

CUT FABRIC WITHOUT PATTERNS

A BEGINNER'S QUICK START GUIDE

Learn the **freehand** method
that makes sewing simpler.



MEASURE
with confidence



MARK
with clarity



CUT
with accuracy



SEW
with confidence

NO PATTERNS.
NO CONFUSION.

*Just You &
Your Fabric.*



LEARN TO SEW ACADEMY
Sewing Made Simple.

Welcome!

If you've ever opened a commercial sewing pattern and immediately felt overwhelmed, you're not alone.

Many beginners believe that learning to sew means learning complicated pattern pieces, confusing symbols, grading between sizes, and endless instructions.

It doesn't have to be that way.

At Learn to Sew Academy, we teach a different approach.



Instead of starting with commercial patterns, you'll learn to **understand your body, your measurements, and your fabric**—so you can cut garments directly onto fabric with confidence.

This guide will introduce you to that mindset.



It's simple.



It's practical.



And it's exactly how thousands of beautiful garments begin.

Let's get started. →



WHY SO MANY BEGINNERS *Quit Sewing*

Most people don't quit because sewing is difficult.

They quit because they were taught the hardest part first.

MANY BEGINNERS STRUGGLE WITH:

- ✓ Understanding commercial patterns
- ✓ Choosing the correct size
- ✓ Tracing pattern pieces
- ✓ Matching markings
- ✓ Cutting dozens of pieces
- ✓ Constant fear of making mistakes



Eventually they think...

*“Maybe sewing
just isn't for me.”*



The truth?

It isn't you.

It's the method.



WHAT IS FREEHAND *Cutting?*

Freehand cutting is the simple, confident method of creating your own garment pieces by measuring your body and cutting directly onto fabric—without using commercial patterns.

Why Beginners Love It



It's Simple

You only need your measurements, fabric, and basic tools.



It Fits You

You create pieces that are made for your unique body.



It Saves Time

No tracing, no taping, no guessing your size.



It Builds Confidence

You learn by doing—and see results quickly.



LTSA PRO TIP

Freehand cutting isn't about being perfect. It's about understanding your body, your fabric, and the process.

Practice makes your eye better, and your cuts more accurate.



“ You don't need a pattern to create beautiful clothes.

YOU NEED KNOWLEDGE AND CONFIDENCE. ”

5 THINGS YOU NEED BEFORE YOU CUT

Good results start with good preparation. Before you pick up your scissors, **make sure you have these 5 essentials.**



1. TAPE MEASURE

For accurate body measurements. Accuracy is everything.



2. FABRIC

Choose a fabric that is easy to work with and appropriate for your project.



3. FABRIC MARKING TOOL

Tailor's chalk or a washable fabric marker to draw your lines.



4. SHARP FABRIC SCISSORS

Clean, sharp scissors give you clean cuts and better results.



5. PINS

To hold fabric in place while you measure, mark, and cut.



LTSA PRO TIP

You don't need a lot of tools to start. You just need the right ones.

*Simple tools + correct steps
= beautiful results.*



“Preparation is the secret to enjoying the process and loving the results.”



THE BEGINNER'S FREEHAND CUTTING PROCESS

Follow these simple steps every time you cut. This process will help you create garments that fit well and look beautiful.



1. MEASURE YOUR BODY

Take accurate measurements. Good measurements = a great fit.



2. PREPARE YOUR FABRIC

Wash (if needed), dry, and press your fabric. Lay it flat with the right side up.



3. MARK YOUR LINES

Use your measurements to draw your lines directly onto the fabric.



4. CUT WITH CONFIDENCE

Cut slowly and smoothly along your lines. Accuracy now makes sewing easier later.



5. SEW YOUR PIECES

Follow a simple construction order and sew with confidence. You've got this!



LTSA PRO TIP

Take your time with steps 1–3. The more accurate you are before you cut, the easier and more enjoyable sewing will be.

Measure twice, draw once, cut once.



REMEMBER

You don't need a pattern.
You need a system.
And now, you have one.



“ Small steps done consistently create beautiful garments. ”



3 MISTAKES BEGINNERS MAKE

(and How to Avoid Them)

Every sewist makes mistakes. The key is learning what they are—so you can skip the frustration and save time.



1. SKIPPING ACCURATE MEASUREMENTS

Guessing your size almost always leads to poor fit.

→ Take your time and measure twice.
Your body changes, and that's okay!



2. NOT MARKING CLEARLY

Faint or confusing lines can lead to crooked cuts and uneven seams.

→ Use visible chalk or markers and
always double-check your lines.



3. CUTTING TOO FAST

Rushing can cause mistakes you can't easily fix.

→ Cut slowly, following your lines
with confidence.



LTSA PRO TIP

Sewing is a skill. The more you slow down and focus on each step, the better (and easier!) it becomes.

Accuracy today = confidence tomorrow.



TAKE A MOMENT TO REFLECT

Which of these mistakes have you made before?
What will you do differently next time?



YOUR FIRST FREEHAND PROJECTS

Start simple, build confidence, and celebrate each small win. These beginner-friendly projects are perfect for practicing your freehand cutting skills.



1. EASY ELASTIC WAIST SKIRT

A great first project!
Simple to cut, simple to sew,
and so versatile.



2. SIMPLE BOX TOP

A basic shape that helps you
understand measurements,
seam allowances, and finishing.



3. HEADBAND OR SCARF

Quick, satisfying, and a fun way
to use your fabric scraps.



LTSA PRO TIP

Pick one project and make it your own.
Use fabric you love. Enjoy the process.

Progress builds skill, and skill builds confidence. 



REMEMBER

You don't have to be perfect.
You just have to start.

Your best sewing journey begins
with your first project! 



REFLECTION

Which project are you most excited to try?
Why does it appeal to you?
What fabric will you use?

READY FOR THE NEXT STEP

You've got this! ♥

You've learned the basics of freehand cutting and how to create with confidence. Now it's time to keep practicing, keep growing, and enjoy the journey.



BEFORE YOU CONTINUE...

- ✓ Do you understand what freehand cutting is?
- ✓ Do you know your body measurements?
- ✓ Do you feel more confident about cutting your own fabric?

If you can check these off, you're ready! ♥



LTSA PRO TIP

Consistency is the secret ingredient. The more you practice, the easier and more natural it becomes.

Stitch by stitch. Cut by cut.

You are becoming the sewist you were meant to be! ♥



TODAY'S REFLECTION

What was your biggest takeaway from this guide?

What's the first project you plan to make?

You're doing amazing! ♥

“ Every expert was once a beginner
who refused to give up. ”



YOUR SEWING JOURNEY STARTS NOW

Keep Learning. Keep Creating. Keep Growing. ♥

Freehand cutting gives you freedom, creativity, and the confidence to bring your ideas to life—one stitch at a time. You don't need patterns to create beautiful clothing. You just need the right guidance (and a little practice).



WHAT YOU'VE LEARNED

- ✓ You learned what freehand cutting is and why it's so freeing.
- ✓ You discovered the 5 essentials you need before you cut.
- ✓ You followed the simple freehand cutting process.
- ✓ You learned the most common beginner mistakes (and how to avoid them).
- ✓ You explored beginner-friendly projects to build confidence.
- ✓ You're ready to take the next step in your sewing journey!



READY TO GO FURTHER?

Take your skills to the next level with step-by-step video courses designed to help you create beautiful garments—without patterns!

- ✓ Beginner-Friendly Lessons
- ✓ Lifetime Access
- ✓ Learn at Your Own Pace

 **VISIT:** <https://courses.learntosewacademy.com/catalogue>



LET'S STAY IN TOUCH!

Get sewing tips, tutorials, and inspiration straight to your inbox.

Join the LTSA community! ♥

www.learntosewacademy.com



“ You don't have to be perfect to start. You just have to start to be great. ”

