

25 RULES FOR MEN



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ABOUT WISE O.G.



Thanks for watching my video "20 Rules for Empowered Men"
As promised, this is the pdf form of those rules. You can keep this right in your phone, young man!

What, you thought I was gonna' reveal my identity? Not gonna' happen, captain! Plus it's not really about me, it's about my message to men. And my message is all about core values: discipline, responsibility, accountability, honor, respect, etc. These are the things I speak about these themes on my YouTube channel "The Wise O.G."

Just know this: I've seen a lot, done a lot, and overcame a lot. I've had my share of privileges. My perspective emerges from my experiences in classrooms, meeting rooms, and tough neighborhoods. I walk the walk and talk the talk, calling things as I see them and being my authentic self. I often think back on all the lessons I learned in my hood, from my elders, from reading, travel, my mistakes and life experience. I have a code that I live by. I do no harm to others, and damn sure don't allow anybody to harm me. That's all you need to know about me for now...

Wise O.G.

INTRODUCTION

Young brother... listen.

I don't know if you've realized it yet, but the universe we live in runs on order.

There are physical laws, spiritual laws, and man-made laws. And as a man, young or old, if you want to succeed, you need your own internal order to navigate all three.

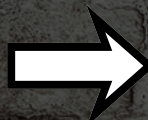
That's why I'm giving you 20 Rules for Men.

I don't expect you to agree with everything. That's cool..

But take every rule seriously, and apply what's useful.

Because the brothers who embrace these rules...will have an advantage over the ones who don't. You'll see...

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One last point before we get started:
Wise men don't brag about what they know;
They simply APPLY it.

I don't suggest you go running your mouth
about these rules to everyone you know.
Wisdom in the hands of fools becomes a
weapon. And people who don't understand
these ideas will twist them and damage
themselves and others.

These rules are for the men who seek them ,
not the ones who stumble into them
accidentally. But if you do share them, **be**
very selective about the men you choose to
share this with!

THE 20 RULES FOR MEN

Rule #1 — Discover Your Purpose

Find the reason you were put on this Earth. Study it, practice it, and fulfill it. Use tools like the Myers-Briggs test, the Enneagram test, or your own quiet time to figure out what your gifts are.

Rule #2 — Start Your Day with Spiritual Strength

Take at least 10 minutes every morning to pray, meditate, visualize, or affirm your goals. A man with a centered spirit moves differently.

Rule #3 — Challenge Yourself Daily

Being too comfortable makes you weak. Create small challenges in your life to build strength.

Rule #4 — Learn to Defend Yourself

You have a God-given, common sense, and legal right to protect your life.

Take a self-defense class, boxing, martial arts, or study firearms legally and responsibly.

Your life or the lives of your loved ones might depend on it one day.

Rule #5 — Fix Your Flaws

Identify what's holding you back — anger, lying, laziness, inconsistency — and fix it.

Men work to improve themselves.

Rule #6 — Stop Whining and Complaining

Men solve problems. Complaining solves nothing. Remember the Chinese proverb: “It is better to light a candle than it is to curse the darkness.”

Rule #7 — Know When to Shut the \$#@% Up!

A man who talks too much exposes himself. A man who's always talking, never has time to listen or observe. Stop sharing all your ideas & plans. This gives enemies the opportunity to sabotage them. Speak with purpose, not from an addiction to attention. Observe more. Talk less.

Rule #8 — Don't Be Reckless with Time, Money, or Words

Your time, your money, and your mouth shape your life. Spend wisely. Save and invest. Don't waste your time. Choose your words **wisely**.

Rule #9 — Keep Your Word

Respect and trust depend on consistency. If your word means nothing, YOU mean nothing.

Rule #10 — Stop Talking About What You're Going to Do and Do it!

Don't explain — execute.

Manifestation is louder than conversation.

Rule #11 — Don't Cooperate with Dysfunction

Disorder, disrespect, drama, and chaos should have no place in your life.

Walk away from messy people and messy situations.

Rule #12 — Don't Take Things Personally

Often, what people do to you has nothing to do with you. Detach emotionally. Move with clarity. Don't assume everything concerns you.

Rule #13 — Don't Stress Over What You Can't Control

Put your energy into the things you can influence — not the things you can't.

Rule #14 — Play Chess, Not Checkers

Think long-term. Do your research. Plan ahead. Move strategically, not emotionally.

Rule #15 — Be Useful

Men bring value to their home, family, and community. Help. Support. Contribute. Selfish men create weak communities. Useful men help to build strong ones.

Rule #16 — Control Yourself & Your Emotions

Anger, jealousy, pride, and envy wind up destroying men who can't control these negative emotions. Pause. Breathe. Think. Don't let people or situations make you lose control of yourself or act impulsively. A man who can't control himself is dangerous and cannot be trusted with serious responsibility.

Rule #17 — Build a Brotherhood, Not a Crowd of Fools

Your circle should sharpen you, challenge you, and hold you accountable. Choose friends with integrity, not followers that bring drama, violence or silly agendas.

Rule #18 — Build Your Financial Foundation Early

Before you start chasing women or status, build stability for yourself. Develop skills. Build credit. Save. Invest. A man with financial strength moves with power & confidence.

Rule #19 — Master the Art of Listening

Talking allows you to share what you know or think, but listening provides opportunities for you to learn. Pay attention — most traps reveal themselves if you're quiet and observe long enough.

Rule #20 — Learn to Walk Away

A man that cannot disconnect from negative people or situations becomes a slave to his temptations, emotions, or environment.

Walk away from people, chaos, disrespect, and situations that bring harm or violate your standards.

Bonus Rules

Bonus Rule #21 — Be an Adult, Not a Child.

A major difference between boys and men is that men don't have the luxury or time to waste on playing games, satisfying their appetites, making excuses, dodging responsibilities, or being idle.

Bonus Rule #22 — Never Stop Learning.

People in the village or even the nation will call upon empowered men to help solve problems and be useful. Without adequate knowledge, your ability to do these things will be limited. Be an asset to yourself and others. Keep learning throughout your life, regardless of what you know or think you know.

Bonus Rule #23 — Be Humble. This doesn't mean that you let people walk over you. Being humble is the opposite of being arrogant. Men should be confident but never consider themselves better or more important than other people. Humble people can be confident and still acknowledge intelligence, talent or leadership skills in other people.

Bonus Rule #24 — Spend absolutely NO time concerned about who likes you.

Popularity is overrated. You will never please everyone, and you shouldn't try. There will be people in your class, on your job, in your neighborhood, etc. that will pretend to be cool with you, but secretly despise and resent you. Stay on your path, be successful, and avoid the haters!

Bonus Rule #25 — At all times, be kind, polite, and respectful. However, **NEVER BE NAIVE.** Trust your intuition about people. Keep your eye on people that violate your boundaries. Beware of accusatory, suspicious, people in your circle who imitate your words & activities, never keep their word, compete with you, or whose actions don't measure up with their words. "You will know them by their fruits..." Such folk are not your friends.

These rules aren't about perfection — they're about elevation. They're guidance for becoming a stronger, sharper, more capable man who moves with purpose, clarity, and power. Study them. Apply them. Return to them as you grow.

Because a disciplined man...
a focused man...
a man who lives by principles...
is a man the world **cannot break**
a man **destined for success....**
and that's the man I hope you'll become.

Watch the video that this PDF comes from here: https://youtu.be/Aa58UuKh_VA?si=wrHMqy1HC0NXKVfY