



# The ROAR Method™

## Guest Prep Guide

*Bold conversations at the intersection  
of purpose, power, and personal  
transformation.*



UNLEASH YOU



# The ROAR Method™ Guest Prep

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I'm so excited to have you  
as a guest...

Moore with V is a space for  
soulful, unapologetic, and  
purpose-driven conversations  
that inspire women 40+ to  
unleash their inner badass, lead  
with heart, and build legacy  
wealth.

UNLEASH YOU



# The ROAR Method™ Guest Prep

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## The Flow

- Recording style: Casual, heart-led, conversational
- Platform: Riverside.fm or Zoom Link
- Time zones: I'm on EST
- Prep: Bring your favorite drink, wear something you feel confident in
- No over-prep needed: We'll let the conversation unfold naturally

## Tech & Tips

- Use earbuds or headphones with a mic
- Quiet space with good lighting (for video episodes)
- Stable internet connection
- Close unused apps to avoid lag

## Promotion

- You'll get: Audiograms, graphics, and social captions
- Best hashtags to use
- Tag: @MooreWithV

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# The ROAR Method™ Questions

## Unleash Your Inner Badass

- What does being a “badass” mean to you in this season of your life?
- Can you share a time you stopped shrinking and decided to rise? What shifted for you?
- What’s one belief you had to release in order to own your voice or power?

## Lion-Hearted Leadership™

- How do you personally blend courage with compassion in your leadership?
- When have you led from truth instead of trauma — and what did that teach you?
- What would you say to women who feel called to lead, but are afraid of being “too much”?

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# The ROAR Method™ Questions

## Wealth & Legacy

- How has your relationship with money evolved over time?
- What's one practice or perspective that helped you start building legacy-level wealth?
- If you could leave just one piece of wisdom about wealth or leadership for future generations, what would it be?

## Relationships & Bonus Mom Life

- How do relationships (family, partnership, community) shape the way you show up as a leader?
- Have you ever had to set bold boundaries that changed the way others saw you?
- If you could give advice to women balancing love, family, and leadership, what would it be?

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# The ROAR Method™ Questions

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## Closing Soul Prompt

- What's one truth you want every woman listening to carry into her own leadership journey?
- How do you personally define "living richly in every way"?

A background image of a fire with bright orange and yellow flames and sparks rising from the bottom, filling the lower half of the page.

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