

THE FERTILITY MINDSET METHOD

Course Terms & Conditions

Effective Date: **7th September 2026**

Review Date: **7th September 2027**

These Terms & Conditions apply to purchases of The Fertility Mindset Method self-paced digital programme ("the Course"), provided by Nicola Cooper Coaching ("I", "me"). By purchasing the Course, you ("the Client") agree to these Terms & Conditions.

If you are purchasing 1:1 coaching or a workshop place instead, please refer to the separate Nicola Cooper Coaching Terms & Conditions, which cover those services.

1. About the Course

The Fertility Mindset Method is a self-paced digital programme comprising workbooks, guided audio, video content and reflection exercises, designed to support emotional resilience, self-awareness and wellbeing for those navigating fertility challenges.

The Course is intended to complement, not replace, medical care or other professional services.

2. Eligibility

You must be aged 18 years or over to purchase the Course.

By purchasing, you confirm that the information you provide (such as your name and email address) is accurate.

3. Access to the Course

Upon successful payment, you will receive access to the Course content via **Systeme.io**.

Access is described as "lifetime access," meaning for as long as the Course remains available on the current or a successor platform. Reasonable notice will be given if the Course is permanently withdrawn (see Clause 8).

Access is for your personal use only and is non-transferable. Login details or downloaded materials must not be shared with any other person.

4. Fees and Payment

The Course fee is quoted in pounds sterling (£) and confirmed at the point of purchase.

Prices may change for future purchasers at any time; this will not affect the fee you have already paid.

Payment is required in full before access is granted, unless a payment plan is expressly offered and agreed at the point of purchase.

5. Cooling-Off Period and Instant Access

Full details of your right to cancel are set out in the Fertility Mindset Method Course Refund & Cancellation Policy, which forms part of these Terms & Conditions.

In summary: because the Course is digital content delivered immediately on purchase, you will be asked to expressly confirm that you want instant access, and that you understand this means you lose your right to cancel under the Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013 once you have accessed the material.

6. Intellectual Property

All Course materials, including workbooks, videos, audio recordings, worksheets and written content, remain the intellectual property of Nicola Cooper Coaching unless otherwise stated.

Materials are licensed to you for personal, non-commercial use only.

You must not copy, reproduce, distribute, share, resell, adapt, publicly perform or use the materials for any commercial purpose, or make them available to any third party, without prior written permission.

7. Online Community

Where your Course includes access to an online community or group space, this is intended for peer support and reflection.

You agree to communicate respectfully, and to treat other members' contributions as confidential and not to be shared outside the group.

Nicola Cooper Coaching reserves the right to remove any content, or restrict access for any member, that breaches this expectation.

(This clause applies only if community access forms part of your Course package.)

8. Course Updates and Availability

Course content may be reviewed and updated from time to time to keep it current and useful.

If the Course is permanently withdrawn, reasonable efforts will be made to notify existing purchasers and, where possible, offer continued access, a replacement resource, or an appropriate refund for any period of access lost.

9. Technical Requirements

You are responsible for ensuring you have a suitable device and internet connection to access the Course.

Nicola Cooper Coaching is not responsible for issues arising from your own equipment, software or internet connection.

If you experience a genuine technical fault preventing access to material you have paid for, please contact me so this can be resolved. See the Course Refund & Cancellation Policy for further detail.

10. Medical Disclaimer

The Course does not provide medical advice, diagnosis or treatment.

You should continue to seek advice from your GP, fertility consultant and other healthcare professionals regarding all medical decisions.

Nothing in the Course should be used as a reason to stop or change any medical treatment.

11. Results

Every person's experience is different.

Whilst the Course is designed to provide valuable support and personal development, no guarantee is made regarding specific emotional, personal or fertility-related outcomes.

12. Limitation of Liability

The Course is provided with reasonable care and skill.

To the fullest extent permitted by law, Nicola Cooper Coaching accepts no liability for decisions, actions or outcomes arising from your use of the Course.

Nothing in these Terms & Conditions excludes or limits liability where such exclusion would be unlawful.

13. Complaints

If you are dissatisfied with any aspect of the Course, please raise your concerns as soon as possible.

I am committed to resolving concerns fairly, respectfully and promptly.

14. Changes to These Terms

These Terms & Conditions may be updated from time to time.

Changes will not affect a Course already purchased unless required by law.

15. Governing Law

These Terms & Conditions are governed by the laws of England and Wales.

Any disputes arising from these Terms & Conditions will be subject to the exclusive jurisdiction of the courts of England and Wales.

Contact

Nicola Cooper Coaching

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Website: www.stronglittleivfmama.co.uk

Acceptance

By purchasing the Course, you confirm that you have read, understood and agree to these Terms & Conditions and the Fertility Mindset Method Course Refund & Cancellation Policy.