

Your Child IS Communicating— Here's How to Start Understanding Them

Turn Inconsistent Progress Into Reliable Success



AUTISM PARENTING SIMPLIFIED

YOUR CHILD IS COMMUNICATING—HERE'S HOW TO START UNDERSTANDING THEM

TURN INCONSISTENT PROGRESS INTO RELIABLE SUCCESS



What Counts as Communication

- Pulling your hand
- Crying / whining
- Throwing items
- Walking away
- Looking at something

*Even if your child isn't using words, these are
all forms of communication.*

What Your Child Might Be Trying to Say

Behavior	Possible Meaning
Pulling you	"Come with me"
Crying	"I need help / I'm frustrated"
Throwing	"I don't want this"
Running away	"All done / too much"

Your First Step (THIS is key)

👉 Instead of stopping the behavior, start labeling it.

Example:

"Oh, you want help!"

"You're all done"

"You want snack"

Ready to teach your child to communicate more clearly? Start with our step-by-step Communication Course.



READY FOR THE FULL STEP-BY-STEP PLAN OF COMMUNICATION?

If your child isn't talking—or isn't communicating in a way that works—you are not alone. And more importantly, your child is not "behind." Your child is already communicating. They just need the right skills to communicate more clearly, more effectively, and with less frustration. This course will show you exactly how to build those skills.

Instead of guessing, prompting, or repeating "use your words," you'll learn a step-by-step, evidence-based system that helps your child:

- Communicate wants and needs without meltdowns
- Replace problem behaviors with functional communication
- Become more independent in expressing themselves
- Build the foundation for language development

You'll also learn how to:

- Recognize how your child is already communicating (even if it doesn't look like it)
- Identify what skills are missing—and why that matters
- Create motivation so your child wants to communicate
- Teach communication in everyday routines (not just therapy sessions)

This isn't about pressure. It's not about forcing speech. It's about giving your child a system that works for them. Because when communication improves, everything else gets easier.



If you need more...Join the Communication Course...Click on this link to access our course!



Hello!

We're so glad you're here.

If you're reading this, chances are you're navigating one of the many challenges that can come with raising a child with autism. Whether you're feeling hopeful, overwhelmed, frustrated, or simply looking for a clear path forward — you are not alone.

Our goal is simple: to give you practical tools that work.

We are a mother-daughter team who have dedicated our lives to helping children learn, grow, and become more independent.

Regan Shaw is a Board Certified Behavior Analyst (BCBA) who specializes in helping children with autism develop meaningful life skills through evidence-based behavioral strategies.

Dr. Shaw brings over 32 years of experience in special education, a Master's degree in Special Education, and a Doctorate in Organizational Leadership. Throughout her career she has worked directly with students, teachers, and families to build supportive learning environments that help children succeed.

Together, we combine behavior science and decades of classroom experience to create strategies that are both effective and realistic for families.

As a mother and daughter team, we also share a deep belief that parents deserve more than general advice — they deserve clear guidance and step-by-step support.

That is why everything we teach focuses on simple systems you can actually implement at home.

In this program, we will walk you through practical strategies designed to help your child build important skills and increase independence.

Our hope is that these tools bring more confidence, more clarity, and more progress for your family.

Thank you for trusting us to be part of your journey.

Warmly,

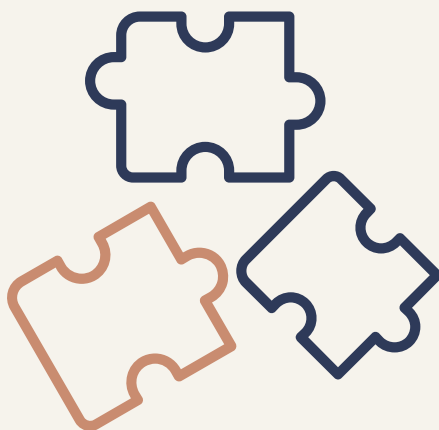
Regan Shaw, BCBA
Dr. Shaw, Ed.D.



All Rights Reserved

© Autism Parenting Simplified, 2026.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopying, recording, or otherwise—without the prior written permission of APS. This file is intended for personal use only. Unauthorized commercial use, reproduction, or distribution is strictly prohibited.



We'd love your feedback!

Your voice means so much to us. If APS resources have encouraged, equipped, or inspired you, would you take a moment to share your thoughts? Your feedback helps us grow, reach more autism parents, and continue creating tools that bring calm and confidence to everyday life.

And if you've learned skills by what you've found here, we'd love for you to tell a friend or share the news about APS with someone who could use a little extra parenting skills and encouragement today.

Thank you for being part of this community—your story truly matters to us.