

The *Wealthy*  WIDOW

REBUILDING EMOTIONAL, SPIRITUAL
& FINANCIAL WEALTH AFTER LOSS

Wealth Inheritance *Audit*™

Discover the hidden money stories
you've inherited—and how they're
shaping your financial future.



REVEAL
the hidden money
story you've
inherited



UNDERSTAND
where it likely
came from



DISCOVER
how it's affecting
your life today



TAKE ACTION
your first step
toward healing
and creating a
new legacy

 A POWERFUL FIRST STEP TOWARD BREAKING OLD PATTERNS
and building the wealth you deserve.

Tammy Tyree 

THE WEALTHY WIDOW



*You're not
starting over.
You're starting
with wisdom.*





Welcome

What if your biggest financial challenge isn't actually about money?

Most of us inherit far more than our eye color or our family name.

We inherit beliefs.

Habits.

Fears.

Expectations.

Unspoken rules.

By the time we're old enough to earn our own money, many of our financial patterns are already deeply rooted.



This quick audit will help you discover whether one of those inherited stories may still be influencing your life today.

Awareness is the first step toward freedom.



Before You Begin...



No Right or Wrong Answers

There is no good or bad here—only your truth.



This Isn't a Test

It's not about financial IQ. It's about awareness.



Answer Honestly

Your future self will thank you for your honesty.



Choose What Feels True

Pick the answer that feels most true most of the time.



You Are Not Alone

Many women carry hidden money stories—you're in good company.



Ready to uncover the hidden money story you may have inherited?

LET'S GET STARTED.



The Audit

ANSWER QUICKLY AND HONESTLY

Choose the answer that feels most true most of the time.



There are no right or wrong answers.
This isn't a financial IQ test—just awareness.



1 YOUR CHILDHOOD

1. When money was discussed in your home, it usually...
 - ☐ A. Was never discussed
 - ☐ B. Caused arguments
 - ☐ C. Was always a worry
 - ☐ D. Was carefully managed
 - ☐ E. Was seen as abundant and normal
2. Growing up, money felt...
 - ☐ A. Taboo
 - ☐ B. Stressful
 - ☐ C. Scarce
 - ☐ D. Unpredictable
 - ☐ E. Stable
3. Which message did you hear most often?
 - ☐ A. Don't talk about money.
 - ☐ B. Money causes problems.
 - ☐ C. There's never enough.
 - ☐ D. Work hard and save.
 - ☐ E. We can create more.

2 MONEY AT HOME

4. Who handled the money in your home?
 - ☐ A. Mom
 - ☐ B. Dad
 - ☐ C. Grandparents
 - ☐ D. No one in particular
 - ☐ E. Everyone (with conflict)
5. How was generosity viewed?
 - ☐ A. Seen as foolish
 - ☐ B. Expected before self-care
 - ☐ C. Given, but grudgingly
 - ☐ D. Balanced
 - ☐ E. Celebrated
6. How did your family handle financial setbacks?
 - ☐ A. Stressed and panicked
 - ☐ B. Blamed each other
 - ☐ C. Swept it under the rug
 - ☐ D. Adjusted and kept going
 - ☐ E. Learned and moved forward

3 RECEIVING & WORTHINESS

7. When someone offers to help you financially, you...
 - ☐ A. Feel grateful
 - ☐ B. Feel a little guilty
 - ☐ C. Refuse
 - ☐ D. Accept but promise to pay them back
 - ☐ E. Feel uncomfortable
8. When someone compliments your success, you usually...
 - ☐ A. Say thank you
 - ☐ B. Downplay it
 - ☐ C. Explain why it wasn't a big deal
 - ☐ D. Feel uncomfortable
 - ☐ E. Change the subject

4 SUCCESS & AMBITION

9. Deep down, you believe...
 - ☐ A. I deserve wealth.
 - ☐ B. I'll lose people if I'm successful.
 - ☐ C. People will judge me.
 - ☐ D. Money changes people.
 - ☐ E. Success isn't safe.
10. You tend to...
 - ☐ A. Go after your goals boldly
 - ☐ B. Care for everyone else first
 - ☐ C. Play small to avoid attention
 - ☐ D. Work hard but struggle to receive
 - ☐ E. Start strong, then self-sabotage

5 CURRENT MONEY HABITS

11. When extra money comes in, you...
 - ☐ A. Save it
 - ☐ B. Invest it
 - ☐ C. Spend it quickly
 - ☐ D. Something unexpected always happens
 - ☐ E. Feel unsure what to do
12. Your money habit pattern is...
 - ☐ A. Consistent and intentional
 - ☐ B. Inconsistent
 - ☐ C. Cycle of feast and famine
 - ☐ D. Careful but fearful
 - ☐ E. Chaotic
13. You often feel...
 - ☐ A. Confident with money
 - ☐ B. Responsible for others
 - ☐ C. Behind or not enough
 - ☐ D. Anxious or fearful
 - ☐ E. Stuck or frustrated
14. Your biggest money challenge is...
 - ☐ A. Overspending
 - ☐ B. Putting myself last
 - ☐ C. Earning enough
 - ☐ D. Keeping what I earn
 - ☐ E. Believing I deserve more



Awareness isn't the finish line. It's the beginning.



MEET YOUR Wealth Inheritance ARCHETYPE™

Count the letter you chose most often.
Your highest score reveals the hidden money
story you may have inherited.



*There are no bad results—only insights
that lead to freedom.*



HOW TO SCORE YOUR AUDIT

1. Count how many times you selected each letter (A, B, C, D, or E).
2. Circle the letter with the highest number.
3. That letter reveals your primary Wealth Inheritance Archetype™.

*You may see
pieces of more than
one archetype—that's
completely normal.*



A



THE SCARCITY KEEPER™

You learned that there was never enough.
Today, you constantly prepare for disaster,
even when you're financially okay.

*Security feels safer
than abundance.*

B



THE FAMILY RESCUER™

You feel responsible for everyone else's
financial well-being and often delay
your own dreams.

*Their needs
come before yours.*

C



THE INVISIBLE EARNER™

You work incredibly hard but struggle to
receive, charge enough, ask for raises,
or accept prosperity.

*Being seen and
valued feels unsafe.*

D



THE LOYAL DAUGHTER™

Part of you believes becoming wealthier
than your parents would somehow betray
them or change the family dynamic.

*Loyalty keeps you
playing small.*

E



THE SURVIVAL BUILDER™

You know how to survive, but your nervous
system doesn't know how to relax into
abundance and ease.

*Survival is familiar.
Abundance is new.*



DISCOVERING YOUR STORY IS THE FIRST STEP.

Healing it is where your freedom begins.





THE HIDDEN *Truth*

MONEY STORIES ARE RARELY INHERITED THROUGH DNA.

They are inherited through experiences, emotions, and the unspoken messages we absorb growing up—often without even realizing it.

We inherit money beliefs through:



OBSERVATION

You watched how money was handled, spent, saved, and talked about.



FAMILY CONVERSATIONS

The words spoken about money—positive or negative—became your inner dialogue.



EMOTIONAL EXPERIENCES

The feelings connected to money—stress, fear, shame, or safety—shape your habits.



REPEATED BELIEFS

What was said often enough became something you believed to be true.



CHILDHOOD CONDITIONING

You learned your money blueprint long before you earned your first dollar.



SURVIVAL STRATEGIES

What helped your family survive may now be keeping you from thriving.



WHY THIS MATTERS



These inherited messages once helped your family stay safe.

But what helped them survive may be keeping you from creating the financial future you desire.



Awareness isn't about blame.

It's about freedom.



“

You didn't inherit these stories to stay trapped in them.

You inherited them so you could transform them.”



YOUR *First* Wealth Shift

THE STORY YOU INHERITED

Doesn't Have To Be The Story You Live.



Awareness is powerful—but awareness alone doesn't create change.



Every new chapter begins with a single decision.



Today, choose one new belief to carry forward.



STEP
1

THE MONEY MESSAGE I HEARD MOST GROWING UP WAS...

STEP
2

TODAY THAT MESSAGE CAUSES ME TO...

STEP
3

INSTEAD, I CHOOSE TO BELIEVE...

MAKE IT OFFICIAL

Today, I choose to begin writing a new Wealth Story.



Signature: _____

Date: _____



Every inheritance begins with the past.

“Every legacy begins with a choice.”





CONTINUE YOUR *Journey*

You've taken an important first step.

Awareness is powerful—but transformation happens through consistent action, support, and new empowering resources.

*You don't have to do this alone.
We're in this together.*



HERE ARE WAYS TO KEEP LEARNING, GROWING & HEALING



WATCH FREE TEACHINGS



Gain powerful insights on wealth, mindset, and spiritual growth on The Wealthy Widow YouTube channel.



JOIN THE COMMUNITY



Connect with women who understand, inspire you, and are walking the same journey.



LISTEN TO GUIDED HYPNOSIS



Rewire old money patterns, release fear, and open to abundance through powerful hypnosis audios.



EXPLORE RESOURCES



Discover books, workbooks, and tools that will support your financial and personal transformation.



KEEP TRANSFORMING



Small steps, new beliefs, and daily choices create a life of freedom, purpose, and lasting wealth.

Let's stay connected!



Scan the QR codes to access free resources and become part of a powerful community of women creating a new legacy.

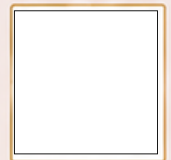
YOUTUBE
Free Teachings



WEALTHY WIDOW
Community



COURSES & RESOURCES
Coming Soon!



Your story is not over. **YOU GET TO WRITE WHAT COMES NEXT.**

