



THE BRAINY POM POTTY ROUTINE

Puppies under 6 months need to go out every 2 hours!

7:00am

Wake Up & IMMEDIATELY Outside
(Pee + Poop)

7:30am

Breakfast Time

7:45am

The "Post-Meal" Potty Break (Crucial!)

10:00am

Mid-Morning Break / Playtime

12:30pm

Lunch (if puppy) or Snack

12:45pm

The "Post-Lunch" Potty Break

3:00pm

Afternoon Break / Playtime

6:00pm

Dinner Time

6:15pm

The "Post-Dinner" Potty Break

10:00pm

The "Last Call" (Right before bed)


Continue To Page 2 For Toxic vs Safe food list



THE TOXIC VS SAFE FOOD LIST

Keep your Pom safe! If they eat a "Toxic" item, call the vet immediately

🚫 TOXIC (NEVER FEED)

 Xylitol (Gum/Peanut Butter)

 Grapes & Raisins

 Chocolate

 Cooked Bones
(Splinter risk)


 Fatty Scraps / Bacon

 Macadamia Nuts

 Onions & Garlic


 Avocado Pits

● SAFE (IN MODERATION)

 Carrots (Frozen or Raw)

 Plain Pumpkin (Puree)

 Blueberries

 Apples
(NO seeds/core)

 Boiled Chicken
(No bone/spice)

 Plain White Rice

 Cucumber (Peeled)

 Cheese
(Tiny bits only)

 **POM WARNING:** Always cut safe foods into tiny, pea-sized chunks to prevent choking.

Disclaimer: This guide is for educational purposes only and is not a substitute for professional veterinary advice. Every dog is different. Always consult your veterinarian before introducing new foods to your dog's diet, especially if they have pre-existing health conditions.