

# Consultation Only

## Terms & Conditions

By purchasing the Consultation Only service, you acknowledge and agree to the following terms and conditions.

### Consultation Investment

The Consultation Only service is offered at a one-time investment of **\$200**.

This fee includes:

- Intake form review
- One consultation session
- General wellness recommendations
- Personalized supplement recommendations, if appropriate
- General wellness plan based on your health history, symptoms, and goals

This fee does not include supplements, laboratory testing, additional coaching services, or healthcare services.

### Nature of Services

The Consultation Only service is intended to provide education, guidance, and wellness recommendations based on the information provided by the client.

Recommendations may include nutrition, movement, stress management, sleep, supplement support, lifestyle modifications, and general wellness strategies.

The consultation is educational in nature and is not intended to diagnose, treat, cure, or prevent any disease or medical condition.

### Supplement & Lifestyle Recommendations

Any supplement, nutrition, exercise, or lifestyle recommendations provided during the consultation are suggestions only.

The client understands that:

- Participation is voluntary.
- Individual results may vary.

- Recommendations should be discussed with a qualified healthcare provider before implementation, especially if taking medications, pregnant, nursing, or managing a medical condition.
- Supplements and recommended products are not included in the consultation fee and are available for purchase separately.

## Results Disclaimer

No specific outcomes or results are guaranteed.

Health outcomes are influenced by numerous factors, including personal health history, lifestyle habits, consistency, environmental exposures, genetics, and adherence to recommendations.

Abby Price, Restorative Health Coaching, and Abby Elizabeth LLC make no guarantees regarding symptom improvement, weight loss, hormone balance, energy levels, digestive function, laboratory outcomes, or any other health-related result.

## Upgrade to Restorative Health Coaching Package

Following the consultation, clients may choose to upgrade to the Restorative Health Coaching Package for more comprehensive support, personalized protocols, accountability, and ongoing coaching.

If the client purchases the Restorative Health Coaching Package within **30 days of the consultation**, the full **\$200 consultation fee will be credited toward the package investment**.

The consultation fee itself is non-refundable and may not be redeemed for cash or transferred to another service.

If the client elects to purchase the full coaching package at the time of checkout as an order bump, the consultation fee will automatically be applied toward the package investment and the client will receive all services included within the Restorative Health Coaching Package.

## Refund Policy

Due to the time spent reviewing intake forms, preparing recommendations, and conducting the consultation, all Consultation Only purchases are final.

No refunds will be issued for:

- Completed consultations
- Missed appointments
- Unused consultations
- Purchased supplements

- Purchased laboratory testing

### **Client Responsibility**

The client acknowledges that they are solely responsible for their health decisions and implementation of recommendations.

The client agrees to seek appropriate medical care for any medical concerns and understands that coaching services do not replace medical treatment or advice.

### **Agreement**

By purchasing the Consultation Only service, I acknowledge that I have read, understood, and agree to these Terms & Conditions.