

THE OFFICE YOGA ACADEMY TERMS & CONDITIONS

[Last Updated: 28th January 2026]

These Terms and Conditions govern the relationship between Anouska Shenn t/a The Office Yoga Academy (“we”, “us”, “our”, “the School”) and students enrolled in the corporate yoga teacher training course. By purchasing access to the Course, the Student agrees to be bound by these Terms.

1. Definitions

- 1.1 “School” means Anouska Shenn t/a The Office Yoga Academy, based in the United Kingdom.
- 1.2 “Student” means the individual purchasing the Course.
- 1.3 “Course” means the on-demand, self-paced corporate yoga teacher training programme.
- 1.4 “Course Materials” means all digital content supplied as part of the Course, including but not limited to videos, workbooks, and assessments.
- 1.5 “Platform” means the third-party hosting platform used to deliver the Course.
- 1.6 “Total Fee” means the full purchase price of the Course as displayed at the time of purchase.
- 1.7 “Administration Fee” means a non-refundable fee of £35 charged for additional administrative services.
- 1.8 “Preview Materials” means introductory videos, sample content, and marketing materials made available without charge prior to purchase, which do not trigger the commencement of the cancellation period.

2. Basis of Contract

- 2.1 These Terms and Conditions constitute the entire agreement between the School and the Student in relation to the Course.
- 2.2 By purchasing the Course, the Student confirms that they are acting as a consumer and agrees to be bound by these Terms.
- 2.3 The School reserves the right to update these Terms from time to time. Students who have already purchased the Course will be subject to the Terms in force at the time of their purchase. Updated Terms will apply to subsequent purchases only.

3. Eligibility & Application

- 3.1 The Course is intended for qualified yoga teachers. To be eligible for enrolment and certification, the Student must hold an accredited 200-hour yoga teacher training qualification or equivalent.
- 3.2 The Student may be required to complete an application form prior to being accepted onto the Course. Submission of an application does not guarantee acceptance. Acceptance is granted at the School’s sole discretion.
- 3.3 The Student warrants that all information provided in the application form is accurate and complete.
- 3.4 The School reserves the right to refuse or revoke access to the Course without refund where access has been granted on the basis of inaccurate, misleading, or falsified information.

4. Payment & Access

- 4.1 Full payment is required at the time of purchase in order to enrol on the Course.
- 4.2 Payment may be made by card or bank transfer. Card payments may be subject to an additional processing fee.
- 4.3 Access to the Course is granted to the Student only. The Student must not share login details, permit third-party access, or allow any other person to access the Course Materials via their account. Unauthorised sharing or use may result in immediate termination of access without refund.

5. Cancellation & Refunds

- 5.1 UK & EU Consumers
 - 5.1.1 If the Student is a consumer resident in the United Kingdom or European Union, they have a statutory right to cancel this contract within 14 days of purchase under the Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013.
 - 5.1.2 Where the Student expressly consents to immediate access to the Course Materials by checking the mandatory consent box at checkout, and acknowledges that they will lose their statutory right to cancel once access begins, their right to cancel will be waived in accordance with Regulation 37 of those Regulations. The Student confirms that accessing Preview Materials prior to purchase does not constitute commencement of the cancellation period.
 - 5.1.3 Where such consent and acknowledgement are

not provided, access to the Course Materials will be withheld until the expiry of the 14-day cancellation period.

5.2 Students Outside the UK & EU

5.2.1 Students resident outside the United Kingdom and European Union do not have an automatic statutory right to cancel once access to the Course Materials has been provided.

5.2.2 By purchasing the Course, non-UK/EU Students acknowledge that this is a digital training programme supplied immediately and agree that all sales are final once access is granted, except where required by mandatory local consumer protection law.

5.3 General

5.3.1 Nothing in these Terms limits or excludes any consumer rights that cannot lawfully be excluded under applicable local law.

5.3.2 No refunds will be issued once access to the Course Materials has been provided, except where required by law.

5.3.3 Accessing the Course includes, but is not limited to, logging into the Platform and viewing the Course Materials.

5.3.4 Failure to complete the Course, meet the assessment criteria, or obtain certification does not entitle the Student to a refund.

6. Course Delivery & Access

6.1 The Course is delivered online via the Platform as on-demand, self-paced digital content.

6.2 The Student is responsible for ensuring they have suitable equipment and internet access to participate.

6.3 Access to the Platform is granted for twelve (12) months from the date of purchase (or, if later, from the date access is first provided), unless otherwise stated.

6.4 The School does not guarantee uninterrupted access to the Platform and shall not be liable for temporary outages or technical issues beyond its reasonable control.

7. Assessments & Certification

7.1 To be eligible for certification, the Student must:

- Provide evidence of an accredited 200-hours yoga teacher training certification or equivalent;

- Complete all required video lessons within the Course;
- Complete and log the required non-contact study and practice hours in accordance with the Course guidelines;
- Submit two (2) practical assessment videos in accordance with the Course guidelines;
- Submit a completed theory assessment (exam) and achieve a minimum score of 70%.

7.2 All assessments must be completed and submitted within six (6) months of the date of purchase (or, if later, from the date access is first provided), unless otherwise agreed in writing by the School. Extensions to this deadline are only valid if agreed upon by the School in writing and may be subject to an Administration Fee.

7.3 The Student is responsible for the audio and visual quality of their video submissions. These videos must:

- Clearly show the Student's full body throughout the demonstrated sequences;
- Be accompanied by the Student's audible verbal teaching instructions;
- Be filmed in adequate lighting conditions;
- Be submitted in a commonly accessible video format (e.g. MP4, MOV, or AVI);
- Not exceed 5GB per video unless otherwise agreed.

7.4 Re-submissions & Adjustments

7.4.1 The School reserves the right to reject any video of insufficient production quality (e.g. inaudible audio or poor lighting). Subsequent re-submissions may be subject to a £35 Administration Fee.

7.4.2 The School is committed to accessibility. We will consider reasonable adjustments to assessment formats or technical requirements for Students with documented disabilities or long-term health conditions, provided these are discussed and agreed upon in writing during the application process.

7.4.3 Re-submissions required due to failure to meet the assessment criteria are subject to a £35 Administration Fee.

7.5 The School reserves sole discretion in determining whether submitted assessments meet the required standard for certification.

7.6 Certification does not guarantee employment, income, professional recognition, or acceptance by any third-party organisation or employer, including any corporate wellness company or affiliated business associated with the School.

8. Academic Integrity

8.1 All submitted work, including written examinations and practical assessments, must be the Student's own original work.

8.2 Plagiarism or misrepresentation of work may result in failure of the Course and withdrawal of certification without refund.

9. Intellectual Property

9.1 All intellectual property rights in the Preview Materials and Course Materials remain the exclusive property of the School.

9.2 The Student is granted a limited, non-exclusive, non-transferable licence to access and use the Course Materials for personal educational purposes only.

9.3 The Student must not copy, reproduce, distribute, share, sell, or commercially exploit any Course Materials without prior written consent.

9.4 Upon the expiry of the 12-month access period, the Student's licence to use the Platform shall automatically terminate. The Student may retain their workbooks for their own personal educational use, subject to the restrictions in Clause 9.2.

10. Limitation of Liability

10.1 The Course is provided for educational purposes only and does not constitute medical, therapeutic, or professional advice.

10.2 To the fullest extent permitted by law, the School shall not be liable for any indirect, consequential, or economic loss arising from participation in the Course.

10.3 The Student acknowledges that participation in yoga involves physical activity and confirms that they are medically fit to participate. The Student is responsible for consulting a qualified healthcare professional if they have any concerns about their suitability.

10.4 The Student is responsible for obtaining and maintaining their own professional indemnity insurance before teaching yoga to third parties.

11. Data Protection

11.1 The School processes personal data in accordance with the UK GDPR and the Data Protection Act 2018.

11.2 We process your data to manage your enrolment, track your progress, grade assessments, and issue your certificate.

11.3 To deliver the Course, we share necessary details with our Platform provider.

11.4 We will send you emails regarding your Course administration as part of our contract with you. If you opted in via our website or at checkout, we may send you other information regarding the Course, including marketing. You can unsubscribe at any time.

11.5 Full details of how we process your data are set out in our Privacy Policy.

12. Termination

12.1 The School reserves the right to suspend or terminate access to the Course immediately, without prior notice and without liability for refund, if the Student breaches these Terms.

13. Force Majeure

13.1 The School shall not be liable for failure or delay in performance caused by events beyond its reasonable control, including but not limited to platform outages, internet failures, or acts of God.

14. Governing Law & Jurisdiction

14.1 These Terms are governed by the laws of England and Wales.

14.2 The courts of England and Wales shall have exclusive jurisdiction over any dispute arising from these Terms.