



Scholarships Come in Many Forms

Scholarships aren't awarded only to students with perfect grades or exceptional athletic ability.

Many recognize students for:

- Academic achievement
- Community service

- Leadership
- Fine arts and music
- STEM and healthcare
- Skilled trades
- Military pathways
- Entrepreneurship
- Career and Technical Education (CTE)
- Faith-based involvement
- Volunteer service
- Essay competitions
- Special talents and interests
- Family background or financial need
- First-generation college attendance

There are opportunities for many different students. The important thing is to begin looking early and apply consistently.

Life Skills Principle

Don't decide you won't receive a scholarship before you ever apply.

Opportunity Begins with One Application

Many students miss scholarship opportunities because they assume they won't qualify.

Don't make that decision for the scholarship committee.

Your experiences, leadership, service, perseverance, and character may be exactly what they're looking for. You can't receive a scholarship you never apply for.

Financial Aid Is Part of the Plan

Financial aid is designed to help make education more affordable. Learning about financial aid before senior year can reduce stress and help your family make informed decisions.

Become familiar with:

- FAFSA (Free Application for Federal Student Aid)
- State financial aid programs
- Institutional scholarships
- Local community scholarships
- Employer-sponsored scholarships
- Military education benefits
- Trade and apprenticeship assistance programs

Verify Before You Act

Financial aid requirements, deadlines, eligibility standards, forms, and application procedures may change. Verify current information directly with the appropriate official financial aid program, school, organization, or government agency before applying or submitting information.

Knowledge builds confidence. Preparation creates options.

Explore Further

Identify three scholarships that match your interests, experiences, or future goals.

Ask yourself:

- What are the eligibility requirements?
- When is the deadline?
- Is an essay required?
- Will I need letters of recommendation?
- What can I begin preparing for today?

Every application completed creates another opportunity.

Prepare Today

This month I will:

- ☐ Create a scholarship folder.
- ☐ Start a scholarship deadline calendar.
- ☐ Organize awards, certificates, and volunteer records.
- ☐ Practice writing about my experiences.
- ☐ Learn about FAFSA and financial aid.

Gentle Reminder: Preparation today can reduce financial stress tomorrow.

Memee Says

Beloved,

Never let money convince you that your dreams are out of reach. Apply. Meet the deadline. Keep believing. You don't have to earn every scholarship; you simply have to keep showing up for the opportunities that may be right for you.

Memee 

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What scholarships did you apply for?
- What financial aid resources should I begin learning about now?
- What mistakes should I avoid?
- How can I stay organized throughout the application process?
- What local organizations offer scholarships in our community?

Every conversation adds another piece to your preparation.



My Purpose Journal

What scholarships or financial aid opportunities would I like to learn more about?

What strengths or experiences could I highlight in a scholarship essay?

What can I begin organizing today to make future applications easier?



Principle Builder Activity

My Scholarship Preparation Plan

This month I will organize:

- ☐ Awards & Certificates
- ☐ Volunteer Hours
- ☐ Leadership Experiences
- ☐ Recommendation Contacts
- ☐ Scholarship Deadlines

Preparation today creates more opportunities tomorrow.



Faith & Personal Reflection

"And my God will meet all your needs according to the riches of His glory in Christ Jesus."-Philippians 4:19

God often provides in ways we don't expect. As you prepare for your future, do your part by planning wisely, working diligently, and applying faithfully. Trust God with what you cannot control while remaining faithful in what you can.

Reflection

How can I faithfully prepare while trusting God to provide opportunities I cannot yet see?



Signature Closing

Preparing for your future is one of the greatest investments you can make. Every application is another opportunity to move one step closer to your goals.

Keep preparing. Keep trusting God's provision.

One opportunity...one purposeful step at a time.



FOUNDATION 7 Principle #3



Preparing a Resume & Personal Portfolio

Telling Your Story Before You Say a Word



Your Resume Is More Than a Piece of Paper

Long before you walk into an interview, apply for a scholarship, or submit a college application, your resume begins introducing you.

A resume is more than a list of jobs. It's a snapshot of your journey, reflecting your experiences, accomplishments, leadership, volunteer service, skills, certifications, awards, and the character you've demonstrated along the way.

Even if you've never had a paying job, you already have a story worth telling. Every responsibility, lesson, and opportunity helps prepare you for what's next.





Your Story Is Already Being Written

Many students think resumes are only for adults. But your resume begins long before your first paycheck.

It can include:

- Leadership positions
- Volunteer service
- Community involvement
- School organizations
- Athletics
- Fine arts
- Academic achievements
- Certifications
- Honors and awards
- Part-time work
- Internships
- Job shadowing
- Church or community service
- Special projects and accomplishments

Every experience becomes part of your story.



Life Skills Principle

Your resume tells people what you've done. Your character tells them who you are.



Your Portfolio Tells the Bigger Story

The earlier you begin documenting your experiences, the easier it becomes to complete applications, build your resume, and prepare for future opportunities.

Save awards, certificates, volunteer records, leadership experiences, and projects you're proud of. Together, they tell the story of your growth and character.

Your portfolio may include:

- Resume
- Awards and certificates
- Letters of recommendation
- Volunteer records
- Certifications
- Leadership experiences
- Academic achievements

- Community service
 - Samples of projects or creative work
-



Explore Further

Look at a sample student resume.

Ask yourself:

- What experiences do I already have?
- What information should I begin keeping?
- What activities could strengthen my resume over the next few years?
- How can I continue building my portfolio?

Preparation becomes much easier when you stay organized.



Prepare Today

This month I will:

- ☐ Create my first resume.
- ☐ Start a personal portfolio.
- ☐ Organize awards, certificates, and volunteer records.
- ☐ Record leadership experiences.
- ☐ Update my resume throughout the year.

Remember...Every accomplishment deserves to be remembered.



Memee Says

Beloved,

Your story is written every day. Don't overlook the small victories. They become the experiences that open future doors. Your resume may introduce you, but your character is what people remember.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What was included on your first resume?
- What experiences helped you stand out?
- What qualities do employers and colleges value most?

Learning from others helps you prepare with confidence.



My Purpose Journal

What experiences am I most proud of so far?

What accomplishments should I begin documenting today?

How can I continue building a resume that reflects both my experiences and my character?



Principle Builder Activity

Building My Personal Portfolio

This week I will organize:

- ☐ Resume
- ☐ Awards & Certificates
- ☐ Volunteer & Leadership Records
- ☐ Recommendation Letters
- ☐ Projects & Achievements
- ☐ Personal Goals

My portfolio tells the story of my growth.



Faith & Personal Reflection

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

— Matthew 5:16 (NIV)

Your accomplishments are not about seeking recognition. They are opportunities to reflect the gifts, diligence, and character God is developing within you.

As you continue preparing for your future, let your work speak with excellence, humility, and integrity.

Reflection

How can I honor God through the way I prepare, serve, and represent myself?

Signature Closing

Your resume reflects more than your accomplishments—it reflects your growth. Keep preparing. Keep growing. Keep becoming the person God created you to be. One opportunity...One purposeful step at a time.

FOUNDATION 7 Principle #4

Preparing for Interviews

Telling Your Story with Confidence, Character, and Authenticity

Every Interview Is a Conversation

An interview isn't about having all the perfect answers. It's an opportunity to introduce yourself, share your experiences, and demonstrate your character.

Whether you're interviewing for a job, scholarship, internship, college program, or leadership opportunity, preparation builds confidence.

Remember, interviewers aren't just learning about your accomplishments.

They're getting to know you.



Preparation Builds Confidence

Feeling nervous before an interview is completely normal. Confidence doesn't come from knowing everything. It comes from preparing well.

Before an interview:

- Learn about the organization.
- Review your resume or application.
- Practice answering common questions.
- Think about experiences that demonstrate your character.
- Dress appropriately.
- Arrive early and • Bring a positive attitude.

Preparation allows your authentic personality to shine.



Life Skills Principle

Confidence grows when preparation meets opportunity.



Your Story Is Your Strength

Even if your first interview is years away, you're already developing the qualities employers notice.

- Responsibility
- Dependability
- Communication
- Integrity
- Problem-solving
- Teamwork
- Kindness

These qualities can't be memorized the night before an interview. They're developed through the choices you make every day.

When interviewers ask questions such as:

- Tell me about yourself.
- Describe a challenge you've overcome.
- Tell me about a time you demonstrated leadership.
- What are your strengths?
- Why should we choose you?

Interviewers aren't looking for perfection. They're looking for honest answers supported by real experiences. Your story is your strength.



Explore Further

Practice answering these questions aloud.

Ask yourself:

- What are three strengths I bring to a team?
- What accomplishment am I most proud of?
- What challenge taught me the greatest lesson?
- Why am I interested in this opportunity?
- What questions would I like to ask the interviewer?

The more you practice, the more confident you'll become.



Prepare Today

This month I will:

- ☐ Practice introducing myself.
- ☐ Participate in a mock interview.
- ☐ Research the organization.
- ☐ Prepare thoughtful questions.
- ☐ Practice active listening.

Remember... Preparation builds confidence.



Memee Says

Beloved,

Don't try to impress people by pretending to be someone you're not. Prepare well. Listen carefully. Speak honestly. The right opportunity will recognize the person God is shaping you to become.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What was your first interview like?
- What questions surprised you?
- What mistakes helped you grow?
- What qualities do interviewers remember most?
- What advice would you give to someone who is preparing for their first interview?

Every interview becomes another opportunity to learn and grow.



My Purpose Journal

What strengths would I like an interviewer to remember about me?

What life experience has prepared me to overcome challenges?

What is one interview skill I want to continue improving?



Principle Builder Activity

My Interview Preparation Checklist

Preparation begins before the first question is asked.

Before an interview I will:

- ☐ Research the organization.
 - ☐ Review my resume or application.
 - ☐ Practice answering common questions.
 - ☐ Dress appropriately and arrive early.
 - ☐ Ask thoughtful questions.
 - ☐ Send a thank-you note.
-



Faith & Personal Reflection

"Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."

— Colossians 4:6 (NIV)

God has given you a unique story, and you don't have to pretend to be someone else to share it. Prepare well. Speak honestly. Listen with humility. Trust God to open the doors that align with His purpose for your life.

Reflection

How can I prepare faithfully while trusting God with opportunities that are beyond my control?



Signature Closing

An interview is an opportunity to share your story with confidence and character.

Prepare well. Speak honestly. Trust God with the outcome.

One conversation... One opportunity... One purposeful step at a time.



FOUNDATION 7 Principle #5



Preparing Powerful Essays & Personal Statements

Sharing Your Story with Honesty, Purpose, and Heart



Your Story Matters

Many colleges, scholarship committees, leadership programs, and organizations ask students to write a personal essay or statement. That can feel intimidating.

What should I write? Is my story good enough? What if someone else's story sounds better?

Here's the truth: no one else has lived your life, overcome your challenges, or learned the lessons you have learned. Your story is uniquely yours, and when shared with honesty and purpose, it can inspire and connect with others.



Great Essays Tell a Story

A strong personal statement is not simply a list of accomplishments. It helps the reader understand who you are and how your experiences have shaped you. Most essays ask questions such as:

- What challenge shaped your life?
- What lesson changed your perspective?
- What motivates you?

- What are your goals?
 - How have your experiences prepared you for this opportunity?
- Instead of trying to impress the reader, focus on helping them understand your journey. Authenticity is always more memorable than perfection.
-

Life Skills Principle

Your story becomes powerful when it is told with honesty, humility, and purpose.

Reflection Creates Connection

Every experience teaches you something. Perhaps you have overcome disappointment, learned perseverance through athletics, discovered the joy of serving others, or been shaped by your family, faith, culture, or community.

Strong personal statements do more than describe what happened. They explain what you learned, how you grew, why the experience mattered, and how it prepared you for the future.

People may forget some details of your story, but they will remember the person they discovered through it.

Explore Further

Read several college or scholarship essay prompts.

Ask yourself:

- What life experiences have shaped me?
- What accomplishments am I most proud of?
- What challenges helped me grow?
- What values guide my decisions?
- What do I hope people remember about me?

Every answer becomes another part of the story only you can tell.

Prepare Today

This month I will:

- ☐ Keep a journal of meaningful experiences.
- ☐ Practice writing about lessons I have learned.

- ☐ Ask someone I trust to review my writing.
- ☐ Read examples of strong personal essays.
- ☐ Identify one experience I may want to write about.

Remember...Your story is still being written.

Memee Says

Beloved,

Your story does not have to be dramatic to be meaningful. Some of life's greatest lessons come from ordinary moments. Tell your story honestly. Share what you learned, how you grew, and the hope that keeps you moving forward. Your story doesn't have to be perfect. It simply needs to be yours.

Memee 

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What life experience shaped you the most?
- What lesson do you think every young person should learn?
- If you were writing a personal statement today, what story would you tell?
- How do you write honestly without sharing too much?
- What advice would you give someone who is writing their first college or scholarship essay?

Sometimes another person's story helps us better understand our own.

My Purpose Journal

What experience has taught me one of life's greatest lessons?

What values do I hope people see when they read my story?

How has God used my experiences to help me grow?

Principle Builder Activity

Discovering My Story

Complete these statements:

One challenge that helped me grow:

One accomplishment I'm proud of:

One lesson I'll never forget:

One way I've made a difference:

One goal I'm continuing to pursue:

Every experience helps you write the story of your life.

Faith & Personal Reflection

"And we know that in all things God works for the good of those who love Him, who have been called according to His purpose." Romans 8:28 (NIV)

Trust what God has taught you through each experience and keep preparing for what comes next.
One story... One opportunity... One purposeful step at a time

Reflection

What experience has God used to help me grow?

Signature Closing

Your story doesn't need to look like anyone else's to have value. Share it with honesty, humility, and purpose.

One story...one opportunity...one purposeful step at a time.

FOUNDATION 7 Principle #6

Preparing My Digital Presence

Building a Reputation Before Opportunity Knocks

Your Digital Footprint Tells a Story

Whether you realize it or not, your online presence is already creating an impression. Colleges, scholarship committees, employers, military recruiters, internship coordinators, and others may search for information about you before meeting you.

Your digital presence should reflect the same character, integrity, and responsibility you demonstrate in person. What you post, comment, share, and make publicly visible online can contribute to your reputation. Your reputation does not end when you log off.

Think Before You Post

Digital communication can travel quickly and remain accessible long after it is shared. Before posting, commenting, or sharing something online, pause and ask yourself:

- Is it respectful?
- Is it truthful?
- Is it kind?
- Would I be comfortable if my family, teacher, coach, employer, or college admissions representative saw it?
- Does it reflect the person I want to become?

Thoughtful choices online can protect your reputation and support the opportunities you hope to pursue offline.



Life Skills Principle

Your digital reputation is part of your personal reputation.



Build a Positive Online Presence

Social media and digital platforms can help you learn, connect, create, share accomplishments, develop skills, grow a business, and build professional relationships.

Think of your online presence as a digital handshake. Let it reflect:

- Integrity
- Kindness
- Respect
- Professionalism
- Creativity
- Leadership
- Service

Share content that supports your goals, interests, achievements, and positive contributions. Use technology to help build your future, not damage it.



Explore Further

Review your current digital presence.

Ask yourself:

- What would someone learn about me?
- Does my online presence reflect my character and values?
- Are there posts or images I should remove or update?
- What positive accomplishments could I begin sharing?
- How can I use technology to encourage, educate, or inspire others?

Every post becomes part of your story.

Prepare Today

This week I will:

- ☐ Review my social media accounts.
- ☐ Remove or update content that does not reflect my values.
- ☐ Check my privacy and message settings.
- ☐ Share something positive or encouraging.

Remember...Every online choice contributes to the reputation I am building.

Memee Says

Beloved,

Before you post, ask yourself: “Would I be proud for this to represent me five years from now?”

Likes and followers do not determine your worth. Let your character speak louder than your screen.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- How has social media changed since you were my age?
- What online mistakes have you seen people make?
- How can I build a positive digital reputation?
- What should I consider before posting online?
- How can technology be used to serve others?

Wisdom grows through honest conversations.

My Purpose Journal

What kind of reputation do I want my digital presence to reflect?

What changes could I make today to better represent my values?

How can I use technology to encourage, educate, or inspire others?

 Principle Builder Activity

My Digital Reputation Check

When someone views my online presence, I want it to reflect:

Three words I want associated with my reputation:

1.

2.

3.

One accomplishment, interest, project, or service activity I could appropriately highlight:

One change I can make to better align my digital presence with my future goals:

My digital reputation should reflect the person I am

 Faith & Personal Reflection

“Set an example for the believers in speech, in conduct, in love, in faith and in purity.” 1 Timothy 4:12 (NIV)

Whether you are communicating in person or online, your words and actions reflect your character. Ask God to help you use technology wisely so your choices encourage others, honor Him, and reflect the person He is shaping you to become.

Reflection

How can I represent Christ well through the way I communicate and interact online?

 Signature Closing

Your digital presence is an extension of your character. Build it with wisdom, integrity, and kindness. Use technology to learn, encourage, and create a positive impact while protecting the reputation you are building. One post...One decision...One purposeful step at a time.

FOUNDATION 7 Principle #7

Preparing My Professional Network

Building Relationships That Encourage Growth and Open Doors

Success Is Rarely a Solo Journey

No one succeeds alone.

Behind every successful person are teachers, parents, grandparents, guardians, coaches, mentors, employers, counselors, pastors, friends, and others who encouraged them along the way.

Building a professional network isn't about collecting names or asking for favors. It's about building genuine relationships rooted in trust, respect, gratitude, and a willingness to learn.

Those relationships often lead to wisdom, encouragement, and opportunities you may never have discovered on your own.



Every Conversation Matters

Networking simply means building meaningful relationships.

It does not require being the loudest person in the room. It begins with:

- Introducing yourself confidently.
- Asking thoughtful questions.
- Listening carefully.
- Showing genuine interest in others.
- Following through on commitments.
- Expressing gratitude.
- Staying connected with people who encourage your growth.

The relationships you begin building today may become tomorrow's mentors, employers, professors, business partners, or lifelong friends.



Life Skills Principle

Opportunities often travel through relationships built on trust.



Build Relationships Before You Need Them

You do not have to wait until adulthood to begin building your network.

Teachers, coaches, youth leaders, employers, volunteer supervisors, counselors, and mentors are all people from whom you can learn. Treat each relationship with respect and become known as someone who is dependable, teachable, grateful, and kind.

Healthy relationships grow over time. Stay connected, express appreciation, celebrate the success of others, and look for ways to serve before you're asked.

When relationships are based on genuine respect rather than personal gain, they become stronger and more meaningful.



Explore Further

Think about the people who have encouraged your journey.

Ask yourself:

- Who has influenced me in a positive way?
- What qualities do I admire in them?
- What can I learn from their experiences?
- How can I stay connected and continue learning from them?
- How can I become that kind of encouragement for someone else?

Every relationship is an opportunity to grow.

Prepare Today

This month I will:

- ☐ Introduce myself to someone whose career interests me.
- ☐ Ask thoughtful questions and listen carefully.
- ☐ Follow through on my commitments.
- ☐ Write one professional thank-you email or handwritten note.
- ☐ Continue building relationships based on trust and respect.

Remember...Every meaningful relationship begins with one sincere conversation.

Memee Says

Beloved,

People are more likely to recommend someone they trust than someone they simply know. Keep your word and arrive prepared. Treat people with respect and never forget to say thank you.

A thoughtful note, a sincere conversation, or a small act of gratitude may be remembered for years.

Build relationships with honesty and care before you ever need to ask for help.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, business owner, or another trusted adult.

Ask:

- Who has influenced your life the most?
- What qualities make someone a great mentor?
- How do you maintain professional relationships?
- Why are gratitude and thank-you notes important?
- What advice would you give me about building a strong network?

Every conversation teaches something valuable.



My Purpose Journal

Who has encouraged me the most during my journey?

What qualities do I want people to remember about me?

How can I encourage someone else this week?



Principle Builder Activity

Building My Circle of Encouragement

Create a list of people who encourage and inspire you.

Family:

School:

Church or Community:

Work or Volunteer Service:

Mentors or Role Models:

One person I will thank or encourage this week:

Small acts of encouragement build lasting relationships.



Faith & Personal Reflection

"Therefore encourage one another and build each other up, just as in fact you are doing." 1 Thessalonians 5:11 (NIV)

God often works through the people He places in our lives. As you build relationships, be willing to learn from others while encouraging them along the way.

Reflection

Who has God placed in my life to help me grow?

How can I encourage someone else this week?



Signature Closing

Strong relationships are built through trust, consistency, and gratitude. Treat people with respect, remain teachable, and become someone others are confident recommending.

One conversation...One relationship...One purposeful step at a time.



FOUNDATION 7 Principle #8



Preparing to Walk Through Open Doors

Recognizing Opportunities and Being Ready When They Arrive

Opportunities Don't Always Announce Themselves

Sometimes opportunities arrive exactly the way you expected. Sometimes they don't. An opportunity may begin with a conversation, a recommendation, an internship, a scholarship, volunteer experience, a teacher who believes in you, a coach who notices your work ethic, or a mentor who encourages you to apply.

Sometimes it begins with someone simply saying, *"I think you'd be great for this."* Many of life's greatest opportunities begin quietly. The question is whether you'll be ready when opportunities do come.

Preparation Makes You Ready

People often say, *I was in the right place at the right time.*" While timing matters, preparation matters too. Opportunities often find people who have prepared consistently.

When you've developed good habits, worked hard, continued learning, built strong character, and remained faithful in the small things, you'll be ready to recognize opportunities others might overlook.

Life Skills Principle

Preparation helps you recognize opportunities others may miss.

Open Doors Begin with Preparation

You may not know where your next opportunity will come from, and that's okay. They often begin with an unexpected conversation, a recommendation, an application, or someone recognizing your character and potential.

While you can't predict every opportunity, you can prepare for it.

Continue learning. Continue growing. Continue serving. Develop your skills, strengthen your character, and become someone others trust.

Remember, most significant opportunities begin with small, faithful steps. Volunteer experience, an internship, a conversation with a mentor, or even one class can become the doorway to something much greater.

Never underestimate small beginnings. God often uses them to prepare us for greater responsibilities.



Explore Further

Think about an opportunity you hope to pursue one day.

Ask yourself:

- What preparation does this opportunity require?
- What skills should I continue developing?
- Who can help guide and encourage me?
- What can I begin doing today?
- What habits will help me remain prepared?

Every step you take today prepares you for tomorrow.



Prepare Today

This month I will:

- ☐ Identify one strength I will continue developing.
- ☐ Look for opportunities to serve others.
- ☐ Stay organized and prepared.
- ☐ Learn one new skill that supports my goals.
- ☐ Encourage someone along their journey.
- ☐ Trust God's timing while faithfully preparing.

Remember...Preparation isn't about knowing exactly what comes next. It's about becoming ready for whatever comes next.



Memee Says

Beloved,

You've heard me say it before: *"Stay ready so you don't have to get ready."*

Keep learning. Keep growing. Keep becoming the person God is preparing you to be. When the opportunity comes, step forward with confidence—not because you know everything, but because you've been faithfully preparing all along.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What opportunity changed the direction of your life?
- Were you expecting it?
- How did preparation help you?
- Looking back, what would you tell your younger self about staying ready?
- How can I prepare for opportunities I can't yet see?

Sometimes another person's journey helps us recognize our own.

My Purpose Journal

What opportunity do I hope to be ready for one day?

What habits am I building today that will help me tomorrow?

How can I remain faithful while waiting for the next opportunity?

Principle Builder Activity

My Opportunity Readiness Plan

I will continue preparing by:

- ☐ Strengthening my academic skills.
- ☐ Building my character.
- ☐ Continuing to learn.
- ☐ Trusting God's timing.
- ☐ Remaining ready for new opportunities.

Today's preparation creates tomorrow's opportunities.



Faith & Personal Reflection

"Be joyful in hope, patient in affliction, faithful in prayer." Romans 12:12 (NIV)

Every season has a purpose. Some seasons are for learning, some are for waiting, and some are for walking through the doors God opens. Remain faithful in each one, trusting His timing.

Reflection

How can I remain faithful while preparing for opportunities I cannot yet see?



Signature Closing

Preparation is more than completing applications or interviews. It's becoming the kind of person who is ready when opportunity arrives.

Every lesson, every relationship, and every experience has helped prepare you for what's next. Stay prepared, trust God's timing, and keep moving forward with confidence.

One opportunity...One open door...One purposeful step at a time.



PREPARATION WITH PURPOSE™

FOUNDATION

8

LAUNCH WITH PURPOSE

● *Be Ready. Take Action. Create Your Future.* ●

*You've learned, grown,
and built a strong foundation.
Now it's time to launch
into the life God designed
for you. Step forward
with confidence, stay true
to your purpose, and make
a difference that lasts.
Your journey is just
beginning.*

THE FUTURE
BELONGS TO
THOSE WHO
PREPARE
TODAY.
WALK BOLDLY
IN FAITH,
LIVE YOUR
PURPOSE, AND
LEAVE A LEGACY
THAT INSPIRES
OTHERS.



BE READY

Prepare yourself mentally, spiritually, and academically for what's ahead.



SEEK OUT OPPORTUNITIES

Explore, ask questions, and open doors that lead to your calling and purpose.



TAKE INITIATIVE

Don't wait to be asked. Step up, raise your hand, and take action.



MAKE AN IMPACT

Use your gifts and passions to help others and leave a positive mark.



KEEP GROWING

Keep learning, building new skills, and becoming the best version of you.



STEP THROUGH THE DOOR

Walk boldly through the doors God opens and trust Him for what's next.



● *One Purposeful Step at a Time.* ♥ ●

FOUNDATION 8 Principle #1

Launching into My Future with Purpose

Graduation Is the Beginning

Preparing for Life Beyond the Diploma

Graduation Is a Milestone—Not the Finish Line

Graduation is one of life's great milestones. It reflects years of learning, growing, overcoming challenges, and preparing for what comes next.

Celebrate your accomplishment. Be proud of how far you've come. **But remember, graduation isn't the finish line; it's the starting line for your next season.**

Whether your next step leads to college, military service, a skilled trade, entrepreneurship, the workforce, ministry, or another path, you'll continue building on the preparation you've invested in throughout high school.

The habits you've developed, the character you've built, and the lessons you've learned will continue serving you long after you receive your diploma.

Every Ending Creates a New Beginning

Life is filled with new beginnings disguised as endings.

You'll leave familiar classrooms and routines. You'll meet new people, accept new responsibilities, discover new opportunities, and continue learning in ways you never imagined.

Change can feel exciting, uncertain, or even a little overwhelming. That's normal. Every new season brings opportunities to grow.

Approach each one with faith, courage, and the confidence that preparation has already been helping you become the person God created you to be.

Every ending becomes the doorway to a new beginning.

Life Skills Principle

Graduation celebrates where you've been. Preparation determines where you're going.

Life Beyond Graduation

Graduation isn't the end of your preparation—it's the beginning of applying what you've learned.

The habits you've built, the choices you've made, and the character you've developed will continue shaping your future.

Your diploma marks an important milestone, but it doesn't define your future. Your choices do. Keep learning. Keep serving. Keep growing. The preparation you've invested in today will continue opening doors tomorrow.

Carry Your Foundation with You

As you step into your next season, carry with you the lessons that have shaped who you are.

Carry your **integrity, resilience, curiosity, compassion, preparation, and faith** with you every day.

These qualities will continue opening doors and guiding your decisions long after graduation day has passed.

Explore Further

Imagine yourself one year after graduation.

Ask yourself:

- Where do I hope to be?
- What kind of person do I hope to become?
- What habits do I want to keep building?
- What relationships do I want to strengthen?
- How can I continue preparing for the life God has called me to live?

Remember... Your future is built by one faithful choice, one meaningful opportunity, and one purposeful step at a time.

Prepare Today

This month I will:

- ☐ Keep learning, growing, and staying teachable.
- ☐ Build healthy habits.
- ☐ Serve others with excellence.
- ☐ Trust God as I take my next step.

Remember...Graduation isn't the end of my preparation. It's the beginning of my next season.

Memee Says

Beloved,
Be proud of how far you've come. Stay humble. Keep growing. Trust God with what's next. Your best days are still ahead.
Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What was graduation day like for you?
- What surprised you most about life after high school?
- What advice would you give your younger self?
- What habits helped you succeed after graduation?
- What would you do differently if you could begin again?

Every conversation becomes another lesson for your journey.

My Purpose Journal

What excites me most about the future?

What habits do I want to carry with me after graduation?

How do I hope to continue growing during the next season of my life?

Principle Builder Activity

My Launch Plan

As I prepare for graduation, I will continue to:

- ☐ Learn and grow.
- ☐ Build healthy relationships.
- ☐ Continue preparing for new opportunities.
- ☐ Pray and trust God with every step of my journey.

Graduation isn't the destination. It's the runway!

Faith & Personal Reflection

"Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. "Philippians 1:6 (NIV)

God has been faithfully working in your life from the very beginning, and He isn't finished yet. Graduation marks the beginning of a new season of growth, purpose, and opportunity. Walk forward with confidence, trusting that God will continue guiding your steps.

Reflection

How can I continue trusting God as I step into this next season of my journey?

Signature Closing

Every ending becomes a new beginning. Every new beginning brings new opportunities. Celebrate your progress. Keep learning. Keep growing. Keep preparing. The future belongs to those who prepare for it with purpose.

One graduation...One new beginning...One purposeful step at a time.

FOUNDATION 8 Principle #2

Launching into Independence

Building Life Skills That Prepare You for Adulthood

Independence Is Built One Responsibility at a Time

Growing up doesn't happen overnight. It happens with one decision, one responsibility, and one lesson at a time.

As you move into adulthood, you'll begin making more decisions on your own managing your time, handling your finances, keeping appointments, completing important paperwork, and making everyday choices.

Learning these life skills now will help you navigate adulthood with greater confidence, wisdom, and independence.

Adulting Is a Skill You Can Learn

You've probably heard people say, "**Adulting is hard.**" Sometimes it can be—but preparation changes the experience. Adulthood isn't about knowing everything before you get there.

It's about developing the habits, skills, and mindset to handle new responsibilities with confidence. Every lesson you learn now makes the next one a little easier. The goal isn't to have all the answers. The goal is to keep learning, growing, and preparing for whatever comes next.

Life Skills Principle

Responsibility isn't a burden. It's preparation for greater opportunities.

Every Responsibility Prepares You!

Every responsibility you learn today prepares you for tomorrow.

The habits you build now will serve you whether you're living at home, on a college campus, in military housing, in an apartment, or in your first home.

The goal isn't perfection—it's progress. Every new skill builds confidence for the next one.



Small Habits Create Strong Foundations

Independence is built through daily habits.

Simple habits like:

- Showing up on time.
- Keeping your commitments.
- Managing your money wisely.
- Taking care of your belongings.
- Asking for help when you need it.
- Following through on responsibilities.
- Treating others with respect.

These everyday habits become the foundation for lifelong success.



Explore Further

Think about the responsibilities you'll have after high school.

Ask yourself:

- Which life skills do I already feel confident about?
- Which ones do I still need to learn?
- Who can teach me?
- What can I begin practicing today?

Every small step prepares you for greater independence.



Prepare Today

This month I will:

- ☐ Learn one new life skill.
- ☐ Practice managing my schedule.
- ☐ Organize my important documents.
- ☐ Create a simple monthly budget.
- ☐ Cook one healthy meal.
- ☐ Continue becoming more responsible each day.

Every skill I learn today prepares me for tomorrow.

Memee Says

Beloved,

One day you'll realize no one is reminding you to set your alarm, wash your clothes, keep your appointments, or handle your responsibilities. That's part of growing up.

But independence doesn't mean you stop needing people. It means you're becoming someone others can count on.

You don't have to know how to do everything. Ask questions. Pay attention. Learn from people who've already walked the road you're beginning.

Practice the little things, keep your word, manage your money, take care of yourself, and follow through. Those everyday habits prepare you for greater responsibilities and opportunities.

And remember...growing older is automatic. Growing wiser is a choice.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What life skills do you wish you had learned sooner?
- What responsibility helped you grow the most?
- What advice would you give someone to prepare for adulthood?
- What daily habits have helped you succeed?
- What should every young adult know before living independently?

Every conversation becomes another lesson for the journey ahead.

My Purpose Journal

What life skills do I most want to develop before graduation?

What responsibility am I ready to take ownership of?

How can I continue growing into a dependable adult?

Principle Builder Activity

My Independence Checklist

This year I will learn how to:

- ☐ Create a budget.
- ☐ Open and manage a bank account.
- ☐ Cook healthy meals.
- ☐ Do laundry.
- ☐ Schedule appointments.
- ☐ Read important documents before signing them.
- ☐ Keep important records organized.
- ☐ Ask questions when I need help.
- ☐ Take responsibility for my decisions.

Every skill you learn today prepares you for greater independence tomorrow.

Faith & Personal Reflection

"If you are faithful in little things, you will be faithful in large ones." **Luke 16:10 (NLT)**

God prepares us for greater responsibilities by teaching us to be faithful with the small ones first. Every responsibility is an opportunity to grow in wisdom, character, and trustworthiness.

Reflection

What small responsibility can I be more faithful with today?

How is God preparing me for greater opportunities tomorrow?

Signature Closing

Independence isn't built overnight. It's built, one responsibility, one lesson, and one faithful step at a time. Keep learning, keep growing, and keep becoming someone others can depend on.

One responsibility... One lesson... One purposeful step at a time.

FOUNDATION 8 Principle #3

Launching into the Workplace

Working with Excellence, Integrity, and Purpose

Every Job Is an Opportunity to Grow

Whether your first job is after school, during the summer, after graduation, or later in life, every job has something valuable to teach you.

Some jobs help you earn money. Some help you discover what you enjoy. Some teach you what you don't enjoy. Every experience develops skills, builds character, and prepares you for future opportunities. No honest work is ever wasted. Every responsibility teaches something valuable if you're willing to learn.

Your Reputation Goes to Work Before You Do

Employers look for more than technical skills.

They value people who are:

- Dependable
- Honest
- Respectful
- Teachable

- Responsible
- Punctual
- Positive
- Professional

These qualities often matter just as much as experience. Skills can be taught. Character is developed one choice at a time. Your reputation often begins before your first day on the job.

Life Skills Principle

Work with excellence, even when no one is watching.

Every Job Prepares You for What's Next

Your first job is more than earning a paycheck; it's about building skills you'll use throughout your life. Every job teaches you how to:

- Work with different personalities and communicate professionally.
- Manage your time and serve others with excellence.
- Be dependable and responsible.

Those lessons will prepare you for college, your career, your business, your ministry, and everyday life—no matter where your journey leads.

Every Workplace Is a Classroom

Every job teaches more than the task you're hired to do.

Every supervisor can teach you something.

Every coworker has experience you can learn from.

Every challenge helps you grow.

Instead of asking,

"When can I leave?"

Ask,

"What is this job preparing me for?"

That one question can transform every job into preparation for your future.



Explore Further

Talk with someone who enjoys their work.

Ask:

- What do you enjoy most?
- What challenges have helped you grow?
- What qualities do employers appreciate?
- What advice would you give someone who is starting their first job?

Learning from experience is one of life's greatest teachers.



Prepare Today

This month I will:

- ☐ Arrive on time for school, work, and commitments.
 - ☐ Practice professional communication.
 - ☐ Accept feedback with a positive attitude.
 - ☐ Complete every task to the best of my ability.
- Remember... Every good habit prepares you for greater responsibility.
-



Memee Says

Beloved,

Every job may not be your dream job, but every job can help prepare you for it.

Do the job you have as if it's preparing you for the job you hope to have. Show up. Be dependable. Treat people with kindness. Keep learning and always give your best—not just enough to get by.

People notice excellence, and God notices faithfulness. Someone may one day open a door because they remember your attitude, your work ethic, and the way you treated others.

A willing spirit and a strong work ethic never go out of style.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What did your first job teach you?
- What qualities made someone stand out at work?
- What workplace mistakes taught you valuable lessons?
- How do you handle difficult coworkers professionally?
- What advice would you give someone entering the workforce for the first time?

Every conversation becomes another lesson you can carry into your future.



My Purpose Journal

What kind of employee do I want to become?

What strengths can I bring to my workplace?

How can I demonstrate excellence even in small responsibilities?



Principle Builder Activity

My Workplace Success Plan

I will commit to:

- ☐ Arriving on time.
- ☐ Maintaining a positive attitude.
- ☐ Communicating respectfully.
- ☐ Being dependable.
- ☐ Accepting feedback with humility.
- ☐ Continuing to learn.

- ☐ Helping others when I can.
 - ☐ Representing myself with integrity.
- Workplace success is built one good habit at a time.
-

Faith & Personal Reflection

" *Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.*"
— Colossians 3:23 (NIV)

Your work is more than a paycheck. It's an opportunity to reflect your character, integrity, and commitment to excellence.

Whether you're serving customers, supporting a team, leading others, or building your own business, honor God by giving your best and serving others with humility.

Reflection

How can I honor God through my attitude, work ethic, and the way I serve others each day?

Signature Closing

Every job is an opportunity to learn. Every responsibility builds character. Every faithful day prepares you for what's next. Work with excellence, lead with integrity, and serve with humility.

One responsibility... One opportunity... One purposeful step at a time.

FOUNDATION 8 Principle #4

Building Meaningful Relationships

Choosing Relationships That Help You Grow

Relationships Shape Your Journey

One of the most important decisions you'll ever make isn't about where you go...It's about who goes with you.

The people you spend time with influence your thinking, your choices, your habits, your confidence, and often the direction of your life.

Healthy relationships encourage you to become the best version of yourself.

They challenge you to grow. They celebrate your successes. They support you during difficult seasons.

And they tell you the truth with kindness and love.

Choose relationships that help you become the person God created you to be.



Every Relationship Teaches Something

Some relationships encourage you. Some challenge you. Some teach you valuable lessons.

And unfortunately...Some show you the kind of person you never want to become.

Every relationship has something to teach. Pay attention. Healthy friendships are built on:

- Trust
- Respect
- Honesty
- Kindness
- Encouragement
- Healthy boundaries
- Accountability
- Forgiveness

Strong relationships don't happen by accident. They're built intentionally.



Life Skills Principle

Choose relationships that strengthen your future—not distract you from it.



The People Around You Matter

As you move into college, military service, the workforce, or another pathway, you'll meet people from many different backgrounds.

Some friendships will last a season. Others may last a lifetime. Choose people who encourage your growth, celebrate your success, and challenge you to become your best.

The people closest to you will influence the direction of your life more than you realize.

Choose your circle wisely.



Healthy Boundaries Protect Healthy Relationships

Healthy boundaries protect your peace, your values, and your future.

It's okay to say:

- No.
- I'm not comfortable with that.
- That's not the right choice for me.
- I need time to think about it.

The right people will respect your boundaries, not pressure you to ignore them.



Explore Further

Think about the people who influence your life.

Ask yourself:

- Who encourages me to become better?
- Who celebrates my successes?
- Who tells me the truth with kindness?
- How do I encourage the people around me?
- What kind of friend do I want to become?

Healthy relationships begin with healthy choices.



Prepare Today

This month I will:

- ☐ Spend time with people who encourage my growth.
- ☐ Respect healthy boundaries.
- ☐ Resolve conflict with kindness.
- ☐ Walk away from unhealthy influences.
- ☐ Continue becoming someone others can trust.

Healthy relationships are built one choice at a time.

Memee Says

Not everyone who enters your life is meant to stay forever, but every relationship can teach you something.

Choose friends who celebrate your victories, pray for you, encourage you, and care enough to tell you the truth with love. Be that kind of friend in return. Never change who you are just to be accepted.

And remember: **Pick your friends like you pick your fruit...very carefully.** Good fruit nourishes you. Bad fruit may look appealing on the outside but can leave you with regrets.

Protect your peace. Protect your values. Protect your future.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What qualities make a healthy friendship?
- What relationship taught you one of life's greatest lessons?
- How do you handle conflicts respectfully?
- Why are healthy boundaries important?
- What advice would you give to someone beginning a new season of life?

Every relationship teaches something worth learning.

My Purpose Journal

What qualities do I value most in a friend?

How can I become a better friend to others?

What boundaries will help protect my future and my peace?

Principle Builder Activity

Building Healthy Relationships

This week I will:

- ☐ Encourage a friend.
- ☐ Thank someone who supports me.
- ☐ Practice active listening.
- ☐ Respect healthy boundaries.
- ☐ Protect my values.
- ☐ Resolve disagreements with kindness.
- ☐ Choose relationships that encourage my growth.

Healthy relationships are built one choice at a time.

Faith & Personal Reflection

"Walk with the wise and become wise, for a companion of fools suffers harm." **Proverbs 13:20 (NIV)**

God often uses relationships to encourage us, strengthen our character, and guide our steps. Choose people who help you grow in wisdom, faith, and purpose.

Reflection

Who is helping me become the person God created me to be?

How can I be that kind of friend to someone else?

Signature Closing

Every relationship influences your journey. Every choice shapes your future. Choose your circle wisely. Love people well. Protect your peace.

One friendship... One relationship... One purposeful step at a time.

FOUNDATION 8 Principle #5

Becoming a Lifelong Learner

Growing Beyond the Classroom

Learning Doesn't End at Graduation

Receiving your diploma is a wonderful accomplishment, but it isn't the end of your education, it's the beginning of a lifetime of learning.

The world will continue to change. Technology will advance. Industries will evolve. New opportunities will emerge. The people who continue growing are the ones who never stop learning.

Whether you learn through college, military service, skilled trades, certifications, books, mentors, workshops, online courses, or life experiences, **never stop being a student**. Curiosity will continue opening doors long after graduation

Every Experience Teaches Something

Learning doesn't only happen in a classroom. It happens through work, service, conversations, books, mistakes, and everyday experiences.

Some of life's greatest lessons come through success. Others come through failure. Both can help you grow—if you're willing to learn.

Life Skills Principle

The day you stop learning is the day you stop growing.

Learning Is Part of Every Path

No matter where life takes you, you'll continue learning.

Every career, trade, business, and profession requires people who are willing to grow, adapt, and improve.

Graduation isn't the finish line. It's the beginning of a lifetime of learning.

A Teachable Spirit Opens Doors

One of the greatest qualities you can develop is having a teachable spirit.

Being teachable means listening well, accepting feedback, asking questions, and being willing to grow.

Confidence says, "I can learn."

Wisdom says, "I still have more to learn."

Explore Further

Think about something you've learned outside of school.

Ask yourself:

- Who taught me?
- What lesson stayed with me?
- What skill do I want to learn next?
- How can I keep growing this year?

Learning is a lifelong journey.

Prepare Today

This month I will:

- ☐ Read one book that helps me grow.
 - ☐ Learn one new skill.
 - ☐ Ask more thoughtful questions.
 - ☐ Accept feedback with humility.
 - ☐ Practice something until I improve.
 - ☐ Stay curious every day.
- Every lesson prepares me for what's next.
-



Memee Says

Beloved,

One of the wisest people I ever met told me, *"The smartest person in the room is usually the one who's still willing to learn."*

I've never forgotten that. No matter how much you accomplish, stay teachable. No matter how much you know, someone else can teach you something and sometimes the greater lesson is what not to do!

Read. Ask questions. Listen well. Learn from people of every generation.

Never be afraid to say, *"I don't know... but I'd love to learn."* That's not weakness. That's wisdom!

Stay humble. Stay curious. Keep learning.

Memee ❤️



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What's one lesson you're still learning today?
- What book has influenced your life the most?
- What skill do you wish you had learned earlier?
- Who has taught you some of life's greatest lessons?

- Why is staying teachable so important?

Every conversation is another opportunity to learn.



My Purpose Journal

What is one skill I want to continue developing after graduation?

Who has taught me one of life's greatest lessons?

How can I become a lifelong learner?



Principle Builder Activity

My Lifelong Learning Plan

This year I will:

- ☐ Read books that help me grow.
- ☐ Learn a new skill.
- ☐ Find a mentor.
- ☐ Attend training or workshops.
- ☐ Welcome constructive feedback.
- ☐ Ask thoughtful questions.
- ☐ Record lessons I'm learning.

Growth is a lifelong journey.



Faith & Personal Reflection

"Let the wise listen and add to their learning and let the discerning get guidance." **Proverbs 1:5 (NIV)**

God invites us to keep growing in wisdom throughout every season of life. Ask Him for a humble heart, a teachable spirit, and the courage to keep learning.

Reflection

What lesson is God teaching me in this season?

How can I remain teachable as I continue to grow?



Signature Closing

Every lesson helps you grow. Every experience prepares you for what's next.

Stay curious. Stay teachable. Keep growing.

One lesson... One discovery... One purposeful step at a time.



FOUNDATION 8 Principle #6



Living a Life of Service & Legacy

Making a Difference Wherever God Leads You



Success Is Measured by More Than Achievement

As you've journeyed through this resource guide, you've prepared for academics, careers, finances, leadership, relationships, and life.

Those things matter. But what matters most is the impact you have on others.

Success isn't measured only by what you achieve. It's measured by the lives you encourage, the problems you help solve, the kindness you show, and the legacy you leave behind.



Every Life Leaves a Legacy

Whether you realize it or not, you're already influencing people. Your words, your choices, and your example matter. Someone is learning from the way you respond to challenges, treat others, and live your values.

Every day you're building your legacy, one decision at a time.
The question isn't whether you'll leave one; it's what kind of legacy you'll leave.

Life Skills Principle

The greatest success is using your life to make someone else's life better.

You Can Make a Difference Today

You don't have to wait until you're older to make a difference. Encourage a classmate.

Volunteer. Tutor another student. Serve through your church or community. Show kindness to someone who feels overlooked.

Small acts of service often leave a lasting impact. Never underestimate what God can do through one willing heart.

Legacy Is Built Daily

Legacy isn't built in one extraordinary moment. It's built through ordinary faithfulness. Showing up. Keeping your word. Choosing integrity. Serving others. Living with gratitude. Those everyday choices become the story people remember.

Explore Further

Think about someone whose life has positively influenced yours.

Ask yourself:

- What qualities do I admire about them?
- How did they make a difference?
- What can I learn from their example?
- How can I begin building that kind of legacy today?

Great legacies begin with small, faithful choices.

Prepare Today

This month I will:

- ☐ Perform an act of kindness without expecting recognition.
- ☐ Volunteer in my community.
- ☐ Encourage someone who needs support.
- ☐ Look for opportunities to serve.
- ☐ Practice gratitude every day.
- ☐ Leave people better than I found them.

A life of service begins with one intentional choice.

Memee Says

Beloved,

If there's one lesson I hope stays with you long after you've finished this book, it's this:

People may forget your job title, your accomplishments, or the things you own. But they'll remember how you made them feel.

Be known for your kindness, your character, and your compassion. Be someone who brings hope wherever God leads you.

Success fades. Titles change. But a life that serves others leaves a legacy that lasts.

Memee ❤️

Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- Who has had the greatest influence on your life?
- What kind of legacy do you hope to leave?

- How has serving others changed you?
- What does success mean to you today?
- What advice would you give someone who wants to make a positive difference?

The greatest lessons are often shared through the lives people have lived.



My Purpose Journal

What kind of person do I hope people remember me to be?

How can I serve others more intentionally?

What legacy do I want to begin building today?



Principle Builder Activity

Building My Legacy

This week I will:

- ☐ Encourage someone.
- ☐ Help without being asked.
- ☐ Express gratitude.
- ☐ Forgive someone.
- ☐ Pray for someone.
- ☐ Look for opportunities to serve.

A lasting legacy is built one act of kindness at a time.



Faith & Personal Reflection

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."
— **Matthew 5:16 (NIV)**

God created you to make a difference. Every act of kindness, every word of encouragement, and every opportunity to serve reflects His love to others.

Reflection

How can I use my gifts to serve others this week?

What kind of legacy do I want to begin building today?



Signature Closing

A meaningful life isn't measured only by what you achieve. It's measured by the lives you touch. Serve faithfully. Love generously. Lead with humility.

One act of kindness...one life impacted...one purposeful step at a time.



FOUNDATION 8 Principle #7



Leaving the Door Open for Someone Else

Becoming the Mentor, Leader, and Encourager You Once Needed



Success Becomes More Meaningful When It's Shared

Throughout this resource guide, you've been encouraged by parents, grandparents, guardians, teachers, coaches, counselors, pastors, mentors, employers, and your Bonus Memee.

None of us succeeds alone. Someone believed in us. Someone encouraged us. Someone opened the door.

One day, you'll have the opportunity to do the same for someone else.

One of the greatest ways to honor those who invested in you is to invest in someone else.



Someone Is Watching Your Example

Whether you realize it or not, someone is learning from you—a younger sibling, a teammate, a classmate, a neighbor, or someone who simply admires the way you carry yourself.

Leadership isn't about having a title. It's about living in a way that inspires others to become their best.



Life Skills Principle

The greatest leaders never stop lifting others as they climb.



Your Influence Starts Today

You don't have to wait until you're older to encourage someone else.

Help a classmate. Welcome someone new. Celebrate another person's success. Share what you've learned.

Sometimes one small act of kindness can change someone's day—or even their life. Never underestimate your influence.



Leave Every Place Better Than You Found It

Whether you're in a classroom, a workplace, a locker room, a church, or your own neighborhood, ask yourself:

"How can I leave this place better than I found it?"

People may forget your words, but they'll remember your kindness, your integrity, and the way you made them feel.

That's leadership.



Explore Further

Think about someone who made a positive difference in your life.

Ask yourself:

- What did they do that encouraged me?
- How did they make me feel?
- What qualities do I admire?
- How can I pass those qualities on to someone else?

The greatest gifts we receive are often the ones we choose to share.



Prepare Today

This month I will:

- ☐ Encourage someone who needs it.
- ☐ Help another student succeed.
- ☐ Celebrate someone else's accomplishments.
- ☐ Share what I've learned.
- ☐ Look for opportunities to mentor someone younger.
- ☐ Leave every place better than I found it.

Leadership begins with serving others.



Memee Says

Beloved,

One day you'll realize something beautiful: the encouragement that changed your life didn't stop with you. It continued through you.

That's how kindness multiplies. That's how wisdom is shared. That's how legacies are built.

Never think you're too young to encourage someone. A smile, a kind word, or simply believing in someone can change a life. You don't have to have all the answers. Just be willing to care.

And when God blesses you, **reach back and help someone else climb.**

Memee 



Continue the Conversation

Talk with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- Who encouraged you when you were younger?
- How did that person change your life?
- What does being a mentor mean to you?
- How can I encourage others while I'm still young?
- What kind of legacy do you hope to leave?

Every generation grows stronger when wisdom is shared.



My Purpose Journal

Who has made the biggest difference in my life?

How can I encourage someone this week?

What kind of mentor or leader do I hope to become one day?



Principle Builder Activity

Paying It Forward

This week I will:

- ☐ Write a thank-you note to someone who has encouraged me.
- ☐ Encourage a younger student or teammate.
- ☐ Help someone without expecting anything in return.
- ☐ Celebrate another person's success.
- ☐ Pray for someone who needs encouragement.
- ☐ Look for one opportunity each day to make a positive difference.

Leadership grows when it's shared.



Faith & Personal Reflection

"Encourage one another and build each other up. 1 Thessalonians 5:11 (NIV)

God often uses ordinary people to provide extraordinary encouragement. Ask Him to help you notice others, serve faithfully, and leave people stronger because your paths crossed.

Reflection

Who can I encourage this week?

How can my life point someone toward hope, purpose, and God's love?



Signature Closing

Someone believed in you. Now it's your turn to believe in someone else. Encourage generously. Lead humbly. Serve faithfully.

One encouraging word... One life inspired... One purposeful step at a time.

"Now it's your turn."



FOUNDATION 8 Principle #8



Launching into Your Purpose

The Journey Continues

This Is Not the End of Your Story

If you've made it this far, take a moment to celebrate. Not because you've finished a book, but because you've invested time in yourself.

You've learned.

You've grown.

You've prepared.

This resource guide was never meant to give you every answer. It was written to help you ask better questions, make wiser decisions, and prepare for the journey ahead.

Your story is still being written.

Purpose Is a Lifelong Journey

Purpose isn't a destination—it's a lifelong journey.

As you learn, serve, grow, and trust God, your purpose will continue to unfold.

Some dreams will change. Some doors will close. Others will open when you least expect them.

Keep preparing. Keep trusting. Keep moving forward.

Life Skills Principle

Your future isn't built in one moment. It's built one faithful decision at a time.

Everything Has Been Preparing You

Everything you've learned throughout this resource guide has been preparing you for what comes next. You've built character, explored opportunities, strengthened relationships, developed life skills, and grown in your faith. Now it's time to live what you've learned.

Preparation doesn't end here. Neither does your growth.

Keep Becoming

Never believe you've finished becoming. Become more compassionate, courageous, curious, dependable, generous, faithful, and more like the person God created you to be.

Growth is one of life's greatest adventures.



Explore Further

As you prepare for your next season, ask yourself:

- What kind of life do I hope to build?
- How do I want people to remember me?
- What impact do I hope to have on my family and community?
- How can I continue growing in faith, wisdom, and character?
- How will I help someone else along the way?

The journey continues...One purposeful step at a time.



Prepare Today

As I launch into my future, I will:

- ☐ Continue learning.
- ☐ Continue serving.
- ☐ Continue growing.
- ☐ Continue praying.
- ☐ Continue preparing.
- ☐ Continue encouraging others.
- ☐ Continue trusting God's timing.
- ☐ Continue living with purpose.

My journey is just beginning.



Memee Says

Beloved,

When I first began writing this resource guide, I was thinking about one young man—my grandson. I simply wanted to help him prepare for high school. But God had a bigger plan.

He reminded me that there are students everywhere who need someone to remind them that their future matters—that they are capable, deeply loved, and created on purpose, for a purpose.

If you're reading these words, I hope you've heard my heart on every page.

I've laughed with you.

I've challenged you.

I've encouraged you.

I've prayed for you.
And I've been cheering you on from the very beginning.

Now it's time to keep writing your own story. Walk boldly. Choose wisely. Serve faithfully. Love generously. And never forget whose you are.

Whenever life feels uncertain, come back to what you've learned. Come back to your faith. Come back to your purpose.

And remember...**there will always be a seat waiting for you at Memee's kitchen table.**

Forever yours, Memee ❤️



Continue the Conversation

Before you close this resource guide, have one final conversation with a parent, grandparent, guardian, homeschool teacher, counselor, coach, mentor, employer, pastor, or another trusted adult.

Ask:

- What do you hope I'll always remember?
- What strengths do you see in me?
- What advice would you give me as I begin this next chapter?
- How can I continue growing throughout my life?
- How can I make a positive difference wherever God leads me?

Then thank them. No one reaches the finish line alone.



My Purpose Journal

What is the greatest lesson I learned from this resource guide?

What kind of person do I hope to become?

How will I continue preparing with purpose throughout my life?

Principle Builder Activity

My Preparation with Purpose Commitment

Today, I choose to...

- ☐ Live with integrity.
- ☐ Continue learning.
- ☐ Treat others with kindness and respect.
- ☐ Use my gifts to serve others.
- ☐ Make wise decisions.
- ☐ Keep growing in my faith.
- ☐ Prepare for every opportunity.
- ☐ Trust God with my future.

This isn't the end of my journey.

It's the beginning of the life I'm choosing to build.

Faith & Personal Reflection

"For I know the plans I have for you," declares the Lord. Jeremiah 29:11 (NIV)

God has been with you through every lesson, every challenge, and every victory. As you step into your future, trust Him to continue guiding your path.

Reflection

How will I continue honoring God as I step into my next chapter?

What will **Preparation with Purpose™** look like in my life moving forward?

Signature Closing

This may be the last page of this resource guide, but it's only the first page of your next chapter.

Dream boldly.

Prepare faithfully.

Lead with integrity.

Serve with compassion.

Walk by faith.

Go confidently.

Go courageously.

Go prepared.

And wherever life leads you...**live with purpose.** One life...one journey...one purposeful step at a time.



PREPARATION WITH PURPOSE™

LAGNIAPPE

TEST PREPARATION WITH PURPOSE

A FAMILY GUIDE TO BUILDING
A SMARTER TEST-PREPARATION PLAN



UNDERSTAND
the Tests



BUILD
Strong Skills



PLAN
with Purpose



PRACTICE
with Strategy



PERFORM
with Confidence



Our Test-Prep Plan

- ☒ Set Goals
- ☒ Know Your Test
- ☒ Build Skills Daily
- ☒ Practice Smart
- ☒ Review & Improve
- ☒ Test with Confidence

PREPARE TODAY.
SUCCEED TOMORROW.



One Purposeful
Step at a Time.



STRONG SKILLS
RIGHT NOW
•
BETTER SCORES
LATER
•
MORE OPTIONS
AHEAD



PREPARATION + PRACTICE + PURPOSE = POSSIBILITY

YOU CAN PREPARE. YOU CAN ACHIEVE. YOU CAN WIN.

Test Preparation With Purpose

A Family Guide to Building a Smarter Test-Preparation Plan

Standardized testing can feel overwhelming, especially when families are trying to decide where to begin, which resources to use, and whether additional tutoring or test-preparation programs are necessary.

Before spending money, start with information.

The goal of test preparation is not simply to complete more practice questions. It is to understand what you already know, where you need additional support, and how to use your preparation time wisely.

This Lagniappe gives you a simple system for doing exactly that.

Start With a Baseline

Before creating a study plan, find out where you are starting.

Use an official practice test or assessment appropriate for the exam you are preparing to take. Your first score is not a prediction of your future performance. It is simply information that can help you identify your strengths and the areas that need more attention.

After completing your baseline assessment, record:

- Test or assessment:
- Date completed:
- Overall score:
- Reading/Writing score:
- Math score:
- Areas that felt strongest:
- Areas that felt most challenging:
- Skills I need to strengthen:

Prepare Today

Don't focus only on the total score. Look beneath the number.

Ask yourself:

What does this score tell me I should work on next?

Build Your Skills Gap Tracker

A practice test becomes more useful when you understand **why** you missed a question.

Instead of simply marking an answer wrong and moving on, look for patterns. Those patterns can show you where to focus your study time.

My Skills Gap Tracker

After reviewing your practice test, record the areas that need additional work.

Skill or Topic	Strong	Needs Practice	Needs More Help
Reading comprehension	☐	☐	☐
Vocabulary in context	☐	☐	☐
Grammar and writing conventions	☐	☐	☐
Using evidence and interpreting information	☐	☐	☐
Algebra	☐	☐	☐
Geometry	☐	☐	☐
Functions and equations	☐	☐	☐
Data, statistics, and percentages	☐	☐	☐
Problem solving	☐	☐	☐
Other: _____	☐	☐	☐

Look for the Reason

When you miss a question, ask why:

- ☐ I didn't know the concept.
- ☐ I misread the question.
- ☐ I made a calculation error.
- ☐ I rushed.
- ☐ I changed a correct answer.
- ☐ I didn't understand the vocabulary.
- ☐ Other: _____

Prepare Today

Circle or highlight your **three highest-priority skill gaps**.

Those become the starting point for your test-preparation plan—not everything at once.

My Test-Prep Error Log

An error log helps you turn missed questions into useful information. The goal is not to collect mistakes; it is to learn from them so you are less likely to repeat them.

After each practice session or practice test, record the questions that gave you difficulty.

Date	Skill or Topic	Why I Missed It	What I Need to Review	Retested?
_____	_____	_____	_____	☐
_____	_____	_____	_____	☐
_____	_____	_____	_____	☐
_____	_____	_____	_____	☐
_____	_____	_____	_____	☐

Review Before You Move On

For each missed question:

1. Identify the skill being tested.
2. Determine **why** you missed it.
3. Review or relearn the concept.
4. Practice that skill again.
5. Retest yourself later to see whether your understanding improved.

Remember: Getting a question wrong during practice isn't failure. Practice is where you discover what still needs work.

Watch for Patterns

After several study sessions, review your Error Log.

If the same skill or type of mistake keeps appearing, that is a signal to give that area more attention. If you've reviewed a concept several times and still don't understand it, that may also be a good indication that you need additional instruction or tutoring.

Prepare Today

Start your Error Log with your most recent practice assessment. Don't try to fix everything at once.

Find the pattern. Strengthen the skill. Then measure your progress.

Build Your Weekly Test-Prep Plan

Now that you know **what** needs work, the next step is deciding **when** you'll work on it.

You don't need to study everything every day. A focused plan can help you use your time more effectively and prevent test preparation from becoming overwhelming.

When possible, work on your **most challenging or highest-priority skills when you're mentally fresh**. Save lighter review for later.

My Weekly Test-Prep Planner

Day	Skill or Topic	What I'll Practice	Time Planned	Completed
Monday	_____	_____	_____	☐
Tuesday	_____	_____	_____	☐
Wednesday	_____	_____	_____	☐
Thursday	_____	_____	_____	☐
Friday	_____	_____	_____	☐
Saturday	_____	_____	_____	☐
Sunday	_____	_____	_____	☐

Build a Routine That Works for You

Your schedule should fit your actual life. Consider schoolwork, activities, athletics, work, family responsibilities, church, and rest when planning your study time.

A strong routine might include:

- Focused practice on one or two skills
- Reviewing your Error Log
- Practicing previously missed concepts
- Completing timed practice periodically
- Taking breaks when needed
- Protecting time for sleep and regular school responsibilities

Prepare Today

Choose the days and times you can **realistically** dedicate to test preparation this week.

Consistency matters more than creating a schedule you cannot maintain.

Your plan should work for your life—not compete with it.

Practice-Test Reflection & Measuring Progress

Practice tests are most valuable when you use them to measure more than a score.

After each practice test, take a few minutes to compare your results with your previous work. Look for improvement, repeated challenges, and areas that need a different approach.

My Practice-Test Reflection

Test or assessment: _____

Date: _____

Overall score: _____

My previous score: _____

My score changed by: _____

Skills that improved:

Skills that still need attention:

Mistakes I noticed repeating:

One thing I will do differently before my next practice test:

Measure More Than the Number

Progress can look like:

- Answering more questions correctly
- Making fewer careless mistakes
- Understanding concepts that were previously difficult
- Managing your time better
- Recognizing question types more quickly
- Feeling more confident with the material

A score is useful information, but it is **not the only evidence that you are improving.**

Prepare Today

Compare your most recent results with your baseline.

Ask yourself:

What improved? What still needs work? What should I focus on next?

Then update your Skills Gap Tracker and Weekly Test-Prep Planner based on what you learned.

Test-Date & Deadline Tracker

Strong test preparation includes knowing **when** important testing decisions need to be made. Registration deadlines, testing dates, fees, score-reporting procedures, and testing policies can change, so keep your information current.

Test	Test Date	Registration Deadline	My Registration Status	Notes
_____	_____	_____	☐ Complete	_____
_____	_____	_____	☐ Complete	_____
_____	_____	_____	☐ Complete	_____
_____	_____	_____	☐ Complete	_____

Keep the Bigger Picture in View

When choosing a testing date, consider:

- Application and scholarship deadlines
- How much preparation time you need
- School and extracurricular commitments
- Whether you may want an opportunity to test again
- When scores may be needed by colleges, programs, or scholarship providers

Verify Before You Act

Test dates, registration deadlines, fees, testing policies, score-reporting procedures, and college testing requirements may change. Always verify current information directly with the official testing organization and the colleges, programs, or scholarship providers you are considering before registering or making testing decisions.

Prepare Today

Identify the official source for the test you're considering and record the next important date or deadline in your calendar.

Plan early so a missed deadline doesn't become a missed opportunity.

Free & Official Test-Preparation Resources

Before paying for a test-preparation program, tutoring package, or subscription, explore the **free resources available directly from the organizations responsible for the tests.**

Official resources can help students become familiar with test formats, question types, practice tools, and current testing information.

Start With Official Resources

For the **SAT**, begin with the College Board and its official SAT preparation resources.

For the **ACT**, begin with ACT and its official preparation resources.

Your school counselor may also be able to help you locate:

- School-sponsored test-preparation opportunities
- Practice assessments
- Tutoring or academic-support programs
- Test-preparation workshops
- Information about testing opportunities available through your school
- Additional free resources available to students

Before You Spend Money

A paid program may be helpful for some students but cost alone does not determine what kind of support a student needs.

Use the tools in this Lagniappe first:

Baseline Assessment → Skills Gap Tracker → Error Log → Weekly Plan → Practice → Measure Progress

Then ask:

Am I improving with the resources I already have?

Is there a particular skill I still don't understand?

Would targeted help in that area be more useful than purchasing an entire program?

Do I need instruction, accountability, additional practice—or simply more time and consistency?

The answers can help your family make a more informed decision about whether additional support is necessary.

Verify Before You Act

Testing resources, formats, policies, registration procedures, and available preparation tools may change. Use the official testing organization's website to verify current information and available resources.

A Preparation With Purpose™ Reminder

The goal isn't to avoid spending money when a student truly needs additional help.
The goal is to understand the need before spending the money.

Start with what is available.
Identify what you need.
Use your resources wisely.
Invest in additional support when it has a clear purpose.

My Test-Preparation Action Plan

You now have a system for approaching test preparation with purpose.

You know how to establish a baseline, identify skill gaps, learn from mistakes, create a realistic study routine, measure progress, track important dates, and locate free resources before deciding whether additional support is necessary.

Now bring those pieces together.

My Test-Preparation Action Plan

The test I am preparing for:

My current goal:

My three highest-priority skills are:

1.

2.

3.

The free or official resources I will use:

My regular preparation days/times:

My next practice test date:

My next important testing deadline:

The person I can ask for help or guidance:

If I am not making progress, my next step will be:

For Families

Test preparation does not have to begin with an expensive program.

Begin by helping your student understand where they are, what they need, and what kind of support will help them move forward. Review progress together and adjust the plan when necessary.

If additional tutoring or preparation becomes appropriate, you will be making that investment with a clearer understanding of what your student actually needs.

Keep Moving Forward

Prepared *Positioned*Purposed * Promised

You do not have to master everything today.

Identify the need.

Make the plan.

Practice consistently.

Learn from your mistakes.

Measure your progress.

Adjust when necessary.

Then keep moving forward.

Preparation isn't about predicting every question you'll encounter. It's about building the skills, habits, and confidence to face the test prepared.

PREPARATION TODAY

Opens Doors Tomorrow.™

The Preparation With Purpose™ Academic and Career Resource Guide — Student Edition is a practical, faith-based guide designed to help you navigate high school with confidence, explore your options, and take purposeful steps toward your future.

Whether you're planning for college, a career, the military, trade school, or entrepreneurship, this resource will help you build a strong foundation, develop essential life skills, and stay focused on your goals.



EXPLORE
Your Interests



BUILD
Your Skills



PREPARE
for Your Future



ACHIEVE
Your Goals

GRADES 9 • 10 • 11 • 12

Every Family Deserves a Plan.

PREPARE • POSITION • PURPOSE • PROMISE



Visit Our Resource Center
preparationwithpurpose.org

*At Preparation With Purpose™,
we believe every student has purpose,
potential, and a future worth preparing for.*



**PREPARATION
WITH PURPOSE™**

Your Journey Matters.

EDUCATE • EMPOWER • EQUIP • ENCOURAGE