MINISTER
Rev Al Lowe 07478 670953

CHURCH MOBILE for room bookings etc 07895 711323
(leave message/text and we'll get back to you)

E-MAIL thecornerstone1795@gmail.com

MONTHLY NOTICES (& weekly if/when required)
Brenda Noone bn.torp@gmail.com



CORNERSTONE CHURCH, 15 FORE STREET, TORPOINT, CORNWALL, PL11 2AB

LOOP SYSTEM INSTALLED FOR HARD OF HEARING

Website: http://www.cornerstonechurchtorpoint.co.uk

and on FACEBOOK



Cornerstone Church – Torpoint

NEWSLETTER



OCTOBER 2026



ANSWERS FROM LAST MONTH'S QUIZ		
1	Who was the first woman to fly the Atlantic solo?	*Amelia Earheart*
2	Which singer had a hit with 'On a Night Like This'?	*Kylie Minogue*
3	Which mound-building insect is known as the white ant?	*Termite*
4	What type of food is focaccia?	*Bread*
5	Which gas makes up about 21% of the earth's atmosphere?	*Qxygen*
6	Which actor starred as James Stevens in the 1993 film 'The Remains of the Day'?	*Anthony Hopkins*
7	Who wrote Lady Chatterley's Lover?	*D H Lawrence*
8	On which English river is Evesham situated?	*Avon*
9	Which French word is applied to the design and making of clothes to customers' requirements?	*Couture*
10	What name is given to a musical piece such as 'Nessun Dorma'?	*Aria*
11	According to legend, which lady rode naked through the streets of Coventry?	*Lady Godiva*
12	Which international airport has the code MIA?	*Miami Internat'l*
13	Which wealthy industrialist was portrayed by Leonardo DiCaprio in the 2004 film 'The Aviator'?	*Howard Hughes*
14	Which 20th Century word was coined to describe promotional copy for a book or film?	*Blurb*
15	How many 'Tribes' took Frankie Goes to Hollywood to the top of the charts in 1984?	*Two*
16	Which ocean lies to the east of South Africa?	*Indian*
17	What was the surname of Ralph Waldo, the American philosopher and poet?	*Emerson*
18	In which county is Weston-Super-Mare?	*Somerset*
19	Which 1970s TV series starred John Thaw & Dennis Waterman?	*The Sweeney*
20	What is the common name for the tympanum?	*Eardrum*

Spot the deliberate mistake last month?!!! Apologies for stating that Turin was the capital of Italy's Lombardy region when of course it is Milan. **BN**

foodbank

Keep Up The Good Work

URGENTLY NEEDED FOOD & OTHER ITEMS, listed in order of urgency: (as at 22 September}

- **Dog biscuits**
- **Shampoo**
- **Biscuits**
- **Long life milk**
- **Tinned spaghetti**
- **Tinned fruit**
- **Washing powder**
- **Washing up liquid**
- **Coffee**



Also needed (for cooking packs): MIXED HERBS, CURRY POWDER, CHILLI POWDER, GARLIC GRANULES & PLAIN FLOUR.

Food is distributed from a room at the side entrance of Cornerstone Church, in Quarry Street. Sessions are from 10.30-13.30 on Wednesdays, 1.30pm-16.00pm on Thursdays and 09.30-12.30 on Fridays.
Anyone wishing to volunteer would be most welcome. Please pop into a session for further information.

Thank you

LETTER FROM THE MINISTER



Hi

If you didn't know; I am getting married in November to a beautiful lady called Kirstin. As you may imagine, I've had a number of suggestions of what contributes to a happy marriage. Why they think they need to do this for their minister, I don't know. One person suggested I look at the three 'C's of marriage - Commitment, Communication and Compromise. First, I can see this being eminently sensible. Starting with commitment, this leads into a long-term sense of security and trust - no matter what happens in a relationship (except in cases of abuse). Second, once we stop communicating our needs, our love, our hopes and dreams then the relationship quickly deteriorates into assumptions, leading to much hurt and pain. Then finally learning that our own needs and desires have to be balanced with our partners is needed, otherwise this is a relationship that is selfish and self-serving and we need to learn to compromise without losing our own sense of our core values. And these three things can apply to most successful relationships, not just marriage.

So, how can this apply to our relationship with God? Well certainly the Bible is filled with examples of commitment. "I am your God, and you are my people". It is only when we are committed to Christ as our Lord and Saviour, that we can truly surrender. Communication with God through prayer, worship and Bible study keeps us on the right track. Not only can we talk to God by asking what we need through prayer, but we can listen to God as well, through reading the Bible or listening to a good sermon (and if someone knows of a good sermon, can they let me know?). However, compromise seems a little more tricky. As soon as we compromise from Kingdom values or insist on our own way, we are led down a path that is less fulfilling. It seems like compromise is all on our side. But in reality, like commitment, the more we compromise to God's plans, the more fulfilling our lives will be, because God will not ask for anything that goes against the values of the Kingdom of God, ones we need to sustain and develop. And the biggest one of these is "love one another as I have loved you".

Therefore, you may wish to think about your own relationships, spouse/partners, family, friends, church folk and even God, and ask, is this the best relationship I can manage, or is there scope to do more?

Blessings,

Al

Notices from Sandra:-



Update on video entry to win prize money:

As I write today, 21 September, I have not heard from the National Churches Trust about our video entry to win £10,000 from them. So, I'm not hopeful we have won.
Keep up the good work with local fundraising. If you hear no more, you may assume we have not won.



Remembrance Day Service
10.00 – 10.30 Local Arrangement

Volunteers to help please!

Following discussion at a church meeting, this year we will have a 10.00-10.30 service run as a local arrangement. Would someone like to lead this or lead prayers or read a lesson? Please let me know as I do not have a military background but several of you do and I would be delighted if anyone took this on.

Thank you,

Sandra

OCTOBER SUNDAY SERVICES (10.30am unless otherwise stated) AND DUTY HELPERS

DATE	PREACHER	WELCOMER	VESTRY	OPENING PRAYER
4th	Marion Wilkinson	Marie Luscombe	Chris Cross	June S
11th	Paul Whitell	Ann Dean	Steve Martin	SM
18th	Keith Angilley	Margaret Harrison	Sandra Pratt	SP
25th	Rev Al Lowe Holy Communion	Lorna Wilkins	Paulene Smith	PS



We are holding cake sales to raise money for our Building Repair Fund at the Street Markets at the moment, and are appealing, for cakes and baked goods. These are needed for the last Sunday in the month.

PLEASE SUPPORT - Thank you / Claire & Duncan

DUTY LISTS

As with all the duty rosters, if any date is inconvenient, please arrange your own swap. Thank you / BN

FLOWER ROTA DONATIONS - OCTOBER	
4th	Sylvia
11th	*Vacant*
18th	*Vacant*
25th	Brenda Noone



PLEASE see Marie if you would like to make a donation towards the flowers displayed in church.

SUNDAY COFFEE ROTA - OCTOBER	
4th	June Stockton & Jan Hall
11th	June Stockton & Lorna Wilkins
18th	June Stockton & Paulene Smith
25th	June Stockton & Jan Hall



Assistance is always required to make things easier for our few helpers, so please speak to June Stockton if you can help with teas/coffees/washing up. Even the odd occasion will be much appreciated by the team. *Thank you*

House Group
at 3.00pm, Wednesday 14th & 28th October
This term we are studying John's gospel - all welcome.
Ask Sandra for venue and any other information.

Bible Study at Stoke Christian Centre:
10.30am for a 10.45 start on Thursday 8th & 22nd October
led by Rev Edgar Daniel.

Autumn Lunch at St James' Church Hall
12.30pm Monday 26th October
£8.00

Friday 2nd October
7.00 for 7.30pm Quiz Night at Comrades Club
for Building Repair Fund
£2 entry per person
6 maximum per team



QUIZ TIME

1. “Clap along if you feel like a room without a roof”, are lyrics from which 2013 song?
2. What is the name of the former county in West Wales, abolished in 1996, with Carmarthen as chief town?
3. Who directed the 1972 film, Cabaret?
4. Of the four chambers of the human heart, what are the two larger, lower chambers called?
5. In which temperature scale does water boil at 212°?
6. Which religion is presided over by the Pope?
7. Danny DeVito played dispatcher Louie in which US comedy series?
8. What is the most famous feature of St Mary & All Saints Parish Church in Chesterfield?
9. What colour is carmine?
10. What mixture of sand, gravel and pitch is used for roads and roofs?
11. The TV series Desperate Housewives was set in which fictional road?
12. Who was the Wimbledon women’s singles champion in 1977?
13. What is the surname of the Sheridan character known for her word blunders?
14. What kind of establishment is “Bart’s” in London?
15. The Famous Five series was written by which author?
16. In terms of business, what do the initials CBI stand for?
17. What is the name of the main body of the church where the congregation sit?
18. Traditionally, Bearnaise sauce is served with what main dish?
19. What name is given to the young of an elephant?
20. Who was the lead singer of The Boomtown rats?

Café Abundance
Lunch—Main Course + Dessert
at 12.30pm in St James' Church Hall
Monday 14th September
(pay what you can)





PRAYERS FOR OUR TOWN

Even though there is no longer a monthly street leaflet drop, please continue to remember the folk within your own street, and the people of the town in general, in your prayers.

Thank you

	OFFERTORY	BENEVOLENT FUND	TUESDAY & SUNDAY COFFEES
30th August	£439.00		£16.43
6th September	£498.00		£6.22
13th September	£330.00		£20.02
20th September	£361.00	£11.00	£15.00
	£1,628.00	£11.00	£57.67

Currently the Repair Fund total raised is now

£20,060.90

Special thanks to Betty Begbie who sold an old keyboard and donated the twenty-five pounds to our Repair Fund.

The Action for Children coffee morning raised £92.73, and this will be added to the donations and boxes opened when the total is known.

The Repair Fund coffee morning & cake sale raised £196.10.
Special thanks to all our lovely cake makers.

Many thanks Liz

✞ OCTOBER 2026 ✞

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 1.30pm – 4pm Foodbank	**2** 9.30 – 12.30 Foodbank 5.30pm Boxing Club 7.00 for 7.30pm Quiz at Comrades Club for BRF	**3** 9.30am Coffee Morning in aid of St Luke's Hospice 7.30pm Torbay Police & Community Choir + Torpoint Lady Singers in aid of SW Blood Bikes
4 10.30am Marion Wilkinson	**5** 7pm Choir	**6** 10am – 11.00 Drop In open 5.30pm Boxing Club	**7** 10.30 – 13.30 Foodbank	**8** 10.45 – Bible Study at Stoke. 1.30pm – 4pm Foodbank	**9** 9.30 – 12.30 Foodbank 5.30pm Boxing Club	**10** 9.30 Coffee Morning in aid of Church Funds
11 10.30am Paul Whitell	**12** 12.30pm – Café Abundance at St James' Hall 7pm Choir	**13** 10am – 11.00 Drop In open 5.30pm Boxing Club	**14** 10.30-13.30 Foodbank 3pm House Group 6.30pm Church Council	**15** 1.30pm – 4pm Foodbank	**16** 9.30 – 12.30 Foodbank 5.30pm Boxing Club	**17** 9.30 Coffee Morning in aid of Church Repair Fund
18 10.30am Keith Angilley	**19** 7pm Choir **Notices for November are required by today please**	**20** 10am – 11.00 Drop In open 5.30pm Boxing Club	**21** 10.30-13.30 Foodbank	**22** 10.45 – Bible Study at Stoke. 1.30pm – 4pm Foodbank	**23** 9.30 – 12.30 Foodbank 5.30pm Boxing Club	**24** 9.30 Coffee Morning in aid of Bible Society (CTT)
25 Street Market 10.30am Rev Al Lowe H C 	**26** 12.30 Lunch at St James' Hall - £8 7pm Choir	**27** 10am – 11.00 Drop In open 5.30pm Boxing Club	**28** 10.30-13.30 Foodbank 3pm House Group	**29** 1.30pm – 4pm Foodbank	**30** 9.30 – 12.30 Foodbank 5.30pm Boxing Club	**31** 9.30 Coffee Morning in aid of The Lions