

# Privacy Policy

**Effective Date:** 03/30/2026

**Website:** fabfitfuel.com

**Business Name:** FabFitFuel

**Contact Email:** hello@fabfitfuel.com

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## 1. Introduction

At FabFitFuel, your privacy is important to us. This Privacy Policy explains how we collect, use, and protect your information when you visit our nutrition website, subscribe to newsletters, or interact with our affiliate links.

By using our site, you agree to this Privacy Policy.

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## 2. Information We Collect

### a) Personal Information

We may collect information you voluntarily provide, including:

- Name
- Email address
- Billing information (if you purchase products or services)
- Comments, messages, or other content you submit

### b) Non-Personal Information

We may automatically collect:

- IP address and browser type
- Device information (desktop, mobile, tablet)
- Pages visited and time spent on our site
- Clicks on affiliate links

### c) Cookies and Tracking

We use cookies and similar technologies to:

- Track site usage and analytics

- Improve user experience
- Personalize content and advertisements
- Measure affiliate link performance

You can disable cookies through your browser settings, but some features may not function properly.

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### **3. How We Use Your Information**

We use your information to:

- Provide and improve our services and content
  - Send newsletters, promotions, and email marketing (with opt-out options)
  - Respond to inquiries or requests
  - Track affiliate performance and commissions
  - Comply with legal obligations
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### **4. Affiliate Marketing Disclosure**

Some content on our site contains affiliate links. If you click a link and make a purchase, we may earn a commission at no extra cost to you. We only promote products we trust or believe provide value.

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### **5. Health & Nutrition Disclaimer**

Our site provides nutrition, wellness, and lifestyle information for educational purposes only. This is not medical advice and should not replace consultation with a licensed healthcare professional. Always seek the guidance of a qualified provider regarding any health concerns or diet changes.

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### **6. Third-Party Services**

We may use third-party services, including:

- Email marketing platforms (e.g., Mailchimp, ConvertKit)
- Analytics tools (e.g., Google Analytics, Pinterest Analytics)

- Payment processors (for purchases)
- Affiliate networks

These third parties have their own privacy policies that govern how they use your data.

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## 7. Sharing Your Information

We do **not sell** your personal information. We may share information:

- With service providers to operate our site and business
  - When required by law or to protect rights
  - With partners for affiliate tracking and analytics
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## 8. Your Rights (GDPR/CCPA)

Depending on your location, you may have rights regarding your personal data:

### For GDPR (EU residents):

- Right to access, correct, or delete your personal data
- Right to restrict or object to processing
- Right to data portability
- Right to withdraw consent at any time

### For CCPA (California residents):

- Right to know what personal data is collected
- Right to request deletion of personal data
- Right to opt out of sale of personal data (we do not sell data)
- Right to non-discrimination for exercising your rights

To exercise your rights, contact us at [hello@fabfitfuel.com](mailto:hello@fabfitfuel.com). We will respond within legally required timeframes.

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## 9. Data Security

We implement reasonable technical and organizational measures to protect your data. However, no website or internet transmission is completely secure. We cannot guarantee absolute security.

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## 10. Children's Privacy

Our site is not directed at children under 13, and we do not knowingly collect personal information from children.

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## 11. Changes to This Policy

We may update this Privacy Policy to reflect changes in our practices or legal requirements. The updated date will be noted at the top.

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## 12. Contact Us

For any questions regarding this Privacy Policy, you can reach us:

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