

THE WORLD PEACE DIET

Mastery Training Program



“Imagine the world we can create...”

with DR. WILL TUTTLE,
author, *The World Peace Diet*



Supplemental Readings

Module 3 – Awakening Our Capacities to Know and to Serve

World Hunger & Meat Production

23 June 2009

In spite of various important international treaties with the noble intent of affirming everyone's right to food, we are now being confronted with the stunning fact that one sixth of all of humanity is starving. This catastrophe is an indication that in our global village something has obviously slipped out of the balance of ethics and reason:

- Hunger and malnutrition are killing nearly six million children each year, whilst for their peers in other parts of the world meat-laden diets lead to obesity and a wide variety of diseases, thus shortening their life expectancies and putting increasing burdens on public health systems;
- The inefficient meat trade expansion continues to spiral out of control, but still decision makers like the FAO continue their efforts to accommodate the gruesome trend even at great environmental cost to soil, air and water, instead of trying to halt it, or at least slow it down.
- Social justice is compromised by the fact that even when confronted with so much misery, huge shares of available food stuffs (even 95% of soy) are still siphoned off for farm animals.

FAO Director-General Jacques Diouf: "The present situation of world food insecurity cannot leave us indifferent."

Indeed, it cannot. Sidelining this drama has been going on for far too long. However, it is somewhat surprising that the FAO press release avoids addressing the impact which around 56 billion animals, fed to be slaughtered worldwide each year, are representing for the problem of food security.

Where is the social justice? Especially in times of great suffering, decency calls for a thorough and objective investigation of all possible means suitable to lighten the burden, and that in

interest of all, poor and wealthy alike. After all, when starving people refuse to carry their load quietly any longer and instead decide to shatter systems of injustice, the resulting social unrest may bring danger and hardship for everyone.

Vegetarianism offers a multitude of benefits and this compassionate lifestyle represents also the ideal way to ease the hunger drama. A meatless diet or even a reduction in meat consumption will quickly free an enormous amount of food resources: If Americans reduced their intake of meat by merely 10%, 100,000,000 people could be fed!

Each vegetarian is a living proof of solidarity and a silent hero who contributes greatly to the new fair and compassionate society we so urgently need.

Signed: Multiple veg networks around the world... Evana