

AdoraTM

HAIR EXTENSIONS



MORE LENGTH. MORE CONFIDENCE. MORE YOU.

HUMAN HAIR WEFT AFTERCARE GUIDE

Professional aftercare for beautiful, soft, natural-looking extensions.



Your Adora Human Hair Wefts are an investment in beautiful hair. The right routine helps reduce tangling, dryness, unnecessary tension and premature wear.

THE ADORA GOLDEN RULES

BRUSH GENTLY	Start at the ends and work upwards. Support the hair near the weft while brushing.
KEEP THE LENGTHS MOISTURISED	Use conditioner and suitable treatments on the mid-lengths and ends.
PROTECT FROM HEAT	Use heat protection every time and avoid unnecessary high heat.
KEEP THEM DRY AT NIGHT	Never sleep with wet extensions. Secure dry hair loosely for bed.
PROTECT THE WEFT	Avoid tugging and avoid heavy oils, conditioner or masks directly on the attachment area.
MAINTAIN ON TIME	Follow the maintenance schedule given by your Adora stylist for your installation.

BRUSHING

- Detangle before washing and whenever the hair begins to knot.
- Start at the ends and gradually work towards the roots.
- Hold/support the hair near the attachment area while brushing.
- Never yank through a knot. Gently loosen stubborn tangles with your fingers first.
- Use an extension-friendly brush and pay extra attention to the nape, where friction can cause tangling.

WASHING

- Use lukewarm water and a gentle, preferably sulfate-free shampoo.
- Clean the scalp gently with your fingertips. Do not vigorously scrub or pile the lengths on top of your head.
- Let shampoo rinse through the lengths rather than aggressively rubbing the extension hair.
- Apply conditioner from the mid-lengths to the ends. Keep rich conditioner, masks and oils away from the weft/attachment area.
- Do not overwash unnecessarily. Your stylist can advise the best frequency for your scalp and lifestyle.

DRYING & HEAT STYLING

Wet hair is more vulnerable to stretching, friction and tangling, so handle it gently.

- Gently squeeze or blot excess water with a soft or microfiber towel. Do not twist or aggressively rub.
- Detangle carefully from the ends upwards.
- Dry the roots/weft area thoroughly before finishing the lengths.
- Always apply heat protectant before blow-drying or using hot tools.
- Use the lowest effective temperature and avoid repeatedly heating the same section.
- For general professional guidance, keeping hot tools around or below 177–180°C (350–356°F) is a sensible upper range unless your specific hair manufacturer or stylist gives different instructions.
- Keep direct heat away from any attachment components that may be affected by heat.

SLEEPING

- Never sleep with wet extensions.
- Brush gently before bed and remove small tangles.
- Secure dry hair in a loose braid or low ponytail with a soft scrunchie.
- Avoid tight buns and tight ponytails that create tension.
- A silk or satin pillowcase can help reduce friction and tangling.

PRODUCTS: OILS, SERUMS & LEAVE-IN CARE

Lightweight products can help the lengths and ends stay soft and smooth. Apply a small amount mainly from mid-lengths to ends. Avoid saturating the weft or attachment area with heavy oils, conditioner or rich masks because buildup or slipping can occur depending on the installation method.

WEEKLY MOISTURE BOOST

A nourishing mask can be used approximately once a week on the mid-lengths and ends, if suitable for your hair. More product is not always better: the goal is soft, manageable hair without heavy buildup.

SWIMMING, BEACH DAYS & HOLIDAYS

Before swimming:

- Saturate the hair with clean water first.
- Apply a suitable leave-in conditioner to the lengths and ends.
- Secure the hair in a loose braid to reduce tangling.

After swimming:

- Rinse thoroughly with fresh water as soon as possible.
- Chlorine and salt water can contribute to dryness and tangling, so do not leave them sitting in the hair.
- Take extra care with blonde/light shades and around sunscreen or tanning products, which may contribute to discolouration.

PURPLE SHAMPOO & TONING PRODUCTS

Blonde extensions do not automatically need purple shampoo. Colour-depositing products can change the shade and may be drying if overused. Use toning products only when needed and follow your stylist's or product manufacturer's directions.

COLOURING & CHEMICAL SERVICES

- Do not bleach or colour your extensions at home.
- Chemical processing can alter the texture, condition and colour of human-hair extensions.
- If you want a colour change, speak to your professional stylist first. Your specific extension manufacturer may have additional restrictions or warranty conditions.

AVOID THESE COMMON MISTAKES

- × Sleeping with wet hair
- × Aggressive brushing or pulling
- × Excessive heat or heat without protection
- × Tight hairstyles every day
- × Heavy products around the weft
- × Leaving chlorine or salt water in the hair
- × Home bleaching or colouring
- × Allowing tangles to build up
- × Pulling or cutting the weft
- × Delaying professional maintenance

YOUR SIMPLE ADORA ROUTINE

MORNING	Gently brush from ends upwards → style → use heat protection if heat styling.
DURING THE DAY	Carry your extension brush and gently detangle when needed. Avoid unnecessary pulling.
WASH DAY	Detangle → gentle shampoo → conditioner mid-lengths to ends → optional mask → leave-in if needed → heat protection → dry completely.
BEDTIME	Brush → make sure the hair is completely dry → loose braid or low ponytail → sleep.
SWIMMING	Clean water first → leave-in on lengths → loose braid → rinse with fresh water afterwards.
MAINTENANCE	Return to your Adora stylist according to the schedule recommended for your specific weft and installation.

MAINTENANCE MATTERS

Your maintenance interval depends on your installation method, natural hair growth, hair density and lifestyle. As a general guide, many professional weft systems are maintained around every 6–10 weeks, but your Adora stylist should set the schedule for your individual installation. Do not wait until the extensions are severely grown out, tangled or uncomfortable.

DO NOT DIY YOUR EXTENSIONS

- Do not pull out extensions.
- Do not cut attachment points or try to repair them with household tools.
- If a weft feels loose, painful, excessively tangled or uncomfortable, contact your stylist.

LOVE YOUR EXTENSIONS & THEY'LL LOVE YOU BACK.

More length. More confidence. More YOU.



CUTE & EXTENSION-FRIENDLY HAIRSTYLE TIPS

Your Adora wefts give you extra length and volume, so have fun with them! The key is to keep styles comfortable and avoid unnecessary tension around the attachment area.

1. SOFT BEACH WAVES

Create loose waves with a curling wand or straightener, using heat protectant first. Alternate the direction of the waves for a softer, natural finish. Let the hair cool, then gently loosen the waves with your fingers.

2. HALF-UP, HALF-DOWN

One of the easiest everyday styles. Take a section from above the ears, secure it loosely at the back and leave a few face-framing pieces out. This style adds volume without requiring a tight ponytail.

3. LOW, LOOSE PONYTAIL

Keep the ponytail low and relaxed rather than pulling it high and tight. Wrap a small section of hair around the scrunchie for a polished finish. This is also a great option for work or a casual day out.

4. ROMANTIC SIDE BRAID

Sweep the hair gently to one side and create a loose three-strand braid. Pull a few pieces around the face for a soft, effortless look. Keep the braid comfortable rather than tight.

5. CLAW-CLIP CHIC

Gather the hair into a loose twist and secure it with a large claw clip. Leave a few soft pieces around the face. Make sure the clip is not pulling directly on the weft or creating discomfort.

6. SLEEK & STRAIGHT

Apply heat protectant, dry the hair completely and smooth the natural hair and extensions together. Finish with a tiny amount of lightweight serum on the ends for shine.

7. LOW MESSY BUN

Create a relaxed low bun rather than a high, tight bun. Keep the style soft and slightly undone. If the bun feels tight or pulls at the roots, loosen it.

8. LOOSE NIGHT-TIME BRAID

For bedtime, gently brush the hair and make one loose braid using a soft scrunchie at the end. This helps reduce friction and tangling while you sleep.

THE GOLDEN STYLING RULE

If a hairstyle feels tight, painful or pulls at the roots, loosen it. Beautiful extensions should feel comfortable. Loose braids, low ponytails and relaxed updos are generally kinder to the attachment area than consistently tight styles. Professional extension-care guidance also recommends loose braids or low ponytails for protecting extensions overnight.

Have fun. Change your part. Add waves. Wear it straight. Try a cute braid. Your Adora hair is made to be styled — just style it gently.