
BIBLE STUDY REFLECTION JOURNAL

A SIMPLE, REUSABLE GUIDE FOR STUDYING
ANY PASSAGE IN SCRIPTURE

*Your word is a lamp to my feet
and a light to my path.*

Psalm 119:105 (ESV)

This journal is designed to be used with any passage of Scripture. Print it as many times as you need.

Work through it slowly – alone in your quiet time, with a friend over coffee, or in a small group.

Pray before you begin, asking the Lord to open your eyes to see His glory and truth in new ways.

Passage & Date

Scripture Passage:

Date:

Setting (alone/with a friend/small group):

Before you begin:

Pray over the passage you are about to read. Ask the Lord for His guidance and understanding.

Read the passage slowly – at least twice.

First for the overall sense, then paying attention to every detail.

Notice the people (or speakers), the setting, repeated words, commands, promises, or anything that stands out or raises a question.

Then pray again, asking the Holy Spirit to be your teacher as you study.

Initial Impression

Read the passage. What did you notice first?

1) How does this passage make you feel?

2) What aspects of the passage immediately catch your attention?

3) What questions come to mind when reading these verses?

Observe

What does the text actually say? Stay close to the words.

1) Who is speaking or acting in this passage? Who else is present or being addressed?

2) What words, phrases, repetitions, numbers, or details stand out to you?

3) Does this passage echo, recall, or connect with other parts of Scripture you remember?

Historical & Cultural Context

What might this passage have meant before it speaks to us today? (You do not need to know all of these answers—simply note what comes to mind.)

Before applying the text, take time to consider how it would have been heard in its original setting.

1) How might the original audience have understood this passage differently than a modern reader?

2) Is there anything in this passage that seems unfamiliar, confusing, or surprising to you?

3) What cultural, historical, or religious details might help explain what is happening in the text?

4) Are there other passages in Scripture that might shed light on this one by adding background or context?

Reflect

What is God revealing through this passage?

Reflect prayerfully on what this passage reveals about God and His redemptive work.

1) What truth about God's character or purposes stands out in this passage?

2) How might God be speaking through this passage – to encourage, challenge, or correct His people?

3) Is there anything in this passage that challenges your assumptions, comforts you, or gives you hope?

4) How does this passage point toward Jesus – His life, His work, or His sacrifice on the cross?

Personal Application

How might God be inviting you to respond to this passage?

1) In light of this passage, is there a way God may be shaping how you think, believe, or see something differently?

2) Is there a specific area of your life or a current situation where this passage speaks with clarity or relevance?

3) What is one small, faithful step you could take to live in response to this passage and move closer to Jesus?

Hold this response before the Lord in prayer, asking for His grace to walk faithfully.

Prayer Guide

Take a few moments to bring what you have noticed and reflected on to the Lord. You may write your prayer below, or simply pray quietly.

You may find it helpful to begin with one or more of these prompts:

- *Thank You, Lord, for what You have shown me through Your Word today...*
- *Teach me more about who You are and what You are like through this passage...*
- *Help Your Word to shape my thoughts, my heart, and my actions...*
- *Where Your Word challenges or convicts me, give me grace to respond faithfully...*
- *Where Your Word gives hope or comfort, help me to trust You more deeply...*

My Personal Prayer:

My One Thing

What is one truth or response from this passage you want to carry with you in the days ahead?

1) What is one truth from this passage that you want to remember and return to this week?

2) How might you intentionally abide in God through this truth – in prayer, remembrance, or daily awareness?

3) Is there one simple way you could share or live out this truth with someone else this week?

Hold this one thing before the Lord, trusting Him to keep shaping you through His Word.

A Closing Encouragement

The work of Scripture does not end when we close the page.

As you return to these passages in the days ahead, trust that God is faithful.

His Word is living and active, and He continues to speak, shape, and guide His people through it.

May you keep coming back to Scripture with patience, humility, and expectancy—listening for what the Lord desires to reveal and resting in His grace along the way.

– Jeremiah Ballard
Learning the Word
