

THE HONEST FLAT TRACKER • SAME AMOUNT EVERY TIME. NO SURPRISE \$65 DAYS.

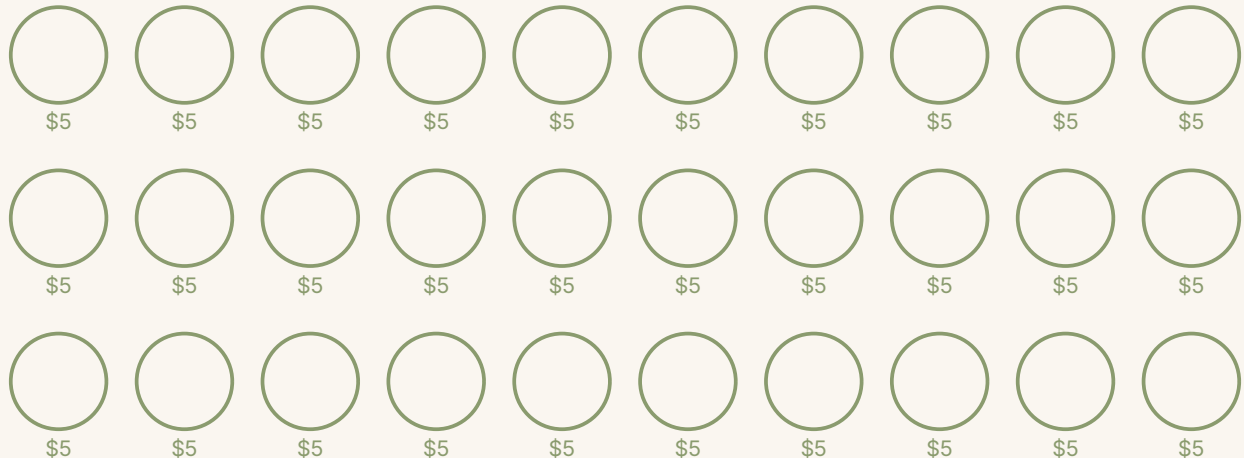
\$150 • The 30-Day Flat

\$5 per day × 30 days = \$150

Color a circle each time the money moves. Flat means doable. Doable means finished.

This \$150 is for: _____

Name it before you color anything. Money with a name doesn't wander.



Missed one? Color it next time. The tracker doesn't restart. Neither do you.

Finished = \$150 that exists because the plan was honest.

Number too big? Halve every circle. Flat is the point — not big.

Works best after your Baseline sheet — know what's Flex before you commit a dollar of it.

Finished. Now what?

Move the \$150 to your cushion — the account you don't touch. That's the money that makes the knot let go.

Then start the next flat — or don't. Quiet money is allowed to just sit there.

THE HONEST FLAT TRACKER · SAME AMOUNT EVERY TIME. NO SURPRISE \$65 DAYS.

\$500 · The 20-Week Flat

\$25 per week × 20 weeks = \$500

Color a circle each time the money moves. Flat means doable. Doable means finished.

This \$500 is for: _____

Name it before you color anything. Money with a name doesn't wander.



Missed one? Color it next time. The tracker doesn't restart. Neither do you.

Finished = \$500 that exists because the plan was honest.

Number too big? Halve every circle. Flat is the point — not big.

Works best after your Baseline sheet — know what's Flex before you commit a dollar of it.

Finished. Now what?

Move the \$500 to your cushion — the account you don't touch. That's the money that makes the knot let go.

Then start the next flat — or don't. Quiet money is allowed to just sit there.

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\$1,000 • The 50-Week Flat

\$20 per week × 50 weeks = \$1,000

Color a circle each time the money moves. Flat means doable. Doable means finished.

This \$1,000 is for: _____

Name it before you color anything. Money with a name doesn't wander.

									
\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20
									
\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20
									
\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20
									
\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20
									
\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20

Missed one? Color it next time. The tracker doesn't restart. Neither do you.

Finished = \$1,000 that exists because the plan was honest.

Number too big? Halve every circle. Flat is the point — not big.

Works best after your Baseline sheet — know what's Flex before you commit a dollar of it.

Finished. Now what?

Move the \$1,000 to your cushion — the account you don't touch. That's the money that makes the knot let go.

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THE HONEST FLAT TRACKER • SAME AMOUNT EVERY TIME. NO SURPRISE \$65 DAYS.

\$2,500 • The 50-Week Flat

\$50 per week × 50 weeks = \$2,500

Color a circle each time the money moves. Flat means doable. Doable means finished.

This \$2,500 is for: _____

Name it before you color anything. Money with a name doesn't wander.

									
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
									
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
									
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
									
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
									
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50

Missed one? Color it next time. The tracker doesn't restart. Neither do you.

Finished = \$2,500 that exists because the plan was honest.

Number too big? Halve every circle. Flat is the point — not big.

Works best after your Baseline sheet — know what's Flex before you commit a dollar of it.

Finished. Now what?

Move the \$2,500 to your cushion — the account you don't touch. That's the money that makes the knot let go.

Then start the next flat — or don't. Quiet money is allowed to just sit there.