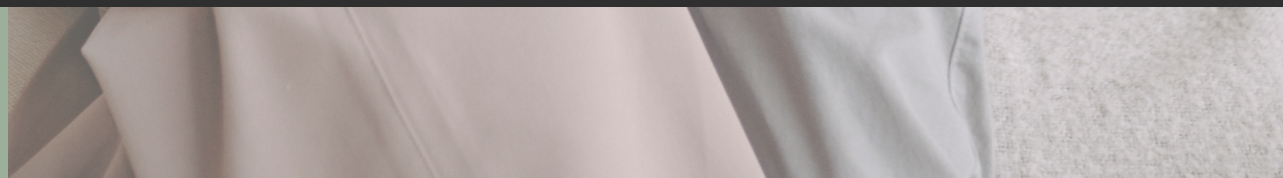




THE EVERYDAY PHONE PHOTO PHOTOGRAPHY GUIDE

TAKE BETTER PHOTOS OF YOUR KIDS
USING THE PHONE YOU ALREADY
HAVE.





What's Inside

1. Start Here

2. Your Phone is Enough

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(and When Not To)

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You're Invited

You're Not Doing This Alone

As you go through this guide, you're invited to join my private Facebook community for moms learning phone photography.

Inside, you can ask questions, share photos, and get encouragement as you practice.

Join here:

[The Phone Photography Mom Community](#)



LESSON 1: START HERE (READ THIS FIRST)

If you've ever felt frustrated with your photos, this guide is for you.

You don't need a better phone.

You don't need to "learn photography."

You don't need perfect kids or a perfect house.

You do need a few simple shifts that make a huge difference.

This guide is designed for real life — busy days, moving kids, messy rooms, and moments that happen fast. Take this at your own pace. Even one small change will improve your photos immediately.



LESSON 2: YOUR PHONE IS ENOUGH

Your phone camera is more powerful than you think.

Most disappointing photos come from:

- Poor lighting
- Using digital zoom
- Letting the camera guess exposure

Not from your phone being “bad.”

The good news?

These are easy fixes.

Focus on light, distance, and timing – not specs or upgrades.



LESSON 3:

CAMERA SETTINGS THAT MATTER

Turn these on once and forget about them:

Grid:

Helps you frame better photos. Place faces near intersections.

Focus & Exposure Lock:

Tap and hold on the screen to lock focus and brightness.

Avoid Digital Zoom:

Step closer instead of zooming in — zoom reduces photo quality.

These three changes alone can dramatically improve your photos.

LESSON 4:

PORTRAIT MODE — WHEN TO USE IT

Portrait mode can be beautiful — but only in the right situations.

Use it when:

- There's good light
- Your subject is still
- You want a soft background

Avoid it when:

- Lighting is low
- Kids are moving fast
- Edges look blurry or distorted

If portrait mode looks weird, switch back to regular photo mode. Simple is better.



LESSON 5:

FINDING GOOD LIGHT AT HOME

Good light changes everything.

The easiest way to find it:

- Stand near a window
- Turn off overhead lights
- Face your subject toward the light

If light hits the face evenly, you're good.

Cloudy days are perfect for photos – soft light, no harsh shadows.



Examples



Cloudy day



Lights on and not near window



Lights off and facing window

LESSON 6:

BESTTIMES OF DAY FOR PHOTOS

The best light usually happens:

- Morning
- Late afternoon / early evening

Avoid:

- Midday sun (harsh and unflattering)
- Strong overhead lighting

If photos look dark, move closer to a window or go outside into open shade.

LESSON 7: CAPTURING CANDID MOMENTS

The best photos usually happen between posed ones.

Try this:

- Let kids move
- Take photos during activities
- Use burst mode for action

Talk, play, and interact instead of asking for smiles.

Real moments always win.

Posed



Not Posed

LESSON 8: KIDS WHO WON'T SIT STILL

They're not supposed to.

Instead of fighting it:

- Step back and let them move
- Shoot at eye level
- Focus on hands, expressions, and motion

Some of the most meaningful photos are imperfect — and that's the point.



LESSON 9: SIMPLE PHONE EDITING

Editing should enhance, not change your photos.

Before

Start with:

- Brightness
- Exposure
- Warmth



After

If using a editing app:

- Increase light slightly
- Lower highlights
- Adjust warmth until skin looks natural

Less editing = more timeless photos.

Want this look in one click? I created two simple presets I use on my own everyday photos you can find the link here {Link}

LESSON 10: SAVING, ORGANIZING & PRINTING

Don't let your photos disappear in your camera roll.

Do this monthly:

- Favorite your best photos
- Create albums by year or season
- Back up to cloud storage

Print the photos that matter most.

They're meant to be seen — not just stored.



THE EVERYDAY PHONE PHOTOGRAPHY GUIDE

CHECK LIST

LESSON 1

- Read this guide without pressure
- Focus on progress, not perfection
- Choose ONE thing to practice this week

LESSON 3

- Turn on the grid
- Use tap-to-focus
- Lock exposure when needed
- Step closer instead of zooming

LESSON 5

- Look for window light first
- Turn off overhead lights
- Position your subject facing the light
- Remember: cloudy days = soft light

LESSON 7

- Let moments unfold naturally
- Photograph during everyday activities
- Use burst mode for movement
- Don't force smiles

LESSON 9

- Brighten slightly
- Adjust warmth for natural skin tones
- Lower highlights if needed
- Stop before it looks over-edited

LESSON 2

- Stop comparing your phone to others
- Ignore upgrade pressure
- Focus on light, not gear

LESSON 4

- Use portrait mode only in good light
- Avoid portrait mode with moving kids
- Switch to regular photo mode if edges look strange

LESSON 6

- Try morning or late afternoon light
- Avoid harsh midday sun
- Use open shade outdoors

LESSON 8

- Get down to their eye level
- Expect movement
- Focus on expressions, not poses
- Take more photos than you think you need

LESSON 10

- Favorite your best photos
- Create albums by month or year
- Back up photos to the cloud
- Print the photos that matter most



You're Next Step!

You now have everything you need to start capturing better everyday moments.

But growth happens with practice — and support. Join our private Facebook community to continue learning, sharing wins, and getting feedback as you grow your confidence behind the camera.

Join the community here:

[The Phone Photography Mom Community](#)

I can't wait to see what you capture.

— Maighen