## The Empowerment Path



### Resourceful

- Reacting to Choosing
- Tearing Down to Building Up
- Telling to Asking
- Problems to Solutions

# **Empowerment**



The vision I am committed too What I am learning from this? I choose to...

### Challenger

This is an opportunity. What's your solution? You've got this.



#### Coach

What do you really want? What do you see as your options?

How can you improve the situation?

#### Drama

#### Persecutor

It's your fault... What were you thinking? What's wrong with you? Problems Gossip Fear Crisis

#### Rescuer

Let me help... Let's not fight... I feel bad for you...

Victim

This always happens..
I can't do anything about it..
Why is this happening to me?