



What's Mine / What Isn't

A simple clarity exercise

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This image shows a blank sheet of white paper with horizontal ruling lines. A single vertical line runs down the center of the page, creating two equal-width columns. The horizontal lines are evenly spaced and extend across the entire width of the page, including both columns. There are no margins or other markings on the paper.

[illegible]



Where do



*Where do I feel pressure to
maintain something?*

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*What would I choose if nobody
else saw it?*

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What



*Clarity doesn't
require urgency.
It just asks for
honesty.*