



MY COFFEE JOURNAL



THIS COFFEE JOURNAL BELONGS TO

Date Started:

*A place to record the coffee you
try, love and want to remember.*

The Java Lounge

WELCOME TO YOUR COFFEE JOURNAL

Use this journal to record the coffees you try, improve your brewing and remember favorite café visits.

Complete the pages in any order and reuse the logs whenever needed.

HOW TO USE THIS JOURNAL

- 1.** Complete your Coffee Profile.
- 2.** Record tastings, recipes and café visits.
- 3.** Reprint or duplicate the reusable logs.
- 4.** Review your trackers to discover your favorites.



MY COFFEE PROFILE

I USUALLY DRINK COFFEE:

☐ Hot ☐ Iced ☐ Both

MY PREFERRED ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Still exploring

MY PREFERRED STRENGTH:

☐ Mild ☐ Balanced ☐ Strong

I USUALLY ADD:

☐ Nothing ☐ Milk or cream
☐ Sweetener ☐ Flavored syrup ☐ Other

I BREW AT HOME WITH:

☐ Drip machine ☐ Single-serve
☐ French press ☐ Pour-over
☐ Espresso machine ☐ Cold brew
☐ Other: _____

COFFEE I'D LIKE TO EXPLORE: _____



BUILD MY PERFECT CUP

DRINK NAME: _____

SERVE IT:

☐ Hot ☐ Iced ☐ Blended

COFFEE BASE:

☐ Espresso ☐ Drip coffee ☐ Cold brew
☐ Instant ☐ Other: _____

ROAST:

☐ Light ☐ Medium ☐ Dark

STRENGTH:

☐ Mild ☐ Balanced ☐ Bold

MILK OR CREAMER: _____

SWEETENER: _____

FLAVOR OR SYRUP: _____

EXTRAS OR TOPPINGS: _____

MY FINAL PERFECT-CUP FORMULA:



MY COFFEE RECIPE

RECIPE NAME:

SERVED:

☐ Hot ☐ Iced ☐ Blended

INGREDIENTS:

DIRECTIONS:

OVERALL RATING: ☆ ☆ ☆ ☆ ☆

NEXT TIME I'D:



Ready to Keep Journaling?

Get the complete 30-page Digital Coffee Journal for \$9.99

[Get the Complete Journal](#)