

Motivational Quotes, Tips, & Insight  
Reflection Journal Included



# Creating Success On Your Terms

BY  
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# CONTENTS

INTRODUCTION

ACTIVITY SHEETS

TIPS & TECHNIQUES

JOURNAL PROMPTS

EMBRACING POTENTIAL

Includes an Accountability Sheet & Reflection Pages

**Disclaimer**

This resource is provided for educational and informational purposes only. The insights, templates, and examples shared are not legal, financial, medical, or tax advice and should not be interpreted as such. They are intended to support clarity, independent thinking, and informed decision-making. Readers should consult qualified professionals before implementing any legal or financial strategy or structure. No specific outcomes or results are guaranteed.

**About This Resource**

Developed by Due North Creatively & DN Financial Services. This material is a core component of the Independent Wealth & Legacy System™, a body of work designed to support clarity, independence, and long-term financial awareness. Each tool can be used on its own but was created within a larger ecosystem of connected resources.

**Complete System Access**

For the full Independent Wealth & Legacy System™ and extended private materials:

<http://itsindependentwealth.com/>

S E C T I O N

01

# Sometimes, we all need to start over.

Challenging times call for new strategies, you may be the captain, but you don't always have control over which direction the wind takes you. When you need support...ask for it. But remember to learn from unexpected turns and use them to your advantage! It is okay to take a pause. Reflect and Regroup as much as you need to.



I know it's hard to start over. It's hard to get back up after you've fallen, and even harder to keep going when you feel like you're never going to make it.

That's why we're here: because we believe in you. We know that if anyone can make their dreams come true, it's you.

It doesn't matter what happened yesterday or what happened today, tomorrow is a new day, and all the possibilities in the world are waiting for you just beyond the horizon. You just have to keep going.

Here are a few tips on how to restart and get back on track:

- 1) Take a break from any distractions and evaluate where you are right now. This will help give you a clear picture of where you need to go next and keep you from getting sidetracked by things that don't matter.
- 2) Think about what went wrong and how it could have been avoided so that next time around, things go more smoothly!
- 3) Make a list of five things that will help motivate yourself when times get tough and make sure they're not too big or unrealistic! The goal here is to take baby steps instead of leaping forward into something too far beyond your reach right now. Starting over can be liberating. It is a chance to make changes, build stronger and create new possibilities.

# Success On Your Terms

No matter who you are or where you come from, you have the power to define what it means to be successful on your terms. Your vision of success should reflect who you are and what matters most to you. And if it doesn't match up with what society says it should be, that's okay too! The road to achieving your own definition of success is one that requires hard work and persistence, but also one that will be worth every minute spent working towards.

## **Success is personal.**

One of the most important things to remember is that success is personal. You define it on your terms, and you don't have to compare yourself to anyone else. You can follow another person's path if it makes sense for you and helps guide your journey in a way that feels right, but ultimately there's no one right way or wrong way of doing things; everyone has their own unique path towards achieving what they want out of life.

Success isn't a destination, it's an ongoing journey that involves making choices along the way that includes, how much effort you want to put into reaching each goal (and then reevaluating those choices as priorities change).

## **Success is not a destination, it's a journey.**

Success is not just about reaching the finish line; it's about taking the right steps that are best for you towards the finish line.

## **You don't have to be afraid of setbacks..**

Setbacks is a part of the journey, and it's not permanent. It's temporary. You can always come back from a setback and learn from it... then move forward with your life, stronger than ever before! Take each setback as a pause, a time to reflect and of growth and expansion. Remember; Pause, but don't stop. Keep moving forward!

## **It's okay to change your mind about what you want for yourself.**

You may think that this is obvious, but it can be difficult in practice. If a person has been working toward their goal for many years and then decides they no longer want it, they might feel guilty or like they're letting everyone down. It's important not to let those feelings get in the way of making the right decision for yourself! You are allowed to change your mind and even more importantly, it's often better when we do so early on rather than later: once we've invested too much time and energy into something (and especially if we've started spending money), changing course becomes harder than ever before. But it is still possible, and sometimes purposeful.

# Success On Your Terms

## **Take time to reflect on the things that matter most to you.**

When you're trying to figure out how to succeed on your terms, it's important to take time for reflection.

You might be wondering what this even means and if so, don't worry! We'll walk through the process together.

The first step is to ask yourself these questions: What are my values? What do I want from life? And how can I make those things happen for myself?

When we talk about being authentic and setting goals for ourselves, we often focus on external factors like career or relationships (or both). But before we get there, let's start with something simpler: defining success itself.

## **There is no one way to define success – define it on your terms!**

When you're trying to define success on your terms, the first thing you need to do is ask yourself what success means for you.

It could be something as simple as making enough money that allows you to pay bills and live comfortably. It could also be something more complex, like having a career that allows for personal growth or helping others in some way through your work. Or maybe it's far greater!

Regardless of what it looks like for you; understand that there is no one right way of defining success, only what matters most to YOU and the vision you have for your life!

## **Your vision of success is unique to you.**

The most important thing to remember is that your vision of success is unique to you. It's okay if your definition of success changes over time, or even changes day-to-day. You're the only person who can define it for yourself, so go ahead and do just that!

We often worry about failing at something because it means you won't meet some arbitrary standard set by society or other people in your life. No one else truly knows what failure looks like; until they see how much effort has gone into trying something new, and even then; their perception might not align with reality, anyway! Focus on you and your goals. True success comes from honoring your own growth and effort, not from chasing validation or approval from anyone else. Create Success on Your Terms!

# Success On Your Terms

## Conclusion

I hope that this insight has helped you to understand that success is not a destination, but a journey of creation...the creation of you and your path.

Your vision of success will always be unique to you and it's important that we take time to reflect on what matters most in our lives so we can live authentically.

The motivational quotes and tips provided in this book are here to help you achieve your goals; feel good about yourself and the decisions you've made along the way as you strive to Create Success on Your Terms!

"When it feels like you're not getting anywhere, trust that you are."

- **Personal Definition of Success**

What does success look like for you? What values shape your vision of success?

- **Aligning Success with Who You Are**

Questions: Does your current definition reflect your true self? If not, why?

- **Map Your Success Journey**

Create a timeline of key steps, milestones, and desired outcomes.

- **Reframe Your Failures**

Write about a past failure and the lessons learned.

- **Failing Forward**

Identify a current challenge and brainstorm ways to turn it into a learning opportunity.

# Activity Sheet

DATE \_\_\_\_\_

- **Reevaluating Your Goals**

Write down three goals you're pursuing.

- **Permission to Change**

Giving yourself permission - why is change okay and what changes feel right at this moment.

- **Action Plan for Personal Success**

Break down one major goal into smaller steps with deadlines

- **Prompt**

What resources or support you need? what barriers can you anticipate?

- **Staying Accountable**

Write a note to yourself about why this goal matters and how you'll stay committed.

S E C T I O N

02



# THIS IS YOUR REMINDER

You are on your way.

You're doing amazing things and you're going to keep doing them, but sometimes it's hard to see that when you're so focused on the next thing.

You need to take a minute, breathe in, and reflect on where you are now and how far you've come.

That's what I'm here for: to remind you that no matter what, every day is success... remain proud of yourself for being who you are, doing what you do, and making the choices that got you where you are today, successfully on your terms!

You've got this.

You're on the right path, and that's why you're here—to remind yourself of that.

This section invites you to acknowledge your journey so far... the challenges, successes, and defining moments that have shaped who you are today. Recognizing your history is key to building a future that aligns with your values.

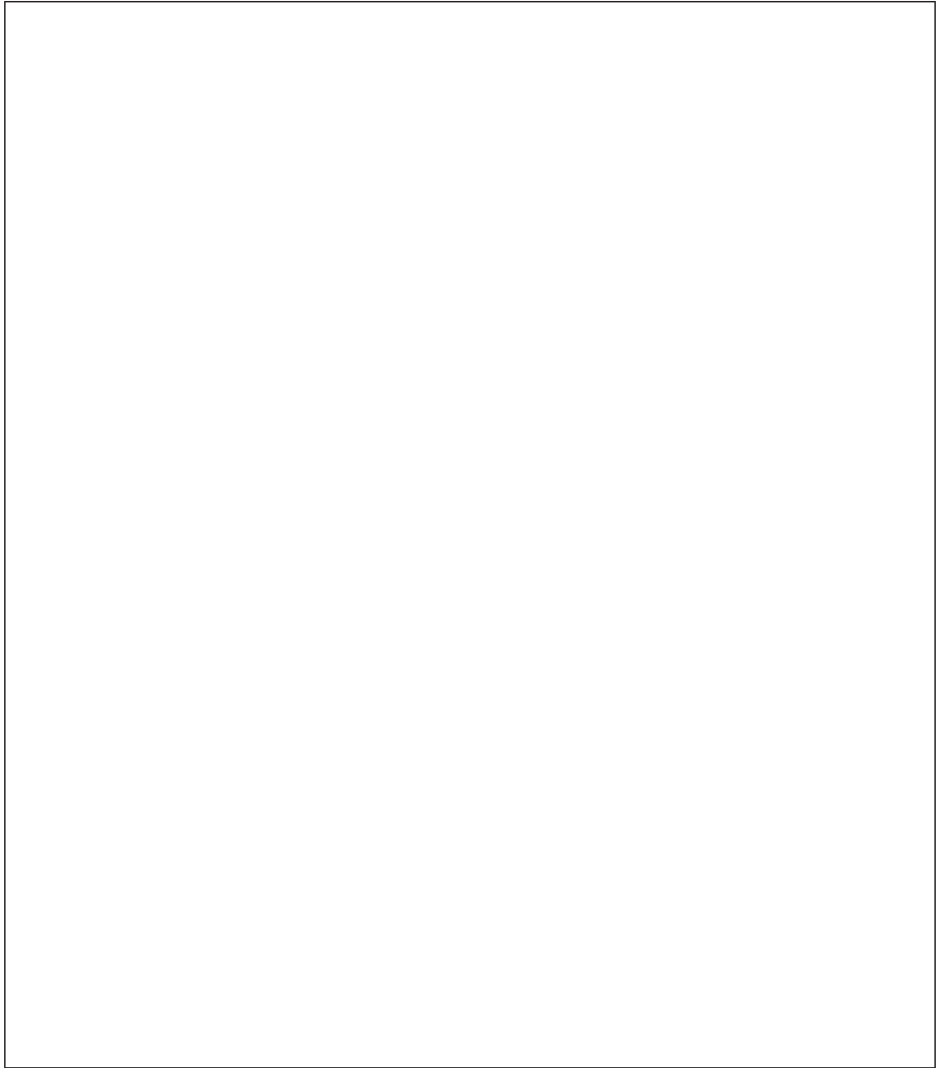
**"YOUR PAST DOESN'T DEFINE YOU, BUT IT DOES SHAPE THE LESSONS YOU CARRY FORWARD."**

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How have your challenges made you stronger?

What are three significant moments from your past that shaped who you are today?

Take a moment to honor the path you've walked...the challenges you've faced, the victories you've achieved, and the moments that shaped you. Your story holds the keys to building a future rooted in your values.



# Tips and Techniques

You don't have to choose between success and self care. In fact, the two go hand in hand when it comes achieving your goals.

Here's how to integrate self care into your path of success:

## 1. Take care of yourself

It's easy to get wrapped up in the hustle and forget to take care of yourself. Try setting aside a few minutes every day to meditate, go for a walk, or just sit down and breathe deeply. You'll be surprised at how much more productive you can be when you're feeling good about yourself!

## 2. Make time for fun and play

You don't have to work all the time! It's important to take breaks and enjoy yourself, so set aside some time each day to do something you enjoy (playing games, watching movies, go for a walk, whatever it is!).

## 3. Don't get overwhelmed by perfectionism

Perfectionism is one of the biggest roadblocks to success because it makes us feel like we need to do everything perfectly before we start anything at all...and that's not realistic! Make sure to give yourself permission for imperfections along the way so that you can keep going even when things don't go perfectly according to plan!

## 4. Get organized, but have balance

Establishing a daily routine will help keep you on track with working towards your goals, while also allowing time for self-care activities and breaks along the way.



"Giving yourself the time and space to be your best is the most important thing you can do in order to create success."

This section focuses on imagining the possibilities. By identifying what truly matters to you, you'll begin to outline your personal vision of success. Let go of societal expectations and focus on your dreams.

**"THE BEST WAY TO PREDICT THE FUTURE IS TO  
CREATE IT." – PETER DRUCKER**

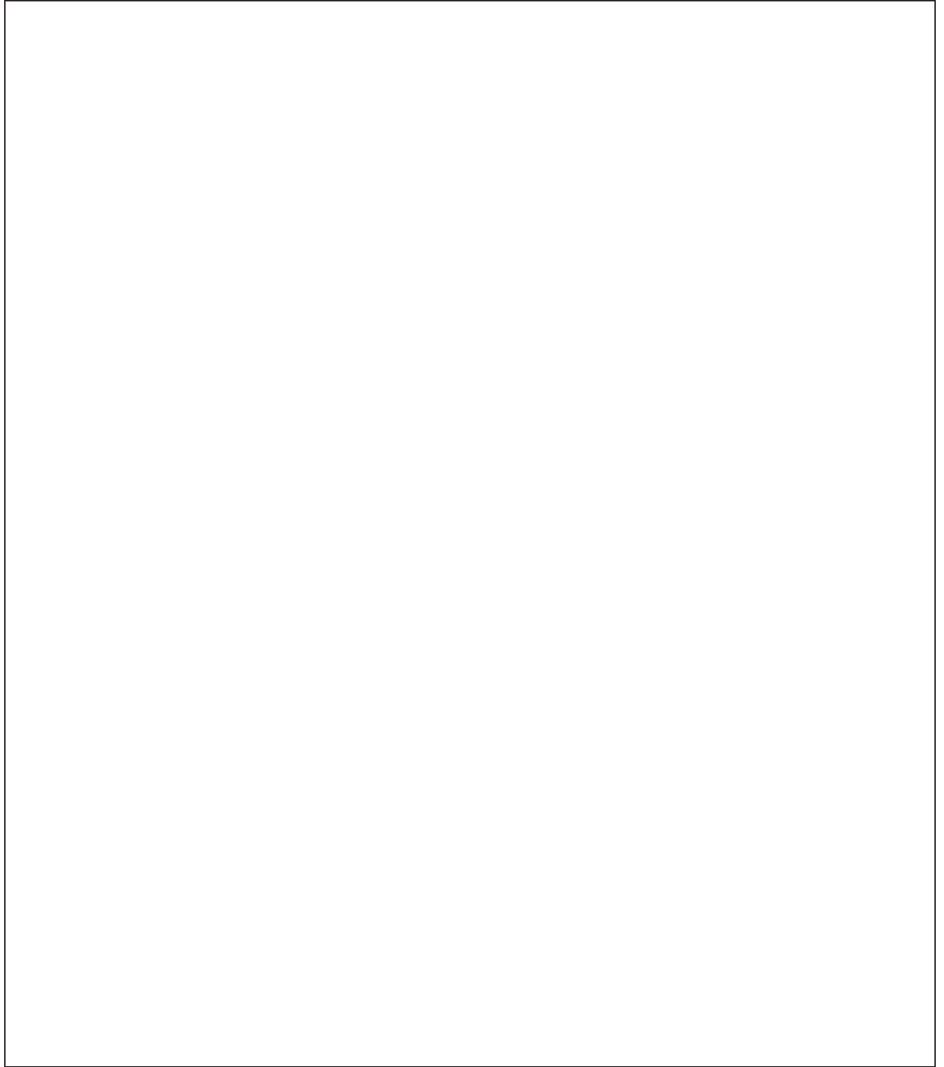
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What excites you about the future?

If success could look any way you wanted, what would it include?

## **Envision Your Future**

Dream boldly and define what truly matters to you. This is your chance to let go of societal expectations and imagine a future that aligns with your deepest values and aspirations. GO!

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for the user to write or draw their envisioned future.

# Tips and Techniques

Sometimes, life throws us off course. It can be difficult to stay the course and remain steadfast in our goals. However, it's important that we don't give up and keep striving for what we want.

Here are a few tips to help you stay on the path:

- 1) Take time to reflect: when feeling lost or unmotivated, take a step back and reflect on why you set out on this journey in the first place.
- 2) Find motivation: reach out for support from family or friends who will cheer you on during tough times.
- 3) Track your progress: acknowledge your progress no matter how small as these successes will encourage you to keep going!

Remember: staying focused and determined is key! Don't give up; stay steadfast and remain strong on your journey towards success!



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Are you tapping into your creative potential? Mindfulness can help unlock the hidden power of your imagination!

Here are some ways to get started:

1. Practice deep breathing and meditation to clear your mind.
2. Find time for creative activities like drawing, painting, or writing each day.
3. Spend time outdoors in nature to reconnect with yourself and find inspiration in the world around you.
4. Take a break from technology and reflect on how it impacts your creativity and mental wellbeing.

By taking steps towards mindful creativity, you'll be able to unleash the power of your unique ideas!



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Do you ever feel like you're trying to fit in but just can't? Stop! Embrace your unique self.

Here are some reasons why:

1. You have a special something that no one else has
2. Staying true to yourself will help build confidence
3. Being authentic is key for meaningful connections, relationships and being your creative self.

So don't be afraid...stay true to who you are, no matter what anyone says! #BeAuthentic #ThinkOutsideTheBox



WE ALL HAVE OBSTACLES IN LIFE. SOMETIMES, THOUGH, IT'S NOT ABOUT OVERCOMING THEM— IT'S ABOUT MOVING BEYOND THEM.

Success is a journey, not a destination. This section explores the importance of progress over perfection and the value of learning from the steps you take along the way.

**"THE JOURNEY OF A THOUSAND MILES BEGINS WITH A SINGLE STEP." – LAO TZU**

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WHAT SMALL ACTIONS CAN YOU TAKE TODAY TO MOVE CLOSER TO YOUR VISION?

HOW DO YOU STAY MOTIVATED WHEN THE PATH GETS TOUGH?

## Embrace the Journey

Success isn't about perfection, it's about progress. Reflect on the steps you've taken and the lessons you've learned so far. Write them down to see how far you've come and to inspire the path ahead.

# Tips and Techniques



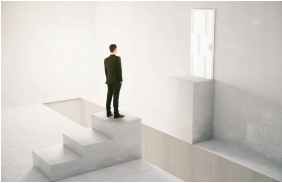
Are you ready to Create Success on Your Terms? You need to develop your will-power!

Here are some tips to help you:

- 1) Set a goal and stay committed.
- 2) Believe in yourself and don't give up.
- 3) Make sure that failure is not an option for you.
- 4) Stay focused on the end result.

#SuccessStartsWithYou

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The path to success is often filled with obstacles and struggles. But, with dedication and resilience, you can transform these challenges into moments of sublime triumph!

Here's how:

1. Look for solutions...not excuses.
  2. Persevere despite setbacks or failures.
  3. Focus on the goal rather than the difficulty of the journey.
  4. Celebrate small victories along the way!
- 



Staying on track can be daunting, but don't give up!

Here are a few tips to help keep you on the right track:

1. Set realistic goals and plan ahead, know where you want to go and how to get there.
2. Be consistent in your efforts, make sure that each step is taken with purpose and dedication.
3. Stay focused on what matters most, don't let distractions or doubts hold you back from reaching your goals.

Follow these steps and stay on the path leading to your desired destination!

YOU ARE UNIQUE! YOU ARE SPECIAL! AND THESE QUALITIES DESERVE TO BE CELEBRATED BY YOU BEFORE ANYONE ELSE EVEN HAS A CHANCE TO

S E C T I O N

03

Challenges and failures are part of every journey. This section prepares you to reframe setbacks as opportunities for growth and encourages resilience as a core part of your path to success.

**"SUCCESS IS NOT FINAL, FAILURE IS NOT FATAL: IT IS THE COURAGE TO CONTINUE THAT COUNTS." – WINSTON CHURCHILL**

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HOW HAVE YOU OVERCOME OBSTACLES IN THE PAST?

WHAT TOOLS OR STRATEGIES HELP YOU BOUNCE BACK AFTER SETBACKS?

## Turn Setbacks Into Strength

Challenges are stepping stones, not roadblocks. Reflect on past setbacks and write down the growth they've sparked. Each one strengthens your resilience and propels you forward.

# Tips and Techniques

Do you feel stuck in a holding pattern? Are you ready to make the leap and create success on your own terms? It's time to leave that place of complacency and strive once more.



Here are some steps to get started:

1. Identify what success means for you
2. Create an action plan that works for you
3. Start small, but stay consistent
4. Take time to celebrate each milestone achieved

Don't be afraid to take risks and challenge yourself, it's the way forward! Don't wait any longer, now is the time to start working toward Creating Success on Your Terms!

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Leave the comfort zone and take a chance on yourself. Stop waiting for success to come your way, instead, strive toward it with courage and conviction.



Here are some steps you can take:

1. Clarify what success means to you.
2. Create a plan for achieving it.
3. Take action each day in line with that goal or plan.
4. Don't be afraid of setbacks, use it as an opportunity to learn and grow stronger!

With dedication and perseverance, you can create success on your own terms...so don't wait any longer, get started now!

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It's time to stop making excuses and take control of our own success. No more waiting for someone else to do it for us...it's up to us now!



Here are some ways we can create success on our terms:

1. Get clear on your goals and stay focused.
2. Take ownership of your actions and be accountable for the results that follow.
3. Believe in yourself, think positively, and never give up no matter what obstacles stand in your way!

It's time to make our dreams a reality...let's go!

"YOU HAVE TO LEAVE THE COMFORT ZONE TO ACHIEVE SUCCESS. IF YOU STAY IN THE SAME PLACE, YOU'LL NEVER REACH YOUR FULL POTENTIAL AS AN INDIVIDUAL OR AS AN ENTREPRENEUR!"

# Embrace the potential for something great, something good.

Success is something we all strive for. We want to be successful and have the things we've always dreamed of having, a great job, a loving family, whatever success looks, and feels like for you.

But the truth is, success doesn't start with what you have or what you do. Success starts with you.

And that's why it's so important to find out who YOU are and what makes YOU happy. It's also important to recognize how much you can accomplish when you're doing something that matters to YOU.

So if you're feeling lost or unsure about where your life is going or what exactly success means for YOU, don't worry! You are not alone!

You can find happiness by figuring out who YOU really are and what makes YOU happy on the road to Creating Success on Your Terms.

Thanks for being part of our journey and allowing us to be a part of yours! We hope; that we have made your path to success better in some way.

If you have any feedback, questions, or concerns, please don't hesitate; to reach out to us at [DueNorthServ@outlook.com](mailto:DueNorthServ@outlook.com).

*Due North Creatively*

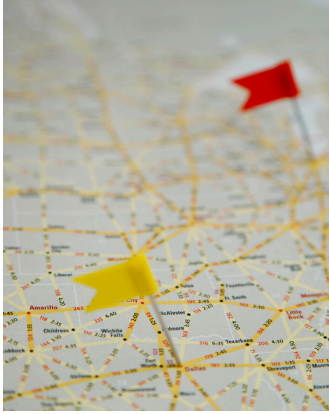
NO MORE EXCUSES.

IT'S TIME TO GET OUT THERE AND START CREATING SUCCESS ON YOUR TERMS!

@duenorthcreatively 2025

Creating Success on Your Terms

# Reflection Journal



WHERE I'VE BEEN

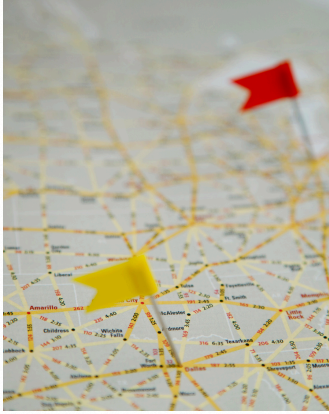
WHERE I'M GOING



HOW I GET THERE

Creating Success on Your Terms

# Reflection Journal



WHERE I'VE BEEN

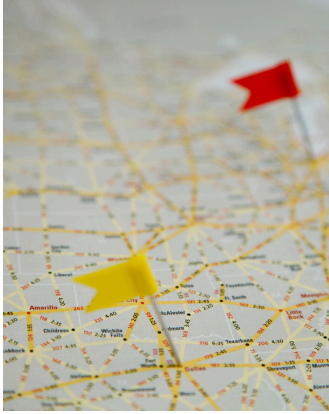
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HOW I GET THERE

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# Reflection Journal



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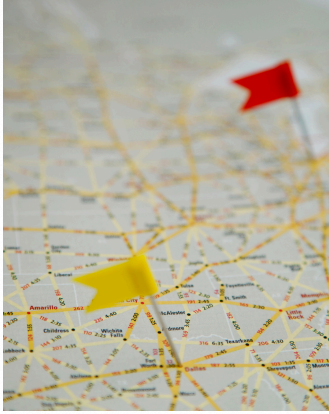
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HOW I GET THERE

Creating Success on Your Terms

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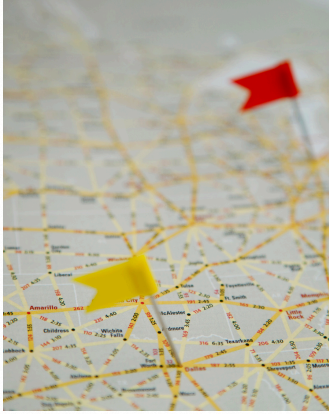
WHERE I'M GOING



HOW I GET THERE

Creating Success on Your Terms

# Reflection Journal



WHERE I'VE BEEN

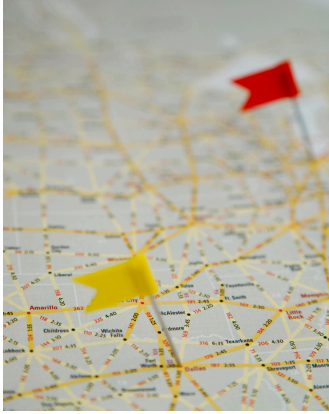
WHERE I'M GOING



HOW I GET THERE

Creating Success on Your Terms

# Reflection Journal



WHERE I'VE BEEN

WHERE I'M GOING



HOW I GET THERE



We're so glad you stopped by. We just wanted to thank you, and to give you a little something as a token of our appreciation. Below is an accountability sheet to keep you moving towards success.

It's not much, but we hope you like it.

We'll see you soon!

<https://duenorthcreatively.com>

# Holding Myself Accountable

Today's Goal & Priorities

Date:

What's on your mind?

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Priority

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Accountability - Keeping Track

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How are you doing?

- |   |   |
|---|---|
| <input type="checkbox"/> 1st Task Completed | <input type="checkbox"/> Lunch Break        |
| <input type="checkbox"/> 2nd Task Completed | <input type="checkbox"/> 5th Task Completed |
| <input type="checkbox"/> Take a Break       | <input type="checkbox"/> 6th Task Completed |
| <input type="checkbox"/> 3rd Task Completed | <input type="checkbox"/> Self Check - In    |
| <input type="checkbox"/> 4th Task Completed | <input type="checkbox"/> 7th Task Completed |