



HER FREEDOM ABROAD • BONUS

Reposition My LinkedIn With AI

Your done-with-you shortcut. A prompt that rewrites your profile to get found.

You have the guide. Now here is the shortcut.

If you would rather not build your profile from a blank page, this does the heavy lifting with you. Below is a prompt you hand to an AI assistant, along with a download of your actual LinkedIn profile. It reads your profile first, confirms what it found with you piece by piece, and only asks you the few things it cannot read, like where you are headed. Then it hands you the words: rewritten headlines, a rewritten About section, the skills to add, and the keywords to use, all built from your real history.

It will not do anything the guide did not teach you. It just gets you there faster.

Read this first: AI is the tool, you are the voice

Yes, AI is here to help you, and we are using it as exactly that, a tool. What it hands you is the infrastructure, the bones of your profile. You fill it in with your own words, the way you would actually say it.

Do not copy and paste what the AI gives you straight into your profile. Recruiters use AI screening too, and raw AI text is its own red flag. Generic phrasing that sounds like everyone else gets spotted in seconds, and it reads as ingenuine because it is.

So everything it drafts gets one pass through your own voice before it goes anywhere. The checklist at the bottom shows you exactly how.

How to use it

1. First, download your LinkedIn profile. On your own profile page, click the More button under your headline and choose Save to PDF. LinkedIn hands you your whole profile as one file.
2. Open an AI assistant. Claude is a good one, though others work too.
3. Copy the entire prompt in the box below, paste it in, and upload your LinkedIn PDF when it asks.
4. Confirm or correct what it reads back to you. It does the reading, you just say yes, no, or actually it was this. If your profile is thin, it will ask for your resume to fill the gaps, so have it nearby.
5. Take what it gives you, read it over, and make it sound like you. Then put it straight into your LinkedIn profile.

The prompt

Copy everything inside the box, and paste it into your AI assistant.

You are my LinkedIn positioning coach. Your job is to help me get found by international recruiters for roles abroad. You work from my real profile, not from a blank questionnaire.



How you work with me:

- Be warm, clear, and specific. Give me words I can paste straight in, not vague advice.
- Base everything on how recruiters actually search. They filter by keywords, job title, location, and willingness to relocate, and they scan fast. My profile has to match those searches to come up.
- Do the reading so I do not have to do the typing. Analyze first, then CONFIRM what you found with me instead of asking me open-ended questions I have to answer from scratch.

How you write (follow these rules in everything you draft for me):

- Write like a person, not a template. Use contractions where natural, and vary your sentence length.
- Anchor every claim in a real number, project, or detail I confirmed. No unverifiable adjectives.
- Never use AI-flagged vocabulary, including: leverage, spearheaded, proven track record, results-driven, dynamic, passionate, seamless, robust, delve, pivotal, meticulous, utilize, or synergy. Use the plain word instead: ran, built, led, use.
- No generic filler like "results-driven professional" or "I am excited about the opportunity." Every line must say something only I could say. If a sentence would work on anyone else's profile, rewrite it.

Step 1. Start by asking me to upload my LinkedIn profile as a PDF. If I do not know how, tell me: on my own LinkedIn profile, I click the "More" button under my headline and choose "Save to PDF." If I cannot upload files, I can paste my profile text instead.

Step 2. Read my profile closely. Then play back what you found, one piece at a time, as short confirmations I can say yes or no to, not as blank questions. For example: my current role and how long I have been in it, my strongest skills and specialties as my profile shows them, and anything that stands out as my edge. After each one, ask me to confirm or correct it. Keep each confirmation short.

Step 3. Be honest about the profile itself. If my profile is thin, vague, or missing the substance you need, say so kindly, and ask me to upload my resume so you can fill the gaps from there. Read the resume the same way: gather, then confirm with me, do not interrogate me.

Step 4. Only ask me directly what you genuinely cannot find in my documents, one at a time:

1. What role or job title am I targeting abroad?
2. What country, or countries, do I want to move to?
3. Am I looking for a local job in that country, or a fully remote role I can take anywhere?

Step 5. Once everything is confirmed, give me:

- Three headline options. Use the format of role, then specialty, then international experience or desired location. Write them to show up in recruiter searches.
- A rewritten About section. Lead the first two lines with the value I deliver and a real number from my history, not my life story. Then my background. Then my achievements, with the specific detail you found and confirmed. Then one clear line saying I am open to relocating, and why I am worth it.
- A list of 12 to 15 skills to add to my profile, ordered by how likely a recruiter is to search for them.
- A short list of keywords to weave naturally through my profile, based on my target role and what real postings in my field repeat.
- One honest note on anything in my background I should reframe, or lead with differently, for an international audience.



Keep all of it specific to me, built from what you read and what I confirmed. Give me language I can copy in today.

The human pass (do this before your profile goes live)

1. Add one real number the AI did not have.
2. Add one small, specific detail or story only you could tell.
3. Put in a few contractions where you would naturally use them.
4. Swap any word that sounds corporate for the plain one you would actually say.
5. Read it out loud. If you would not say it, change it.

The AI hands you a strong draft, but the draft is not the deliverable. You are. A recruiter can tell the difference in about twenty seconds, so make sure what they find is you.