



# IMPALED OBJECT GUIDE

Fast action, calm care, and quick help can save a life and prevent further injury.



### CHECK THE SCENE

Ensure the area is safe for you and the person before helping.



### CALL FOR HELP

Call emergency services immediately. Do NOT remove the impaled object.



### STABILIZE THE OBJECT

Stabilize the object to prevent movement and reduce further injury.



### PROTECT & MONITOR

Control bleeding if needed, cover the object, and monitor the person.

## WHAT TO DO – STEP BY STEP



### 1 ASSESS THE SITUATION

- Check the person's responsiveness, breathing, and severe bleeding.
- Call emergency services immediately.

Do NOT remove the impaled object.



### 2 STABILIZE THE OBJECT

- Do not move the object.
- Place bulky padding (towels, gauze rolls, or clothing) around the object.
- Secure the padding in place with bandages or cloth to prevent movement.



### 3 LOOSELY COVER THE OBJECT

- Loosely wrap the padding and object with a clean cloth or sterile dressing.
- Do not apply pressure to the area.
- Secure loosely to keep the object covered and protected.



### 4 CHECK FOR BLEEDING

- If there is bleeding, gently apply padding around (NOT over) the object.
- Do not try to push the object in or pull it out.
- Monitor the person for shock.



### 5 MONITOR & REASSURE

- Keep the person calm and still.
- Continuously monitor breathing, consciousness, and bleeding.
- Stay with the person until help arrives.

## DO NOT

- ✗ Do NOT remove the object.
- ✗ Do NOT push the object in further.
- ✗ Do NOT apply pressure over the object.
- ✗ Do NOT cut or break the object.
- ✗ Do NOT give food or drinks.
- ✗ Do NOT move the person unless absolutely necessary.

## SEEK IMMEDIATE MEDICAL HELP IF:



- ✓ The object is in the chest, neck, head, abdomen, or back.
- ✓ There is heavy bleeding.
- ✓ The person has trouble breathing.
- ✓ The person is losing consciousness.
- ✓ The object is large or causes significant pain.

## IMPORTANT REMINDERS

- ✓ Stabilize the object to prevent movement.
- ✓ Cover the object with clean, sterile dressings.
- ✓ Control bleeding around the object, not over it.
- ✓ Do not remove the object under any circumstances.
- ✓ Call emergency services immediately.
- ✓ Prevent shock: keep the person warm and calm.

## REMEMBER:

STABILIZE. PROTECT. GET HELP.



STABILIZE



PROTECT



GET HELP

## POSSIBLE COMPLICATIONS

- Severe bleeding
- Shock
- Organ damage
- Infection

