

THE CLUTTER FREE MASTERCLASS

THE KINGDOM BLUEPRINT FOR A
PURPOSE-FULL, PEACE-FULL AND
POWER-FULL **HEART+HOME**

WORKBOOK



CANVA STORIES Z850

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CNVFILLM

Welcome!

My name is Titi. I am primarily a lover of God who is passionate to present the gospel, the very good news of the Kingdom, to ordinary Believers so they can live an extra-ordinary life.



ABOUT ME

I am a Nigerian-British interior architect, bestselling author, Bible study teacher, speaker and coach. I am a wife to Pete and mom to 2 amazing adults.

I believe our homes affect as well as reflect us and that we can be intentional about creating purpose-full, peace-full, power-full and beauty-full homes in alignment with God's Kingdom plans for us and our families.

These are the territory and promised places He has assigned to enable us fulfil purpose.

This Masterclass and workbook are the resources you need to identify the obstacles obscuring the view of your dream life - the internal and external clutter that needs to shift to make space for God and godly connections, gain clarity and be released into your destiny and purpose.

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IMAGINE...

That your HOME, your dream home - buried under all that clutter - is your Promised Land.

The stuff obscuring the view of the land are the so-called giants that are standing in the way of you breaking out of the WILDERNESS and cycles of OVERWHELM, into the territory that God SAID He had given to you.

This is the LAND, the home, that will support and HELP you fulfil your PURPOSE for the next season of your life.

But you are stuck..

Going round the same mountains... unable to possess the land and unable to tackle the 'giants' that are making you THINK and FEEL and SEE yourself as a grasshopper.

Never fear! Help is here!

In this NO-SHAME ZONE, you will gain clarity on those **constraining connections** to the PAST (the mementoes to people and places that no longer serve you) and the **delayed dreams** of the FUTURE (those items you have held on to reminding you of unfulfilled dreams that keep moving into an unreachable future) as well as the **fancy fig leaves** of the PRESENT (those things you acquire and keep acquiring to fill the emotional voids and to comfort you now).

In this Kingdom Masterclass, you will get CLEAR with God by gaining CLARITY on your IDENTITY, VISION and PURPOSE so you can receive the grace required to CLEAR your heart and home of the giants that are in the way of God's plans and purposes for TODAY.

Benefits of decluttering:

The very physical activity of spring cleaning is, in itself, rewarding as it involves physical activity and movement.

As you set your goals and envision the purpose of your house again and the activities that will take place as you make space, you will find the motivation to take back control and fall in love with your home again.

Your renewed space will improve your mood and mental health by reducing the stress and anxiety that clutter causes.

Creating space for everything you want to keep and knowing where 'everything lives' will save you time, energy and money. No more duplicate items, spending hours looking for things or missing appointments. It also means that you can put things back where they belong once you have used them. Less arguments with family!

So - imagine your HOME...

A place of safety, of warmth, of peace.

A space where you can connect with God. With yourself. With those around you. A space that provides the flexibility for social connections or for private retreat.

Imagine a God-given promised land that helps you fulfil all God has called you to.

A home full of purpose, peace and power.

THE K.I.N.G.D.O.M DECLUTTERING BLUEPRINT

Ephesians 4:22-24

"Put off your old self... be renewed in the spirit of your minds... put on the new self, created after the likeness of God in true righteousness and holiness."

PRACTICAL STEPS TO DECLUTTER YOUR LIFE:

KILL the Killer Self-Talk → Speak life over yourself.

IDENTIFY INSECURITY & LACK → SHIFT FROM SCARCITY TO TRUST.

NEGATE NEGATIVE EMOTIONS → PROCESS AND RELEASE EMOTIONAL BAGGAGE.

GOD'S TRUTH FIRST → ALIGN THOUGHTS WITH SCRIPTURE.

DECLARE & DECIDE → CHANGE "BUT" TO "SO" STATEMENTS. GET RID OF EXCUSES AND BLAME.

ORDER YOUR ENVIRONMENT → LET GO OF WHAT NO LONGER SERVES YOUR PURPOSE.

MOVE WITH INTENTION → TAKE SMALL, CONSISTENT ACTION DAILY.

DECLUTTER YOUR HEART

Exercise: Sit with Holy Spirit. Immerse in His presence. Lean in and listen. Ask Him to expose any heart clutter (the unresolved emotions) that needs to be addressed in this season.

Awareness is the first step.

THE PARABLE OF THE SOWER

Matthew 13: "Listen then to what the parable of the sower means:

When anyone hears the message about the kingdom and does not understand it, the evil one comes and snatches away what was sown in their heart. This is the seed sown along the path.

The seed falling on rocky ground refers to someone who hears the word and at once receives it with joy. But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away.

The seed falling among the thorns refers to someone who hears the word, but the worries of this life and the deceitfulness of wealth choke the word, making it unfruitful.

But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty or thirty times what was sown."

The HEART with LESS was able to produce MORE.



DECLUTTER YOUR MIND

Exercise: Sit with Holy Spirit. Imagine your home is perfectly purpose-full, peace-full and power-full. Take note of any resistance in you - the reasons that make you doubt or dismiss those scenarios. What have you believed about your life. Ask Him to show you the truth and possibility of your situation from the Word. Write out an “I am...” declaration incorporating that word and read it often.

Proverbs 23:7

"For as he thinks in his heart, so is he."

Romans 12:2

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

2Cor 10:4-5

"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,"



DECLUTTER YOUR HOME

Exercise: Read your “I am..” statement. PRAY! Set a timer for 15 minutes and sort through an area of your house using the 5 S’s of sorting to make (quick) decisions and the 4 boxes.

Remember your identity, purpose and vision as you handle each item. Do they support who you are becoming?

Proverbs 14:1

“Every wise woman encourages and builds up her family, but a foolish woman over time will tear it down by her own actions.”

1 Peter 2:1-3

Such a clean house! Make a clean sweep of malice and pretense, envy and hurtful talk. You’ve had a taste of God. Now, like infants at the breast, drink deep of God’s pure kindness. Then you’ll grow up mature and whole in God.



Decluttering Checklist

HEART

The condition of your heart matters to the seed - the Word of God

- | | |
|--------------------------|-----------------------|
| Bitterness | ☐ |
| Unforgiveness | ☐ |
| Regret | ☐ |
| Lingering grief + sorrow | ☐ |
| Disappointment | ☐ |
| Differed hope | ☐ |
| Jealousy | ☐ |
| Failure | ☐ |
| Pain | ☐ |
| Trauma | ☐ |
| Resistance | ☐ |

MIND

- | | |
|-----------------------------------|-----------------------|
| Limiting beliefs | ☐ |
| Ungodly mindsets | ☐ |
| Worldly viewpoints and narratives | ☐ |
| Evil/ungodly imaginations | ☐ |
| Anxiety and worry | ☐ |
| Anger, lust, sinful thoughts | ☐ |
| Negative self talk | ☐ |
| Fear | ☐ |

Decluttering Checklist -2

BODY

EARS: ☐

What are you listening to? ☐

Who are you listening to? ☐

☐

EYES: ☐

What are you looking at? ☐

What can you see? ☐

☐

MOUTH ☐

What is going in your mouth? ☐

What is COMING OUT of your mouth? ☐

HOME

Strife ☐

Anger, rage, malice ☐

Obscene talk, slander, pretence ☐

Rebellion ☐

☐

Decluttering Checklist - 3

KITCHEN

Expired food	☐
Plastic cutlery	☐
Stained containers	☐
Broken bottles	☐
Old mugs	☐
Unused appliances	☐

BATHROOM

Old travel items	☐
Expired makeup	☐
Expired medicinal products	☐
Old toothbrushes	☐
Dried nail polish	☐
Duplicate items	☐

BEDROOM

Old clothes	☐
Old shoes	☐
Unpaired socks	☐
Unused items	☐
Broken or unused accessories	☐
Extra hangers	☐

Decluttering Checklist - 4

OFFICE

- | | |
|------------------------|-----------------------|
| Old bills | ☐ |
| Used notebooks | ☐ |
| Dried pens and markers | ☐ |
| Old menus and flyers | ☐ |
| Used gift cards | ☐ |
| Old calendars | ☐ |

GARAGE

- | | |
|----------------------------------|-----------------------|
| Empty boxes | ☐ |
| Loose screws and bolts | ☐ |
| Old paint | ☐ |
| Unused tools | ☐ |
| Boxes unopened for over one year | ☐ |
| Old party supplies | ☐ |

MISCELLANEOUS

- | | |
|---|-----------------------|
| Unused linen | ☐ |
| Expired cleaning products | ☐ |
| Burned candles | ☐ |
| Board games and puzzles with missing pieces | ☐ |
| Outdated consoles, phones and cords | ☐ |
| Old toys | ☐ |

A confused mind does NOTHING!
Get clear on WHAT you want to achieve and WHY.

“Clutter is decisions that haven’t been made..”
Helen Sanderson

5 S’s for making decisions in sorting:

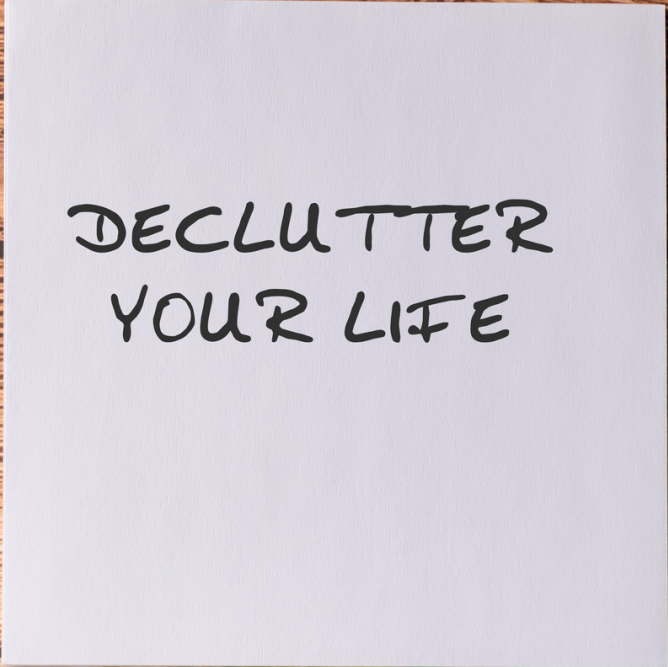
- **Savor it. Celebrate and enjoy it.**
- **Sow it into the life of someone else. See it as a seed.**
- **Sell it.**
- **Set it on fire! (Acts 19:19)**
- **Stop shopping. Send it back if possible...**

Your stuff is speaking to you!
Remember your IDENTITY, your PURPOSE and
your VISION as you respond.

Boxes for sorting:

- Give away
- Throw away
- Put away
- Grace box





DECLUTTER
YOUR LIFE

WANNA LEARN MORE?

Get CLEAR and clutter FREE - the KINGDOM way!
Improve your HEALTH, WEALTH and WELLBEING by reducing stress, dramatically change FAMILY relationships and CONNECTIONS for good and gain the CLARITY and FREEDOM to move into your PURPOSE and the next season of your life!

To see if we can work together to break out of the relentless and overwhelming cycle of clutter and to find a path that works for your unique situation, click on the button below to apply for a free consultation.

[SCHEDULE A FREE CALL](#)

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