

THE WORLD PEACE DIET Facilitator Training Program



“Imagine the world we can create...”

with DR. WILL TUTTLE,
author, The World Peace Diet



Week One – Foundations of Inner and Outer Peace

Overview

As those of you who are joining us in this Facilitator Training are aware, *The World Peace Diet* presents a large-scale vision for the transformation of our culture based on understanding the pervasive implications of our food choices, and advocates spreading this understanding to others. As this vegan understanding authentically takes root in our, our behavior naturally aligns with it, and these individual changes in awareness and behavior, rippling through our culture, can create the human awakening that is imperative now.

Every day, we hear the warning alarms getting louder: birds, fish, bees, and other wildlife populations plummeting, natural ecosystems breaking down under the weight of chemical and genetic pollution, pharmaceutical use and sickness levels soaring, cultural inequities increasing with ever-greater levels of starvation, war, and human trafficking, as transnational corporations and financial institutions unabashedly take over governments and invade the public and private lives of practically all of us.

Virtually all of the efforts to heal these wounds and combat these problems fail to recognize the hidden driving force behind them—the vast dark power of the mentality required by our food choices, which is injected into all of us early on. Thus, the multitudinous efforts of the peace, social justice, human rights, environmental, and other positive movements are doomed to impotence because they ignore or discount the ecological, physiological, psychological, cultural, and spiritual devastation inherent in confining and killing billions of our fellow Earthlings for food.

The time has come for a large and enthusiastic grass-roots educational movement to bring this essential understanding to our neighbors and communities. There is no nobler calling than this—to work together to build a more enlightened society that cares for everyone---all living beings—and that reflects the wisdom and compassion that are our true nature.

All of us can be part of this, and that’s why we have created this online World Peace Diet Facilitator Training Program of direct instruction and Q & A with The World Peace Diet author, Dr. Tuttle, to more deeply engage in and understand the living principles of The World Peace Diet. This eight-week program, culminating in certification as a World Peace Diet facilitator, is a professional-level training that is designed to equip you with the understanding needed to thrive on a plant-based diet, and to effectively spread the transformational vegan message to others.

It is time for our culture to make a quantum-healing leap. Thanks for joining us in facilitating this leap! Growth in health, in abundance, in spiritual awareness, in inner peace and joy are inevitable as we incorporate the vegan principles of compassion and mindfulness in our lives. Together, let’s honor the wisdom in Mahatma Gandhi’s words, and be the change we wish

to see in the world, and co-create a new culture based on the principle of kindness and respect for all life, and living this in all our actions. Together, we are changing our world.

This World Peace Diet Facilitator Training works on two levels. At one level, it is transformational, and the benefits are greater self-understanding and the freedom and empowerment coming with that.

Beyond this, what are some of the things you can do with a certification as a World Peace Diet Facilitator?

- * Enrich yourself with the tools and confidence to lecture, teach, and network in a chosen niche area (such as ecology, health, spirituality, social justice, and animal advocacy)
- * Use the expertise gained to facilitate a World Peace Diet study group in your community, and raise consciousness, help others, and potentially be compensated in the process.
- * Start an online business to educate and inspire others.
- * Create your own e-books, audio books, blog, video, or other helpful content to position yourself as a valuable resource in the vegan community and in our world.
- * Develop a practice as a vegan coach, mentoring others in their journey to greater health, happiness, and compassion.
- * Spread the teachings in public forums as a writer, artist, filmmaker, teacher, facilitator, organizer, or networker.
- * Start your own company or consulting firm guided by the confidence and knowledge gained in the WPD Facilitator Training Program.
- * Create your own organization that offers educational and inspirational presentations to schools and community groups.
- * The opportunities are limitless!

Through facilitating World Peace Diet and vegan teachings and communities in your area and/or online, you can potentially earn income and definitely help spread the most important message of our time in a rewarding and transformational way.

Our future of health, kindness, abundance, freedom, and awakened understanding is beckoning! Thanks for hearing the call, being the change, and being a key part of the solution!