

DIGITAL PRODUCT

The AI Prompt Vault

500 plug-and-play, high-converting prompts for content creators — captions, hooks, titles, subject lines & headlines. Copy, paste, profit.

500

PROMPTS

5

CATEGORIES

16+

NICHES

PLUG · PASTE · PUBLISH

How to use this vault

Every prompt is written to be pasted straight into ChatGPT, Claude, Gemini or Copilot — no editing skills required. Each entry shows the exact prompt plus an example of what to expect back.

- 1 Pick a category and find a prompt that fits your post or campaign.
- 2 Copy the prompt and swap the bracketed niche/topic for your own.
- 3 Paste it into your favourite AI tool and hit enter.
- 4 Tweak one line, post, and track what converts. Rinse & repeat.

Pro tip: stack prompts. Generate a YouTube title (Section 03), then feed it back in and ask for 5 thumbnail text variations. The vault compounds.

01

Instagram Captions

Scroll-stopping captions that drive saves, comments & sales.

01.001

PROMPT

Write a 3-line Instagram carousel caption for a fitness coaching. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

Hook: "Everyone in fitness is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5

01.002

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a DTC e-commerce brand that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?

01.003

PROMPT

Write a launch-day Instagram caption for a online course creator announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.

01.004

PROMPT

Write an Instagram caption for a real estate agent built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.005

PROMPT

Write an Instagram caption for a beauty & skincare brand that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.006

PROMPT

Write a short, high-engagement Instagram caption for a restaurant / food brand that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

*Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below*

01.007

PROMPT

Write a Instagram caption for a SaaS startup promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

*This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.*

01.008

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a travel & tourism brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

*What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.*

01.009

PROMPT

Write an Instagram caption for a personal finance creator that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

*Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.*

01.010

PROMPT

Write an Instagram caption for a fashion boutique that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.011

PROMPT

Write a 3-line Instagram carousel caption for a health & wellness coach. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in health is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.012

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a photography studio that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.013

PROMPT

Write a launch-day Instagram caption for a B2B consultant announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.014

PROMPT

Write an Instagram caption for a pet products brand built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.015

PROMPT

Write an Instagram caption for a home decor brand that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.016

PROMPT

Write a short, high-engagement Instagram caption for a digital marketing agency that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below

01.017

PROMPT

Write a Instagram caption for a fitness coaching promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.

01.018

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a DTC e-commerce brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.

01.019

PROMPT

Write an Instagram caption for a online course creator that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.

01.020

PROMPT

Write an Instagram caption for a real estate agent that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.021

PROMPT

Write a 3-line Instagram carousel caption for a beauty & skincare brand. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in beauty is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.022

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a restaurant / food brand that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.023

PROMPT

Write a launch-day Instagram caption for a SaaS startup announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.024

PROMPT

Write an Instagram caption for a travel & tourism brand built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.025

PROMPT

Write an Instagram caption for a personal finance creator that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.026

PROMPT

Write a short, high-engagement Instagram caption for a fashion boutique that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

*Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below*

01.027

PROMPT

Write a Instagram caption for a health & wellness coach promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

*This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.*

01.028

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a photography studio. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

*What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.*

01.029

PROMPT

Write an Instagram caption for a B2B consultant that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

*Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.*

01.030

PROMPT

Write an Instagram caption for a pet products brand that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.031

PROMPT

Write a 3-line Instagram carousel caption for a home decor brand. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in home is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.032

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a digital marketing agency that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.033

PROMPT

Write a launch-day Instagram caption for a fitness coaching announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.034

PROMPT

Write an Instagram caption for a DTC e-commerce brand built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.035

PROMPT

Write an Instagram caption for a online course creator that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.036

PROMPT

Write a short, high-engagement Instagram caption for a real estate agent that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below

01.037

PROMPT

Write a Instagram caption for a beauty & skincare brand promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.

01.038

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a restaurant / food brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.

01.039

PROMPT

Write an Instagram caption for a SaaS startup that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.

01.040

PROMPT

Write an Instagram caption for a travel & tourism brand that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.041

PROMPT

Write a 3-line Instagram carousel caption for a personal finance creator. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in personal is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.042

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a fashion boutique that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.043

PROMPT

Write a launch-day Instagram caption for a health & wellness coach announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.044

PROMPT

Write an Instagram caption for a photography studio built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.045

PROMPT

Write an Instagram caption for a B2B consultant that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.046

PROMPT

Write a short, high-engagement Instagram caption for a pet products brand that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

*Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below*

01.047

PROMPT

Write a Instagram caption for a home decor brand promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

*This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.*

01.048

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a digital marketing agency. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

*What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.*

01.049

PROMPT

Write an Instagram caption for a fitness coaching that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

*Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.*

01.050

PROMPT

Write an Instagram caption for a DTC e-commerce brand that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.051

PROMPT

Write a 3-line Instagram carousel caption for an online course creator. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in online is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.052

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a real estate agent that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.053

PROMPT

Write a launch-day Instagram caption for a beauty & skincare brand announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.054

PROMPT

Write an Instagram caption for a restaurant / food brand built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.055

PROMPT

Write an Instagram caption for a SaaS startup that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.056

PROMPT

Write a short, high-engagement Instagram caption for a travel & tourism brand that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below

01.057

PROMPT

Write a Instagram caption for a personal finance creator promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.

01.058

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a fashion boutique. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.

01.059

PROMPT

Write an Instagram caption for a health & wellness coach that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.

01.060

PROMPT

Write an Instagram caption for a photography studio that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.061

PROMPT

Write a 3-line Instagram carousel caption for a B2B consultant. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in B2B is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.062

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a pet products brand that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.063

PROMPT

Write a launch-day Instagram caption for a home decor brand announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.064

PROMPT

Write an Instagram caption for a digital marketing agency built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.065

PROMPT

Write an Instagram caption for a fitness coaching that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.066

PROMPT

Write a short, high-engagement Instagram caption for a DTC e-commerce brand that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

*Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below*

01.067

PROMPT

Write a Instagram caption for a online course creator promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

*This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.*

01.068

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a real estate agent. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

*What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.*

01.069

PROMPT

Write an Instagram caption for a beauty & skincare brand that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

*Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.*

01.070

PROMPT

Write an Instagram caption for a restaurant / food brand that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.071

PROMPT

Write a 3-line Instagram carousel caption for a SaaS startup. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in SaaS is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.072

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a travel & tourism brand that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.073

PROMPT

Write a launch-day Instagram caption for a personal finance creator announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.074

PROMPT

Write an Instagram caption for a fashion boutique built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.075

PROMPT

Write an Instagram caption for a health & wellness coach that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.076

PROMPT

Write a short, high-engagement Instagram caption for a photography studio that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below

01.077

PROMPT

Write a Instagram caption for a B2B consultant promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.

01.078

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a pet products brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.

01.079

PROMPT

Write an Instagram caption for a home decor brand that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.

01.080

PROMPT

Write an Instagram caption for a digital marketing agency that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.081

PROMPT

Write a 3-line Instagram carousel caption for a fitness coaching. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in fitness is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.082

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a DTC e-commerce brand that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.083

PROMPT

Write a launch-day Instagram caption for a online course creator announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

It's finally here.

- Made for people who hate guesswork
- Results you can feel in week 1
- Zero fluff, all value

*Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.084

PROMPT

Write an Instagram caption for a real estate agent built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.085

PROMPT

Write an Instagram caption for a beauty & skincare brand that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.086

PROMPT

Write a short, high-engagement Instagram caption for a restaurant / food brand that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

*Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below*

01.087

PROMPT

Write a Instagram caption for a SaaS startup promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

*This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.*

01.088

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a travel & tourism brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

*What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.*

01.089

PROMPT

Write an Instagram caption for a personal finance creator that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

*Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.*

01.090

PROMPT

Write an Instagram caption for a fashion boutique that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

01.091

PROMPT

Write a 3-line Instagram carousel caption for a health & wellness coach. Line 1 = a scroll-stopping curiosity hook, line 2 = the core benefit, line 3 = a CTA to swipe. End with 5 relevant hashtags.

EXPECTED OUTPUT

*Hook: "Everyone in health is doing this backwards."
Benefit: Here's the 4-step fix that actually sticks — saved you the trial & error.
CTA: Swipe to steal the whole system
#tag1 #tag2 #tag3 #tag4 #tag5*

01.092

PROMPT

Write an emotional, story-driven Instagram caption (5-6 short lines) for a photography studio that opens mid-action, builds a small struggle, and ends with a relatable lesson + a soft CTA to comment.

EXPECTED OUTPUT

*It was 11pm and I almost quit.
The numbers weren't moving. The doubt was loud.
Then one tiny change flipped everything...
Moral: consistency beats intensity, every time.
What's the one thing you refuse to quit?*

01.093

PROMPT

Write a launch-day Instagram caption for a B2B consultant announcing a new product. Use a bold opening line, 3 punchy benefit bullets, scarcity, and a clear CTA. Keep it under 120 words.

EXPECTED OUTPUT

*It's finally here.
• Made for people who hate guesswork
• Results you can feel in week 1
• Zero fluff, all value
Launch pricing ends Sunday — link in bio.
Tag someone who needs this.*

01.094

PROMPT

Write an Instagram caption for a pet products brand built around a before-vs-after transformation. Contrast the 'before' pain with the 'after' win, then invite the reader to start. Keep it punchy.

EXPECTED OUTPUT

*BEFORE: overwhelmed, guessing, burnt out.
AFTER: clear plan, steady progress, actual confidence.
The difference wasn't talent — it was a system.
Ready for your 'after'? Comment START*

01.095

PROMPT

Write an Instagram caption for a home decor brand that delivers 5 quick, numbered tips your audience can use today. Add a one-line intro hook and a save-this CTA at the end.

EXPECTED OUTPUT

*5 things I wish I knew sooner.
1. Start before you feel ready
2. Track one metric, not ten
3. Borrow proof, don't fake it
4. Sell the result, not the features
5. Show up boring-consistent
Save this so you don't lose it*

01.096

PROMPT

Write a short, high-engagement Instagram caption for a digital marketing agency that ends in a binary 'this or that' question to spike comments. Make the setup relatable and the question fun.

EXPECTED OUTPUT

Be honest...
Do you plan everything to the minute, or fully wing it and pray?
There's no wrong answer (okay there's one).
Drop a 1 or a 2 below

01.097

PROMPT

Write a Instagram caption for a fitness coaching promoting a limited-time offer. Lead with the value, state the discount clearly, add urgency, and finish with a frictionless CTA.

EXPECTED OUTPUT

This won't last.
Everything you need to get started — now 30% off through Friday.
No code, no catch, just tap the link in bio.
When it's gone, it's gone.

01.098

PROMPT

Write a warm, authentic 'behind the scenes' Instagram caption for a DTC e-commerce brand. Pull back the curtain on the process, add one honest detail, and end by building trust.

EXPECTED OUTPUT

What it really looks like behind the polished posts
Three drafts, one spilled coffee, and a lot of 'is this good enough?'
We obsess over the details so you don't have to.
That's the whole promise.

01.099

PROMPT

Write an Instagram caption for a online course creator that busts a common myth in the niche. State the myth, debunk it with one clear truth, and add a CTA to follow for more.

EXPECTED OUTPUT

Myth: you need more followers to make money.
Truth: you need the RIGHT 100 people who trust you.
Audience size is vanity. Audience fit is revenue.
Follow for more no-BS takes.

01.100

PROMPT

Write an Instagram caption for a real estate agent that turns a customer testimonial into social proof. Open with the result, weave in a short quote, and close with an invitation.

EXPECTED OUTPUT

*"I didn't think it'd work for me — it did."
That message made our week.
Real people, real results, no smoke and mirrors.
Your turn could be next — link in bio.*

02 TikTok Hooks

First-3-second hooks engineered to stop the scroll.

02.001

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a fitness coaching that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in fitness will tell you this, so I will..."

02.002

PROMPT

Write a contrarian TikTok hook for a DTC e-commerce brand that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.003

PROMPT

Write a TikTok hook for a online course creator using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.004

PROMPT

Write a TikTok hook for a real estate agent that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.005

PROMPT

Write a TikTok hook for a beauty & skincare brand that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.006

PROMPT

Write a TikTok 'POV' style hook for a restaurant / food brand that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.007

PROMPT

Write a TikTok hook for a SaaS startup that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.008

PROMPT

Write a TikTok hook for a travel & tourism brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.009

PROMPT

Write a TikTok hook for a personal finance creator framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.010

PROMPT

Write a TikTok pattern-interrupt hook for a fashion boutique that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.011

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a health & wellness coach that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in health will tell you this, so I will..."

02.012

PROMPT

Write a contrarian TikTok hook for a photography studio that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.013

PROMPT

Write a TikTok hook for a B2B consultant using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.014

PROMPT

Write a TikTok hook for a pet products brand that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.015

PROMPT

Write a TikTok hook for a home decor brand that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.016

PROMPT

Write a TikTok 'POV' style hook for a digital marketing agency that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.017

PROMPT

Write a TikTok hook for a fitness coaching that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.018

PROMPT

Write a TikTok hook for a DTC e-commerce brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.019

PROMPT

Write a TikTok hook for a online course creator framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.020

PROMPT

Write a TikTok pattern-interrupt hook for a real estate agent that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.021

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a beauty & skincare brand that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in beauty will tell you this, so I will..."

02.022

PROMPT

Write a contrarian TikTok hook for a restaurant / food brand that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.023

PROMPT

Write a TikTok hook for a SaaS startup using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.024

PROMPT

Write a TikTok hook for a travel & tourism brand that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.025

PROMPT

Write a TikTok hook for a personal finance creator that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.026

PROMPT

Write a TikTok 'POV' style hook for a fashion boutique that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.027

PROMPT

Write a TikTok hook for a health & wellness coach that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.028

PROMPT

Write a TikTok hook for a photography studio that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.029

PROMPT

Write a TikTok hook for a B2B consultant framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.030

PROMPT

Write a TikTok pattern-interrupt hook for a pet products brand that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.031

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a home decor brand that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in home will tell you this, so I will..."

02.032

PROMPT

Write a contrarian TikTok hook for a digital marketing agency that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.033

PROMPT

Write a TikTok hook for a fitness coaching using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.034

PROMPT

Write a TikTok hook for a DTC e-commerce brand that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.035

PROMPT

Write a TikTok hook for a online course creator that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.036

PROMPT

Write a TikTok 'POV' style hook for a real estate agent that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.037

PROMPT

Write a TikTok hook for a beauty & skincare brand that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.038

PROMPT

Write a TikTok hook for a restaurant / food brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.039

PROMPT

Write a TikTok hook for a SaaS startup framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.040

PROMPT

Write a TikTok pattern-interrupt hook for a travel & tourism brand that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.041

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a personal finance creator that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in personal will tell you this, so I will..."

02.042

PROMPT

Write a contrarian TikTok hook for a fashion boutique that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.043

PROMPT

Write a TikTok hook for a health & wellness coach using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.044

PROMPT

Write a TikTok hook for a photography studio that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.045

PROMPT

Write a TikTok hook for a B2B consultant that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.046

PROMPT

Write a TikTok 'POV' style hook for a pet products brand that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.047

PROMPT

Write a TikTok hook for a home decor brand that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.048

PROMPT

Write a TikTok hook for a digital marketing agency that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.049

PROMPT

Write a TikTok hook for a fitness coaching framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.050

PROMPT

Write a TikTok pattern-interrupt hook for a DTC e-commerce brand that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.051

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a online course creator that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in online will tell you this, so I will..."

02.052

PROMPT

Write a contrarian TikTok hook for a real estate agent that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.053

PROMPT

Write a TikTok hook for a beauty & skincare brand using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.054

PROMPT

Write a TikTok hook for a restaurant / food brand that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.055

PROMPT

Write a TikTok hook for a SaaS startup that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.056

PROMPT

Write a TikTok 'POV' style hook for a travel & tourism brand that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.057

PROMPT

Write a TikTok hook for a personal finance creator that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.058

PROMPT

Write a TikTok hook for a fashion boutique that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.059

PROMPT

Write a TikTok hook for a health & wellness coach framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.060

PROMPT

Write a TikTok pattern-interrupt hook for a photography studio that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.061

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a B2B consultant that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in B2B will tell you this, so I will..."

02.062

PROMPT

Write a contrarian TikTok hook for a pet products brand that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.063

PROMPT

Write a TikTok hook for a home decor brand using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.064

PROMPT

Write a TikTok hook for a digital marketing agency that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.065

PROMPT

Write a TikTok hook for a fitness coaching that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.066

PROMPT

Write a TikTok 'POV' style hook for a DTC e-commerce brand that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.067

PROMPT

Write a TikTok hook for a online course creator that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.068

PROMPT

Write a TikTok hook for a real estate agent that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.069

PROMPT

Write a TikTok hook for a beauty & skincare brand framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.070

PROMPT

Write a TikTok pattern-interrupt hook for a restaurant / food brand that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.071

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a SaaS startup that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in SaaS will tell you this, so I will..."

02.072

PROMPT

Write a contrarian TikTok hook for a travel & tourism brand that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.073

PROMPT

Write a TikTok hook for a personal finance creator using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.074

PROMPT

Write a TikTok hook for a fashion boutique that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.075

PROMPT

Write a TikTok hook for a health & wellness coach that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.076

PROMPT

Write a TikTok 'POV' style hook for a photography studio that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.077

PROMPT

Write a TikTok hook for a B2B consultant that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.078

PROMPT

Write a TikTok hook for a pet products brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.079

PROMPT

Write a TikTok hook for a home decor brand framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.080

PROMPT

Write a TikTok pattern-interrupt hook for a digital marketing agency that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.081

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a fitness coaching that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in fitness will tell you this, so I will..."

02.082

PROMPT

Write a contrarian TikTok hook for a DTC e-commerce brand that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.083

PROMPT

Write a TikTok hook for a online course creator using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.084

PROMPT

Write a TikTok hook for a real estate agent that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.085

PROMPT

Write a TikTok hook for a beauty & skincare brand that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.086

PROMPT

Write a TikTok 'POV' style hook for a restaurant / food brand that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.087

PROMPT

Write a TikTok hook for a SaaS startup that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.088

PROMPT

Write a TikTok hook for a travel & tourism brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.089

PROMPT

Write a TikTok hook for a personal finance creator framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.090

PROMPT

Write a TikTok pattern-interrupt hook for a fashion boutique that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

02.091

PROMPT

Write 1 TikTok opening hook (first 3 seconds) for a health & wellness coach that creates a curiosity gap the viewer can't ignore. Make it spoken, casual, under 12 words.

EXPECTED OUTPUT

"Nobody in health will tell you this, so I will..."

02.092

PROMPT

Write a contrarian TikTok hook for a photography studio that challenges a popular belief in the niche and dares the viewer to keep watching.

EXPECTED OUTPUT

"Stop doing the thing everyone told you to do — here's why it's killing your results."

02.093

PROMPT

Write a TikTok hook for a B2B consultant using a specific number and a desirable result to trigger a 'how?' in the viewer's head.

EXPECTED OUTPUT

"I got 3x the results in half the time using one stupidly simple tweak."

02.094

PROMPT

Write a TikTok hook for a pet products brand that calls out a specific person ('if you're someone who...') so the right viewer feels seen instantly.

EXPECTED OUTPUT

"If you've ever started over on a Monday and quit by Wednesday — this is for you."

02.095

PROMPT

Write a TikTok hook for a home decor brand that admits a costly mistake to earn trust and pull the viewer in.

EXPECTED OUTPUT

"I wasted 2 years (and a lot of money) before I figured this out."

02.096

PROMPT

Write a TikTok 'POV' style hook for a digital marketing agency that drops the viewer into a relatable scene immediately.

EXPECTED OUTPUT

"POV: it's 2am, you're refreshing your stats, and nothing's working. Watch this."

02.097

PROMPT

Write a TikTok hook for a fitness coaching that promises a fast, numbered payoff to set up a quick-cut listicle video.

EXPECTED OUTPUT

"3 things I'd do differently if I had to start from zero today."

02.098

PROMPT

Write a TikTok hook for a DTC e-commerce brand that opens with a sharp question the target viewer secretly worries about.

EXPECTED OUTPUT

"Why does everyone else make this look easy and you're still stuck?"

02.099

PROMPT

Write a TikTok hook for a online course creator framed as insider knowledge the algorithm 'doesn't want you to know'.

EXPECTED OUTPUT

"They don't teach you this — but it's the only thing that actually moved the needle."

02.100

PROMPT

Write a TikTok pattern-interrupt hook for a real estate agent that physically tells the viewer to stop scrolling and gives a reason.

EXPECTED OUTPUT

"Don't scroll — you're 8 seconds from fixing the thing that's been costing you."

03 YouTube Titles

Click-worthy titles that win the impression battle.

03.001

PROMPT

Write a click-worthy YouTube title for a fitness coaching in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Fitness Fast (Without Burning Out)

03.002

PROMPT

Write a YouTube title for a DTC e-commerce brand that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Dtc Mistakes That Are Quietly Killing Your Growth

03.003

PROMPT

Write a warning-style YouTube title for a online course creator that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Online (It's Costing You More Than You Think)

03.004

PROMPT

Write a YouTube title for a real estate agent built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Real System for 30 Days — Here's What Happened

03.005

PROMPT

Write a YouTube title for a beauty & skincare brand that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Beauty (The Difference Is Huge)

03.006

PROMPT

Write a YouTube title for a restaurant / food brand aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Restaurant for Beginners: The Only Guide You'll Actually Need

03.007

PROMPT

Write a curiosity-driven YouTube title for a SaaS startup using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Saas Nobody Wants to Admit

03.008

PROMPT

Write a YouTube title for a travel & tourism brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Travel (Backed by Real Results)

03.009

PROMPT

Write a YouTube title for a personal finance creator phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Personal Working? (And How to Fix It)

03.010

PROMPT

Write a YouTube title for a fashion boutique framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Fashion in 60 Days

03.011

PROMPT

Write a click-worthy YouTube title for a health & wellness coach in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Health Fast (Without Burning Out)

03.012

PROMPT

Write a YouTube title for a photography studio that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Photography Mistakes That Are Quietly Killing Your Growth

03.013

PROMPT

Write a warning-style YouTube title for a B2B consultant that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in B2b (It's Costing You More Than You Think)

03.014

PROMPT

Write a YouTube title for a pet products brand built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Pet System for 30 Days — Here's What Happened

03.015

PROMPT

Write a YouTube title for a home decor brand that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Home (The Difference Is Huge)

03.016

PROMPT

Write a YouTube title for a digital marketing agency aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Digital for Beginners: The Only Guide You'll Actually Need

03.017

PROMPT

Write a curiosity-driven YouTube title for a fitness coaching using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Fitness Nobody Wants to Admit

03.018

PROMPT

Write a YouTube title for a DTC e-commerce brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Dtc (Backed by Real Results)

03.019

PROMPT

Write a YouTube title for a online course creator phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Online Working? (And How to Fix It)

03.020

PROMPT

Write a YouTube title for a real estate agent framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Real in 60 Days

03.021

PROMPT

Write a click-worthy YouTube title for a beauty & skincare brand in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Beauty Fast (Without Burning Out)

03.022

PROMPT

Write a YouTube title for a restaurant / food brand that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Restaurant Mistakes That Are Quietly Killing Your Growth

03.023

PROMPT

Write a warning-style YouTube title for a SaaS startup that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Saas (It's Costing You More Than You Think)

03.024

PROMPT

Write a YouTube title for a travel & tourism brand built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Travel System for 30 Days — Here's What Happened

03.025

PROMPT

Write a YouTube title for a personal finance creator that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Personal (The Difference Is Huge)

03.026

PROMPT

Write a YouTube title for a fashion boutique aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Fashion for Beginners: The Only Guide You'll Actually Need

03.027

PROMPT

Write a curiosity-driven YouTube title for a health & wellness coach using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Health Nobody Wants to Admit

03.028

PROMPT

Write a YouTube title for a photography studio promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Photography (Backed by Real Results)

03.029

PROMPT

Write a YouTube title for a B2B consultant phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your B2b Working? (And How to Fix It)

03.030

PROMPT

Write a YouTube title for a pet products brand framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Pet in 60 Days

03.031

PROMPT

Write a click-worthy YouTube title for a home decor brand in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Home Fast (Without Burning Out)

03.032

PROMPT

Write a YouTube title for a digital marketing agency that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Digital Mistakes That Are Quietly Killing Your Growth

03.033

PROMPT

Write a warning-style YouTube title for a fitness coaching that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Fitness (It's Costing You More Than You Think)

03.034

PROMPT

Write a YouTube title for a DTC e-commerce brand built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Dtc System for 30 Days — Here's What Happened

03.035

PROMPT

Write a YouTube title for a online course creator that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Online (The Difference Is Huge)

03.036

PROMPT

Write a YouTube title for a real estate agent aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Real for Beginners: The Only Guide You'll Actually Need

03.037

PROMPT

Write a curiosity-driven YouTube title for a beauty & skincare brand using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Beauty Nobody Wants to Admit

03.038

PROMPT

Write a YouTube title for a restaurant / food brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Restaurant (Backed by Real Results)

03.039

PROMPT

Write a YouTube title for a SaaS startup phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Saas Working? (And How to Fix It)

03.040

PROMPT

Write a YouTube title for a travel & tourism brand framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Travel in 60 Days

03.041

PROMPT

Write a click-worthy YouTube title for a personal finance creator in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Personal Fast (Without Burning Out)

03.042

PROMPT

Write a YouTube title for a fashion boutique that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Fashion Mistakes That Are Quietly Killing Your Growth

03.043

PROMPT

Write a warning-style YouTube title for a health & wellness coach that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Health (It's Costing You More Than You Think)

03.044

PROMPT

Write a YouTube title for a photography studio built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Photography System for 30 Days — Here's What Happened

03.045

PROMPT

Write a YouTube title for a B2B consultant that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in B2b (The Difference Is Huge)

03.046

PROMPT

Write a YouTube title for a pet products brand aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Pet for Beginners: The Only Guide You'll Actually Need

03.047

PROMPT

Write a curiosity-driven YouTube title for a home decor brand using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Home Nobody Wants to Admit

03.048

PROMPT

Write a YouTube title for a digital marketing agency promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Digital (Backed by Real Results)

03.049

PROMPT

Write a YouTube title for a fitness coaching phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Fitness Working? (And How to Fix It)

03.050

PROMPT

Write a YouTube title for a DTC e-commerce brand framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Dtc in 60 Days

03.051

PROMPT

Write a click-worthy YouTube title for an online course creator in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Online Fast (Without Burning Out)

03.052

PROMPT

Write a YouTube title for a real estate agent that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Real Mistakes That Are Quietly Killing Your Growth

03.053

PROMPT

Write a warning-style YouTube title for a beauty & skincare brand that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Beauty (It's Costing You More Than You Think)

03.054

PROMPT

Write a YouTube title for a restaurant / food brand built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Restaurant System for 30 Days — Here's What Happened

03.055

PROMPT

Write a YouTube title for a SaaS startup that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Saas (The Difference Is Huge)

03.056

PROMPT

Write a YouTube title for a travel & tourism brand aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Travel for Beginners: The Only Guide You'll Actually Need

03.057

PROMPT

Write a curiosity-driven YouTube title for a personal finance creator using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Personal Nobody Wants to Admit

03.058

PROMPT

Write a YouTube title for a fashion boutique promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Fashion (Backed by Real Results)

03.059

PROMPT

Write a YouTube title for a health & wellness coach phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Health Working? (And How to Fix It)

03.060

PROMPT

Write a YouTube title for a photography studio framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Photography in 60 Days

03.061

PROMPT

Write a click-worthy YouTube title for a B2B consultant in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your B2b Fast (Without Burning Out)

03.062

PROMPT

Write a YouTube title for a pet products brand that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Pet Mistakes That Are Quietly Killing Your Growth

03.063

PROMPT

Write a warning-style YouTube title for a home decor brand that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Home (It's Costing You More Than You Think)

03.064

PROMPT

Write a YouTube title for a digital marketing agency built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Digital System for 30 Days — Here's What Happened

03.065

PROMPT

Write a YouTube title for a fitness coaching that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Fitness (The Difference Is Huge)

03.066

PROMPT

Write a YouTube title for a DTC e-commerce brand aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Dtc for Beginners: The Only Guide You'll Actually Need

03.067

PROMPT

Write a curiosity-driven YouTube title for a online course creator using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Online Nobody Wants to Admit

03.068

PROMPT

Write a YouTube title for a real estate agent promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Real (Backed by Real Results)

03.069

PROMPT

Write a YouTube title for a beauty & skincare brand phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Beauty Working? (And How to Fix It)

03.070

PROMPT

Write a YouTube title for a restaurant / food brand framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Restaurant in 60 Days

03.071

PROMPT

Write a click-worthy YouTube title for a SaaS startup in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Saas Fast (Without Burning Out)

03.072

PROMPT

Write a YouTube title for a travel & tourism brand that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Travel Mistakes That Are Quietly Killing Your Growth

03.073

PROMPT

Write a warning-style YouTube title for a personal finance creator that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Personal (It's Costing You More Than You Think)

03.074

PROMPT

Write a YouTube title for a fashion boutique built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Fashion System for 30 Days — Here's What Happened

03.075

PROMPT

Write a YouTube title for a health & wellness coach that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Health (The Difference Is Huge)

03.076

PROMPT

Write a YouTube title for a photography studio aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Photography for Beginners: The Only Guide You'll Actually Need

03.077

PROMPT

Write a curiosity-driven YouTube title for a B2B consultant using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About B2b Nobody Wants to Admit

03.078

PROMPT

Write a YouTube title for a pet products brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Pet (Backed by Real Results)

03.079

PROMPT

Write a YouTube title for a home decor brand phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Home Working? (And How to Fix It)

03.080

PROMPT

Write a YouTube title for a digital marketing agency framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Digital in 60 Days

03.081

PROMPT

Write a click-worthy YouTube title for a fitness coaching in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Fitness Fast (Without Burning Out)

03.082

PROMPT

Write a YouTube title for a DTC e-commerce brand that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Dtc Mistakes That Are Quietly Killing Your Growth

03.083

PROMPT

Write a warning-style YouTube title for a online course creator that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in Online (It's Costing You More Than You Think)

03.084

PROMPT

Write a YouTube title for a real estate agent built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Real System for 30 Days — Here's What Happened

03.085

PROMPT

Write a YouTube title for a beauty & skincare brand that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Beauty (The Difference Is Huge)

03.086

PROMPT

Write a YouTube title for a restaurant / food brand aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Restaurant for Beginners: The Only Guide You'll Actually Need

03.087

PROMPT

Write a curiosity-driven YouTube title for a SaaS startup using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Saas Nobody Wants to Admit

03.088

PROMPT

Write a YouTube title for a travel & tourism brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Travel (Backed by Real Results)

03.089

PROMPT

Write a YouTube title for a personal finance creator phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Personal Working? (And How to Fix It)

03.090

PROMPT

Write a YouTube title for a fashion boutique framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Fashion in 60 Days

03.091

PROMPT

Write a click-worthy YouTube title for a health & wellness coach in the 'How I/you [achieve result] (without [pain])' format. Keep it under 60 characters.

EXPECTED OUTPUT

How to Grow Your Health Fast (Without Burning Out)

03.092

PROMPT

Write a YouTube title for a photography studio that leads with a number and promises a specific outcome. Add a curiosity element.

EXPECTED OUTPUT

7 Photography Mistakes That Are Quietly Killing Your Growth

03.093

PROMPT

Write a warning-style YouTube title for a B2B consultant that flags a common mistake the viewer is probably making.

EXPECTED OUTPUT

Stop Doing This in B2b (It's Costing You More Than You Think)

03.094

PROMPT

Write a YouTube title for a pet products brand built on a timeframe + transformation ('I did X for 30 days').

EXPECTED OUTPUT

I Tried This Pet System for 30 Days — Here's What Happened

03.095

PROMPT

Write a YouTube title for a home decor brand that pits two approaches against each other and teases a clear winner.

EXPECTED OUTPUT

The Old Way vs The New Way in Home (The Difference Is Huge)

03.096

PROMPT

Write a YouTube title for a digital marketing agency aimed at total beginners, promising a complete walkthrough.

EXPECTED OUTPUT

Digital for Beginners: The Only Guide You'll Actually Need

03.097

PROMPT

Write a curiosity-driven YouTube title for a fitness coaching using a 'nobody talks about' or 'truth about' angle.

EXPECTED OUTPUT

The Truth About Fitness Nobody Wants to Admit

03.098

PROMPT

Write a YouTube title for a DTC e-commerce brand promising a fast result or shortcut, with a credibility anchor.

EXPECTED OUTPUT

The Fastest Way to Win at Dtc (Backed by Real Results)

03.099

PROMPT

Write a YouTube title for a online course creator phrased as the exact question your viewer types into search.

EXPECTED OUTPUT

Why Isn't Your Online Working? (And How to Fix It)

03.100

PROMPT

Write a YouTube title for a real estate agent framed as a real case study with a concrete outcome.

EXPECTED OUTPUT

How One Simple Change 2x'd This Real in 60 Days

04 Email Subject Lines

Open-rate boosting subject lines for any send.

04.001

PROMPT

Write an email subject line for a fitness coaching that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.002

PROMPT

Write a benefit-led email subject line for a DTC e-commerce brand that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.003

PROMPT

Write an urgency-driven email subject line for a online course creator for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.004

PROMPT

Write a personal, lowercase email subject line for a real estate agent that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.005

PROMPT

Write a question-based email subject line for a beauty & skincare brand that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.006

PROMPT

Write an email subject line for a restaurant / food brand that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.007

PROMPT

Write an email subject line for a SaaS startup that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.008

PROMPT

Write a contrarian email subject line for a travel & tourism brand that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.009

PROMPT

Write a clear how-to email subject line for a personal finance creator that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.010

PROMPT

Write an email subject line for a fashion boutique that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.011

PROMPT

Write an email subject line for a health & wellness coach that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.012

PROMPT

Write a benefit-led email subject line for a photography studio that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.013

PROMPT

Write an urgency-driven email subject line for a B2B consultant for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.014

PROMPT

Write a personal, lowercase email subject line for a pet products brand that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.015

PROMPT

Write a question-based email subject line for a home decor brand that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.016

PROMPT

Write an email subject line for a digital marketing agency that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.017

PROMPT

Write an email subject line for a fitness coaching that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.018

PROMPT

Write a contrarian email subject line for a DTC e-commerce brand that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.019

PROMPT

Write a clear how-to email subject line for a online course creator that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.020

PROMPT

Write an email subject line for a real estate agent that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.021

PROMPT

Write an email subject line for a beauty & skincare brand that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.022

PROMPT

Write a benefit-led email subject line for a restaurant / food brand that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.023

PROMPT

Write an urgency-driven email subject line for a SaaS startup for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.024

PROMPT

Write a personal, lowercase email subject line for a travel & tourism brand that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.025

PROMPT

Write a question-based email subject line for a personal finance creator that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.026

PROMPT

Write an email subject line for a fashion boutique that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.027

PROMPT

Write an email subject line for a health & wellness coach that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.028

PROMPT

Write a contrarian email subject line for a photography studio that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.029

PROMPT

Write a clear how-to email subject line for a B2B consultant that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.030

PROMPT

Write an email subject line for a pet products brand that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.031

PROMPT

Write an email subject line for a home decor brand that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.032

PROMPT

Write a benefit-led email subject line for a digital marketing agency that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.033

PROMPT

Write an urgency-driven email subject line for a fitness coaching for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.034

PROMPT

Write a personal, lowercase email subject line for a DTC e-commerce brand that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.035

PROMPT

Write a question-based email subject line for a online course creator that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.036

PROMPT

Write an email subject line for a real estate agent that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.037

PROMPT

Write an email subject line for a beauty & skincare brand that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.038

PROMPT

Write a contrarian email subject line for a restaurant / food brand that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.039

PROMPT

Write a clear how-to email subject line for a SaaS startup that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.040

PROMPT

Write an email subject line for a travel & tourism brand that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.041

PROMPT

Write an email subject line for a personal finance creator that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.042

PROMPT

Write a benefit-led email subject line for a fashion boutique that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.043

PROMPT

Write an urgency-driven email subject line for a health & wellness coach for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.044

PROMPT

Write a personal, lowercase email subject line for a photography studio that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.045

PROMPT

Write a question-based email subject line for a B2B consultant that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.046

PROMPT

Write an email subject line for a pet products brand that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.047

PROMPT

Write an email subject line for a home decor brand that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.048

PROMPT

Write a contrarian email subject line for a digital marketing agency that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.049

PROMPT

Write a clear how-to email subject line for a fitness coaching that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.050

PROMPT

Write an email subject line for a DTC e-commerce brand that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.051

PROMPT

Write an email subject line for a online course creator that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.052

PROMPT

Write a benefit-led email subject line for a real estate agent that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.053

PROMPT

Write an urgency-driven email subject line for a beauty & skincare brand for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.054

PROMPT

Write a personal, lowercase email subject line for a restaurant / food brand that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.055

PROMPT

Write a question-based email subject line for a SaaS startup that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.056

PROMPT

Write an email subject line for a travel & tourism brand that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.057

PROMPT

Write an email subject line for a personal finance creator that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.058

PROMPT

Write a contrarian email subject line for a fashion boutique that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.059

PROMPT

Write a clear how-to email subject line for a health & wellness coach that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.060

PROMPT

Write an email subject line for a photography studio that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.061

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EXPECTED OUTPUT

This changes everything (open me)

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Write a benefit-led email subject line for a pet products brand that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.063

PROMPT

Write an urgency-driven email subject line for a home decor brand for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.064

PROMPT

Write a personal, lowercase email subject line for a digital marketing agency that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.065

PROMPT

Write a question-based email subject line for a fitness coaching that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.066

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Write an email subject line for a DTC e-commerce brand that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.067

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EXPECTED OUTPUT

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04.068

PROMPT

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EXPECTED OUTPUT

Ignore everything they told you about this

04.069

PROMPT

Write a clear how-to email subject line for a beauty & skincare brand that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.070

PROMPT

Write an email subject line for a restaurant / food brand that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.071

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Write an email subject line for a SaaS startup that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.072

PROMPT

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EXPECTED OUTPUT

Get results by Friday — here's how

04.073

PROMPT

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EXPECTED OUTPUT

Last call: this closes at midnight

04.074

PROMPT

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EXPECTED OUTPUT

quick thing i had to tell you

04.075

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EXPECTED OUTPUT

Still stuck on the same problem?

04.076

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EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.077

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EXPECTED OUTPUT

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04.078

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EXPECTED OUTPUT

Ignore everything they told you about this

04.079

PROMPT

Write a clear how-to email subject line for a home decor brand that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.080

PROMPT

Write an email subject line for a digital marketing agency that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

04.081

PROMPT

Write an email subject line for a fitness coaching that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.082

PROMPT

Write a benefit-led email subject line for a DTC e-commerce brand that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.083

PROMPT

Write an urgency-driven email subject line for a online course creator for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.084

PROMPT

Write a personal, lowercase email subject line for a real estate agent that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.085

PROMPT

Write a question-based email subject line for a beauty & skincare brand that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.086

PROMPT

Write an email subject line for a restaurant / food brand that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.087

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EXPECTED OUTPUT

I almost quit. Then this happened.

04.088

PROMPT

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EXPECTED OUTPUT

Ignore everything they told you about this

04.089

PROMPT

Write a clear how-to email subject line for a personal finance creator that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.090

PROMPT

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EXPECTED OUTPUT

Why everyone's switching to this

04.091

PROMPT

Write an email subject line for a health & wellness coach that opens a curiosity loop without giving away the answer. Under 7 words.

EXPECTED OUTPUT

This changes everything (open me)

04.092

PROMPT

Write a benefit-led email subject line for a photography studio that promises a concrete result fast.

EXPECTED OUTPUT

Get results by Friday — here's how

04.093

PROMPT

Write an urgency-driven email subject line for a B2B consultant for a closing offer. Add a deadline cue.

EXPECTED OUTPUT

Last call: this closes at midnight

04.094

PROMPT

Write a personal, lowercase email subject line for a pet products brand that reads like a note from a friend.

EXPECTED OUTPUT

quick thing i had to tell you

04.095

PROMPT

Write a question-based email subject line for a home decor brand that names the reader's real pain.

EXPECTED OUTPUT

Still stuck on the same problem?

04.096

PROMPT

Write an email subject line for a digital marketing agency that teases a numbered list of fixes.

EXPECTED OUTPUT

3 fixes for the thing slowing you down

04.097

PROMPT

Write an email subject line for a fitness coaching that teases a short story with an unexpected ending.

EXPECTED OUTPUT

I almost quit. Then this happened.

04.098

PROMPT

Write a contrarian email subject line for a DTC e-commerce brand that challenges common advice.

EXPECTED OUTPUT

Ignore everything they told you about this

04.099

PROMPT

Write a clear how-to email subject line for a online course creator that states the exact outcome.

EXPECTED OUTPUT

How to fix this in under 10 minutes

04.100

PROMPT

Write an email subject line for a real estate agent that triggers FOMO using social proof.

EXPECTED OUTPUT

Why everyone's switching to this

05 Blog Headlines

SEO-friendly headlines that earn the click.

05.001

PROMPT

Write an SEO-friendly blog headline for a fitness coaching positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Fitness in 2026 (Step by Step)

05.002

PROMPT

Write a blog headline for a DTC e-commerce brand using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Dtc Strategies That Actually Move the Needle

05.003

PROMPT

Write a blog headline for a online course creator about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Online Mistakes (and How to Fix Each One)

05.004

PROMPT

Write a how-to blog headline for a real estate agent promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Real From Scratch (Beginner-Friendly)

05.005

PROMPT

Write a blog headline for a beauty & skincare brand anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Beauty Campaigns — Here's What Wins

05.006

PROMPT

Write a question-style blog headline for a restaurant / food brand that matches search intent exactly.

EXPECTED OUTPUT

Is Restaurant Worth It in 2026? An Honest Breakdown

05.007

PROMPT

Write a comparison blog headline for a SaaS startup weighing two options for the reader.

EXPECTED OUTPUT

SaaS: DIY vs Done-For-You — Which Should You Pick?

05.008

PROMPT

Write a blog headline for a travel & tourism brand framed as an actionable checklist.

EXPECTED OUTPUT

The Travel Checklist Every Beginner Needs (Free)

05.009

PROMPT

Write a blog headline for a personal finance creator that debunks popular myths in the niche.

EXPECTED OUTPUT

5 Personal Myths That Are Holding You Back

05.010

PROMPT

Write a case-study blog headline for a fashion boutique with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Fashion Results in 90 Days (Case Study)

05.011

PROMPT

Write an SEO-friendly blog headline for a health & wellness coach positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Health in 2026 (Step by Step)

05.012

PROMPT

Write a blog headline for a photography studio using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Photography Strategies That Actually Move the Needle

05.013

PROMPT

Write a blog headline for a B2B consultant about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 B2b Mistakes (and How to Fix Each One)

05.014

PROMPT

Write a how-to blog headline for a pet products brand promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Pet From Scratch (Beginner-Friendly)

05.015

PROMPT

Write a blog headline for a home decor brand anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Home Campaigns — Here's What Wins

05.016

PROMPT

Write a question-style blog headline for a digital marketing agency that matches search intent exactly.

EXPECTED OUTPUT

Is Digital Worth It in 2026? An Honest Breakdown

05.017

PROMPT

Write a comparison blog headline for a fitness coaching weighing two options for the reader.

EXPECTED OUTPUT

Fitness: DIY vs Done-For-You — Which Should You Pick?

05.018

PROMPT

Write a blog headline for a DTC e-commerce brand framed as an actionable checklist.

EXPECTED OUTPUT

The Dtc Checklist Every Beginner Needs (Free)

05.019

PROMPT

Write a blog headline for a online course creator that debunks popular myths in the niche.

EXPECTED OUTPUT

5 Online Myths That Are Holding You Back

05.020

PROMPT

Write a case-study blog headline for a real estate agent with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Real Results in 90 Days (Case Study)

05.021

PROMPT

Write an SEO-friendly blog headline for a beauty & skincare brand positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Beauty in 2026 (Step by Step)

05.022

PROMPT

Write a blog headline for a restaurant / food brand using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Restaurant Strategies That Actually Move the Needle

05.023

PROMPT

Write a blog headline for a SaaS startup about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 SaaS Mistakes (and How to Fix Each One)

05.024

PROMPT

Write a how-to blog headline for a travel & tourism brand promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Travel From Scratch (Beginner-Friendly)

05.025

PROMPT

Write a blog headline for a personal finance creator anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Personal Campaigns — Here's What Wins

05.026

PROMPT

Write a question-style blog headline for a fashion boutique that matches search intent exactly.

EXPECTED OUTPUT

Is Fashion Worth It in 2026? An Honest Breakdown

05.027

PROMPT

Write a comparison blog headline for a health & wellness coach weighing two options for the reader.

EXPECTED OUTPUT

Health: DIY vs Done-For-You — Which Should You Pick?

05.028

PROMPT

Write a blog headline for a photography studio framed as an actionable checklist.

EXPECTED OUTPUT

The Photography Checklist Every Beginner Needs (Free)

05.029

PROMPT

Write a blog headline for a B2B consultant that debunks popular myths in the niche.

EXPECTED OUTPUT

5 B2b Myths That Are Holding You Back

05.030

PROMPT

Write a case-study blog headline for a pet products brand with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Pet Results in 90 Days (Case Study)

05.031

PROMPT

Write an SEO-friendly blog headline for a home decor brand positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Home in 2026 (Step by Step)

05.032

PROMPT

Write a blog headline for a digital marketing agency using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Digital Strategies That Actually Move the Needle

05.033

PROMPT

Write a blog headline for a fitness coaching about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Fitness Mistakes (and How to Fix Each One)

05.034

PROMPT

Write a how-to blog headline for a DTC e-commerce brand promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Dtc From Scratch (Beginner-Friendly)

05.035

PROMPT

Write a blog headline for a online course creator anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Online Campaigns — Here's What Wins

05.036

PROMPT

Write a question-style blog headline for a real estate agent that matches search intent exactly.

EXPECTED OUTPUT

Is Real Worth It in 2026? An Honest Breakdown

05.037

PROMPT

Write a comparison blog headline for a beauty & skincare brand weighing two options for the reader.

EXPECTED OUTPUT

Beauty: DIY vs Done-For-You — Which Should You Pick?

05.038

PROMPT

Write a blog headline for a restaurant / food brand framed as an actionable checklist.

EXPECTED OUTPUT

The Restaurant Checklist Every Beginner Needs (Free)

05.039

PROMPT

Write a blog headline for a SaaS startup that debunks popular myths in the niche.

EXPECTED OUTPUT

5 SaaS Myths That Are Holding You Back

05.040

PROMPT

Write a case-study blog headline for a travel & tourism brand with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Travel Results in 90 Days (Case Study)

05.041

PROMPT

Write an SEO-friendly blog headline for a personal finance creator positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Personal in 2026 (Step by Step)

05.042

PROMPT

Write a blog headline for a fashion boutique using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Fashion Strategies That Actually Move the Needle

05.043

PROMPT

Write a blog headline for a health & wellness coach about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Health Mistakes (and How to Fix Each One)

05.044

PROMPT

Write a how-to blog headline for a photography studio promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Photography From Scratch (Beginner-Friendly)

05.045

PROMPT

Write a blog headline for a B2B consultant anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 B2b Campaigns — Here's What Wins

05.046

PROMPT

Write a question-style blog headline for a pet products brand that matches search intent exactly.

EXPECTED OUTPUT

Is Pet Worth It in 2026? An Honest Breakdown

05.047

PROMPT

Write a comparison blog headline for a home decor brand weighing two options for the reader.

EXPECTED OUTPUT

Home: DIY vs Done-For-You — Which Should You Pick?

05.048

PROMPT

Write a blog headline for a digital marketing agency framed as an actionable checklist.

EXPECTED OUTPUT

The Digital Checklist Every Beginner Needs (Free)

05.049

PROMPT

Write a blog headline for a fitness coaching that debunks popular myths in the niche.

EXPECTED OUTPUT

5 Fitness Myths That Are Holding You Back

05.050

PROMPT

Write a case-study blog headline for a DTC e-commerce brand with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Dtc Results in 90 Days (Case Study)

05.051

PROMPT

Write an SEO-friendly blog headline for a online course creator positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Online in 2026 (Step by Step)

05.052

PROMPT

Write a blog headline for a real estate agent using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Real Strategies That Actually Move the Needle

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Write a blog headline for a beauty & skincare brand about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Beauty Mistakes (and How to Fix Each One)

05.054

PROMPT

Write a how-to blog headline for a restaurant / food brand promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Restaurant From Scratch (Beginner-Friendly)

05.055

PROMPT

Write a blog headline for a SaaS startup anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Saas Campaigns — Here's What Wins

05.056

PROMPT

Write a question-style blog headline for a travel & tourism brand that matches search intent exactly.

EXPECTED OUTPUT

Is Travel Worth It in 2026? An Honest Breakdown

05.057

PROMPT

Write a comparison blog headline for a personal finance creator weighing two options for the reader.

EXPECTED OUTPUT

Personal: DIY vs Done-For-You — Which Should You Pick?

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5 Health Myths That Are Holding You Back

05.060

PROMPT

Write a case-study blog headline for a photography studio with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Photography Results in 90 Days (Case Study)

05.061

PROMPT

Write an SEO-friendly blog headline for a B2B consultant positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to B2b in 2026 (Step by Step)

05.062

PROMPT

Write a blog headline for a pet products brand using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Pet Strategies That Actually Move the Needle

05.063

PROMPT

Write a blog headline for a home decor brand about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Home Mistakes (and How to Fix Each One)

05.064

PROMPT

Write a how-to blog headline for a digital marketing agency promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Digital From Scratch (Beginner-Friendly)

05.065

PROMPT

Write a blog headline for a fitness coaching anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Fitness Campaigns — Here's What Wins

05.066

PROMPT

Write a question-style blog headline for a DTC e-commerce brand that matches search intent exactly.

EXPECTED OUTPUT

Is Dtc Worth It in 2026? An Honest Breakdown

05.067

PROMPT

Write a comparison blog headline for a online course creator weighing two options for the reader.

EXPECTED OUTPUT

Online: DIY vs Done-For-You — Which Should You Pick?

05.068

PROMPT

Write a blog headline for a real estate agent framed as an actionable checklist.

EXPECTED OUTPUT

The Real Checklist Every Beginner Needs (Free)

05.069

PROMPT

Write a blog headline for a beauty & skincare brand that debunks popular myths in the niche.

EXPECTED OUTPUT

5 Beauty Myths That Are Holding You Back

05.070

PROMPT

Write a case-study blog headline for a restaurant / food brand with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Restaurant Results in 90 Days (Case Study)

05.071

PROMPT

Write an SEO-friendly blog headline for a SaaS startup positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to SaaS in 2026 (Step by Step)

05.072

PROMPT

Write a blog headline for a travel & tourism brand using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Travel Strategies That Actually Move the Needle

05.073

PROMPT

Write a blog headline for a personal finance creator about common mistakes and how to avoid them.

EXPECTED OUTPUT

9 Personal Mistakes (and How to Fix Each One)

05.074

PROMPT

Write a how-to blog headline for a fashion boutique promising a specific outcome for beginners.

EXPECTED OUTPUT

How to Master Fashion From Scratch (Beginner-Friendly)

05.075

PROMPT

Write a blog headline for a health & wellness coach anchored on data or a study to build authority.

EXPECTED OUTPUT

We Analyzed 100 Health Campaigns — Here's What Wins

05.076

PROMPT

Write a question-style blog headline for a photography studio that matches search intent exactly.

EXPECTED OUTPUT

Is Photography Worth It in 2026? An Honest Breakdown

05.077

PROMPT

Write a comparison blog headline for a B2B consultant weighing two options for the reader.

EXPECTED OUTPUT

B2b: DIY vs Done-For-You — Which Should You Pick?

05.078

PROMPT

Write a blog headline for a pet products brand framed as an actionable checklist.

EXPECTED OUTPUT

The Pet Checklist Every Beginner Needs (Free)

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EXPECTED OUTPUT

How We Doubled Digital Results in 90 Days (Case Study)

05.081

PROMPT

Write an SEO-friendly blog headline for a fitness coaching positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Fitness in 2026 (Step by Step)

05.082

PROMPT

Write a blog headline for a DTC e-commerce brand using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Dtc Strategies That Actually Move the Needle

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EXPECTED OUTPUT

We Analyzed 100 Beauty Campaigns — Here's What Wins

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EXPECTED OUTPUT

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EXPECTED OUTPUT

SaaS: DIY vs Done-For-You — Which Should You Pick?

05.088

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EXPECTED OUTPUT

The Travel Checklist Every Beginner Needs (Free)

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EXPECTED OUTPUT

How We Doubled Fashion Results in 90 Days (Case Study)

05.091

PROMPT

Write an SEO-friendly blog headline for a health & wellness coach positioned as the definitive guide on a core topic. Include the implied keyword.

EXPECTED OUTPUT

The Ultimate Guide to Health in 2026 (Step by Step)

05.092

PROMPT

Write a blog headline for a photography studio using an odd-numbered listicle format with a clear benefit.

EXPECTED OUTPUT

11 Photography Strategies That Actually Move the Needle

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EXPECTED OUTPUT

9 B2b Mistakes (and How to Fix Each One)

05.094

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EXPECTED OUTPUT

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EXPECTED OUTPUT

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EXPECTED OUTPUT

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EXPECTED OUTPUT

Fitness: DIY vs Done-For-You — Which Should You Pick?

05.098

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EXPECTED OUTPUT

The Dtc Checklist Every Beginner Needs (Free)

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PROMPT

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EXPECTED OUTPUT

5 Online Myths That Are Holding You Back

05.100

PROMPT

Write a case-study blog headline for a real estate agent with a concrete result and timeframe.

EXPECTED OUTPUT

How We Doubled Real Results in 90 Days (Case Study)