



Complete Kids Bible Pack

— Starter Guide —

Teaching guide + parent support



One year of family Bible time
to help children ages 6 to 12
discover God's Word
in a simple, lively,
and structured way.

Your word
is a lamp
for my feet,
a light
on my path.

Psalms 119:105



52
parent sheets



52
child sheets



52
craft/activity sheets



Dedicated
parent guide

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INTRODUCTION

Welcome to this parent's starter guide.

This guide was created to support families who want to help children ages 6 to 12 discover the Bible in a simple, regular, and engaging way. It is for parents, grandparents, children's leaders, and Christian families who desire to pass on the faith in a faithful, educational, and accessible way, without needing to be teachers or specialists.

The Complete Pack allows you to go further than simply reading through a session. In addition to the parent guides and student sheets, it includes activity, game, and craft sheets to help your child understand, remember, and express what they are discovering in God's Word. For many children, hands-on projects, games, discussion, and manipulation help anchor biblical truth more deeply.

The Bible shows that faith is passed on by telling the next generation about God's works, so that they put their trust in Him and do not forget what He has done. That is exactly the spirit of this guide: helping families remember God's truths, talk about them simply, and give children space to respond with their minds, their emotions, and their own life experience.

The goal of this journey is not to create perfect moments or to turn parents into professional leaders. It is to create regular times when God's Word is opened, explained, lived, and applied. Some sessions will feel very smooth, others more restless; some activities will be an instant hit, others will need a bit of adapting. But in all of this, God is at work with patience.

This guide is designed to help you get the most out of the program, choose the right resources at the right time, and enjoy Bible times with your children that are both deep, practical, and full of joy.

1. Welcome to your year of family Bible time

Welcome to your year of family Bible time.

The Complete Pack is designed to help you enjoy regular, simple, and rich Bible times with your children. Throughout the year, you will be guided to open God's Word together, read it, explain it, talk about it, and then bring it to life through age-appropriate activities.

This journey is not meant to add pressure to your daily life. It has been created to walk with you step by step, with clear, accessible resources, so that you can pass on the faith in a concrete, peaceful, and engaging way.

2. Who this guide is for

This guide is for parents, grandparents, children's leaders, and Christian families who want to help children ages 6 to 12 discover the Bible. It is for those who want to pass on the faith faithfully, without needing to be teachers, group leaders, or specialists.

It has been designed for families with different backgrounds: some are already used to having Bible times at home, others are just starting. In both cases, the goal is to offer a simple, reassuring, and structured framework to help you move forward regularly.

This guide can also be used in other settings, whenever an adult wants to lead a small group of children through a Bible journey while keeping a clear and accessible teaching approach.

3. The goal of the 6–12s journey

This journey aims to help children ages 6 to 12 gradually discover the main stages of the Bible story over the course of a structured year. The whole program follows a coherent progression, designed to help children better understand who God is, what He does in the Bible story, and what that changes for their lives.

At this age, children need clear reference points, repetition, discussion, and concrete application. That is why this program combines times of reading, understanding, retelling, and activities, to help them remember, connect, and make biblical truths their own.

The goal is not to create perfect moments, but to establish regular times when the Bible is opened, explained, and lived. God also works in simple, imperfect, but faithful moments.

4. What the Complete Pack includes

The Complete Pack has been designed as a richer, more interactive option to help families go further in discovering the Bible. It combines a clear teaching framework with stronger support for parents, so that both the adult who leads and the child who learns are helped.

It includes 52 parent sheets, 52 student sheets, and 52 craft, game, or activity sheets. These resources are meant to work together: the parent sheet leads the Bible time, the student sheet helps the child listen, understand, and respond, and the activity sheet extends the session in a concrete and engaging way.

The pack also includes a specific parent guide, written to help you get started with the whole program, use the different resources at the right time, and experience this journey in a simple, flexible way that fits your family's reality.

Part 1 – Understanding the program

5. A Bible year in 52 sessions

The program is designed to support families over a full year through 52 Bible sessions. This structure helps you build a regular rhythm while giving your child time to gradually discover the main landmarks of the Bible.

Each session is one step in a larger journey. The goal is not just to offer 52 isolated moments, but to build, over time, a clearer and stronger view of the Bible's storyline.

This yearly structure also helps parents move forward in a simple way. It gives a reassuring framework without asking you to prepare everything yourself or look for new material every single week.

6. How the themes progress month by month

The journey follows a progression designed to guide your child through the main stages of the Bible story. The themes are not placed at random: they fit into an overall pattern so that your child can connect the people, events, and truths discovered from one month to the next. The progression follows the “school year” calendar: the first session corresponds to the first week of September.

This continuity makes it easier to see the unity of the Bible. Little by little, your child discovers that Bible stories are not just a series of separate episodes, but that they reveal one God who acts, speaks, saves, and leads His people throughout history.

Moving forward month by month also helps your family keep a clear sense of direction. Even if some weeks are less regular, the thread of the program remains visible and makes it easier to pick things up again.

7. How to use the parent guides

The parent guides are there to help the adult prepare and lead each session. They show you what to read, what to explain, which points to highlight, and how to lead the time in a simple, accessible way.

They are not meant to be complicated texts or tools reserved for specialists. Their role is to help you pass on the essentials in a faithful, clear way that fits your child’s age, while still leaving you real freedom in how you run each session.

The simplest way is to read the guide before your Bible time, then use it as a roadmap during the session. You can follow the suggested structure as it is, or adapt it slightly depending on your family’s pace, the time you have, or your child’s reactions.

8. How to use the student sheets

The student sheets are designed to help your child take an active part in the session. They allow them to listen, observe, think, retell, and keep a record of what they are discovering throughout the year.

They are not just an “extra worksheet”, but a concrete tool to support attention and understanding. Depending on your child’s age, they can be used with more or less support, with reading, answering, or discussion time adapted to their level.

Ideally, use them during the session or just afterwards. They can help anchor the truth of the day, restart the conversation, or simply give your child space to express, in their own words, what they have remembered.

9. How to use the activity sheets

The activity sheets bring a hands-on, lively dimension that children usually enjoy a lot. They extend the Bible session through games, crafts, manipulative activities, and other ideas designed to strengthen understanding and memory.

They are not there just to “keep children busy”, but to help them take hold of what they have just heard. For many children, doing, handling, building, or playing helps them anchor a Bible truth more deeply.

You do not have to use every activity in a rigid or exhaustive way. Some can be done right after the session, others later in the week, and others can be simplified depending on the material you have, the time available, or your child’s age.

Part 2 – Building a lively session

10. Choosing the right moment

The right moment is not necessarily the one that looks ideal on paper, but the one that can realistically fit into your family’s rhythm. A Bible session held at a simple, realistic, regular time will often bear more fruit than a “perfect” slot that is hard to maintain over time.

Some families prefer a calm moment at the end of the afternoon, others choose Wednesday, the weekend, or after a meal. The main thing is to choose a time when your child is reasonably available and the adult can be present without feeling too rushed.

It is not essential for every week to look exactly the same. What matters is finding a flexible but recognizable rhythm so that this Bible time gradually becomes a regular anchor in your family life.

11. Preparing a simple Bible time

Preparing a session does not require complicated planning. Most of the time, a few minutes are enough to read through the parent guide, find the Bible passage, get the student sheet ready, and look at the suggested activity.

The goal is not to build an impressive moment, but to create a simple, clear, welcoming framework. When the adult roughly knows where they are going, the session becomes smoother, calmer, and easier for everyone.

You can also prepare any material you will need, especially if an activity requires a few supplies. This avoids unnecessary interruptions and helps you stay focused on the interaction with your child.

12. Reading and explaining the Bible passage

Reading the Bible passage is the heart of the session. It is through this reading that your child discovers what God says, what He does, and what the passage reveals about His character and His works.

You do not need to explain every detail. The most important thing is to help your child understand the main idea of the passage, with simple words, a few clear landmarks, and an explanation that fits their age.

When a passage feels dense, it is often better to focus on one or two key truths rather than trying to say everything. A short, faithful explanation that your child really understands will have more impact than a long or abstract speech.

13. Involving your child

A lively session is one where your child is not just a spectator. They can listen, answer, look closely, read a short part, retell the story in their own words, fill in their sheet, or react to a simple question.

Participation helps your child take ownership of what they are discovering. When they speak, choose, point, repeat, or think actively, they are not just receiving information: they are personally engaging with what they are learning.

Not all children participate in the same way. Some talk a lot, others very little; some like writing, others prefer showing or answering out loud. The guide does not expect only one type of reaction but encourages involvement that fits each child.

14. Ending with a suitable activity

In the Complete Pack, the activity sheets extend the session in a practical way. They bring a more hands-on, dynamic dimension to your Bible time, helping your child remember, handle, express, or act out what they have just learned.

The activity is not meant to replace the Bible passage but to root it more deeply. It often helps your child make a more personal connection with the session, especially if they need to go through action, play, or creativity to really understand.

There is no need for every activity to be done perfectly. You can adapt it to your child's age, the material you have, the time available, or the energy level at that moment. What matters is that it remains at the service of the Bible truth explored during the session.

15. Keeping a peaceful and joyful atmosphere

Family Bible time does not need to be solemn or rigid to be deep. It can be simple, warm, lively, and even a little noisy at times, while still being a real moment of passing on the faith and listening to God's Word.

A peaceful atmosphere helps your child feel safe to listen, ask questions, and join in. A joyful atmosphere also shows them that discovering the Bible is not a heavy duty but a precious time that can be enjoyed.

That does not mean every session will always be calm or perfectly smooth. But when the adult keeps a gentle tone, realistic expectations, and a simple mindset, the setting becomes much more favorable for a real quality moment together as a family.

Part 3 – Learning with head, heart, and hands

16. Why conversations matter

Conversation plays a key role in Bible learning. When a child can speak, answer, ask a question, or restate something in their own words, they are not just listening; they are beginning to make what they hear their own.

Dialogue also helps the adult see what the child has understood, what they remember, and what needs to be explained again more simply. It is often in these short exchanges that you can best see how a Bible truth is starting to make sense in their mind.

Finally, conversation keeps the Bible from remaining distant or abstract. It helps the child connect the passage to their own understanding, emotions, questions, and everyday life.

17. Why games help with memory

Games are a valuable tool for many children because they make learning more lively and engaging. When a child plays around a Bible truth, they stay more focused, participate more, and often remember better what they are discovering.

Games also allow for repetition without feeling heavy. A question, a simple challenge, a fun little activity, or a short role-play can help review a story, a character, or an important idea in a natural, joyful way.

In the Complete Pack, this dimension is especially helpful because it gives each session a concrete follow-up. It helps the child come back to the truth of the day in a different way than by listening alone.

18. Why crafts reinforce understanding

Hands-on activities allow the child to learn through action, observation, and concrete making. For many, this makes it easier to remember and to fix in their mind a Bible idea discovered during the session.

Creating, assembling, coloring, cutting, or building is not just “extra busywork”. These activities can support understanding by giving the child a concrete way to extend what they have heard and to keep it in mind more easily.

Crafts also bring a different rhythm. After a time of listening or discussion, they often help refocus attention in a calmer way while staying connected to the Bible content.

19. How to choose between discussion, game, and craft

You do not need to use the same approach every session. Sometimes a simple discussion will be enough; other times a game or hands-on activity will help your child engage with the topic or remember what they have learned.

The choice often depends on several factors: your child’s age, attention level, the time you have, the materials available, and the type of session. A tired child may need something more concrete, while another might be ready to go deeper into talking and thinking.

The most important thing is to choose what best serves the Bible truth of the day. Discussion, games, and crafts are not in competition: they are three different doors to help your child learn with their head, heart, and hands.

20. Adapting an activity with very little material

A helpful activity does not need to be complicated or require lots of supplies. Very often, a few sheets of paper, pencils, scissors, glue, or simple household objects are enough to create a meaningful follow-up to the session.

If you do not have the suggested materials, you can simplify the activity without losing its value. The goal is not to reproduce a perfect model, but to keep the core idea that helps your child review, understand, or remember the Bible truth.

This flexibility is important for keeping the program realistic in everyday life. The Complete Pack is designed to enrich your family Bible times, not to make them heavy or hard to set up.

Part 4 – The parent’s role

21. You do not need to be an expert

Many parents hesitate to open the Bible with their children because they feel they do not know enough. But this journey is not designed for specialists; it is for ordinary families who want to pass on the faith simply and faithfully.

You do not need to have all the answers to walk with your child. What matters most is daring to open God’s Word, taking that time together, and accepting that you are also learning as you go.

The parent guide is there to help you do exactly that. It gives you a framework, clear points, and concrete support so that you do not feel alone facing the session.

22. Guiding rather than controlling everything

A parent’s role is not to control everything perfectly, but to walk alongside their child as they discover the Bible. It is not about “teaching a class”, but about opening a path, guiding, explaining simply, and journeying together from one session to the next.

Sometimes your child will ask a question you cannot answer right away. That is not a failure. You can simply say that you will think about it, read the passage again, or that some things take time to understand.

Guiding also means accepting that you do not control everything: not the perfect quality of the moment, not your child’s immediate reactions, and not the visible fruit in the short term. God often works over time, with patience.

23. Encouraging without adding pressure

In family Bible time, encouragement helps your child enter more freely into listening and participation. When they feel welcomed, supported, and respected in their own pace, they are often more willing to respond, think, and get involved.

Too much pressure, on the other hand, can block or exhaust them. If a child feels they must always “answer well”, stay perfectly focused, or succeed in every activity without difficulty, Bible time can become heavy instead of formative.

To encourage is to value small steps, recognize effort, and leave room for gradual learning. Faith is passed on more effectively in a climate of grace than in a performance mindset.

24. Helping your child respond personally to God

The goal of a Bible session is not only that your child remembers information. The aim is also to help them gradually respond personally to what they discover about God: through words, questions, prayer, reflection, or a simple choice.

Not all children will express this in the same way. Some will talk easily; others will show their understanding more through a drawing, a short sentence, a spontaneous comment, or a thoughtful silence.

As a parent, you can encourage this by asking simple questions, leaving space to speak, and showing that the Bible really connects to everyday life. The idea is not to force a reaction, but to open a space where your child can learn to stand before God for themselves.

25. Setting a realistic routine

A good routine is not a perfect one, but a habit your family can actually maintain. To last, Bible time needs a realistic place in everyday life, without becoming a constant source of stress or frustration.

A simple, modest, regular appointment is better than a big goal that is hard to keep. A realistic routine takes into account your home’s rhythm, tiredness, unexpected events, and different seasons of life, while still keeping the desire to come back faithfully to God’s Word.

Over time, even a small framework can become precious. Your child then learns that the Bible has a place in family life—not as a heavy obligation, but as a regular, accessible, and living meeting with God together.

Part 5 – Adapting to your child’s age and profile

26. Supporting a 6–8-year-old

Between ages 6 and 8, children still need a lot of concrete support. They are gradually able to understand more, but they usually remember better when you use simple words, clear reference points, and short explanations.

At this age, it helps to choose lively sessions with a reassuring structure and accessible times of interaction. The child can already take part, answer simple questions, read short parts, or fill in a sheet, but they still need close and patient guidance.

The most important thing is to help them really grasp one truth at a time. A simple, clear, peaceful session will often be far more helpful than a moment that is too dense or too long.

27. Supporting a 9–12-year-old

Between ages 9 and 12, children are able to go further in thinking, restating ideas, and linking the Bible passage to their own life. They can ask deeper questions, compare, express a struggle, or share a more personal opinion.

At this age, it is good to give them more room in reading, discussion, and response. You can invite them to restate the story in their own words, explain what they understand from the passage, or share what they are discovering about God, faith, or everyday life.

Even if they seem more independent, they still need a clear, caring framework. Being older does not mean understanding everything alone. They too need to be guided with simplicity and regularity.

28. Adapting when several ages are together

When children of different ages are part of the same session, you do not need to create a completely different plan for each one. The simplest way is to keep a common base, then adjust some expectations, questions, or instructions according to each child's age and maturity.

The youngest may mainly remember the story, a strong picture, or one simple truth, while the older child will go further into understanding, discussion, or restating. This difference is normal and should not be seen as a problem.

The goal is not for everyone to produce exactly the same thing, but for each child to receive something at their level. One session can feed several children in different ways while still being a real shared family time.

29. Helping a very active child

Some children find it hard to sit still, listen for long, or follow a very linear session. This does not mean they cannot learn, but that they need a livelier rhythm, more concrete participation, and sometimes a more flexible framework.

With a very active child, it may help to shorten explanations, vary the different moments more, let them read a short part, give them a simple task, or move more quickly into a hands-on activity. The Complete Pack is especially helpful here, because the games and activities support attention in a different way than listening alone.

The aim is not to achieve perfect stillness, but to keep a peaceful moment where the child can truly engage in their own way. God can touch the heart of a restless child just as much as that of a very quiet one.

30. Helping a shy or quiet child

Other children speak very little, give short answers, or seem more withdrawn during sessions. Again, this does not necessarily mean they do not understand or remember anything. Very often, they are listening, observing, and taking things in more than they show.

With a reserved child, it is usually better to ask simple questions, give time, restate gently, or allow them to respond in other ways than long sentences. A sheet, a choice between two answers, a drawing, or a short reaction can already be very meaningful.

The key is not to put too much pressure on speaking. The parent's role is to open a safe space where the child can participate at their own pace and gradually learn to respond to God personally.

Part 6 – When things are not perfect

31. My child cannot sit still

Some children struggle to sit, listen for long, or follow a session without moving. This does not mean they cannot receive God's Word; it simply means they need a livelier rhythm and sometimes a more flexible approach.

In this case, it may help to shorten explanations, vary the different parts more, involve the child in concrete ways, or move more quickly to an activity sheet. The Complete Pack is especially helpful here, because it makes it easier to alternate between listening, discussion, and practical follow-up.

The goal is not perfect stillness, but a Bible time that is possible, peaceful, and accessible. God can also work in the middle of a slightly noisy session.

32. My child does not like reading

Not all children enter a session in the same way. Some enjoy reading, writing, or filling in a sheet, while others prefer listening, watching, handling things, or answering out loud.

If your child does not like reading, that does not mean they cannot grow in their discovery of the Bible. You can read with them, ask them to read just one word, one sentence, or a small part, or rely more on spoken conversation, games, or crafts to support their understanding.

The important thing is not to let reading become a barrier or a source of tension. The program is there to meet your child where they are, not to put them in a situation of failure.

33. My child asks a difficult question

Sometimes a child will ask an unexpected question or one the parent does not know how to answer right away. It may be about God, suffering, sin, death, heaven, or a more complex Bible passage.

In those moments, you do not need a perfect answer immediately. You can welcome the question seriously, answer simply with what you know, and honestly acknowledge that some things take time, reflection, or a more gradual answer.

What matters most is that your child understands they are allowed to ask questions. A difficult question is not a problem to avoid but often a sign that they are truly thinking about what they are discovering.

34. A session went badly

Some sessions will be calm and encouraging. Others will be more tense, messy, interrupted, shortened, or frustrating. This is part of real family life and does not cancel out the value of the journey.

When a session goes badly, you do not need to treat it as a total failure. Often the best response is simply to bring it to God, recognize what was hard, and then start again quietly next time without putting extra pressure on yourself.

An imperfect moment can still leave a mark. God is not limited by the outward quality of a session. He often works patiently, beyond what the parent can see in the moment.

35. We struggle to be consistent

In many families, weeks do not all look alike. There is tiredness, unexpected events, changes of schedule, illness, trips, or simply seasons when plans are hard to maintain.

A lack of regularity can be discouraging, but it should not lead to giving up. The goal of this program is not to impose a perfect calendar, but to help families come back again and again to God's Word, even in simple ways.

Imperfect faithfulness is better than an ideal that never happens. A few sincere, regular Bible times, even modest ones, have real value over the long term.

36. We have fallen behind

Falling behind in a year-long program is very common. It can make you feel lost or as if you have "missed" the journey, when in reality it is usually very possible to start again simply.

Most of the time, the wisest choice is to pick up where you left off, without trying to catch up everything at once. It is better to move forward with peace and steadiness than to get discouraged by trying to compensate for several missed weeks too quickly.

This program is designed to walk with you, not to trap you in performance pressure. You can move at your own pace, with flexibility, while keeping the overall direction of the Bible year.

CONCLUSION

37. What you are sowing week after week

Week after week, as you open the Bible with your child, you are sowing something precious. You are sowing truths, reference points, memories, questions, words, shared moments, and gradually a familiarity with God's Word.

You will not always see the fruit of what you are doing right away. Some sessions will feel strong, others very simple, and others almost insignificant. Yet what is sown faithfully is never useless.

Over time, God often uses these small repeated moments to grow a child's understanding, trust, interest, and spiritual memory. Parents sow, but it is God who makes things grow.

38. Final encouragement for parents

If you have come this far, even with hesitations, questions, or tiredness, it already says something beautiful: you want to give God's Word a real place in your home. That desire matters, and God sees it.

This guide is not designed to make you perfect, but to help you move forward with simplicity, faithfulness, and peace. The Complete Pack is there to support you in concrete ways so that family Bible times can be deep, accessible, and full of life.

So keep going with confidence, without comparing yourself and without giving up too quickly. God works patiently, His Word does not return to Him empty, and He often uses what seems small to accomplish lasting work.



“Train up a child in the way he should go;
even when he is old, he will not depart from it.”

— Proverbs 22:6

