



Dancer Essentials CHECKLIST

Everything a working dancer actually needs.

Sexy High Heels Boots

Your signature stage look

Latin ballroom heels

Non-negotiable for Latin gigs

Jazz Sneakers

Versatile for any style

Knee pads

Protect yourself always

Nude & black fishnets

Always keep a backup pair

Dance bag (travel)

Carry everything like a pro

Travel mirror

Touch ups anywhere anytime

Nude & black bra

Ready for any costume

Nude & black booty shorts

Under every costume always

Hair pins & safety pins

Never get caught without these

Lashes & glue

Stage ready every single time

Ponytail extension

Instant polished stage look

Makeup basics

Your face is your brand

Skincare routine

Glow on and off stage

READY TO GET CONSISTENTLY BOOKED?

Grab the [FULL GUIDE](#) — everything I know from 20 years in this industry.