



EBP: THE TACTICAL DIVERSION FRAMEWORK

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Core Methodology: Strategic Athletics as a Behavioral Intervention.

Phase 1: School Readiness & Social-Emotional Learning (SEL)

Primary Content: Chapters 1–4: Foundations, Strategy, Collaboration, and Adaptability. This phase focuses on the "Academic Ready Position," ensuring students have the foundational stability and emotional regulation required for a classroom environment.

Pillar 1: Foundational Stability (The Stance)

- *Tactical Drill:* The Stance Drill.
- *SEL Outcome:* Consistency. Developing routines that keep students grounded and dependable, reducing classroom disruption.

Pillar 2: Strategic Goal Setting (The Target)

- *Tactical Drill:* Target Drill.
- *SEL Outcome:* Clarity. Using SMART criteria to turn broad desires into specific, measurable academic and personal goals.

Pillar 3: Collaborative Cohesion (The Trust Rally)

- *Tactical Drill:* Communication and Trust-Building Drills.
- *SEL Outcome:* Connection. Research indicates a 40% improvement in team cohesion through these drills, which translates to reduced peer conflict and increased classroom engagement.

Pillar 4: Cognitive Agility (The Reaction)

- *Tactical Drill:* Reaction and Angle Drills.
- *SEL Outcome:* Adaptability. Students develop the "Quick Thinking" skills necessary to pivot when a lesson or social situation takes an unexpected bounce.

Phase 2: Impulse Control & Conflict Resolution

Primary Content: Chapters 5–8: Purpose, Trust, Reflection, and Community Influence. This phase is designed specifically for Diversion (YGOP), focusing on high-pressure decision-making and the "Internal Reset" required to avoid reactive violence or impulsivity.

Pillar 5: Strategic Decision-Making (The Scenario)

- *Tactical Drill:* Scenario Drill.

- Diversion Outcome: Purpose. Research shows a 28% improvement in anticipating and responding to challenges. Students learn to think several moves ahead rather than reacting to the immediate stimulus.

Pillar 6: Radical Trust & De-escalation (Resilience)

- Tactical Drill: Resilience Drill.
- Diversion Outcome: Trust. Building the "glue" that prevents collaboration from faltering. Students practice maintaining support and communication even when mistakes happen under pressure.

Pillar 7: The "Replay" & Self-Regulation (Reflection)

- Tactical Drill: Shadow and Replay Drills.
- Diversion Outcome: Growth. By reviewing past actions, students achieve higher levels of confidence and identify areas for behavioral revision. This mimics the de-briefing required after social conflicts.

Pillar 8: Influence & Community Legacy (Mentorship)

- Tactical Drill: Team Dynamics and Mentorship Drills.
- Diversion Outcome: Responsibility. Leading beyond oneself by guiding others. This creates a culture of excellence where the student becomes a stakeholder in their community's success.

The Evidence Summary for Administrators

Intervention Area	Published Outcome	EBP Source
Decision-Making	30% Improvement	Islam, Williamson, Scalzo (2021)
Team Cohesion	40% Improvement	Islam, Williamson, Scalzo (2022)
Composure	35% Increase	Reaction Drill Research Data
Academic Success	50% Likelihood	Journal of School Leadership (Trust Factor)