

- your -
**TOP TEN PACKING
ESSENTIALS**

brought to you by
Bucket List Travel Coaching



1.



KNOW THE RULES

DON'T GET CAUGHT AT THE AIRPORT

Each airline and country has its own set of rules regarding the size of the suitcases you're allowed to take, including carry on bags, and what you're allowed to take into the country. Make sure you know what all the rules are before you start packing, so you can plan your packing accordingly. The last thing you want is to have to leave things behind at the airport or be stopped from entering a country because you're carrying a banned item!

PACKING CUBES

YOUR NEW BEST FRIEND

I used to think packing cubes were nonsense until I started using them and now I cannot be without them. They are life changing. They keep you organised as you can pack categories or outfits per cube so you'll always know exactly where everything is and they make it so much easier to get everything into your suitcase and repack when it's time to come home. There's a range to suit every budget. My top tip is to look for sets with compression cubes so you can fit even more in your suitcase!

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AIR TAGS

IN CASE YOUR LUGGAGE GOES ELSEWHERE

Unfortunately, lost luggage has been on the increase over the last few years. One way to help with that if it happens is to have air tags in your luggage so that you can track where it is. This will help immensely when dealing with the airline. If you're not a fan of Apple products, there are few different options out there for Android depending on the brand of your phone so find one that suits for your peace of mind.

4.



DOCUMENTS

ALWAYS TAKE PAPER COPIES WITH YOU

Yes, I know our whole lives can exist on our phones these days, but the last thing you want to do is get caught at customs or your hotel with a phone that can't access internet, isn't working or needs to be charged. Always make paper copies to take with you just in case you find you need them and keep them together in something like a travel wallet so you can easily access them. Include a list of your emergency contacts as well.

PENCIL CASES

THEY'RE NOT JUST FOR PENCILS

In addition to packing cubes, pencil cases have been my other life changing packing discovery. They can be a great, cheaper option for packing all sorts of smaller things. I use the flat ones to pack things like phone cables and chargers in my carry on and the wider ones for things like make up brushes and jewellery. They're small enough that you can fit them around the larger packing cubes in your suitcase or slip them easily into a handbag. The hard ones are also great for items that need protection.

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MEDICATIONS

ALWAYS PLAN AHEAD

Taking your medications may seem like second nature to you, but some countries might not allow you to enter with those medications, including things like vitamins and eye drops, if you don't have a letter from your doctor. Security at your airport may also stop you before you even get to your plane so make sure you plan ahead and have any required documentation handy. Also make sure you have any prescriptions filled before you leave.

7.



PENS

NOT EVERYTHING IS ELECTRONIC

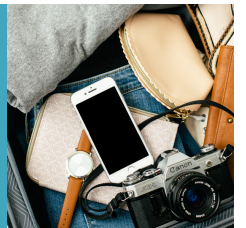
This is particularly important if you're heading to another country as you'll most likely have to go through some kind of customs checkpoint and most countries still have old fashioned paper forms that you'll need to fill in on both entry and exit. I always carry two pens with me in my personal item and carry on luggage so I don't get caught trying to find somewhere that has a pen to fill in the mandatory forms and to get me through customs quicker.

TECH CABLES

KEEP THEM ALL TOGETHER

This is where the pencil cases in tip 5 also come in handy. I have a small pencil case for my phone cables that I keep in my carry on and I have a tech case for cables for any other electronics I might be bringing with me like my iPad and digital camera. These days there are a range of tech cases available so you don't have to break the bank buying one, but they can be handier if you've got lots of cables. Check your airline rules though, as they may only allow things like batteries in a carry on bag.

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TOILETRIES

DOWNSIZE WHEREVER YOU CAN

Toiletries can add weight to your suitcase very quickly, so invest in things like travel size refillable bottles or atomisers for your perfumes. You can also buy travel minis for a lot of toiletries but they can be more expensive than making your own. Also make sure you've checked your airline rules, especially if you're travelling to another country, as you may find you can only take certain sizes or a limited number of toiletries in a carry on bag.

10.



KEYS

DON'T FORGET ABOUT WHEN YOU GET HOME

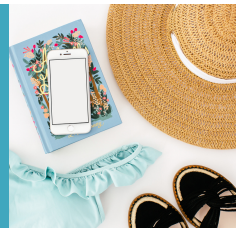
This is especially important if you're getting yourself to and from the airport or your destination. Don't forget to pack your house keys! There's nothing worse than coming home after a fantastic trip to find that you can't get into your home, so make sure you pack your keys. If you're worried about safety, keep them in a pocket of a bag you'll always have with you, like your handbag, so that they're less likely to be taken.

BONUS TIP!

LUGGAGE WEIGHT

Invest in a handheld luggage weight. You can find them at most department stores or specialty stores that carry luggage. These weights can help you make sure that you're under the airline weight limit for all your bags before you head to the airport, both before you leave and when you're on your way home. They can save you from excess luggage charges, having to repack at the airport or even worse, losing some of your items as the airlines can be ruthless with this!

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BONUS TIP!

TAMPER TAGS

Tamper tags are great whether you're travelling locally or overseas but are especially handy for when your luggage will be out of your sight at some point during your trip, e.g. when you have to check your bag. You'll need a TSA approved combination lock for your main bag opening, but you can put tamper tags on all the other pockets. This will show you if your bags have been tampered with, so you can ask for help before opening them.

PIT STOP!



Before you rush off to get a start on making my top ten packing essentials work for you, I want to say thank you for being here. I hope this list makes packing easier for you and helps you feel more organised! If you're looking for more support on your travel journey, especially if you're just starting out travelling solo and you want to overcome the planning overwhelm, self doubt and other people's opinions, I've listed some options over the next few pages for you. If you'd like to find out more, please reach out below. Now carry on, my wayward traveller!

If you're looking for more support with finally getting your epic trip of a lifetime booked or you just wanna say hey, please reach out at:

 [bucketlisttravelcoaching](#)

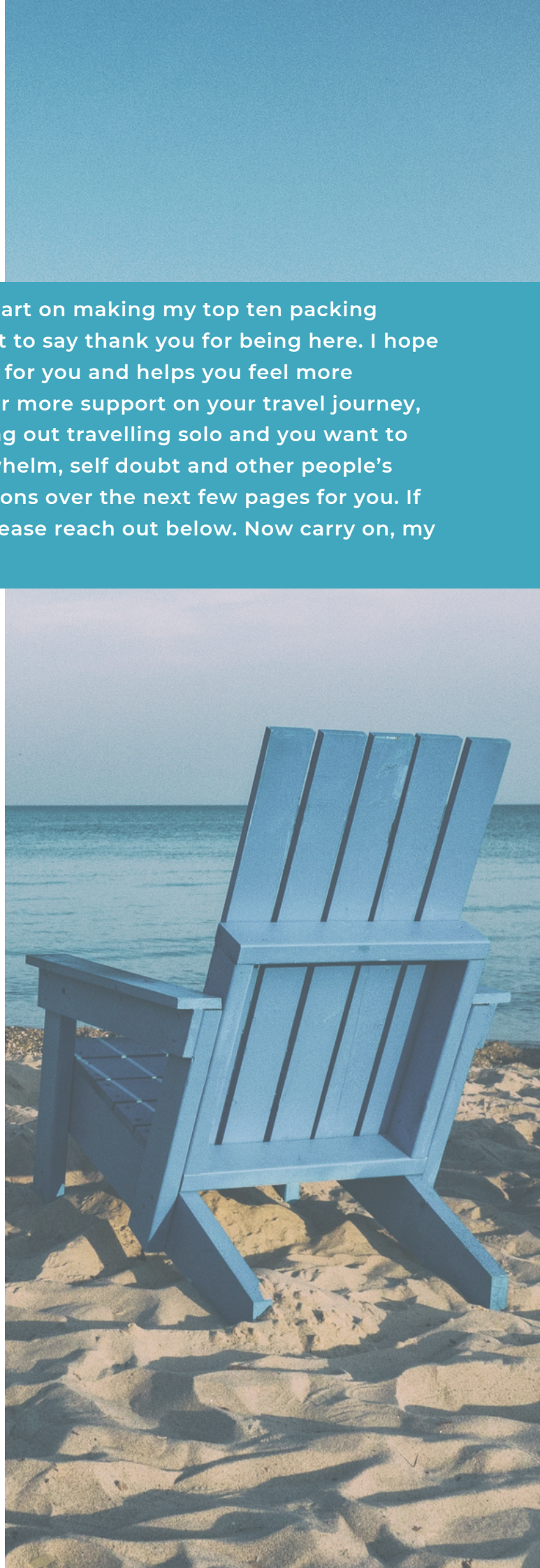
 [bucketlisttravelcoaching](#)

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Here's to choosing yourself!

Corinne



NEED MORE HELP?

I hope my top 10 packing essentials list has given you a headstart on feeling more organised when it comes to packing for your vacation so you can start it as stress free as possible and without the worry of where your phone charger is or if you've packed enough socks. If you feel like you need more help on your travel journey though, I've got some options for you below.



MY SOLO TRAVEL STARTER KIT

My Solo Travel Starter Kit has everything you need to get started on your solo travel journey, taking you through what's been holding you back to how to create an action plan to actually get going. Imagine finally holding that ticket in your hand.

[TAKE ME TO THE STARTER KIT](#)



MY ULTIMATE TRAVEL PLANNER

Don't start your next vacation feeling like chaos personified. Give yourself the gift of having a solid plan for all the things you need to do, buy and pack leading up to your holiday so you're heading out the door excited instead of worrying about what you've forgotten.

[TAKE ME TO THE PLANNER](#)



DO YOU NEED A CHEERLEADER?

Whether you want to overcome obstacles like budgets, nerves or self doubt or you just want someone to bounce your travel ideas off, I've got a number of options for you, from my 45 minute one on one Ask A Travel Coach session to my 6 week signature program. You'll find it all at my All The Things page.

[CLICK ME FOR CHEERLEADING](#)



Warning: side effects of working with Corinne will include, but are not limited to, more joy, more confidence and living a bucket list life you love.

who am i?

Hello! I'm Corinne, the Bucket List Travel Coach for solo, childfree travellers who just want to get their dream trip booked. If you'd love to travel but don't because you feel overwhelmed with going solo, all the planning and other people's opinions, you're in the right place. My mission is to help people just like you finally get your bucket list trip booked with ease, confidence and completely on your own terms. I'd love to help you get started on your bucket list travel journey.

Corinne