



MY COFFEE JOURNAL



THIS COFFEE JOURNAL BELONGS TO

Date Started:

*A place to record the coffee you
try, love and want to remember.*

The Java Lounge

WELCOME TO YOUR COFFEE JOURNAL

Use this journal to record the coffees you try, improve your brewing and remember favorite café visits.

Complete the pages in any order and reuse the logs whenever needed.

HOW TO USE THIS JOURNAL

- 1.** Complete your Coffee Profile.
- 2.** Record tastings, recipes and café visits.
- 3.** Reprint or duplicate the reusable logs.
- 4.** Review your trackers to discover your favorites.



MY COFFEE PROFILE

I USUALLY DRINK COFFEE:

☐ Hot ☐ Iced ☐ Both

MY PREFERRED ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Still exploring

MY PREFERRED STRENGTH:

☐ Mild ☐ Balanced ☐ Strong

I USUALLY ADD:

☐ Nothing ☐ Milk or cream
☐ Sweetener ☐ Flavored syrup ☐ Other

I BREW AT HOME WITH:

☐ Drip machine ☐ Single-serve
☐ French press ☐ Pour-over
☐ Espresso machine ☐ Cold brew
☐ Other: _____

COFFEE I'D LIKE TO EXPLORE: _____



MY COFFEE FAVORITES

MY GO-TO COFFEE ORDER

FAVORITE HOT COFFEE DRINK

FAVORITE ICED COFFEE DRINK

FAVORITE COFFEE BEAN OR ROASTER

FAVORITE CAFÉ

FAVORITE MILK, CREAMER OR SWEETENER

FAVORITE COFFEE PAIRING

A COFFEE I'D HAPPILY BUY AGAIN



BUILD MY PERFECT CUP

DRINK NAME: _____

SERVE IT:

☐ Hot ☐ Iced ☐ Blended

COFFEE BASE:

☐ Espresso ☐ Drip coffee ☐ Cold brew
☐ Instant ☐ Other: _____

ROAST:

☐ Light ☐ Medium ☐ Dark

STRENGTH:

☐ Mild ☐ Balanced ☐ Bold

MILK OR CREAMER: _____

SWEETENER: _____

FLAVOR OR SYRUP: _____

EXTRAS OR TOPPINGS: _____

MY FINAL PERFECT-CUP FORMULA:



COFFEE DRINKS TO TRY

Keep a running list of interesting drinks, then rate them after you try them.

DRINK: _____

WHERE TO TRY IT: _____

☐ Hot ☐ Iced ☐ Blended ☐ Tried

RATING: ☆ ☆ ☆ ☆ ☆

DRINK: _____

WHERE TO TRY IT: _____

☐ Hot ☐ Iced ☐ Blended ☐ Tried

RATING: ☆ ☆ ☆ ☆ ☆

DRINK: _____

WHERE TO TRY IT: _____

☐ Hot ☐ Iced ☐ Blended ☐ Tried

RATING: ☆ ☆ ☆ ☆ ☆

DRINK: _____

WHERE TO TRY IT: _____

☐ Hot ☐ Iced ☐ Blended ☐ Tried

RATING: ☆ ☆ ☆ ☆ ☆



COFFEE TASTING LOG

DATE: _____

COFFEE OR BEAN: _____

BRAND OR ROASTER: _____

ORIGIN: _____

ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Unknown

BREW METHOD:

☐ Drip ☐ Pour-over ☐ French press
☐ Espresso ☐ Cold brew ☐ Other: _____

SERVED:

☐ Hot ☐ Iced

ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Unknown

BREW METHOD:

☐ Drip ☐ Pour-over ☐ French press
☐ Espresso ☐ Cold brew ☐ Other: _____

SERVED:

☐ Hot ☐ Iced



TASTING DETAILS

- COFFEE/BEAN: _____
- DATE: _____

AROMA:

☐ Mild ☐ Noticeable ☐ Strong

FLAVOR:

☐ Smooth ☐ Bold ☐ Bitter
☐ Sweet ☐ Bright ☐ Rich

BODY:

☐ Light ☐ Medium ☐ Full

FLAVOR NOTES:

☐ Chocolate ☐ Caramel ☐ Nutty
☐ Fruity ☐ Floral ☐ Spiced
☐ Other: _____

OVERALL RATING: ☆ ☆ ☆ ☆ ☆

WOULD I BUY IT AGAIN?

☐ Yes ☐ No ☐ Maybe



QUICK COFFEE REVIEW

DATE: _____

COFFEE OR DRINK: _____

WHERE I TRIED IT: _____

SERVED:

☐ Hot ☐ Iced ☐ Blended

MY FIRST IMPRESSION:

WHAT STOOD OUT:

OVERALL RATING: ☆ ☆ ☆ ☆ ☆

WOULD I HAVE IT AGAIN?

☐ Yes ☐ No ☐ Maybe



MY COFFEE RECIPE

RECIPE NAME:

SERVED:

☐ Hot ☐ Iced ☐ Blended

INGREDIENTS:

DIRECTIONS:

OVERALL RATING: ☆ ☆ ☆ ☆ ☆

NEXT TIME I'D:



BREW METHOD NOTES

COFFEE OR BEAN:

BREW METHOD:

COFFEE AMOUNT: -----

WATER AMOUNT: -----

GRIND:

☐ Fine ☐ Medium ☐ Coarse

BREW TIME: -----

HOW IT TURNED OUT:

WHAT I'D CHANGE NEXT TIME:

OVERALL RATING: ☆ ☆ ☆ ☆ ☆



BREW COMPARISON

COFFEE OR BEAN: _____

BREW A

METHOD: _____

GRIND: ☐ Fine ☐ Medium ☐ Coarse

BREW TIME: _____

RATING: ☆ ☆ ☆ ☆ ☆

BREW B

METHOD: _____

GRIND: ☐ Fine ☐ Medium ☐ Coarse

BREW TIME: _____

RATING: ☆ ☆ ☆ ☆ ☆

WHICH DID I PREFER?

☐ Brew A ☐ Brew B ☐ Both

WHY:



CAFÉ VISIT LOG

CAFÉ NAME: _____

DATE: _____

LOCATION: _____

WHAT I ORDERED:

THE ATMOSPHERE FELT:

- ☐ Cozy ☐ Quiet ☐ Lively
☐ Stylish ☐ Casual ☐ Other

DRINK RATING: ☆ ☆ ☆ ☆ ☆

WOULD I RETURN?

- ☐ Yes ☐ No ☐ Maybe

WHAT STOOD OUT:



MY CAFÉ BUCKET LIST

CAFÉS CLOSE TO HOME

- ☐ 1. _____
- ☐ 2. _____
- ☐ 3. _____
- ☐ 4. _____

CAFÉS I'D TRAVEL FOR

- ☐ 1. _____
- ☐ 2. _____
- ☐ 3. _____
- ☐ 4. _____

THE CAFÉ AT THE TOP OF MY LIST:



BEAN & ROAST TRACKER

COFFEE OR BEAN: _____

BRAND OR ROASTER: _____

ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Unknown

RATING: ☆ ☆ ☆ ☆ ☆

BUY AGAIN? ☐ Yes ☐ No ☐ Maybe

COFFEE OR BEAN: _____

BRAND OR ROASTER: _____

ROAST:

☐ Light ☐ Medium ☐ Dark ☐ Unknown

RATING: ☆ ☆ ☆ ☆ ☆

BUY AGAIN? ☐ Yes ☐ No ☐ Maybe



COFFEE PURCHASE TRACKER

DATE PURCHASED: _____

COFFEE OR ITEM: _____

BRAND OR ROASTER: _____

WHERE I BOUGHT IT: _____

SIZE: _____

PRICE: _____

BUY AGAIN?

☐ Yes ☐ No ☐ Maybe

NOTES:



MONTHLY COFFEE FAVORITES

MONTH: _____

FAVORITE COFFEE OR DRINK:

FAVORITE BEAN OR ROAST:

FAVORITE AT-HOME RECIPE:

FAVORITE CAFÉ VISIT:

BEST NEW COFFEE DISCOVERY:

THE COFFEE I'D CHOOSE AGAIN:



MONTHLY COFFEE REFLECTION

MONTH: _____

WHAT COFFEE MOMENT STOOD OUT THIS MONTH?

WHAT DID I LEARN ABOUT MY COFFEE
PREFERENCES?

IS THERE ANYTHING I'D CHANGE OR SKIP NEXT
TIME?

WHAT WOULD I LIKE TO TRY NEXT MONTH?



MY FAVORITE COFFEE MEMORY

WHERE WAS I, AND WHO WAS I WITH?

WHAT WAS I DRINKING?

WHAT MADE THIS MOMENT MEMORABLE?



MY COFFEE TASTE OVER TIME

WHAT DID I USUALLY DRINK WHEN I FIRST STARTED ENJOYING COFFEE?

WHAT DO I PREFER NOW?

WHAT CHANGED OR INFLUENCED MY TASTE?



MY NEW COFFEE TRADITION

WHAT WOULD THE TRADITION BE?

WHEN, WHERE OR WITH WHOM WOULD I ENJOY IT?

WHAT WOULD I NEED TO MAKE IT HAPPEN?



This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. In the bottom right corner, there is a small, stylized illustration of three brown coffee beans and a splash of dark liquid, possibly coffee or chocolate, with small droplets rising from it.



DOODLES, SKETCHES OR OTHER IDEAS



COFFEE NOTES

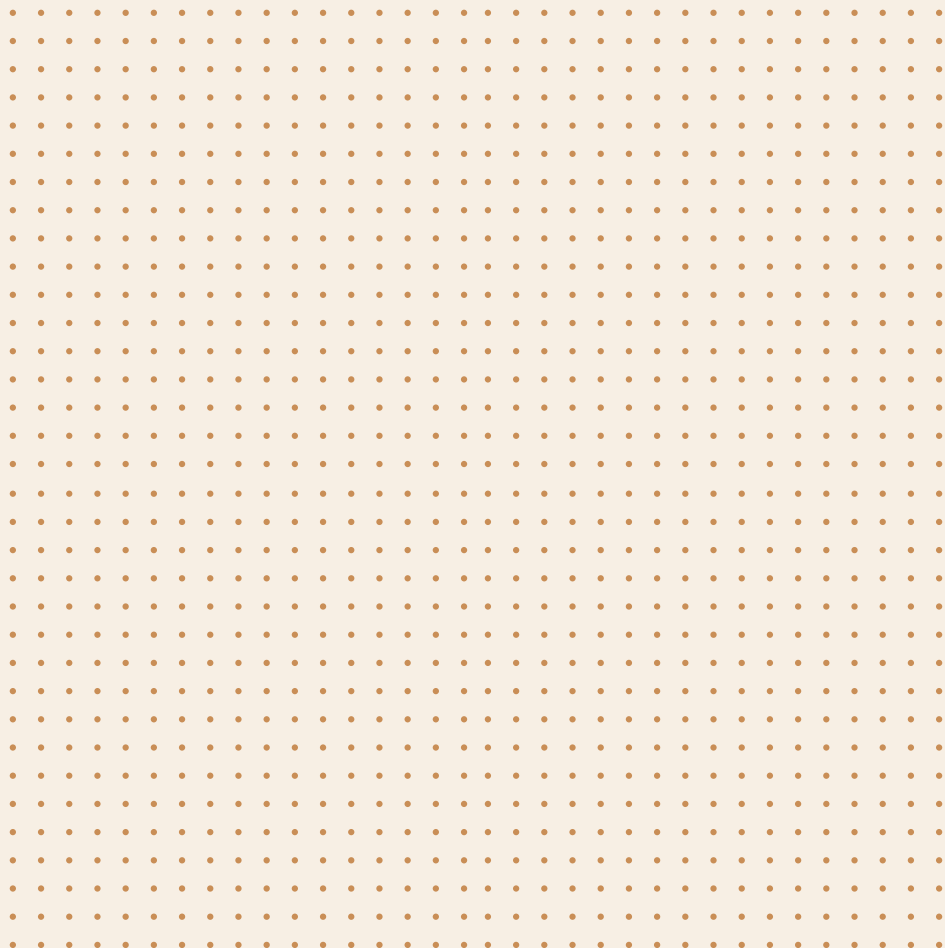
IDEAS TO TRY

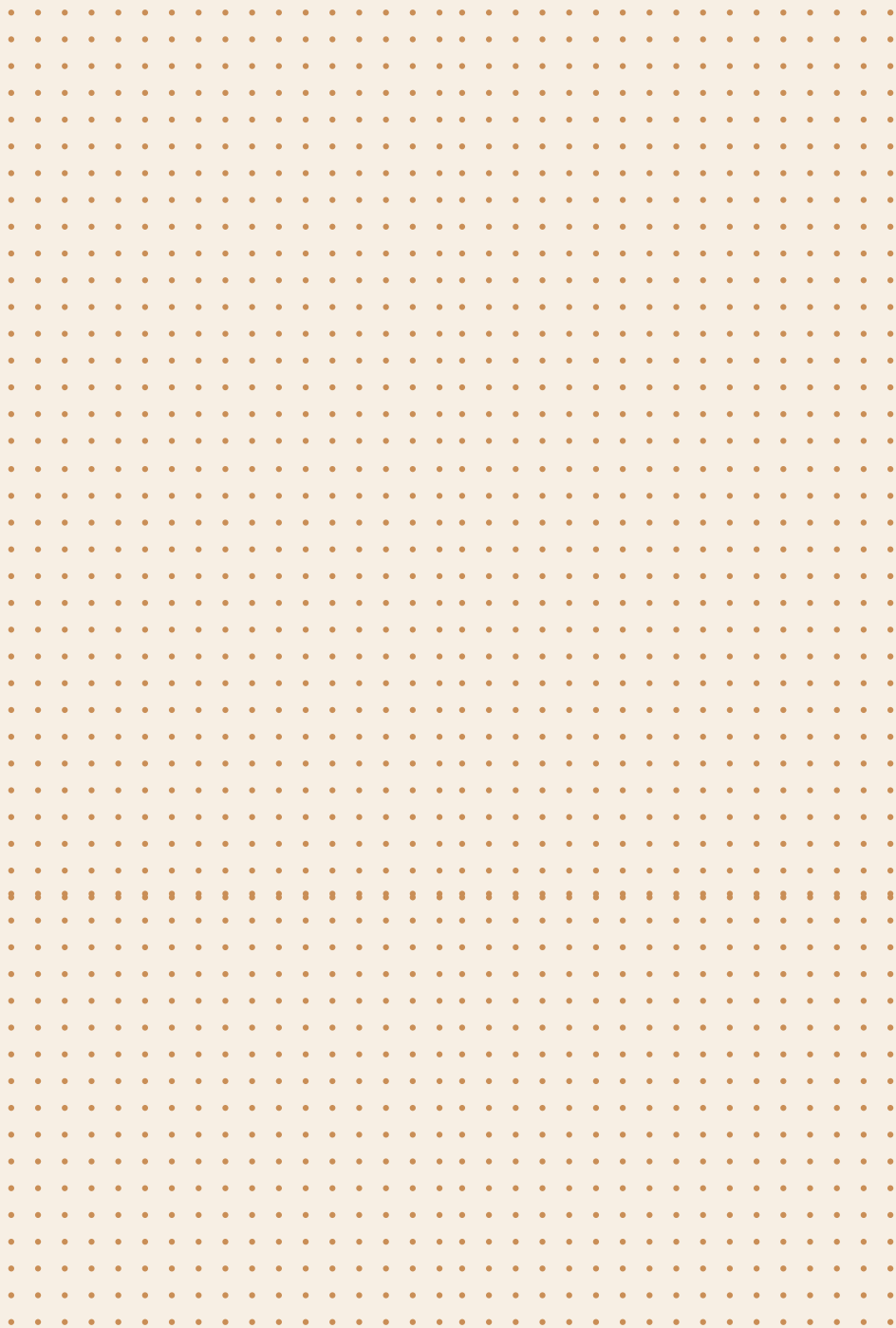
QUESTIONS TO LOOK UP

THINGS TO REMEMBER



DOT-GRID NOTES





***A good cup and a blank page
can change the whole mood.***

THANK YOU FOR JOURNALING WITH THE JAVA LOUNGE

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