



GET READY TO TASTE!

Your Wine FUNdamentals Checklist.

FOOD INGREDIENTS:

- ☐ Lemon wedges
- ☐ Teaspoon of salt
- ☐ Teaspoon of sugar



Check out the "Tasting Grid" for other options.

OTHER:

- ☐ Wine glasses
- ☐ Print the Resource sheets



WINE:

Visit a wine retailer you like and trust and tell them you're doing a wine tasting course. Don't worry about choosing the "perfect" wines. That's part of the fun!

A QUICK NOTE ABOUT PRICE

These wines do not need to be expensive! \$30–\$50 per bottle is more than enough to get great examples. Of course, if you feel like pulling out the good stuff... Why not? This is supposed to be fun!

- ☐ **CLASSIC SAUVIGNON BLANC (or similar)**
Light-bodied, crisp, aromatic, dry white wine
- ☐ **CLASSIC CABERNET SAUVIGNON (or similar)**
Full-bodied, structured red wine

