

LUX THE SMILE

COSMETIC TEETH WHITENING

BRIGHT SMILE MINI GUIDE

A simple, calming guide to keep your smile bright, fresh, and naturally radiant.

A Gentle Approach to Lasting Brightness

Your smile deserves soft, confident care. Here are a few effortless ways to maintain your glow between whitening sessions.

1. Maintain Daily Brightness

Choose a low-abrasive, gentle whitening toothpaste. This lifts surface stains without creating sensitivity, allowing your natural brightness to shine comfortably.

2. Follow the 48-Hour “White Care” Rule

For the first two days after whitening, keep things light. Avoid coffee, tea, red wine, and deeply colored foods — these stain freshly brightened enamel the quickest.

3. Hydrate & Rinse Often

Sip water throughout the day and rinse after meals to help reduce buildup and maintain a clean, polished glow.

Myth - “Stronger Gel Means Brighter Results”

Truth: A gentle, consistent approach creates the best long-term results. Stronger formulas cause unnecessary sensitivity without improving outcomes.

Your Exclusive Client Perks

- Book Today → Receive a FREE Whitening Pen
A gentle way to refresh your glow between sessions.
- Gift Cards Now Available
Perfect for holidays, birthdays, or self-care moments.
- Book + Gift Card Bundle
Book your next session and purchase a gift card, both you and the recipient receive a free whitening pen.

Book Your Next Self-Care Moment

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