

DIGITAL DIVA DECISION GUIDE

Chose One Aligned Direction-and
Take Your First Intentional Step



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Welcome: Clarity Requires Movement

If you're here, it means something important has already happened.

You've slowed down.

You've reflected.

You've allowed yourself to admit that what you want is peaceful progress, not pressure.

But clarity is not meant to stay theoretical.

Clarity is meant to guide movement.

This guide is not here to rush you.

It's also not here to let you hide behind waiting.

You are not choosing a forever path.

You are choosing a direction to explore — with faith, intention, and self-trust.

By the end of this guide, you will:

- choose ONE aligned direction for this season
- release the options that are draining you
- commit to ONE intentional action you can take in the next 7–14 days

Not because you feel ready.

But because clarity grows through motion.

What Felt Light vs. What Felt Heavy

Before we decide where you're going, we need to honor what your body and spirit already told you.

As you worked through the Starter Kit, certain ideas likely felt:

- calming
- realistic
- grounding

Others may have felt:

- exciting but heavy
- overwhelming

disconnected from your current life

Reflect honestly:

Ideas or models that felt **LIGHT**:

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Ideas or models that felt **HEAVY** or draining:

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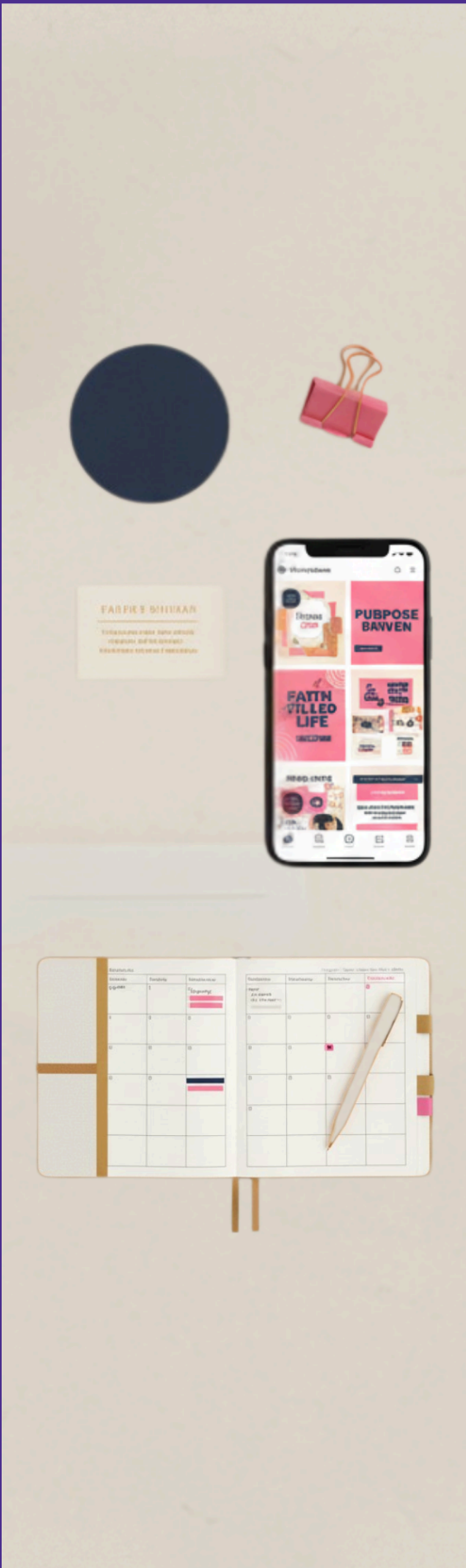
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You don't need to justify these feelings. Alignment often speaks before logic does.



The Aligned Direction Filter

This filter exists to help you choose wisely, not emotionally.
Answer each prompt honestly.

Which option fits my **current time capacity**, not my dream schedule?

Which option fits my **energy**, not my potential?

Which option supports my **faith and family rhythm**?

Which option feels sustainable even on a hard week?

Now pause.

This aligned option is not the most impressive one.
It's the one that lets you **breathe**.

My Chosen Direction

This is not a preference.
This is a decision to explore

I am choosing to explore this direction in this season:

Why this direction fits my life right now:

I give myself permission to stop focusing on:

You are allowed to ignore what is not meant for this season

Gentle Action Mapping (7-14 Days Only)

You are not building a system

You are not committing to consistency.

You are simply choosing movement.

One small, aligned action I can take in the next 7-14 days:

Why this direction fits my life right now:

manageable

honest

aligned

If resistance comes up, that doesn't mean stop.
It means move gently.

Faith-Led Courage & Release

Fear often shows up after clarity.

That doesn't mean you chose wrong.

It means you chose something that matters.

Write down what you are releasing:

- Fear of choosing wrong
- Fear of wasting time
- Fear of being seen too early
- Fear of not being "ready"

Now remind yourself:

Faith is not waiting for certainty.

Faith is moving forward with trust.

My Aligned Action Commitment

Read this slowly before you fill it out

Clarity without movement turns into confusion.

I am not choosing perfection.

I am choosing direction.

My Chosen Direction

My One Intentional Action:

I commit to completing this action by:

Affirmation:

I choose movement over waiting.

I trust God to meet me in motion.

I release the need to feel ready before I begin.

Signature: _____

Date: _____

Closing: You've Chosen Wisely

You did not rush.

You did not stay stuck.

You chose intention.

This is how confidence is built.

Not by knowing everything — but by trusting yourself to move.

When you're ready to build structure, rhythm, and sustainability around this direction, support will be there.

For now, your only job is this:

Honor the decision you just made.

With faith & clarity,

Kat Nicole