

CURSEBREAKER^{OS}

THE 7-DAY

CURSE BREAKER

PRAYER JOURNAL

For women who war in the spirit.

BY APOSTLE LATASHA ANDERSON

CURSE BREAKER MINISTRIES • BREAKING EVERY CHAIN

A WORD BEFORE YOU BEGIN

Woman of God, you are holding more than a journal. You are holding a weapon.

For the next seven days you are going to pray with precision, declare with power, and take back the territory the enemy convinced you was lost. Curses break when we open our mouths in agreement with Heaven. Not when we feel like it. When we decide.

Do not rush these pages. Let the Holy Spirit meet you here. Let Him expose what needs to go, uproot what was never yours, and hand you a crown where a chain used to be.

You are not who the enemy says you are. You are who God says you are. Now let us break every chain. Together.

WITH LOVE AND PROPHETIC FIRE,
APOSTLE LATASHA ANDERSON

"So if the Son sets you free, you will be free indeed." · John 8:36, NIV

HOW TO USE THIS JOURNAL

SCRIPTURE OF THE DAY

Read it three times. Once for understanding, once for revelation, once as a declaration over your life. NIV.

A WORD FROM APOSTLE LATASHA

Let it convict and comfort you. She is in the room with you.

PRAYER PROMPTS

Do not just list requests. Have a conversation with God. He is listening.

GRATITUDE

Name three. Gratitude is the soil miracles grow in.

DECLARATIONS

Say them out loud. Death and life are in the power of the tongue.

THE CURSE-BREAKING DECREE

Repeat it three times, out loud, with your whole chest.

ANSWERED PRAYERS

Write what God did. This becomes your evidence of His faithfulness.

NOTES & REFLECTION

Write what He speaks. Dreams, impressions, revelations.

INSIDE THE APP

Whether you are on paper or inside CURSEBREAKER OS, the rhythm is the same. The app mirrors these sections under Today, Pray, Speak, Write, Armor, Wall, and Notes. Consistency is your weapon. Show up for seven days. Do not miss your appointment with freedom.

DAY 1 OF 7

NAME THE CHAIN

You cannot break what you refuse to call by name.

DATE _____

— SCRIPTURE OF THE DAY

John 8:36 · Psalm 139:13–16 · NIV

Paste your NIV passage here, then read it slowly.

Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.

— A WORD FROM APOSTLE LATASHA

Woman of God, before we break anything, we have to name it. And some of you have been too polite, too churchy, too afraid to say the real thing out loud. You dress it up. You call it a season. You call it a struggle. You call it just how my family is. No. Call it what it is. A chain has a name, and the thing you will not name is the thing still running your life.

Today you stop whispering about it and you drag it into the light. The same God who knit you together in your mother's womb already knows every link. He is not asking you to name it because He needs the information. He is asking because freedom starts the second you stop protecting the thing that is choking you. Say it. Then watch the Son set you free.

I see you doing the brave thing. Keep going. · A.L.



BLUNT TRUTH

You cannot break a chain you keep pretending is not there.

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 I call my chains by name. I will not protect what is killing me.
- 🕉 The Son has set me free, so I am free indeed.
- 🕉 What God brings into the light, He has already begun to break.

I declare (write your own)...

THE CURSE-BREAKING DECREE

I name every chain over my life today and I serve it notice. You have no legal right to me. The Son has set me free.

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Carry this into your war room. Log today under **PRAY** and name your chain in the app so you can watch every link break.

DAY 2 OF 7

BREAK THE BLOODLINE

What was handed down can end with you.

DATE _____

— SCRIPTURE OF THE DAY

Galatians 3:13–14 · Ezekiel 18:20 · NIV

*Paste your NIV passage here, then read it slowly.**Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.*

— A WORD FROM APOSTLE LATASHA

Woman of God, some of what you are fighting is not even yours. It was handed to you. The same anger that lived in your mother. The same lack that followed your father. The same patterns everybody in your family just calls normal. Hear me. A pattern is not a personality. It is a curse wearing a family name.

But here is the news that should make you stand up. Christ became a curse on that cross so you would never have to carry one. The cycle does not get a vote anymore. You are the breaker in your bloodline. What stopped with no one before you is going to stop with you. Not because you are stronger than them. Because you finally said enough on your knees.

You are the answer your bloodline prayed for. · A.L.

BLUNT TRUTH

A pattern is not your personality. It is a curse wearing your family's name.

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 The curse stops with me. The blessing starts with me.
- 🕉 Christ became a curse so I could carry a promise.
- 🕉 I am the breaker God assigned to my bloodline.

I declare (write your own)...

THE CURSE-BREAKING DECREE

Every generational curse assigned to my family line, I break it now in the name of Jesus. It ends with me, and the blessing begins.

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Take this to **PRAY** in your war room. Name the pattern that ends with you, out loud, on the record.

DAY 3 OF 7

RENEW THE MIND

Watch your words. They are building the life you are praying out of.

DATE _____

— SCRIPTURE OF THE DAY

Romans 12:2 · 2 Corinthians 10:4–5 · NIV

Paste your NIV passage here, then read it slowly.

Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.

— A WORD FROM APOSTLE LATASHA

Woman of God, your mind is the battlefield and your mouth is the weapon. And right now, some of you are using that weapon against yourself. You keep asking God to change your life while you narrate defeat over it every single morning. You call yourself broke. You call yourself tired. You call your children a handful and your marriage a mistake. Then you wonder why nothing shifts.

The pattern of this world says rehearse the problem until you believe it. God says be transformed by the renewing of your mind. You cannot break a curse with the same mouth you keep cursing yourself with. So today you stop agreeing with the lie. You take every thought captive, and you put new words in your mouth. Not because you feel them yet. Because they are true.

Keep going. Heaven is listening to every word. · A.L.

Watch your words. Every time you speak death over your own life, you *hand the enemy a power he could never take by force.*

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- ⊙ I am not what I have been through. I am who God says I am.
- ⊙ My mind is being made new. I take every thought captive to Christ.
- ⊙ Death and life are in my tongue, and today I choose life. I speak the promise, not the problem.

I declare (write your own)...

THE CURSE-BREAKING DECREE

I break every word curse I have spoken over my own life, in the name of Jesus. What I cursed, I now bless.

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Log this under **SPEAK**, then post your declaration to the **WALL** so you can watch every word come to pass.

DAY 4 OF 7

TAKE UP YOUR ARMOR

Stop fighting in your own strength.

DATE _____

— SCRIPTURE OF THE DAY

Ephesians 6:10–18 · Luke 10:19 · NIV

*Paste your NIV passage here, then read it slowly.**Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.*

— A WORD FROM APOSTLE LATASHA

Woman of God, you have been exhausted because you keep showing up to a spiritual fight with nothing but your feelings. You argue with people the enemy is only using. You lose sleep over battles that were never yours to carry. Your fight is not with your husband, your coworker, your mother in law, or the woman who did you wrong. The real enemy is hiding behind all of them, hoping you stay distracted.

So put the armor on. Not admire it. Not post about it. Put it on. Truth around your waist. Righteousness over your heart. Faith in your hand to stop every fiery thing thrown your way. You already have authority over all the power of the enemy. Today you stop fighting like a victim and you start standing like the one Jesus already handed the victory.

Stand, woman of God. You are covered. · A.L.

BLUNT TRUTH

You keep losing battles you were never supposed to fight in your own strength.

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 I am fully armored in Christ. I stand, and having done all, I keep standing.
- 🕉 No weapon formed against me will prosper.
- 🕉 I have authority over all the power of the enemy.

I declare (write your own)...

THE CURSE-BREAKING DECREE

***I put on the full armor of God today. The battle belongs to the Lord,
and the victory is already mine.***

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Suit up under **ARMOR** in your war room and check every piece before you step into the day.

PAST HALFWAY

KEEP WARRING.

You made it past the middle. Look back at what God has already done in these pages. None of it was wasted. The enemy wants you to quit right here, one breakthrough away. You were not built to start. You were built to finish.

"He who began a good work in you will carry it on to completion." · Philippians 1:6, NIV

DAY 5 OF 7

RELEASE IT

Your blessing is on the other side of your forgiveness.

DATE _____

— SCRIPTURE OF THE DAY

Ephesians 4:31–32 · Mark 11:25 · NIV

Paste your NIV passage here, then read it slowly.

Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.

— A WORD FROM APOSTLE LATASHA

Woman of God, let me be the one to tell you the truth nobody else will. Some of us are blocking our own blessing because we refuse to forgive. You have been waiting on God, and the whole time God has been waiting on you. He cannot pour into hands that are still clenched around what they did to you.

I know it was not fair. I know it cut deep. But unforgiveness is the only poison you drink hoping somebody else suffers. Forgiveness is not saying it was okay. It is saying you no longer get to live rent free in my future. Release them. Release yourself. And watch how fast Heaven moves the moment your hands finally open.

Lighter already, is it not. · A.L.



BLUNT TRUTH

**Some of us are blocking our own blessing because we
*will not forgive.***

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 I release every debt I have been holding, against them and against me.
- 🕉 Forgiveness is my freedom, not their reward.
- 🕉 I will not drink the poison of bitterness one more day.

I declare (write your own)...

THE CURSE-BREAKING DECREE

I forgive, and I release them and myself into the hands of God. My hands are open now, ready to receive.

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Use **WRITE** in your war room to put the release in writing. What you write down, you lay down.

DAY 6 OF 7

CROWNED, NOT CURSED

You have been answering to a name God never gave you.

DATE _____

— SCRIPTURE OF THE DAY

Isaiah 61:1–3 · 1 Peter 2:9 · NIV

Paste your NIV passage here, then read it slowly.

Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.

— A WORD FROM APOSTLE LATASHA

Woman of God, the enemy could never defeat you, so he did the next best thing. He renamed you. He called you too much. He called you not enough. He called you the broken one, the failure, the one it always happens to. And the tragedy is not that he said it. The tragedy is that you started answering to it.

Today you take that name off. You are not what happened to you. You are chosen. You are royal. You are holy. You are His. God reached down into your ashes and handed you a crown, and He is not in the habit of crowning victims. Lift your head. Heaven does not recognize the name the enemy gave you. It only answers to the one God did.

Wear your crown like you know who gave it to you. · A.L.

**BLUNT TRUTH**

You have been answering to a name God never gave you.

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 I am chosen, royal, holy, and His.
- 🕉 He gave me a crown for my ashes and beauty for my mourning.
- 🕉 I am not the enemy's victim. I am God's daughter.

I declare (write your own)...

THE CURSE-BREAKING DECREE

I take off every name the enemy handed me, and I put on the name of God. I am who He says I am.

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Post your new name to the **WALL** so every time you open the app, Heaven's verdict is the first thing you see.

DAY 7 OF 7

WALK IT OUT

He is doing a new thing. Do not run from the stretch of it.

DATE _____

— SCRIPTURE OF THE DAY

Galatians 5:1 · Isaiah 43:18–19 · NIV

Paste your NIV passage here, then read it slowly.

Read it three times. Once for understanding. Once for revelation. Once as a declaration over your own life.

— A WORD FROM APOSTLE LATASHA

Woman of God, He is doing a new thing. And when God is doing a new thing, it gets uncomfortable before it gets glorious. So hear me carefully. Stop calling every hard season an attack. Yes, the enemy is real. But everything is not the enemy. Some of what you are fighting is just the discomfort of the obedience you keep putting off.

The chains are broken. The old thing is behind you. Do not you dare walk back into the prison Christ already opened. Freedom is not a feeling, it is a decision you make again every morning. Do the thing He told you to do. Take the step. The new thing is not coming. It is already springing up. Now walk it out.

This is not the end. It is the activation. · A.L.



BLUNT TRUTH

Stop calling every hard season an attack. *Some of it is just the stretch of a new thing.*

— PRAYER PROMPTS

Lord, today I bring before You...

I am believing You for...

I release and surrender...

— GRATITUDE · TODAY I THANK GOD FOR

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— DECLARATIONS · SPEAK THESE OUT LOUD

Say these with your own mouth. Let your own ears hear your own faith.

- 🕉 I will not return to the chains Christ already broke.
- 🕉 I am walking into the new thing God is doing.
- 🕉 Discomfort is not defeat. It is the feeling of growth.

I declare (write your own)...

THE CURSE-BREAKING DECREE

***I refuse to go back to bondage. It is for freedom that Christ set me free,
and I am walking it out today.***

REPEAT THREE TIMES · OUT LOUD · WITH YOUR WHOLE CHEST

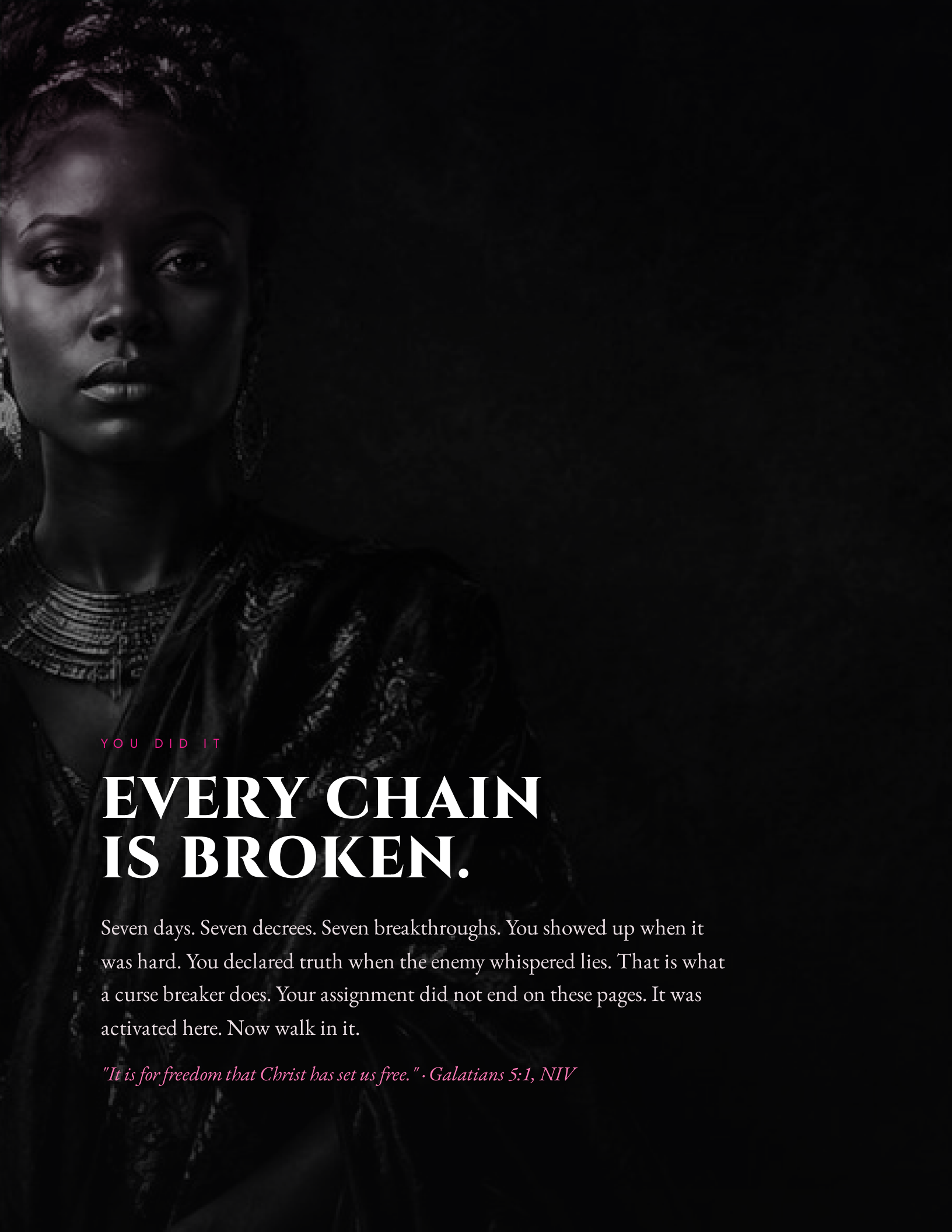
— ANSWERED PRAYERS · WHAT GOD DID

— NOTES & REFLECTION · WHAT GOD IS SPEAKING



INSIDE THE APP

Open **TODAY** in your war room and take the first step of the new thing. Freedom is a daily decision.



YOU DID IT

EVERY CHAIN IS BROKEN.

Seven days. Seven decrees. Seven breakthroughs. You showed up when it was hard. You declared truth when the enemy whispered lies. That is what a curse breaker does. Your assignment did not end on these pages. It was activated here. Now walk in it.

"It is for freedom that Christ has set us free." • Galatians 5:1, NIV



CERTIFICATE OF COMPLETION

WALKING IN DIVINE FREEDOM

This certifies that

NAME

has completed the 7-Day Curse Breaker Prayer Journal
and is walking in the freedom Christ purchased.

Free indeed. Now walk it out.

APOSTLE LATASHA ANDERSON

CURSE BREAKER MINISTRIES