

4 SEMAINES VERS LE BIEN-ÊTRE (4W2W)



CALENDRIER

1 • Application Digestive	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input checked="" type="checkbox"/> 4 • Application Lymphatique	<input type="checkbox"/> 5	<input type="checkbox"/> 6	<input type="checkbox"/> 7
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<input checked="" type="checkbox"/> 8 • Application Pardon	<input type="checkbox"/> 9	<input type="checkbox"/> 10	<input checked="" type="checkbox"/> 11 • Application Anti-inflam.	<input type="checkbox"/> 12	<input type="checkbox"/> 13	<input type="checkbox"/> 14
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<input checked="" type="checkbox"/> 15 • Application Solaire	<input type="checkbox"/> 16	<input type="checkbox"/> 17	<input checked="" type="checkbox"/> 18 • Application Hormones	<input type="checkbox"/> 19	<input checked="" type="checkbox"/> 20 • Application Cellulaire	<input type="checkbox"/> 21
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<input checked="" type="checkbox"/> 22 • Application C2	<input type="checkbox"/> 23	<input type="checkbox"/> 24	<input checked="" type="checkbox"/> 25 • Application ID	<input type="checkbox"/> 26	<input checked="" type="checkbox"/> 27 • Application Aérobie	<input type="checkbox"/> 28
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Ne pas effectuer d'application un jour marqué de ce X gris.