



Mommy Reset Card

A gentle pause, just for you!

Mommy, here is a little moment of calm for you..

Pause, breathe, and pour love into yourself.

It is time to refill your own cup, one sweet moment at a time.

Here are 3 ideas - pick 1 or ALL 3!

The “Mini Spa Escape”

Run a warm bubble bath, light a few soft candles, bring along your favorite show, a glass of something you love, and a little sweet treat, just because you deserve it.

Create Something Beautiful

Step into something new that you haven't tried before - a pottery class, floral arranging session, candle making. Enjoy the quiet joy of creating something from scratch.

Feel Fresh and New

Book a head spa or a relaxing hair session - a slow, soothing wash, a gentle massage, and a fresh haircut and blow-dry to finish. Walk out feeling yourself again.