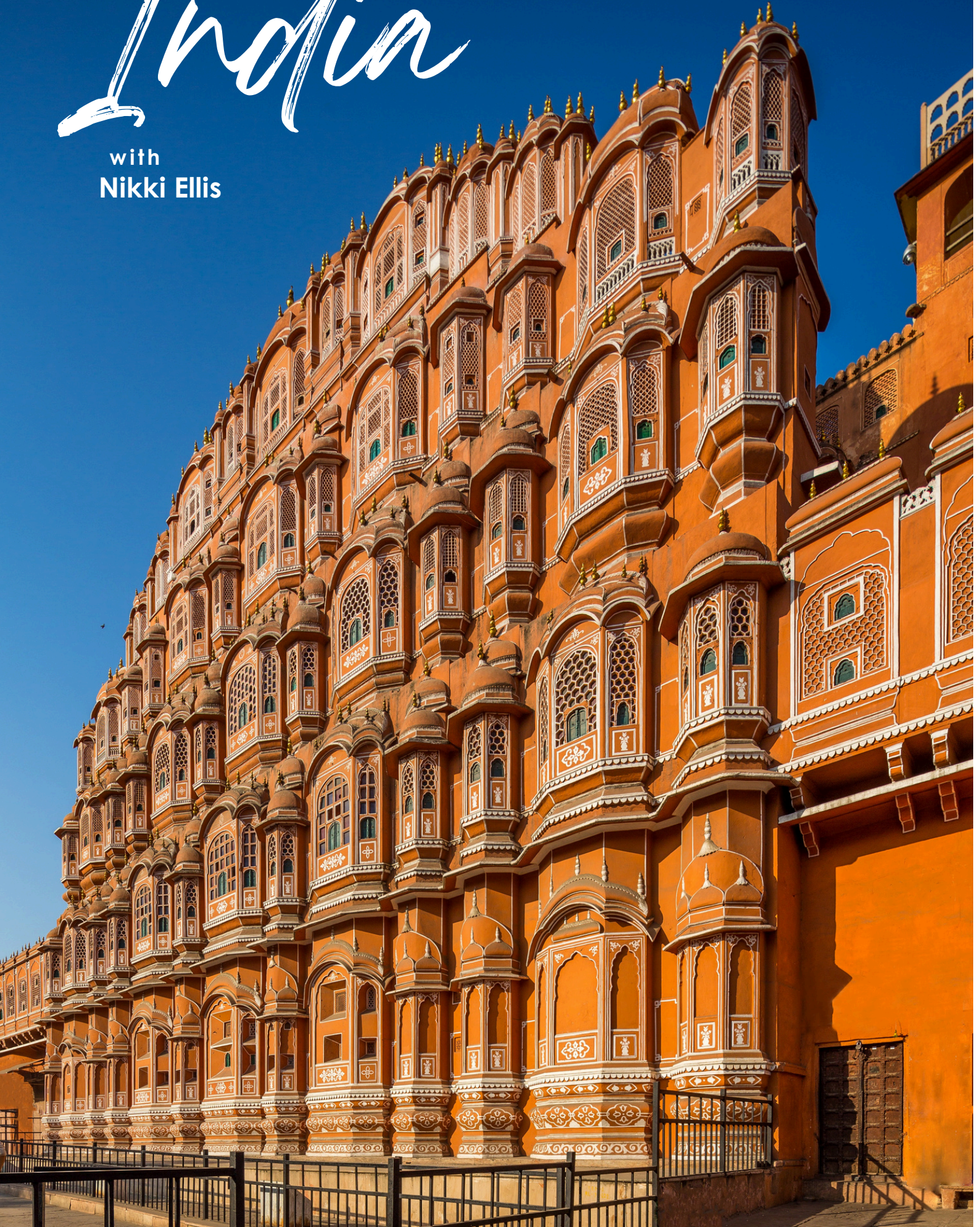


India

with
Nikki Ellis





Beautiful India

India is a country that doesn't do things by halves. Vast, vibrant and layered with history, it offers an ever changing tapestry of colour, culture and contrast. From the buzz of New Delhi to the quiet beauty of temples, palaces and desert landscapes, every corner tells a story. It's a place where ancient tradition meets modern energy, where food, art and daily life feel rich with meaning. India isn't just somewhere you visit, it's somewhere you feel, deeply and memorably.

OVERVIEW

DURATION: 10 Days/09 Nights

DATES: 29 Nov'2026 - 8 Dec'2026

GROUP SIZE: 04-12

START: New Delhi

FINISH: Mumbai

PRICES & INCLUSIONS

Share Room: \$ AUD - Starting from: \$7,450

Single Room: \$ AUD - Starting from: \$9,500

INCLUSIONS:

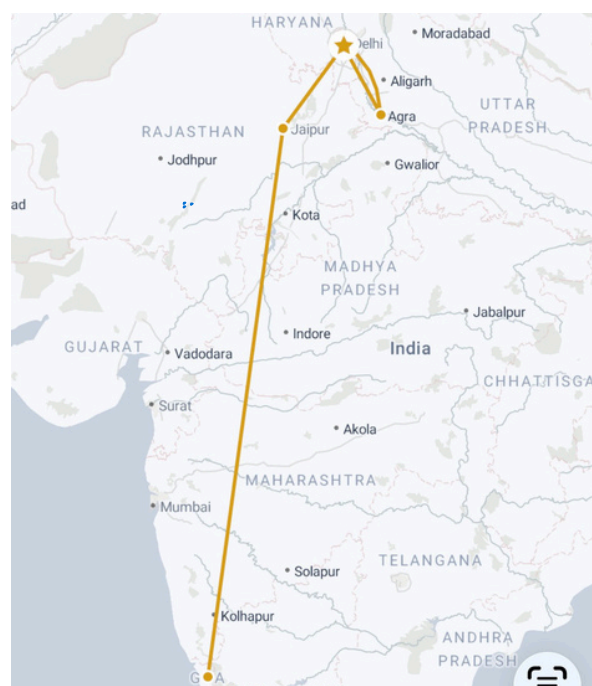
All Indian transport, airport transfers, 5 star accommodation, Breakfast & Dinner, activities, entrance tickets.

EXCLUSIONS:

International flights, gratuities, visa, travel insurance & some meals.

HIGHLIGHTS

- The Pink City of Jaipur
- The regal stay at the Imperial Delhi
- Old City tour of Delhi
- Amber Fort
- Palace of Winds
- The blissful beach of Goa



Your Journey

ITINERARY

Delhi

29 November 2026

Day 01

Arrive in Delhi, disembark and meet your driver. You'll be transported to the stunning Imperial Hotel. The rest of your day is at your leisure, lie by the pool, go to the spa - relax!

Delhi, India's vibrant capital is a World within itself. One of the World's oldest continuously inhabited cities it has seen Empires rise and fall.

Delhi

30 November 2026

Day 02

After breakfast we will head over to Old Delhi for a walking tour and rickshaw ride through the lanes of the local markets known as the Chandni Chowk area. From here we head to Humayan's Tomb then to Agrasen ki Baoli (an ancient stepwell)

We then visit the Gurudwara Bangla Sahib - a Sikh temple where you will experience the Sikh way of life.

To finish our evening we will go to a typical Indian home for a cooking lesson and dinner (Niha our teacher taught the Masterchef chefs how to make Butter Chicken!)

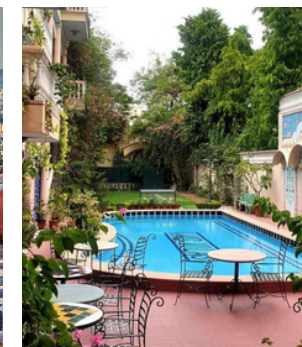
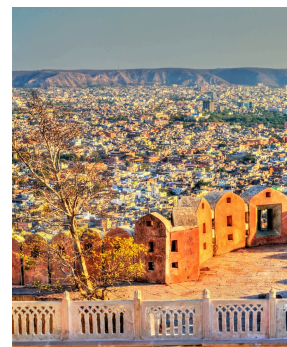


Jaipur

01 December 2026

Day 03

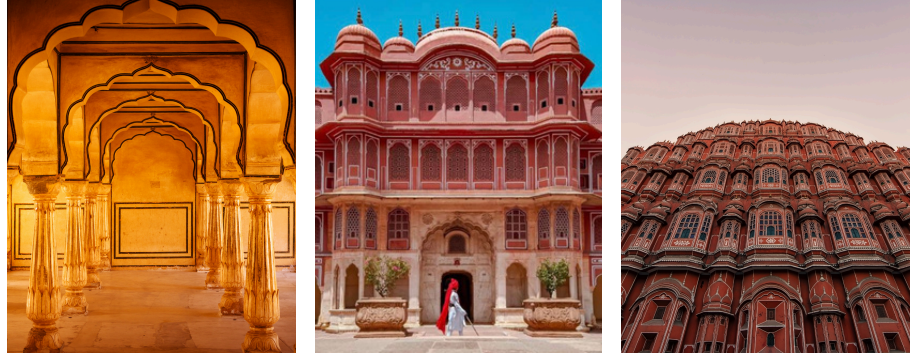
After breakfast you will be driven to Jaipur (260km 5-6hrs) Jaipur - the pink city - is the capital, the largest and one of the most vibrant cities in Rajasthan. You will settle in to your gorgeous accommodation at Jas Vilas



Day 04

After breakfast we will drive just outside Jaipur to the old capital of Amber to visit the spectacular Amber Fort. Stroll through the sprawling complex of courtyards and halls, many with incredible wall paintings featuring precious stones and mirrors.

From here, we return to Jaipur and a ride with the Pink City Rickshaw Co - environmentally friendly rickshaws driven by women. It's a unique initiative run by Access Development a non profit organisation that has trained under privileged women to drive these battery operated rickshaws (e-ricks) to earn money. These cute pink rickshaws are a delight for the eyes While on our rickshaw ride we will see the Palace of the Winds (Hawa Mahal)



Perhaps the most stunning example of Rajasthani architecture is the Hawa Mahal. A wonder of wonders that will leave you spellbound with its architectural ingenuity. Atop this magnificent Mahal rests a pyramidal structure that represents the crown of Lord Krishna. Due to this resemblance the Mahal is also called "The Crown of Jaipur."

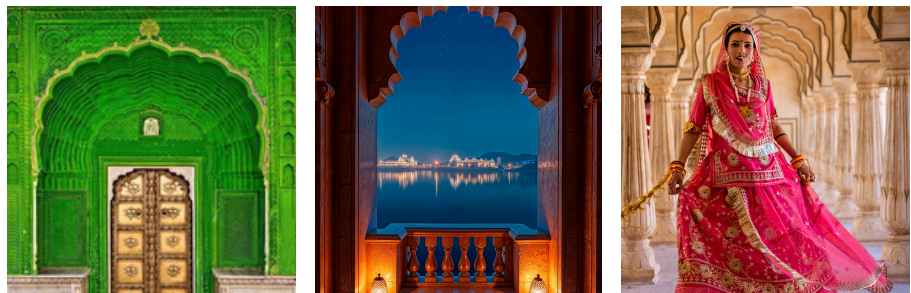
Later we will visit the City Palace, which stands as a testament to Jaipur's Royal legacy. This beautiful palace was founded in 1727 by Maharaja Sawai Jai Singh II as part of his ambitious city project.

Rajasthan is known for its many traditional crafts and among them the most practised and popular is hand block printing. This kind of printing is done at many different places in Rajasthan and each area has a historical, cultural and geographical impact on the craft.

We will try our hand at a block print class in Bagru Village on the outskirts of Jaipur.

Day 05

A day of leisure to relax or explore

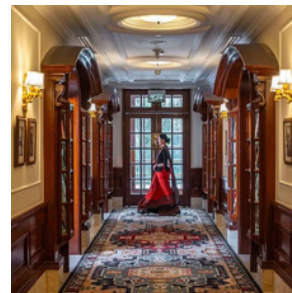
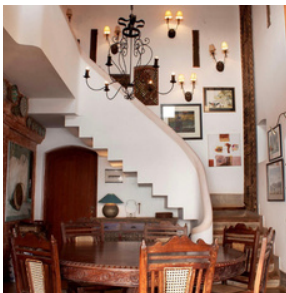


Goa

04 December 2026

Day 06

we fly to Goa. At Goa we will be met by our driver and taken to our hotel - Ahilya by the Sea



Goa

05 December 2026

Day 07

After breakfast we will enjoy a half day heritage walk around Fontainhas and Sao Tome.

Fontainhas is the heritage quarter of the capital city of Panaji, lying along the banks of the ancient Oure Creek. Enjoy the old World charm of the Portugese influenced area. This old district, or Latin Quarter has a completely different atmosphere to the hustle and bustle of the main city. The houses - built in the traditional Portugese style are still painted in the traditional colours of pale yellow, green or blue and have red tile roofs with overhanging balconies. Then we head to Sao Tome with small bylanes criss crossing beautiful well maintained houses. A few traditional Goan taverns may be found here providing Goan feni and other spirits.

In the afternoon we visit a lush spice plantation. Spice is King in Goa! You will step into the culture and history of this remarkable state and experience the wonder of spice plantations.



Goa

06/07 December 2026

Days 8-9

Both days are days of leisure to relax or explore. These are days to rest and recharge! Come to the gym with me, lie on the beach, read a book. shop in the markets - this is your time. Maybe connect with fellow retreat guests and enjoy long conversations by the pool.

There's time for the spa, or anything that relaxes you!



Goa

08 December 2026

Day 10

Fly to Mumbai and departure transfer

Bon Voyage!

FAQs

Do I Need a Visa?

You will require a visa to enter India
The best option is the e-visa link:
<https://indianvisaonline.gov.in/evisa/tvoa.html>

Note: When you google India visa, there are many agency sites that come up. They will charge an additional fee for their service so it is best to go through the government site above.

It should cost approximately \$25 USD

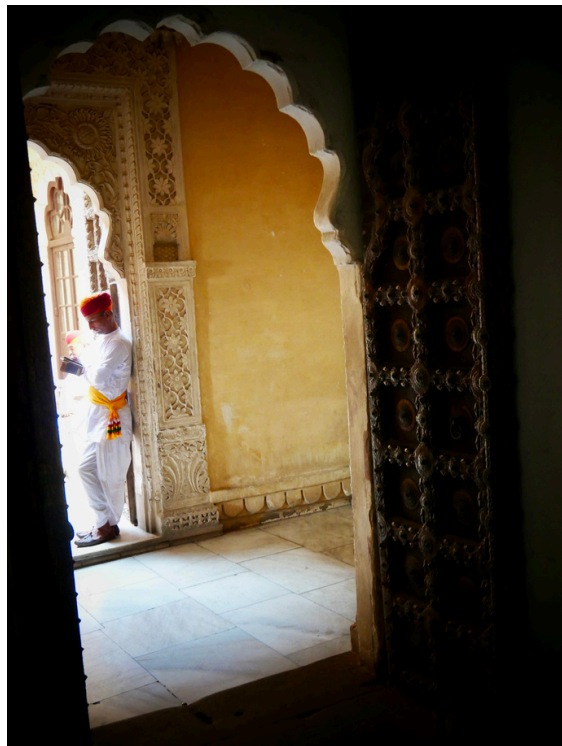
Make sure to put an answer for ALL fields and SAVE each time you do a page. If you choose "other" it sometimes won't let you go to the next page.

You'll need a copy of your passport and a passport sized photo on your computer.

Note: You get a status confirmation. Then an email saying granted and then you must go back into the visa website to get the actual GRANTED Letter.

It's pretty straightforward, just follow each step carefully.

Note: Check with your travel agent to ensure you are up to date to the changes with visa and vaccinations.



What Vaccinations do I need?

You will require a few vaccinations to enter India and to protect your health while travelling there.

Please speak to your GP or travel doctor about the vaccinations you require in destinations visit. Take a copy of your itinerary with you, so they know exactly where you're going. We suggest that you contact them now if you haven't already to give yourself sufficient time to organise.



Is India safe for Female Travellers ?

India has made significant strides in terms of safety for women travelers. While it is generally safe, it's important to take precautions, such as traveling in groups, avoiding isolated areas at night, and being aware of your surroundings. Be careful of your belongings and yourself in the crowded areas, as the crowds might be very dense.

It's advisable to dress modestly and respect local customs and traditions. Some destinations such as temples may require specific requirements such as three-quarter length to full-length sleeves and hems to be mid-calf to floor length so it covers the knee when sitting. As with any travel destination, it's essential to exercise common sense and follow recommended safety guidelines. As India is a developing country and can have many health issues, please do carry the basic health essentials. , and also check for any travel advisories and restrictions in place, and get the necessary clearances and vaccinations before travel.



What should I pack?

When packing for a retreat in India, it's important to consider the local culture and climate. Comfortable and modest clothing is recommended, including lightweight and breathable fabrics. Don't forget to pack sunscreen, insect repellent, a reusable water bottle, comfortable walking shoes, and any necessary medications. It's also advisable to carry a scarf or shawl for covering shoulders or head in religious sites.

What if global conditions change before or during the retreat?

We completely understand that things can feel uncertain at times, and it's something we take very seriously.

We'll be keeping a close eye on both global and local conditions in the lead up to and during our retreat, and we work with trusted, experienced partners on the ground to ensure everything runs smoothly.

If anything does change we'll simply adapt. That might mean adjusting parts of our itinerary, rebooking elements, or postponing if needed. The most important thing is that you feel safe, supported and able to relax in the experience.



Your Host



Hi! I'm Nikki Ellis, I'll be your host, travel co-ordinator and all round travel bestie for this retreat.

You may know already that I run a personal training business, what you may not know is that I am an avid traveller. It is absolutely a passion, and India? Well, India is truly something special.

For this retreat I have partnered with my dear friend Emma who has been to India eighteen times (twice with me) and a luxury travel company called Indus Bound based in India - they are my people on the ground. So I am very much part of a team to ensure every element of your trip is seamless, luxurious and wonderful!

My superpower is creating communities and bringing great people together - I can't wait to do that on this retreat!

My promise to you is that you will have the most incredible time - you might already be envisaging it - but trust me we will exceed your imagination.

I truly cannot wait to share beautiful India with you

Nikki x



India Awaits You

Is India is calling you?

Come with me

Step out of your everyday life and into something extraordinary; colour, culture, connection and a whole lot of joy, shared with an incredible group of people.

This isn't just a trip

It's a chance to feel something again - inspired, energised and completely present.



Twin Room Upfront	7450.00AUD
Twin Room Payment Plan	795.00AUD x 10 fortnightly payments
Single Room Upfront	9500.00AUD
Single Room Payment Plan	1000.00AUD x 10 fortnightly payments

To claim your place or to discuss the best options for you please contact Nikki
nikki@cinch.training