

I AM PAID™
*Where Worth
Becomes Wealth™*

Stop Earning Your Worth.
Start Living From It.

Angie Marie

I AM PAID

7 Identity Shifts That Increase Your Income Without Working Harder

INSIDE:

Most women don't have an income problem. They have an identity problem.

The way you see yourself determines what you charge, what you accept, what opportunities you pursue, and what abundance you're willing to receive.

Inside are **7 powerful identity shifts** designed to help you stop undervaluing yourself and start stepping into the woman you were created to be.



I Am Valuable
I Am Seen
I Am Allowed To Receive
I Am The Solution
I Am Worth Paying
I Am Abundant
I Am Wealthy

Because your income rarely rises above the value you believe you have.

That's how worth becomes wealth.



[ˈvæl.jə.bəl]

possessing worth that exists whether it is recognized or not.

VALUE
SHIFT #1



I AM VALUABLE

Most women don't struggle with value.
They struggle with recognizing it.

Over time, many women learn to measure their worth by what they produce, how much they give, how many people they help, or how much they can endure.

The result?

They begin treating their value as something that must be earned.

But your value is not something you create. It is something you recognize.

The moment you stop questioning your worth, you stop accepting less than you deserve. Because you will rarely earn beyond the value you place on yourself.

When you recognize your value, you stop settling. When you stop settling, your worth begins creating wealth.

REFLECTION

Answer honestly.

Where am I currently undervaluing myself? Where am I settling for less than I deserve? What gifts, skills, or strengths do I often dismiss because they come naturally to me? If I truly believed I was valuable, what would I stop tolerating immediately? What would change if I fully owned my worth?



IDENTITY DECLARATION

Read aloud:

I am valuable.

My worth is not determined by my productivity.

My value does not need to be proven.

I honor my gifts, my wisdom, and my experiences.

I recognize the value I bring into every room I enter.





New Message

To: self@IAmValuable.com

Cc/Bcc, From: ValuableSelf@IAMValue.com

Subject: WORTH INVENTORY

ACTION STEP

Today, Email Yourself! Write 10 things that make you valuable that have nothing to do with your job title, income, relationship status, or accomplishments.
Email it to yourself & star this message!

Xoxo, Valuable Self.





I AM SEEN

SEEN
[SI:N]

TO BE WITNESSED, VALUED, AND UNDERSTOOD WITHOUT NEEDING TO PROVE YOUR WORTH.

Many women spend years hiding.

Not because they lack talent, wisdom, or value, but because somewhere along the way they learned it was safer to stay small. Safer to stay quiet. Safer to avoid criticism, rejection, comparison, or judgment. So they begin shrinking themselves. They water down their opinions. They downplay their accomplishments. They silence their voice before anyone else can. They convince themselves they need more experience, more confidence, more credentials, or more proof before they can fully show up.

The problem is that every time you shrink yourself down, you teach yourself that your voice is not important. Every time you hide your gifts, you reinforce the belief that what you have to offer does not matter. Over time, this becomes a habit. A woman who was meant to be visible slowly becomes invisible, not because she lacks value, but because she has learned to keep it hidden.

Many women believe being seen is about attention. It isn't. Being seen is about allowing yourself to exist fully without apology. It is about speaking when you have something to say. It is about sharing what you've learned. It is about trusting that your experiences, wisdom, and perspective have value.

The truth is that hidden gifts cannot help people. Hidden wisdom cannot create impact. Hidden solutions cannot create income. The world cannot benefit from the parts of you that remain locked away.



The truth is that hidden gifts cannot help people. Hidden wisdom cannot create impact. Hidden solutions cannot create income. The world cannot benefit from the parts of you that remain locked away Someone is waiting for the lesson you've learned through your healing. Someone is struggling with a challenge you've already overcome.

Someone needs encouragement that can only come from your story. But they cannot find what you refuse to share. The more you heal, the less you need to hide. The more you trust yourself, the less you fear judgment.

The more you recognize your value, the less you feel the need to shrink yourself down to fit inside spaces you have already outgrown. Being seen is not vanity. Being seen is service.

REFLECTION & IDENTITY DECLARATION

For too long, I have hidden parts of myself to make others comfortable. I have shrunk my voice, questioned my value, and waited for permission that was never mine to seek. Today, that ends. My story matters. My wisdom matters. My presence matters. I no longer hide my gifts or diminish who I am. I trust myself enough to be seen, heard, and fully expressed. I take up space with confidence because I know my value. I am no longer shrinking.

I am seen. Your gifts cannot become income if no one knows they exist.



IDENTITY DECLARATION

Gelas Escape

I am seen!

I no longer shrink myself to fit inside rooms I have outgrown.

I release the need to make others comfortable at the expense of my own growth. My voice, my story, and my gifts deserve space. As I become more of myself, I naturally attract people who see, support, and celebrate who:

I am becoming.

I am no longer hiding.

I am seen.

ACTION STEPS



01. STOP SHRINKING

Identify one place in your life where you've been making yourself smaller to keep others comfortable. Commit to showing up fully instead.

TIPS

02. SHARE YOUR GIFT

Share one lesson, skill, or piece of wisdom you've been keeping to yourself. Someone may need what comes naturally to you.



03. TAKE UP SPACE

Speak up, post, create, or contribute in a way you normally wouldn't. Let yourself be seen without apology.

04. FIND YOUR PEOPLE

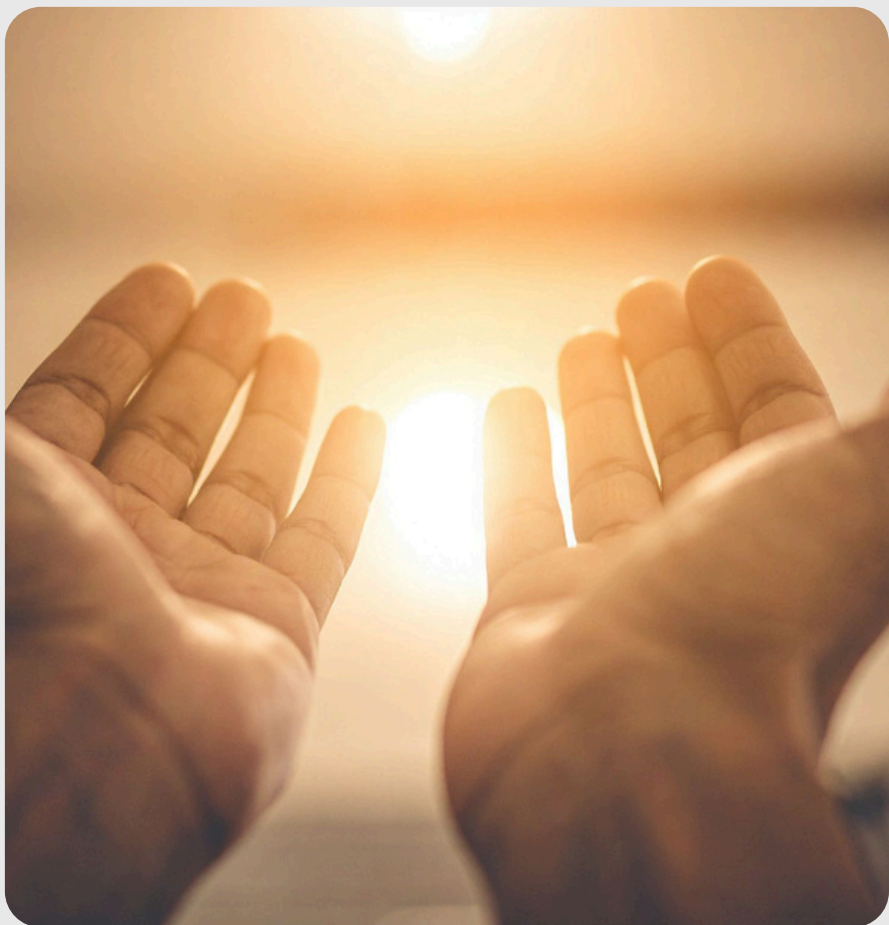
Pay attention to the people and environments around you. Are they encouraging your growth or rewarding your silence? Spend more time in spaces where you don't have to shrink to belong.



I AM ALLOWED TO RECEIVE

RECEIVE
[Rɪˈsiːv]

TO WELCOME ABUNDANCE, LOVE, OPPORTUNITIES, AND SUPPORT WITHOUT GUILT OR RESISTANCE.



I AM ALLOWED TO RECEIVE

Many women have spent their entire lives proving their worth. Giving more. Doing more. Carrying more. Somewhere along the way, they learned that receiving must be earned.

So they feel guilty accepting help. They downplay compliments. They struggle to ask for support. They pour into everyone else while quietly running on empty themselves.

The result is burnout, resentment, and the exhausting belief that their needs always come last.

But abundance cannot flow into closed hands. The truth is, receiving is not selfish. It is not weakness. It is allowing yourself to be supported the same way you have supported others. The more you heal, the more you realize that your worth was never tied to how much you give away.

You do not have to earn rest. You do not have to earn support. You do not have to earn love. You do not have to earn abundance. You simply have to be willing to receive it. Receiving isn't taking. **Receiving is making room for what God already wants to give you. The woman who receives well eventually creates wealth well. worth becomes wealth.**



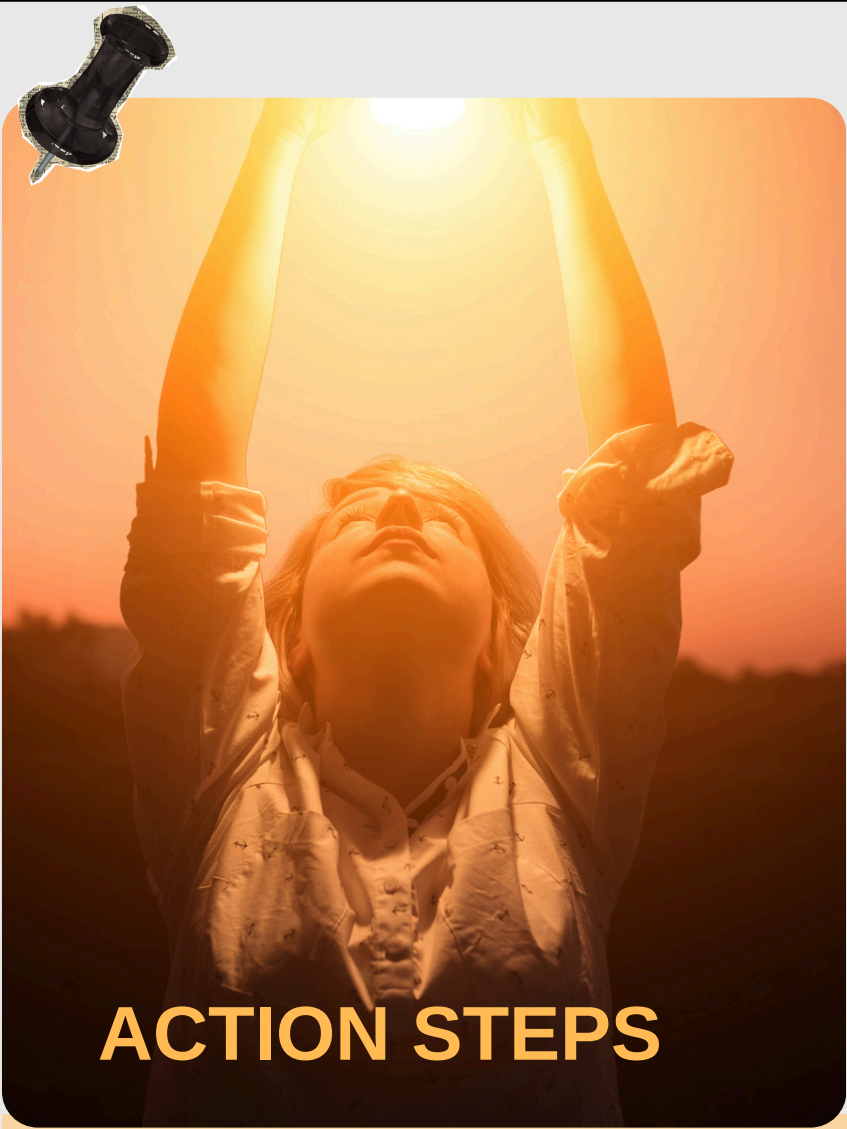
IM RECEIVING

IM RECEIVING

IM RECEIVING

RECEIVE

I am allowed to receive.



ACTION STEPS

1. RECEIVE HELP

Allow someone to help you this week without immediately offering something in return.

2. ACCEPT THE COMPLIMENT

The next time someone compliments you, simply say "thank you" and receive it fully.

3. NOTICE THE RESISTANCE

Pay attention to moments when support, opportunities, or kindness are offered. Ask yourself: "Why am I uncomfortable receiving this?"

4. OPEN YOUR HANDS

Write down three things you desire to receive more of in your life—love, support, opportunities, peace, money, rest, or abundance—and give yourself permission to welcome them.

REFLECTION & IDENTITY DECLARATION

Where in my life do I struggle to receive?

Do I feel guilty when someone helps me?

Do I over-give to prove my worth?

What blessings, support, opportunities, or abundance am I resisting because I believe I must earn them first?

Today, I release the belief that I must constantly prove my value. I am worthy of support. I am worthy of rest. I am worthy of love. I am worthy of abundance. I allow myself to receive without guilt, without shame, and without needing to earn what has already been made available to me. I receive because

*I already have worth.
Not because I earned it.*



THE OPPORTUNITY WAS NEVER MISSING. YOUR AWARENESS WAS.

I A M T H E
S O L U T I O N
Congrats!

SOLUTION
[SƏ'LU:ΣƏN]

THE VALUE, WISDOM, OR EXPERIENCE YOU POSSESS THAT HELPS SOLVE A PROBLEM FOR OTHERS.



Most women spend years searching for the answer while overlooking the evidence that they may already be carrying it.

They look for another certification, another course, another opportunity, another expert to tell them what to do next. Meanwhile, the wisdom gained through their own struggles sits unnoticed.

The truth is that many of the problems you've solved in your own life are the very problems someone else is desperately trying to overcome. What feels ordinary to you may be life-changing to someone else. The lesson you learned through heartbreak, burnout, healing, motherhood, caregiving, career challenges, financial struggles, or personal growth may hold more value than you realize.

Your greatest asset is often hidden inside what has become familiar.

Stop asking, "What should I do?"
Start asking, "What have I already done that could help someone else?"
The solution you've been searching for may already be within you.

The woman who has overcome something carries insight. The woman who has learned something carries wisdom. The woman who has survived something carries a story.



REFLECTION & IDENTITY
DECLARATION

What do people naturally come to me for? What problems have I solved that others still struggle with? What lessons has life taught me that I often overlook because they feel normal to me?

Today, I recognize that my experiences have value. My struggles created wisdom. My healing created insight. My story has purpose. I stop overlooking what I already carry.

I am the solution. The opportunity has always been YOU.



ACTION STEP

Create a list of 20 things people regularly ask for your advice, help, guidance, or opinion about.

Review your answers and look for patterns. Your next opportunity may be hidden inside what comes naturally to you.

paid
[peɪd]

I AM WORTH PAYING

compensated for the value, wisdom, skills, or results you provide.

Many women have no problem paying others for their expertise, yet struggle to believe their own knowledge, experience, and wisdom have value.

They over give, undercharge, and second-guess what they bring to the table.

BEING PAID IS NOT A PRIVILEGE. IT
IS A FAIR EXCHANGE.

I AM DONE PROVING WHY I
DESERVE TO BE PAID. I SIMPLY DO.

I REFUSE TO DISCOUNT MYSELF TO
MAKE OTHERS COMFORTABLE.

I AM PAID WELL.
BECAUSE I CREATE VALUE.

I SAFELY KEEP ALL MONIES RECEIVED
AND MY MONEY MULTIPLIES,
COMPOUNDS, AND GROWS
PASSIVELY.



*Write down three skills, experiences,
or lessons people would happily pay
you to help them with.*



I AM ABUNDANT

ABUNDANCE
[Ə'BANDƏNS]
THE ALCHEMY OF TURNING POSSIBILITIES, RESOURCES, EXPERIENCES, AND OPPORTUNITIES INTO GROWTH, PROSPERITY, AND FREEDOM.

A B U N D A N C E



ABUNDANCE

Abundance begins with awareness. Scarcity keeps your focus on what is missing, while abundance helps you recognize what is already available. When you constantly focus on lack, you overlook opportunities, connections, skills, resources, and blessings that may already be within reach.



WHAT'S TRENDING WORLDWIDE

The woman who lives abundantly understands that prosperity is often an act of alchemy. She transforms challenges into lessons, lessons into wisdom, and wisdom into opportunities. What once felt like a setback becomes a stepping stone. What once looked like a limitation becomes a new path forward.

The more you focus on possibility instead of lack, the more opportunities you begin to see.

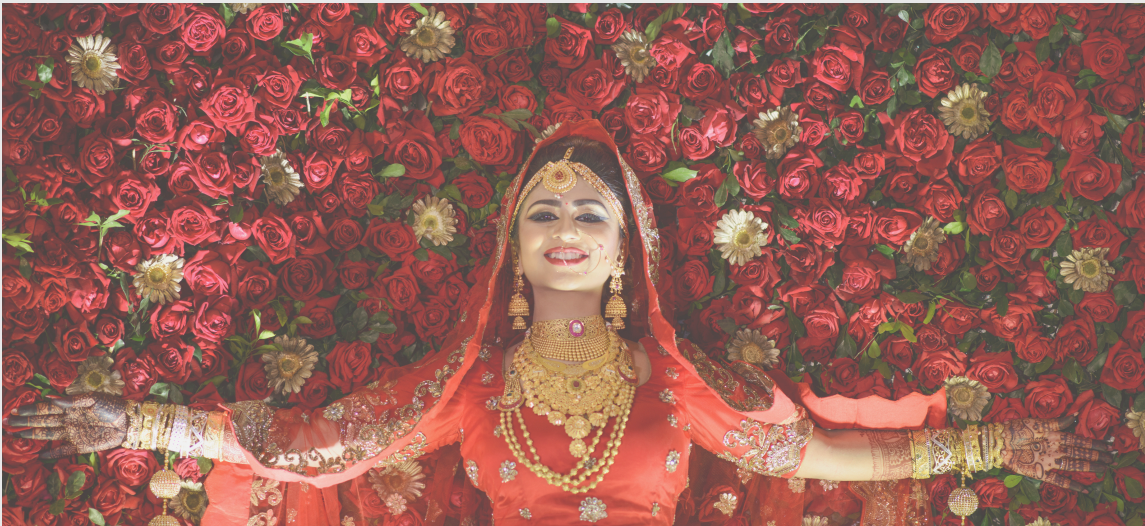
REFLECTION AND IDENTITY DECLARATION

Where am I focused on scarcity instead of possibility?

What opportunities have I overlooked because I assumed they would not work?

Today, I choose abundance. I trust my ability to transform obstacles into opportunities and challenges into growth. I recognize the resources, blessings, and possibilities already surrounding me. I am abundant. Abundance begins when you stop measuring what you lack and begin multiplying what you already carry.

That's where worth becomes wealth.



ACTION STEP

Create a list of 20 things people regularly ask for your advice, help, guidance, or opinion about. Review your answers and look for patterns. Your next opportunity may be hidden inside what comes naturally to you.

I AM ABUNDANT

ABUNDANCE
[ə'bandəns]
THE ALCHEMY OF TURNING POSSIBILITIES, RESOURCES, EXPERIENCES, AND OPPORTUNITIES INTO GROWTH, PROSPERITY, AND FREEDOM.

20 THINGS PEOPLE ASK YOU FOR

ACTION STEP:



CREATE A LIST OF 20 THINGS PEOPLE REGULARLY ASK FOR YOUR ADVICE, HELP, GUIDANCE, OR OPINION ABOUT. REVIEW YOUR ANSWERS AND LOOK FOR PATTERNS. YOUR NEXT OPPORTUNITY MAY BE HIDDEN INSIDE WHAT COMES NATURALLY TO YOU.

WHERE WORTH BECOMES WEALTH™

I AM WEALTHY

wealthy
[ˈwelTHē]
free to explore the world, protect your health, and spend your time creating memories instead of merely making ends meet

FREEDOM

Many women spend years working hard, sacrificing their health, postponing their dreams, and telling themselves that one day they will finally have enough time, enough money, and enough freedom to live the life they truly want. The trip gets delayed. The rest gets postponed. The experiences become "someday." Before they know it, survival has become a lifestyle instead of a season.

The wealthy woman understands something different. She understands that money is a tool that creates freedom. Freedom to explore the world. Freedom to invest in her health before it becomes a crisis. Freedom to spend time with the people she loves. Freedom to make decisions based on desire instead of necessity. She doesn't build wealth because she loves money. She builds wealth because she values her life, her time, her experiences, and her ability to choose.

When you stop viewing wealth as a luxury and start viewing it as a pathway to freedom, your relationship with money changes. Wealth becomes less about accumulation and more about creating a life that feels expansive, healthy, meaningful, and fully lived.

REFLECTION
& IDENTITY DECLARATION

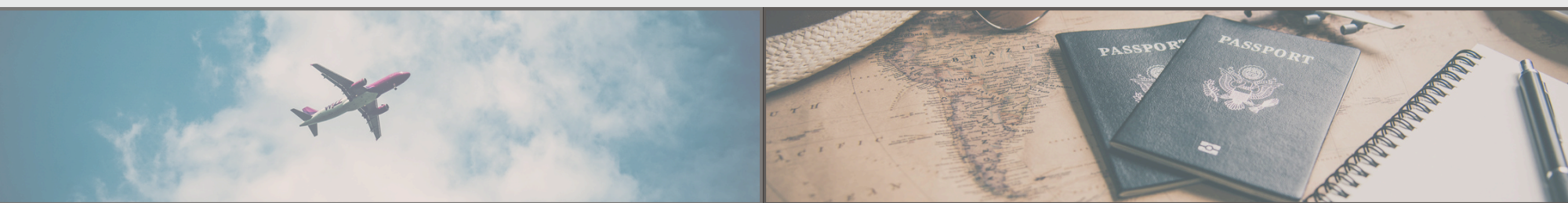
If I had the freedom to choose, where would I go? How would I spend my time? What would I prioritize? How would I care for my health? What experiences have I been postponing while waiting for permission? Today, I choose to think beyond survival. I choose to build wealth intentionally so I can experience more of life. I deserve freedom. I deserve health. I deserve adventure. I deserve options. I deserve a life that feels as good as it looks. I am wealthy.

Health.
Freedom.
Joy.
Purpose.
That's the destination.



COMPLETE THIS SENTENCE 10 TIMES: "THE WEALTHY VERSION OF ME WOULD..."

Your answers may reveal the life you've been waiting to give yourself permission to live.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



WEALTH
UNLOCKED



Breaking News



FREEDOM
IS HERE

Thank you
FOR READING!



*Your income, opportunities, and results will often reflect the way you see yourself.
As you heal, your identity expands. As your identity expands, so does your capacity
to receive, create, earn, and experience more from life.*

You are not becoming someone new.

You are remembering who you are.

I am valuable. I am seen. I am allowed to receive. I am the solution.

I am worth paying. I am abundant. I am wealthy.

Thank you for allowing me to be part of your journey.

My hope is that this guide reminded you of something you may have forgotten:

You are not broken.

You are not behind.

You are not starting from scratch.

*Everything you need to build your next chapter already exists within you.
Keep healing. Keep growing. Keep believing. Worth comes first. Wealth follows.*

You were never created to spend your life proving your value.

*You were created to recognize it. Because the moment you believe your worth...
you begin creating wealth from it.*

The best version of your story is still being written.

With love,

Angie Marie



HEALTH



FREEDOM



JOY