

Trusted Tour Guide Annie

Legacy Companion Prompt Pack

Introduction

This companion prompt pack is designed to keep your legacy story work moving. Use these prompts with AI tools like ChatGPT or as manual reflection exercises. Copy, fill in the blanks, and expand—then activate, preserve, and revisit.

Includes original fill-in-the-blank legacy prompts plus bonus variations, rhythm refreshers, and a quick intention tracker.

How to Use

1. Pick a prompt that fits the story you want to explore.
2. Fill in the blanks with names, moments, feelings, or details.
3. Optionally feed it into an AI (e.g., "Help me write a short tribute to my grandmother who..."), then refine.
4. Save or record the output: letter, audio, ritual script, shareable story.
5. Use the Rhythm Refresh section at the end to plan follow-ups and the intention tracker to keep clarity.



25 Fill-in-the-Blank Legacy Prompts From Trusted Tour Guide Annie

1. Help me write a short tribute to my _____ who _____ and always wore _____.
2. Write a thank-you letter to my _____ for teaching me how to _____.
3. Tell a story about the time my _____ surprised me with _____.
4. Create a memory script for a video about my family's tradition of _____.
5. Draft a eulogy for my _____ who loved _____ and always said _____.
6. Write a funny story about the time my _____ and I got into trouble over _____.
7. Create a caption for a photo of my _____ and me doing _____.
8. Help me describe the smell and sounds of my childhood kitchen where _____ always cooked _____.
9. Write a keepsake story about the first time I realized my _____ was my hero.



25 Fill-in-the-Blank Legacy Prompts

Use these flexible, human-first prompts with AI tools like ChatGPT to generate deeply personal legacy content. Just fill in the blanks and watch your stories take shape.

10. Draft a legacy story about how my _____ taught me the meaning of _____.

11. Describe my _____'s unique way of celebrating _____ each year.

12. Help me capture the moment when my _____ overcame _____ and inspired everyone.

13. Tell the story of my family's _____ recipe and who passed it down to me.

14. Write a journal entry from the perspective of my _____ on the day of _____.

15. Create a scene for a short film based on my childhood summers spent _____.

16. Help me write a bedtime story based on the lessons my _____ taught me about _____.

17. Describe the legacy of my _____ in 5 powerful sentences.

18. Write a wedding speech that honors my _____ and their example of _____.



25 Fill-in-the-Blank Legacy Prompts

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19. Summarize my _____'s life in a poem that mentions their love of _____ and _____.

20. Compose a letter to my future grandchildren explaining how our family values _____ came from my _____.

21. Help me describe what my _____ meant when they said _____ and how it shaped me.

22. Create a tribute page headline for my _____, known for _____ and _____.

23. Draft a story titled "The Day My _____ Changed Everything."

24. Describe a family heirloom _____ and its journey from my _____ to me.

25. Write a scene that captures the laughter of my _____ during our annual tradition of _____.



Bonus Activities & Prompts (10)

1. Write a letter to your younger self about the moment that shaped your values, explaining what you learned and what you'd tell them now.
2. Describe a quiet ritual you could create to revisit this story annually, including what you'll do and where.
3. Explain how this moment influences the way you show up in your relationships today.
4. Create a short script to share this story aloud at a family gathering, including a brief intro and closing line.
5. Draft a gratitude list inspired by this legacy moment—name three people, three feelings, and one future action.
6. Compose a message to your future self reminding you why this story mattered and what to do next.
7. Write a headline for a small keepsake plaque that summarizes the lesson in this story.
8. Create a two-sentence version of your narrative that you could share in a conversation starter.
9. Describe a challenge you faced after this moment and how the lesson you pulled from it helped you navigate it.
10. Draft a 'passing it on' note to someone you want to give this story to, including context and why it matters.



Rhythm Refresh & Intention Tracker

Legacy work sticks when you return. Use this quick check-in to keep your cadence:

- My next revisit date: _____
- Cue that triggers me: _____
- What I'll do when I revisit: _____
- Who can remind or join me: _____
- New snapshot prompt I'll capture next: _____
- _____

Intention Tracker:

- Current headline: _____
- Why it matters (brief): _____
- Next play I committed to: _____
- Preservation format chosen: _____
- Rhythm cadence (monthly, quarterly, milestone): _____

