Terms & Conditions

SAFE IN LOVE
Effective Date: 19 August 2026

1. Provider and Contracting Party

These Terms & Conditions apply to the purchase and participation in SAFE IN LOVE.

The contracting party is:

Sonia Ghafarzadeh
trading as **Sonia Rosa Embodiment**
Sole proprietor / Einzelunternehmen
Mats Kamp 13
45481 Mülheim an der Ruhr
Germany

Email: **sonia.ghafarzadeh@gmx.de**
Telephone: **+34 603 980009**
Website: **sonia-rosa.com**

In these Terms, “I,” “me,” and “my” refer to Sonia Ghafarzadeh trading as Sonia Rosa Embodiment. “You” and “participant” refer to the person purchasing and participating in SAFE IN LOVE.

2. Who May Participate

SAFE IN LOVE is available **only to persons aged 18 or over**.

By purchasing SAFE IN LOVE, you confirm that you are at least 18 years old and legally able to enter into the contract.

I do not knowingly accept participants under the age of 18.

3. About SAFE IN LOVE

SAFE IN LOVE is a four-week online group coaching, educational and personal-development program.

The program combines:

- on-demand educational content;
- live online group sessions;
- recordings and replays;
- worksheets and learning materials;
- community access;
- an optional buddy system; and
- for VIP participants, two private 1:1 sessions and a VIP Integration Circle.

The core framework is:

RECOGNIZE → REGULATE → RELEASE → CHOOSE

The program is intended to support awareness of relationship patterns, emotional activation, regulation, needs, boundaries, communication and conscious relationship decision-making.

SAFE IN LOVE is not psychotherapy, medical treatment, psychiatric treatment, crisis intervention or healthcare.

4. Program Dates

The official SAFE IN LOVE program begins on **31 August 2026** and ends on **30 September 2026**.

The Welcome & Connection Circle takes place on **24 August 2026**.

The program does not automatically renew and is not a subscription.

Reasonable organizational or scheduling adjustments may be made where necessary, provided the essential services purchased are not materially reduced.

5. Purchase Options and Prices

Supported Access — €97

Supported Access includes the complete group program and is limited to 7 places.

It is intended for participants for whom the Standard price would otherwise represent a genuine financial barrier.

No income evidence or detailed financial justification is required.

Standard Access — €197

Standard Access includes:

- the complete four-week group program;
- on-demand content;
- weekly Live Deep Dives;
- recordings and replays;
- community access;
- the Welcome & Connection Circle; and
- the optional SAFE IN LOVE Buddy system.

VIP Circle — €397

VIP Circle is limited to 7 places.

VIP includes everything in Standard Access plus:

- two private 60-minute 1:1 sessions with Sonia; and
- one VIP Integration Circle after the main program.

6. One-Time Payment Only

I offer SAFE IN LOVE only for the following **one-time purchase prices**:

- Supported Access: **€97**
- Standard Access: **€197**
- VIP Circle: **€397**

I do not offer my own instalment plan, credit agreement or deferred-payment plan.

Stripe, PayPal or another payment provider may independently offer eligible customers financing, Pay Later, instalments or similar payment options under that provider's own conditions and eligibility assessment.

Such arrangements are offered and administered by the payment provider, not by me. I do not determine whether you qualify for them or control the provider's financing terms.

Your SAFE IN LOVE purchase price remains the one-time price displayed above regardless of how a payment provider allows you to finance your payment to it.

7. Tax Information

The prices displayed for SAFE IN LOVE are the final consumer prices charged by me at checkout.

I currently use the German small-business tax exemption under **§19 UStG (Kleinunternehmerregelung)**. Where that exemption applies, **German VAT is not charged or shown separately**.

Where mandatory tax rules applicable to a particular transaction or customer location require a different tax treatment, any amount that must legally be charged will be shown before the customer places the order.

8. Payment Providers

Payments may be processed using the methods shown at checkout, including Stripe, credit/debit card and PayPal.

Payment processing may be subject to the relevant provider's separate terms and privacy information.

If a payment provider independently offers you financing or a payment plan, any financing relationship is between you and that provider.

9. Contract Formation

The presentation of SAFE IN LOVE on my website or sales page allows you to submit an order.

Before submitting your order, you must be given the opportunity to review and correct your information and selected offer.

Immediately before ordering, the checkout will clearly display the selected program tier and total price.

The final order button will clearly indicate that placing the order creates a payment obligation.

The contract is formed when your order is accepted and you receive confirmation or program access, whichever occurs first.

10. Contract Confirmation

After purchase, you will receive contractual confirmation on a durable medium, normally by email.

The confirmation will contain or provide access to the contractual information applicable to your purchase, including these Terms & Conditions and the Withdrawal Instructions.

Where you have expressly requested early commencement of services or expressly consented to immediate delivery of digital content, the relevant consent and acknowledgement will also be recorded in the contract confirmation as required.

11. Immediate Community Access

Community access begins **immediately after successful purchase**.

Community access continues throughout the program and until **30 December 2026**, unless access is lawfully ended earlier.

Participation in discussions is voluntary.

You are not required to disclose intimate relationship details, trauma history, health information or other sensitive information in order to participate.

12. On-Demand Content

The program's on-demand videos and online learning materials remain accessible for **12 months from the official program start**, from:

31 August 2026 until 30 August 2027.

Materials expressly made available for download may be downloaded during the access period and retained afterwards for your personal, non-commercial use.

13. SAFE IN LOVE Body Compass

The SAFE IN LOVE Body Compass is a fast-action bonus for eligible participants.

The eligibility deadline is:

21 August 2026 at 19:00 Berlin local time.

Eligible participants receive the first Body Compass digital material directly after purchase.

Body Compass materials remain accessible until **30 August 2027**.

Because digital material may be supplied immediately, the legally required consent concerning immediate digital content is obtained separately during checkout.

14. Recording of Online Sessions

Every SAFE IN LOVE online group session and circle is scheduled to be recorded so that a replay can be provided to participants who were unable to attend live or who wish to review the material.

This includes:

- the Welcome & Connection Circle;
- weekly Live Deep Dives; and
- the VIP Integration Circle for VIP participants.

Participants may attend with their camera switched off.

To protect participant privacy, recordings intended for replay should primarily contain my teaching and program content.

Private or sensitive participant sharing should not be included in the replay unless the participant has been appropriately informed and any legally required permission has been obtained.

Where practical, recording may be paused during sensitive participant sharing and restarted for teaching portions.

Participants must not make their own audio, video, screen or other recordings of calls.

15. Replay Access

Live Deep Dive replays and the Welcome & Connection Circle replay remain accessible until:

30 December 2026.

The VIP Integration Circle replay is available only to VIP participants and remains accessible for **three months after the date of that Circle**.

Replays are for personal participant use only.

They may not be copied, downloaded unless expressly enabled, published, shared, screen-recorded or distributed.

16. SAFE IN LOVE Buddy

Participation in the SAFE IN LOVE Buddy system is optional.

A buddy relationship is intended for mutual encouragement, accountability, small commitments and progress sharing.

You are never required to disclose intimate details, health information or your complete relationship history to a buddy.

A buddy is another participant and is not my employee, representative, therapist or agent.

17. VIP Private Sessions

VIP Circle includes two private **60-minute 1:1 sessions**.

Sessions are booked through my Google Calendar booking system and normally take place using Google Meet.

VIP sessions are personal and non-transferable.

They cannot be sold, gifted, exchanged or transferred to another person unless I expressly agree otherwise in writing.

Both sessions must be used by **30 December 2026**.

18. VIP Rescheduling

A VIP session may be rescheduled without charge with at least **24 hours' notice**.

If you cancel with less than 24 hours' notice or do not attend, the session may normally be treated as used.

I may make an exception in the case of a credible emergency or exceptional circumstances.

If I need to cancel or reschedule a session, the session will not be lost and an alternative appointment will be offered.

Unused VIP sessions are not normally exchangeable for cash or other services, subject always to mandatory consumer rights.

19. Private VIP Session Recordings

Private VIP 1:1 sessions are **not recorded by default**.

Any exceptional recording of a private session requires a separate express agreement addressing the purpose and handling of the recording.

20. Statutory Withdrawal Rights

Consumers may have a statutory right to withdraw from an online distance contract.

The applicable right, deadline, procedure and consequences are explained in the separate **Withdrawal Instructions** supplied before the contract is concluded.

Nothing in these Terms limits any statutory withdrawal right or other mandatory consumer protection.

21. Early Commencement of Services

Some SAFE IN LOVE services begin before the end of the statutory withdrawal period.

In particular, community access begins immediately after purchase.

Where required, checkout therefore asks you separately to expressly request that I begin providing the service elements of SAFE IN LOVE before the statutory withdrawal period has expired.

If you later validly exercise your withdrawal right after making that request, you may be required, where the statutory requirements are met, to pay an appropriate proportion for services already provided up to the time of withdrawal.

22. Immediate Supply of Digital Content

Eligible customers may receive Body Compass digital material directly after purchase, and other digital content may become available during the withdrawal period.

Where required by law, you will therefore be asked separately at checkout to:

1. expressly consent to the relevant digital content being supplied before the withdrawal period expires; and
2. acknowledge the statutory consequence that your withdrawal right concerning that digital content may expire once supply begins.

This does **not** mean that opening or receiving one digital item automatically removes all statutory rights relating to the entire mixed SAFE IN LOVE program.

23. No Additional Voluntary Refund Policy

I do not provide an additional voluntary satisfaction guarantee or voluntary refund period.

This does not affect:

- statutory withdrawal rights;
- statutory rights concerning defective or non-conforming services or digital products; or
- any other mandatory consumer rights.

After applicable statutory rights have expired, choosing not to attend a live call, not watching available videos, not using the community or having a personal scheduling conflict does not by itself create an additional contractual refund entitlement.

24. Withdrawal After Services Have Started

Where you validly withdraw, future program access and services covered by the withdrawal will end as legally appropriate.

This may include termination of:

- community access;
- future live participation;
- future digital access; and
- unperformed VIP services.

Any reimbursement and any legally permitted compensation for services already provided will be calculated in accordance with applicable statutory law.

No blanket “all sales final” rule applies where mandatory consumer law provides otherwise.

25. No Results Guarantee

SAFE IN LOVE does not guarantee any particular relationship, emotional, psychological or personal-development result.

I do not guarantee:

- that a relationship will continue or be saved;
- that an ex-partner will return;
- that another person will choose you, remain with you or change;
- that you will enter a new relationship;
- that you will never experience triggers again;
- that trauma or a mental-health condition will be healed; or
- that you will achieve a particular result within four weeks.

Results vary according to individual circumstances, participation, implementation, external factors and the decisions and behaviour of other people.

Testimonials and previous participant experiences are examples only and are not guarantees.

26. Professional and Educational Scope

I have completed training as a **Psychologischer Berater** through the **Isolde Richter Heilpraktikerschule in Germany**.

SAFE IN LOVE is provided as a coaching, educational and personal-development offer.

I do not represent myself through SAFE IN LOVE as a psychologist, psychotherapist, physician or licensed therapist unless I separately hold and expressly identify the relevant legally recognised qualification.

27. Medical and Mental-Health Disclaimer

SAFE IN LOVE is not a substitute for:

- medical care;
- psychiatric care;
- psychotherapy;
- crisis intervention; or
- emergency services.

If you are concerned about your physical or mental health, you should seek appropriate professional assistance.

If you are experiencing an acute crisis or emergency, contact the appropriate emergency or crisis service in your country.

28. Trauma-Sensitive Participation

Body-based, reflective and emotional exercises are voluntary.

You may:

- pause;
- opt out;
- keep your eyes open;
- listen without participating; or
- stop an exercise at any time.

Greater emotional intensity does not automatically mean greater benefit.

The program aims to respect choice, pacing and integration.

29. Personal Responsibility

You remain responsible for your own decisions regarding relationships, dating, communication, boundaries, separation, healthcare and professional support.

I cannot control the actions, decisions or responses of a partner, former partner, family member or any other third party.

30. Community Confidentiality

You must respect other participants' privacy.

You must not:

- disclose another participant's personal story or identifying information outside SAFE IN LOVE;
- publish screenshots of other participants;
- make screen recordings;
- make unauthorized audio or video recordings;
- share another person's contact information without permission;
- harass, bully or shame another participant;
- engage in hate speech; or
- use the community for unwanted advertising or self-promotion.

Although participants are contractually required to respect these rules, I cannot guarantee that another participant will never breach confidentiality.

31. Moderation and Removal

I may moderate the program and community where reasonably necessary.

For minor or first-time problems, I will normally use proportionate measures such as a reminder or warning.

Serious or repeated misconduct may result in temporary suspension or permanent removal from the relevant program area.

Serious misconduct may include:

- harassment;
- threats;
- deliberate confidentiality breaches;
- unauthorized recording;
- unlawful conduct;
- account sharing; or
- serious misuse of intellectual property.

Any consequences for payments or remaining services will be handled according to the circumstances and mandatory consumer law.

There is no automatic “no refund under any circumstances” rule.

32. Intellectual Property

Unless otherwise stated, SAFE IN LOVE content remains my intellectual property or that of the relevant rights holder.

You receive a personal, limited, non-transferable and non-commercial right to use the materials.

You must not:

- share account credentials;
- give another person access to paid content;
- distribute videos or replays;
- sell or sublicense materials;
- use the content in your own commercial program;
- publish program materials;
- reproduce recordings; or
- represent program materials as your own.

Files expressly supplied for download may be retained for your own permanent personal, non-commercial use.

33. Technical Requirements and Third-Party Platforms

You are responsible for having:

- suitable internet access;
- a compatible computer, smartphone or tablet;
- email access; and
- a current web browser.

SAFE IN LOVE may use third-party services including:

- systeme.io;
- Google Meet;
- Google Calendar;
- Stripe; and
- PayPal.

I cannot guarantee 100% uninterrupted availability of third-party systems.

If a material provider-side technical problem prevents an essential part of the program from being delivered, I will use reasonable efforts to provide an appropriate solution, such as restored access, an alternative session, a replay or a comparable alternative.

34. Schedule and Program Changes

I may make reasonable organizational or technical changes where necessary, such as:

- changing a platform;
- reasonably rescheduling a session; or
- replacing a technical tool with a comparable alternative.

This does not allow me to arbitrarily remove or materially reduce essential services purchased by you.

35. Illness, Technical Failure and Events Outside Reasonable Control

A scheduled session may need to be rescheduled because of illness, serious technical problems or another event outside reasonable control.

Where reasonably possible, I will provide a replacement date, replay or comparable alternative.

Essential program components will not simply be removed without an appropriate solution.

36. Privacy

Personal-data processing is addressed primarily in my separate Privacy Policy.

SAFE IN LOVE may involve sensitive discussions concerning relationships, mental health, trauma, physical health, sexuality, religion, spiritual beliefs or other personal matters.

Participants should share only information they are comfortable sharing and should avoid unnecessary disclosure of sensitive personal information.

Participation does not automatically give me permission to use your personal information, image, recording, story or testimonial for marketing.

37. Testimonials and Marketing

SAFE IN LOVE participation does not constitute marketing consent.

I will not treat your participation as automatic permission to use your:

- name;
- photograph;
- video;
- voice;
- messages;
- screenshots;
- personal story; or
- testimonial

for promotional purposes.

Any such marketing use requires a separate legal basis and, where appropriate, separate voluntary consent.

38. Liability

Nothing in these Terms excludes or limits liability where liability cannot legally be excluded or limited.

In particular, mandatory liability for intentional misconduct, gross negligence and injury to life, body or health remains unaffected.

To the extent legally permitted, I am not responsible merely because:

- a relationship does not produce the outcome you hoped for;
- another person behaves differently from what you expected; or
- you make a personal dating or relationship decision following participation.

39. Complaints

Questions or complaints may be sent to:

sonia.ghafarzadeh@gmx.de

I will aim to address complaints reasonably and in good faith.

40. Electronic Withdrawal Function

Where you have a statutory right of withdrawal, you may also exercise that right through the electronic withdrawal function provided on my online interface.

During the applicable withdrawal period, the function is prominently and easily accessible through the clearly labelled:

“Withdraw from contract”

function.

After entering or confirming the information necessary to identify you and the relevant contract, you can submit the withdrawal through the clearly labelled:

“Confirm withdrawal”

function.

After submission, an electronic acknowledgement is sent to you on a durable medium, normally by email, recording the content of your withdrawal and the date and time it was received.

Use of the electronic function is optional. You may also exercise a statutory withdrawal right by another legally permitted clear statement.

41. Governing Law

These Terms are governed by German law.

If you are a consumer, this choice does not deprive you of mandatory consumer protections that cannot validly be excluded and that apply to you under the law applicable to your situation.

42. Jurisdiction

No exclusive German court clause applies where mandatory law gives a consumer the right to bring or defend proceedings elsewhere.

Applicable statutory jurisdiction rules remain unaffected.

43. Severability and Mandatory Consumer Rights

If an individual provision of these Terms is invalid or unenforceable, the remaining provisions continue to apply to the extent permitted by law.

Nothing in these Terms is intended to remove or restrict a mandatory consumer right.