



Life in Christ

Cross-Centered Life Evaluation

The Cross-Centered Life Evaluation is a tool to give you a visual picture of your life as you perceive it now. The picture of the cross with Christ at the center and the four points of the cross (with subpoints) illustrates areas of your life to be evaluated.

For each point and subpoint, rate your perceived level of progress from 0-10. The number 0 would be an area that is not present in your life. The number 10 is complete faithfulness and fruitfulness. Put a * beside the ones that are important to you and that you want to make a priority in your life.



- Christ (Center):**
- Identity in Christ
 - Humility
 - Fruit of the Spirit
 - Integrity
 - Purity
 - Piety
- Word (Down):**
- Scripture Reading
 - Study
 - Hearing
 - Memorization
 - Meditation

- Prayer (Up):**
- Praise
 - Thanksgiving
 - Confession
 - Intercession
 - Silence & Solitude
 - Fasting
 - Sabbath Keeping
- World (Left):**
- Evangelism/witnessing
 - Stewardship of Finance
 - Stewardship of Time
 - Stewardship of the Body
 - Work/Calling
 - Rest/Leisure

- Church (Right):**
- Service
 - Fellowship
 - Harmony with Others
 - Submission to Leaders/Others
 - Bearing with Others
 - Discernment
 - Marriage
 - Parenting



Making a Plan

Which are the area(s) do you want to focus on first?

Identify which area of growth you want to work on. Then set a Goal and Action Steps to work toward that growth in that area.

Here are some principles for setting a Goal and Action Steps:

- Motivation: You should be highly motivated to attain the goal
- Responsibility: You must take full responsibility for your own growth while knowing your need for accountability and encouragement.
- Purpose: God is working in us by his grace through his Spirit to put on and put off patterns of sin. He is wanting to conform you to his image as you mortify sin (Colossians 3:3-10) and train yourself for godliness (1 Timothy 4:8).

The Goal statement and Action Steps should be S.M.A.R.T.

Specific. Measurable. Attainable. Relevant. Timebound.

For Example:

Goal: In 10 weeks, I will incorporate Paul's prayer requests into my intercessory prayers.

Actions Steps:

1. I will memorize Paul's prayers (Ephesians 1:17-19;3:16-19; Philippians 1:9-11; Colossians 1:9b-12) reviewing them every day for 4 weeks.
2. For the following 6 weeks, I will incorporate Paul's prayer requests into my intercessory prayers for my wife and children.

Now fill out the following information:

Goal: _____

Action Steps:

1. _____

2. _____

3. _____

What is motivating you? _____

Who will support you? _____