contact@expat-institute.com
www.expat-institute.com
Heiloo · the Netherlands

LEGAL

Legal Notice

VERSION 1.1 · 24 OCTOBER 2026 · PUBLISHED

Who is behind this website, and the terms on which you can use what you find here.

1. Who we are

Expat Institute is a trade name of Ava Houkes, a sole proprietorship (eenmanszaak) registered in the Netherlands. Where this website says “Expat Institute”, “we”, “us” or “our”, it refers to the business named below.

TRADE NAME	Expat Institute
LEGAL ENTITY	Ava Houkes, sole proprietorship (eenmanszaak)
CHAMBER OF COMMERCE	KvK 42153968
VAT NUMBER	NL005540216B09
ADDRESS	Van Doornstraat 30, 1851 JK Heiloo, The Netherlands
EMAIL	contact@expat-institute.com
PHONE	+31 6 10 3600 14
WEBSITE	www.expat-institute.com

Our programmes are designed and delivered together with Rutger Peters (Spill The Beans coaching & consultancy, KvK 71152199), who works with us as a subcontractor. Ava Houkes also works under her own name at www.avahoukes.com.

2. What this website is for

Expat Institute supports expat couples and the organisations that send them abroad, through programmes, workshops, training and advice. This website gives general information about that work. It is not an offer: an engagement starts only once a written proposal, registration or agreement has been accepted.

3. Information, not advice

Everything we publish, including articles, videos, downloads, webinars, emails and social media posts, is general information. It does not take your personal situation into account and is not medical, psychological, therapeutic, legal, tax or immigration advice.

Our programmes and coaching support reflection, communication and decision-making. They are not therapy and do not replace care from a qualified practitioner. If you are struggling with your mental or physical health, please contact your doctor or another qualified professional.

4. No guaranteed outcomes

What people take from our work depends on their circumstances and on how they engage with it. We cannot guarantee specific results for individuals, couples or organisations. You remain responsible for your own decisions and actions.

5. Intellectual property

Unless stated otherwise, all original content on this website, including texts, models, frameworks, programme materials, worksheets, videos and images, and the name and logo of Expat Institute, belong to Ava Houkes or is used with permission of the rights holder.

You may view, download and print content for your own personal, non-commercial use. You may not copy, distribute, adapt, sell or use it for teaching, training or other commercial purposes without our prior written permission, except where the law allows it, such as quoting a short passage with a clear reference to the source. Third-party rights remain with their owners.

6. External links

This website may link to other websites and platforms for your convenience. We do not control their content, availability or privacy practices and are not responsible for them, except where the law provides otherwise.

7. Limitation of liability

We take reasonable care to keep this website accurate and up to date, but we cannot guarantee that all content is complete, current or free from errors. To the extent permitted by law, we are not liable for loss or damage arising from:

- use of, or reliance on, the content of this website;
- the website being temporarily unavailable;
- errors or omissions in publicly available materials;
- third-party websites, platforms or links.

Nothing in this notice excludes or limits liability that cannot lawfully be excluded or limited, or affects your mandatory rights under Dutch or European Union law.

8. Privacy and cookies

How we collect, use and protect personal data, and how you can change your cookie settings, is explained in our Privacy Policy: https://www.expat-institute.com/privacy-policy.

9. Terms for our services

When you or your organisation book, commission or take part in one of our services, our General Terms and Conditions apply. You can read and download them through the link at the bottom of every page of www.expat-institute.com.

10. Changes to this notice

We may update this Legal Notice from time to time. The version and date at the top show when it was last changed.

11. Governing law

This Legal Notice is governed by Dutch law, subject to mandatory consumer protections and the applicable rules of private international law. Nothing in this notice restricts mandatory rights you have as a consumer where you live.

12. Contact

For legal or general questions about this website, email contact@expat-institute.com or call +31 6 10 3600 14.

LEGAL NOTICE · EXPAT INSTITUTE · VERSION 1.0 · 24 OCTOBER 2026