

Share Your Story & Family History

Every life is a story. This section is where you tell yours. Not just the dates and facts - the real stuff. Where you came from. What you lived through. Who you loved. What you built. What you learned the hard way. Your grandchildren will want to know what shaped you. Your children will want to understand what made you who you were. And the details that feel ordinary to you right now - what your street looked like, what your first job paid, what the world was like when you were twenty - will be fascinating to someone reading this fifty years from now. Your family's journey. Your achievements. The moments that shaped you. The humour that kept you going. The wisdom you've gained. This is where you put it all down. Take your time with this section. There are no wrong answers.

Share Your Story & Family History

Your story in your own words, the part of this book only you can write. Use as much space as you like.

FAMILY TREE & LINEAGE

FATHER

MOTHER (MAIDEN NAME)

PATERNAL GRANDPARENTS

MATERNAL GRANDPARENTS

GREAT-GRANDPARENTS (IF KNOWN)

FAMILY TREE (ATTACHED / LOCATION)

WHAT BONDS TIE YOUR FAMILY TOGETHER ACROSS TIME AND DISTANCE

Share Your Story & Family History (cont.)

IMMIGRATION HISTORY

WHERE YOUR FAMILY CAME FROM, WHY THEY LEFT, WHEN AND WHERE THEY SETTLED, AND THE CHALLENGES AND TRIUMPHS ALONG THE WAY

Share Your Story & Family History (cont.)

IF YOU ARE INDIGENOUS CANADIAN

YOUR CONNECTION TO COUNTRY, THE COUNTRY/COUNTRIES YOU BELONG TO, AND THE STORIES PASSED DOWN ABOUT YOUR ANCESTORS

Share Your Story & Family History (cont.)

GRANDPARENTS & GREAT-GRANDPARENTS

Names, dates, and what you remember, plus the wisdom and legacy they passed on.

YOUR PATERNAL GRANDPARENTS

Share Your Story & Family History (cont.)

YOUR MATERNAL GRANDPARENTS

CHILDHOOD & GROWING UP

WHERE YOU GREW UP, YOUR CHILDHOOD HOME, A FAVOURITE TOY OR GAME, AND EARLY MEMORIES

Share Your Story & Family History (cont.)

SCHOOL DAYS

A FAVOURITE TEACHER OR SUBJECT, AND A STORY FROM A SCHOOL EVENT, DANCE OR SPORTS GAME

UNIVERSITY DAYS

YOUR FIRST DAY AND HOW YOU FELT, AND A MEMORABLE CLASS OR CAMPUS EXPERIENCE

Share Your Story & Family History (cont.)

FIRST JOBS & EARLY CAREER

HOW YOUR WORKING LIFE BEGAN, AND A CHALLENGING SITUATION FROM AN EARLY JOB

FIRST LOVES & RELATIONSHIPS

THE PEOPLE WHO SHAPED YOUR HEART

Share Your Story & Family History (cont.)

TRAVEL & ADVENTURES

A MEMORABLE TRIP, AND WHERE YOU WISH YOU'D GONE BUT NEVER DID

MILESTONES: FIRST HOUSE / CAR

THE STORY OF BUYING YOUR FIRST HOUSE OR CAR

Share Your Story & Family History (cont.)

FAMILY TRADITIONS & SPECIAL MOMENTS

A MEMORY FROM A FAMILY GATHERING OR CELEBRATION

PERSONAL & ATHLETIC ACHIEVEMENTS

ACHIEVEMENTS YOU'RE PROUD OF, AND HOW THEY SHAPED YOUR JOURNEY

Share Your Story & Family History (cont.)

YOUR BUSINESS & WORKING LIFE

HOW IT BEGAN AND WHAT INSPIRED YOU, THE TRIALS AND WHAT THEY TAUGHT YOU, THE SUCCESSES, AND WHAT YOU HOPE IT'S REMEMBERED FOR

Share Your Story & Family History (cont.)

PIVOTAL MOMENTS IN HISTORY YOU LIVED THROUGH

THE MAJOR EVENTS YOU REMEMBER, AND HOW THEY AFFECTED YOU OR YOUR FAMILY

ANECDOTES & HUMOROUS TALES

THE STORIES THAT ALWAYS GET A LAUGH

Share Your Story & Family History (cont.)

JOKES & SAYINGS YOU'RE KNOWN FOR

WRITE HERE

YOUR PERSONALITY & CHARACTER

HOW YOU'D DESCRIBE YOURSELF, WHAT MAKES YOU LAUGH, WHAT MAKES YOU CRY, WHAT YOU'RE PASSIONATE ABOUT, AND THE VALUES THAT GUIDED YOU

Share Your Story & Family History (cont.)

HAVE YOU RECORDED YOUR STORY ELSEWHERE? (WHERE)

ANYTHING ELSE ABOUT YOUR LIFE AND STORY